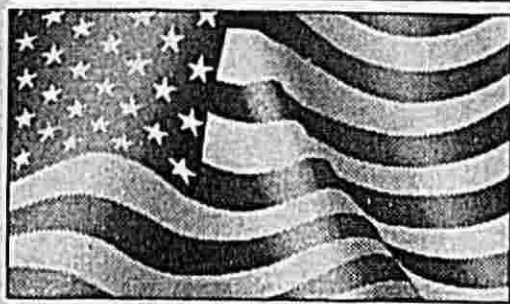


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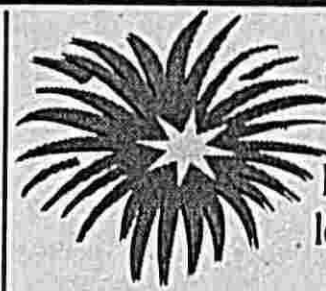
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See Special Section



4TH OF JULY

Find out where to see local firework displays
See County 3



Garden gaze

JoAnn Lowry, Jill Fata and Alberta Fischer enjoy the garden of Antioch resident Bernita Schutte during the Antioch Garden Club's annual Garden Gazing event.— Photo by Sandy Bressner

Supreme Court ruling may imperil library funding

By BRENDA BALIN-BEITSCHER
And JULIE MURPHY
Staff Reporters

Librarians across the nation are facing a difficult choice: whether to allow unfettered access to the Internet, or to avail themselves of federal grants.

Although the implications of the decision are far-reaching, locally, it may have little effect.

It will be meaningless to libraries that do not receive funds from the federal government.

The Supreme Court decision, rendered on June 23, in the case of the United States v. the American Library Association (ALA), makes Internet filters mandatory for those public libraries receiving federal funds.

Justices voted 5-to-3 that such a restriction was not a violation of the First Amendment of the Constitution, reversing a previous opinion from the Appellate Court.

Librarians, represented by the ALA, sued the federal government on the grounds that Congress had exceed-

ed its constitutional authority in passing the Children's Internet Protection Act (CIPA).

Two previous attempts to regulate Internet access in public libraries had been thrown out by the Court.

Librarians, patrons and web site publishers brought suit, protesting that the required filters were not only unconstitutional, but also were too broad to achieve the purpose of screening obscene material.

Please see **COURT** / A5

Route 83 road closure begins July 7

By JULIE MURPHY
Staff Reporter

Route 83, at the very northern tip of the Village of Antioch, will be closed beginning on July 7 and will remain closed for about two weeks. The road closure will accommodate the construction of a second for the Canadian National line.

Village engineer Jim Keim said he got verification from the project

manager of the construction management company, U.S. Corporation, about the pinpoint the beginning of the construction.

"There will be closures beginning from the north and heading south through the village at each of the affected railroad crossings," said Keim. "Each road crossing will be closed for about two weeks while the construction is taking place in that area."

Subsequent closures will be at

North Avenue, Depot Street, Ida Avenue, Route 173 and Grimm Road. Signage, including detour routes will be posted in advance at each crossing.

Mitzi Chriss, CAD operator and inspector with the village, said, "We're not allowing them to close more than one crossing at a time. It's too difficult to reroute emergency vehicles."

Please see **ROUTE 83** / A5

Fourth of July Schedule

0 a.m. - Run for Freedom, sponsored by the State Bank of The Lakes. Proceeds will be used to purchase defibrillators for the community. Registration taken the day of the race. It both begins and ends at the intersection of Cunningham and Poplar streets, one block west of Main Street.

9 a.m.-noon - Lakes Region Historical Society Museum open house. Both the museum and the meeting house will be open for browsing. Refreshments will be served in a tent outside of the regular museum, just north of Orchard on Main Street.

9:30 a.m. - Pre-parade entertainment provided by the Antioch Community Chorus at the intersection of Lake and Main streets.

10 a.m. - The BIG parade. This year's parade has a line-up of 90 entries, some with multiple vehicles and multiple walkers. The parade begins at Antioch Community High School and travels north on Main Street ending at Williams Park. Antioch VFW Sequoia Post 4551 will be handing out 5,000 flags. The honor of Grand Marshall has been given to the Osmond family. Mabel Lou Weber will emcee the event.

11 a.m. - Firecracker Tournaments sponsored by the First National Bank-Employee Owned will be held at Williams Park. Sports tournaments include Crazy Co-ed Softball, Co-ed Sand Volleyball and 3-Point Basketball Shoot Out.

11:30 a.m. - Children's Fair opens at Williams Park. Food booths open at Williams Park. Swim at the Antioch Pool at Williams Park for 25 cents. Mark Sondag's Military Museum will have display at Williams Park.

Noon - Apple Pie Contest judged. Mayor Taso Maravelas and the village trustees will judge the apple contest. That which is not used for the judging will be sold either with or without ice cream.

Bridge and Pinochle Contests will be held at the Antioch Senior Center located on Holbek next to the fire station.

Winners announced for the following contests: Bike, Costume and Pet Contests as well as the Parade Float Contest. The traveling trophy will be awarded to the latter.

3 p.m. - Family Fun Games sponsored by the Independence Day Celebration Committee will be held including sack races, water balloon toss and a water slide. These games will be held at Williams Park.

North Bridge Church is sponsoring a Milk Carton Regatta at the Antioch Pool in Williams Park. Boats will be made from milk cartons and a big fan will help them set sail across the pool.

The Loyal Order of Moose Lodge 525 is sponsoring Bingo at Williams Park.

4:30-6 p.m. - Lakes Area Swing Band will perform favorites from the '30s and '40s at Williams Park.

5 p.m. - Evening entertainment sponsored by the Antioch Rotary Club begins.

6:15-7:45 - Rick Shandling's '50s Music Review will perform at Williams Park.

8 p.m.-dusk - Lakes Area Community Band and the Antioch Community Chorus will perform at Williams Park.

Dusk - View the Village of Antioch's fireworks from Williams Park.

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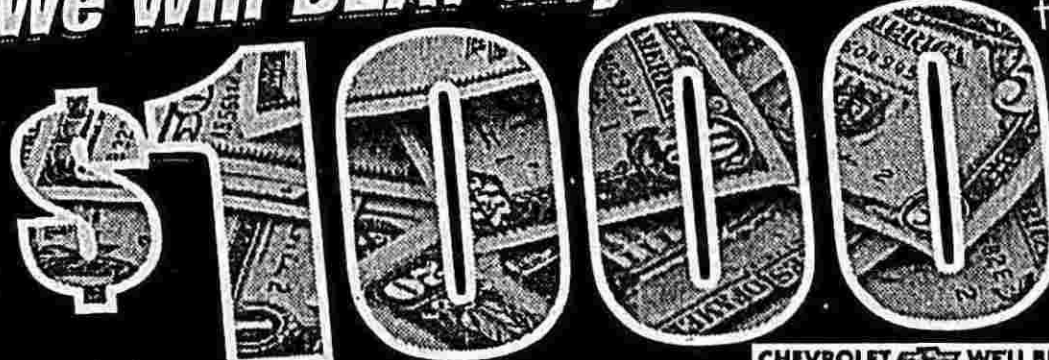
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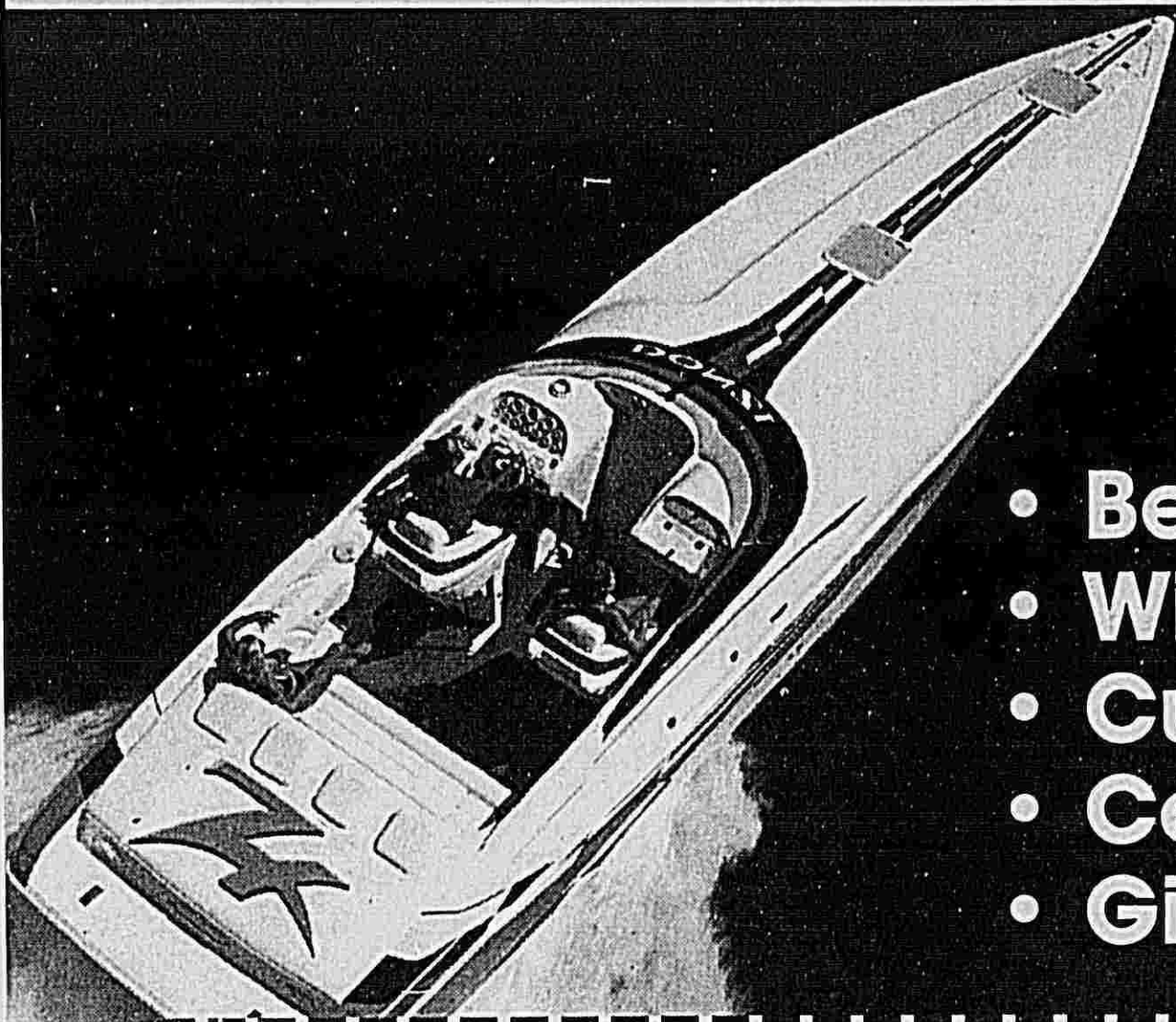
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VFW brings veterans of all wars together

By JULIE MURPHY
Staff Reporter

Founded on Oct. 26, 1945, the Antioch VFW Sequoia Post 4551 brings veterans together from all wars.

Ralph Gussarson, a World War II veteran and a charter member of the post remembers the early days well. "I'm one of four living charter members," he said. "We had our first meetings in the basement of the St. Ignatius Church and had been a dozen places before we came here."

Gussarson said the post has been at its current location at 75 North Ave. since 1979, and that many veterans have found friendship and camaraderie there.

Viet Nam veteran Walt Bushie said, "It took many years before I got involved with the vets. Initially Viet Nam vets were refused membership (at all VFW posts) because we didn't have campaign pins. It didn't take too long to get them, but it stuck with you."

Bushie said his wife and son gave him a gift membership to a group called the Viet Nows one Father's Day and that changed his attitude toward veterans' groups.

"Once I found out how much it helped to talk with others I joined the VFW too," he said.

Bushie describes himself as a "flag waiver" who most enjoys talking with school children about war experiences with other veterans.

He said, "I go with Wally (Walter Hartge, World War II veteran) to schools. It's a good experience. All veterans fought for the rights to go to school, to go to school and to protest."

Hartge said he wants to ensure that students have an opportunity to glean some of their knowledge from those who actually served in war and not just in history books.

"Ask your relatives what it's all about," he said. "Some of these stories will just die away otherwise."

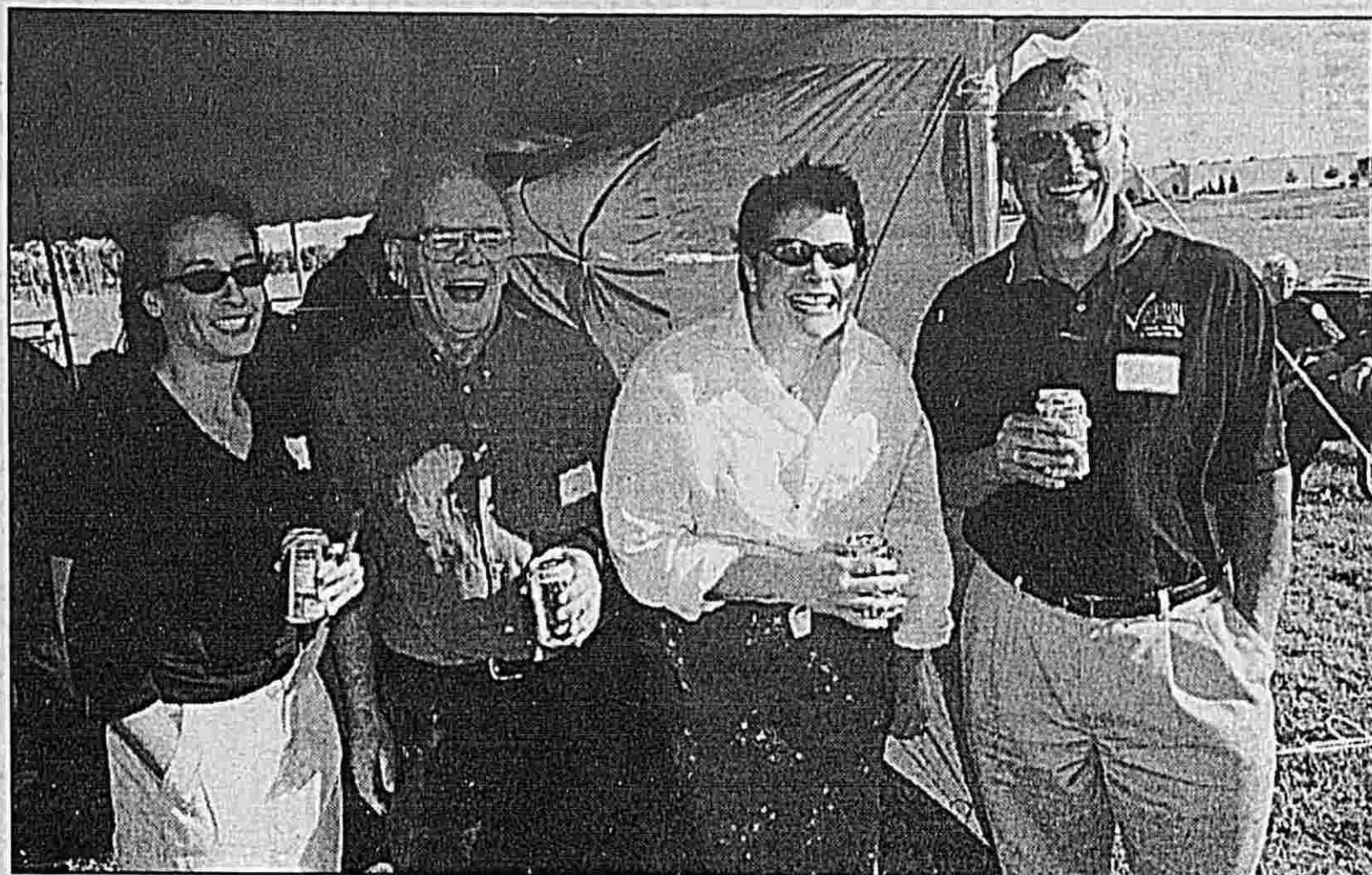
Hartge was born in Germany and moved to the United States when he was 6-years old. He and his two brothers, one three years older and the other a year younger, all fought against the Germans.

"My mother had a friend who would ask why we do this," he said. "The answer was that I knew I was going to live here, marry here and raise children here. It wasn't a hard decision."

Korean War veteran Ron Barron said it's important to recognize how different one's perspective can be, even from those who fought in the same war. He served as a musician to entertain soldiers and military police as they fought and guarded their prisoners. He said Korea had two prison camp islands, one in a state of constant lock down and the other with a more relaxed "let the good times roll" atmosphere based on the types of prisoners they held.

"I never shot a gun (as part of his duty), but I got a panoramic view of the war" Barron said. "We were 'Army' just like the others, but we were considered 'rear echelon' troops."

Members of Antioch VFW Sequoia Post 4551 will march around a float during "The BIG Parade" on the Fourth of July, handing out 5,000 American flags—the honor of which they fought to defend.



Geraldyn Fynlason of Round Lake, Bob Bathery of Antioch, Alisa Yingling of Round Lake and Len Dam of Lake Villa socialize during a Lindenhurst-Lake Villa Chamber of Commerce, Antioch Chamber of Commerce, Grayslake Chamber of Commerce and Round Lake Chamber of Commerce combined picnic at North Shore Park in Round Lake Beach.— Photo by Izzy Robledo

Second annual chamber mixer a success

By JEFF ZACHARY
Staff Reporter

The Second Annual Lakes Area Chamber Executives Picnic Mixer at the Round Lake Beach North Shore Park was another huge success.

Members from the Round Lake Area Chamber of Commerce and Industry, the Fox Lake chamber, the Grayslake chamber and the Lindenhurst/Lake Villa chamber were joined for the first time by members of the Antioch Chamber of Commerce and gathered beneath a

tent for some good old-fashioned socializing.

Avon Township Supervisor Russ Christian, who is a member of both the Round Lake and Grayslake chambers, greeted the different chamber members as they arrived.

"This is a little windier than last year," said a smiling Christian, as he tried to keep the raffle tickets from blowing away.

And although it was a windy day, Lindenhurst/Lake Villa chamber director Connie Meadie was able to cook enough hot dogs and brats for

the hungry people.

"That tarp really helps keep the wind down," said Meadie as she put another brat on the grill.

As soon as the brats and hot dogs were cooked, Round Lake area chamber director Liz Evans carried the food over to a line of waiting people.

Among the many community leaders enjoying the windy day included Round Lake chamber president Craig Kressner, the Rev. Lisle Kauffman, Hainesville Mayor Ted Mueller and Round Lake Beach Mayor Richard Hill.

Mastodon bone from HOD landfill finds new home

By JULIE MURPHY
Staff Reporter

Before long, the Lakes Region Historical Society will be displaying its own Mastodon bone. Resident Steve Young donated the bone, found in the late '60s in location of the HOD Landfill.

"The Lake County Museum has nothing on Antioch," said Ainsley Wonderling, director of Lakes Region Historical Society Museum. "Lake County has theirs, Kenosha has theirs and now we have ours."

The official display for the vertebrae is not yet complete, but is expected to be ready for viewers within the next couple of weeks.

"This is really neat because the bone was found within one-quarter mile of the museum," said Wonderling. "Apparently, bones like this were found frequently, but not such a big deal was made about them until recently."

She said this bone was found "purely by accident" as workers of the landfill were digging for other reasons and made the find.

Wonderling said the bone will be displayed in the general vicinity of the museum's arrowhead collection.

"People who are knowledgeable about the history of this area, like Steve Young, are able to just pick things up like broken arrowheads," she said. "This area has a rich history."

Board selects high school's name

By JULIE MURPHY
Staff Reporter

It will no longer be referred to as "the second high school," but will be called by its official name: Lakes Community High School.

The board of education of Antioch Community High School District 117 selected the name, along with the colors of blue and white with an accent of red and an eagle as the mascot from 161 public suggestions. An ad hoc committee made up of board members Wayne Sobczak and Phil Delany narrowed down the submissions to present the entire board.

"This all fell into place easier than we thought it would," said Sobczak. "Two years ago when we started this process we thought it would be among

the most difficult the things the board would do as these decisions face everyone daily."

Sobczak said most of the suggestions for names were centered on theme of lake with rejected suggestions including Lakeland Community High School and Chain O'Lakes Community High School.

"We thought Chain O'Lakes Community High School was more indicative of the current high school and its location than the second one that is actually in Lake Villa," said Sobczak. "There are several businesses and a local church that have Lakeland as part of their names, and that played into our decision."

Sobczak said red, white and blue was the most often suggested school colors followed by blue and green.

"Red, white and blue is a given with the times we are in now," he said. "That was the easiest decision to make. The blue and green would have reflected the lakes the open spaces, but red, white and blue was the clear choice."

He added that he thought the eagle was most suggested because of an elevated level of expressed patriotism. "It also makes a really good mascot," he said.

Supt. Dennis Hockney said it was time that the new school had a proper name instead of continuing to be referred to in a vague manner.

The new school, near completion, is at the northeast intersection of Deep Lake and Grass Lake roads. It will be open at one-half enrollment for the 2004-05 school year.

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Pie contest should prove to be a peach

Though the only two types of pies allowed in Antioch's annual pie contest are apple, double crusted apple and Dutch apple, the contest is a real peach.

The contest is held in conjunction with the Fourth of July festivities, on July 4 in Williams Park.

Two pies of the same variety are required for the judging, and the entry fee is \$2. Entrants should have their pies at the judging booth by 11 a.m.

"The reason we need them there at that time is that after the parade, we sell most of the pieces of pie," said Mabel Lou Weber, contest organizer.

Those who aren't interested in baking pies may want to be around to buy a piece of the pie that will be available with or without ice cream.

First and second place prizes will be awarded in each category. The first place prizes are for \$100 and the second place prizes are for \$50.

Last year's reigning champs are



OUR TOWN
Julie Murphy

Sue Lengvenis for her traditional pie and Donna Haley with her Dutch apple pie.

For more information about entering the contest or otherwise, call either Village Hall at 847-395-1000 or Weber at 847-265-3152.

District 34 Education Foundation hopes the first annual rubber duck race will be successful for three lucky winners and all the children within the district.

At 4 p.m. on the Fourth of July, the race will begin at Main St. and Sequoia Creek. The first duck to make it from the creek to the Hiram Butterick Sawmill will earn its purchaser \$500.

Second- and third-place winners will take home \$250 and \$100 respectively.

The cost per chance is \$5, and members of the foundation will be selling rubber ducks prior to the event's start.

Numbers are assigned to individual ducks and coincide with ticket numbers.

Raymond Chevrolet is an event sponsor.

The foundation supports Antioch Community Consolidated District 34 and all of its students by providing funding for activities, events and programs that may otherwise be unavailable.

For more information, call 847-838-3544.

If you have interesting information or anecdotes to submit for "Our Town" call staff reporter Julie Murphy at 847-223-8161, ext. 600 or e-mail, moorfie@ix.netcom.com

Special meeting pays bills

Bob Caulfield, finance chairman of the board of directors of the Village of Antioch, called a special meeting was called for 8 a.m. on July 2 for the purposes of paying bills.

The special meeting was deemed necessary as the board has fewer regularly scheduled meetings during the summer. Normally,

meetings are held the first and third Monday of each month.

In July and August, regular meetings are only held on the third Monday. The next two regular meetings will be July 21 and Aug. 18.

Other special meetings may be called if necessary.

SCHOOL DIGEST

Raymond Chevrolet provides scholarship

Mark Scarpelli, vice president and general manager of Raymond Chevrolet and Oldsmobile in Antioch gave a \$250 scholarship to 2002 Miss Lindenhurst Christine Laning.

AUGS homerooms posted in August

Class homeroom lists will be posted for the 2003-04 school year on Aug. 22 outside the main entrance to the Antioch Upper Grade School.

Sixth grade curriculum night is scheduled on Aug. 25 from 6:30-7:30 p.m. Seventh and Eighth grade curriculum night will be held during the same hours on the following night, Aug. 26. School resumes on Aug. 27.

Emmons takes names of next year's kindergartners

Emmons School District 33 is taking the names of the incoming kindergartners for the 2003-04 school year.

Children who are 5 years old on or before Sept. 1 will be eligible.

For more information, call 847-395-1105.

AUGS sports physicals held Aug. 20

Sports Physicals will be held August 20 from

4-7 p.m. at the Antioch Upper Grade School.

The cost is \$20. Checks should be made out to AUGS, and a parent or guardian should accompany the student.

The physicals will be conducted on a walk in basis.

Early childhood screening

Antioch Community Consolidated District 34 offers early childhood developmental screening.

Parents with concerns should consider this. Developmental screening is a brief series of activities and observations designed to identify children who may have a potential problem that requires further assessment.

Screening is available to children between the ages of 3-5 years old and who have not yet entered kindergarten within District 34. To schedule an appointment, call the special education office at 847-838-8422.

1983 Classmates sought

Antioch Community High School Class of 1983 is seeking classmates for its 20-year reunion.

For more information, please E-mail meshwurst@comcast.net. The reunion is scheduled for Aug. 9.

Payment must be made by July 21, and mailed to 9477 Highwood Hill Road, Brentwood, TN 37027.

Get in on summer parks programs

By JULIE MURPHY
Staff Reporter

Slots are open for summertime classes offered through Antioch's parks and recreation department.

Future Pros Soccer Camp and the Pee Wee Soccer Camp runs July 7-11 at Centennial Park from 9-10:30 a.m. for 4- to 5-year olds and from 9 a.m.-noon for those between the ages of 5-17 years old. As an added bonus, all participants will receive a T shirt and a soccer ball.

For those who want to know more about the national past time, the White Sox Baseball Camp runs July 14-18 at Williams Park. The program is offered by the White Sox Training Centers, and is for both boys and girls between the ages of 7-14 years old.

The fun will last longer than the camp as participants will receive a membership in the Silver and Black Pack that includes a pair of tickets to three White Sox games, a hat, bag and T shirt.

Basketball is also in the line-up with Junior Bulls Basketball Camp running from July 21-25 from 8:30 a.m.-noon at the Antioch Upper Grade School. The Chicago Bulls Basketball Schools offer the instructional program,

offered to both boys and girls 6-14 years old.

Parks department director Laurie Stahl said, "Janice Fenske has also decided to offer additional Pilates classes as well as a new Yoga Basics class and an Aqua-clze class."

All three of these classes will be offered in four-week sessions.

Aquacize will be held from 11 a.m.-noon on Saturdays beginning July 12. Yoga Basics will begin Monday, July 14 from 6-7 p.m.

Two sessions of Pilates begin on Wednesday, July 16 from 6-7 p.m. and on Thursday, July 17 from 8:30-9:30 a.m.

"Linda Zeman will once again be teaching her Kids in the Kitchen cooking classes through the coming months," said Stahl. "July's class will be held on Saturday, July and will feature 'fun lunch items.'"

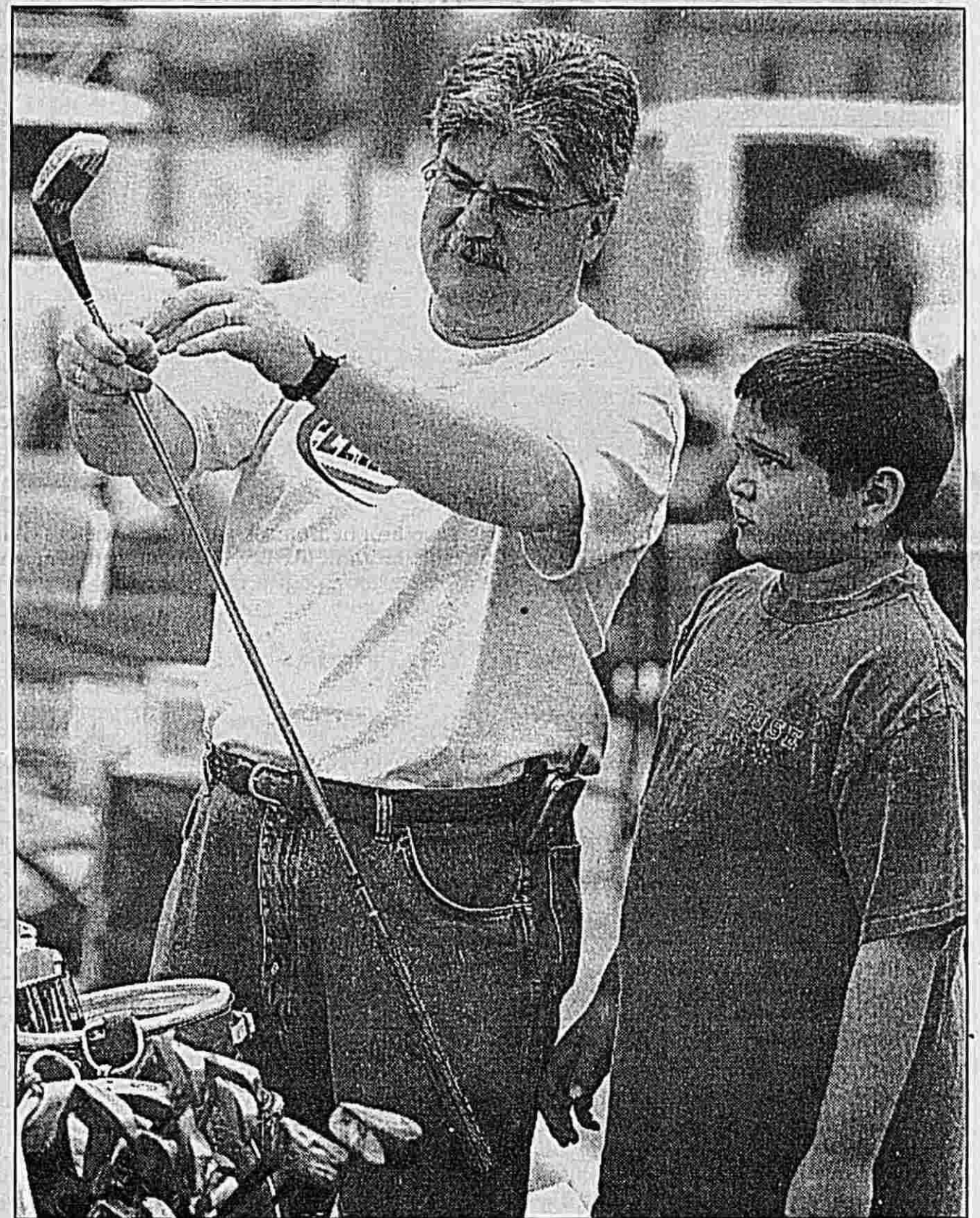
July 21 is the starting date for summer dance camps that include basic, pom, jazz and tap via American Stars of Dance through the parks department. Additionally, and on that same date, Parent/Tot Boogie Babies begins for children 18 months through 3 and one-half years on Monday and Wednesday mornings from 10-10:45 a.m.

For more information, call the parks department at 847-395-2160.



Bargain hunters

(Above) Shoppers browse the many tables and shelves full of housewares in the gymnasium of St. Peter Church in Antioch during the church's annual rummage sale fund-raiser. (Below right) Rosa Lopez of Twin Lakes, Wis. examines a pair of ice skates for sale and Michael Gleason (above right) of Antioch shops for golf clubs with his son James, 10. -Photos by Sandy Bressner



Local Dentist Graduates from Advanced Training!

Dr. Brian Gniadek, Linden Family Dental Center, has recently completed post graduate training at the prestigious Las Vegas Institute for Advanced Dental Studies in Nevada. He has completed the ADVANCED FUNCTIONAL AESTHETICS Program under the world-renowned Dr. William Dickerson, a Fellow of the American Academy of Cosmetic Dentistry.

A beautiful white smile can be achieved in weeks, not years, through a conservative technique that reshapes the teeth and fits them with porcelain laminates that are metal-free, and look and feel like the real thing. Many people can now improve their smiles without the necessity of braces. These natural looking restorations can create the perfect smile that may be desired by many...instantly!

Dr. Gniadek is one of the few dentists from the area that has completed a program that teaches these skills. Dr. Gniadek's commitment to excellence is emphasized by undergoing this training. His goal is to provide patients with only the best restorations and care possible. By undergoing this training, Dr. Gniadek has achieved the clinical ability that few dentists in the country are even aware exist.

For more information on how you can achieve a beautiful white smile in a matter of weeks, instead of years contact:

Dr. Brian Gniadek
Linden Family Dental
2056 E. Grand Ave. Lindenhurst, IL 60046
847-265-9070

POLICE BEAT

Persons charged with a crime are innocent until proven guilty in a court of law.

ANTIOCH

DUI

Thomas A. Kiolbasa, 52, of 25197 Hickory, Antioch, was arrested for driving under the influence of alcohol on June 24 at 9:39 p.m. on North Avenue at Parkway.

Police noticed Kiolbasa had an inoperative headlamp and followed him, noticing that he was weaving within his lane of traffic. When stopped, the officer detected the strong odor of alcoholic beverage on his breath.

Kiolbasa said he could not perform field sobriety tests due to an ankle injury of several years ago. He did agree to a portable breath test that resulted in .167 blood alcohol concentration.

Kiolbasa was arrested for DUI and issued citations for improper lighting, having only one headlamp and DUI. He refused further chemical testing and was issued an additional citation for illegal transportation of alcohol.

Kiolbasa was released on \$100 cash and surrendered his driver's license pending his July 28 court date.

Suspended driver's license

Joseph L.T. Bauer, 18, of 3247 Nicholson Road, Franksville, Wis., was arrested for driving without a valid driver's license on June 25 at 12:47 p.m. on Route 83 at North Ave.

Bauer was stopped for having a defective windshield and a check of his identifiers through LEADS came back with information that his Wisconsin driver's license was suspended. He was arrested and issued citations for having a defective windshield and no valid driver's license.

Bauer was released on personal recognizance pending his July 23 court date.

Daniel T. Langford, 42, of 42642 Forrest Lane, Antioch, was arrested for driving with a suspended driver's license on June 24 at 10:08 p.m. on Route 173 at Tiffany Road.

Langford was stopped for crossing the fog line with his right tires. A check of his identifiers through LEADS/SOS came back with information that his driver's license was suspended.

He was arrested and issued citations for improper lane usage and driving while suspended. Langford was released on personal recognizance pending court.

LETTER TO THE EDITOR

Wrongs unattended

I am writing in response to Steve Fabri's letters published June 1 and June 20. I am a concerned parent of a student at Grayslake High School. The details are on file with school administration and the school board.

In December 2000, the first major complaint was filed by a player and his family with the athletic director, principal, and superintendent. It also expressed concern for the safety of his fellow teammates. By February, 2001, three original players quit on their own. In a letter from parents (Feb. 1), it thanked the superintendent and administration because they were led to believe that the situation was going to be addressed. It read, "We appreciate that Coach Bowen will be closely monitored in the public eye at the basketball games, as well as behind the scenes at practices and in the locker room."

The reason we continued to follow the process past the administrative level now is because we had no reason to believe anything would be done to handle Coach Bowen's behavior beyond what was said (and not done) two years ago. Coach Bowen has still not improved his behavior; he answers to nobody.

I, along with others, have now put the responsibility and liability in the hands of the school board. The administration would not draw a line of tolerance for behavior that could be applied. The school should have guidelines that a coach should abide by as a role model, much like the athletes' guidelines and policies. There should be written guidelines in place to protect our students. There have been many complaints since Mr. Bowen has been here. This season alone, the school received over 10 written letters, formal complaints, and over 50 signatures on a petition regarding Mr. Bowen's unacceptable behavior. This is proof that administrations' initial approach and solution failed.

First of all, as a neutral party, you have written a pretty strong letter without getting the facts. Secondly, as confirmed by our phone conversation, you mainly based everything on what you read in the papers, which portrayed Coach Bowen as the victim. Next, you want to blame

Mrs. Applehans for the publicity when she did not start it.

It was coach Bowen that drew the kids into this mess by talking to them and others about it. We tried to keep these minors away from the media or additional negative situations. We have followed the superintendent's advice since January. We kept our concerns between the parents, the administration, and the coach. This was kept out of the public eye and out of the papers for months until a player's letter hit the papers. Mrs. Applehans wrote a rebuttal letter correcting the player's misconceptions about the reasons for our concern. The media then pressed her for more details, which she did not give out. As you know, the papers can hold letters and print them at different times. You wrote your letter in May and it has been published almost a month later. Many parents, including myself, have done our best to protect both the students' and Mr. Bowen's privacy by not going public with details. This leaves the readers to draw many incorrect conclusions.

Let me say that I am not out to hurt Mr. Bowen or his family. I can say many good things about him. I feel sorry for him, but my heart aches more for the many young players and their families who have been hurt by his actions and continue to suffer.

Steve, I realize it was not the majority of the team this season. Does it have to be? Only 15 kids tried out for the team. Two players left on their own. Parents of five players filed complaints with the school, with more in agreement. Therefore, at least seven out of 15 players this season did not have a positive experience. These players ranged from not playing at all to starters on the team.

There are many issues, which are not being released to the public. The administration agrees they are valid concerns that will be addressed and assured us that corrective action will be taken. We hoped that the details, names of minors, and personal experiences could remain confidential. Since when is it wrong for a parent to take a concern to school when they believe there is a problem?

David Peregrin
Grayslake

FROM PAGE A1

COURT

Objections were raised that everything from sites about breast cancer to sites depicting works of art might be blocked.

Many people have found that, even using proprietary filters, objectionable material either accidentally or intentionally mislabeled, can pass through.

In opinions supporting the decision, justices noted that the law will allow librarians to turn off the filters at the request of any adult patron.

Nevertheless, some librarians see this as an intrusive act, and one that puts them in the role of monitoring adult choices.

For many libraries, the decision may be moot. Although grants totaling over \$200 million are distributed yearly to public libraries, a large number of libraries do not receive them, including some in Lake County.

At the Lake Villa District Library (LVDL), acting director Paul Kaplan explained that, although the library does not receive grants or subsidies directly from the federal government.

It does, however, avail itself of LSTA (Library Services and Technology Act) funds, which are administered by the state, but subsidized by the federal government.

These funds are specifically used for technical services, including not only computer access, but also such enhancements as reading machines for the sight-impaired and electronic books.

"Fortunately, we don't depend on these grants for operating expenses," Kaplan said.

"These are for extras that make the library more accessible. They won't create a serious crimp."

Over the past five years, LVDL has received about \$50,000 in LSTA grants, providing Internet training for seniors, and other services for the "underserved" patrons of the library.

Library policy at LVDL does not include filtering.

Kaplan said there have been few complaints about the local policy. The policy was reviewed and slightly moderated a few months ago. The library board's decision was to support the present arrangement, noting that users are to be aware of risks in accessing the Internet. It is a policy of personal responsibility.

The board has eschewed the use of the filters, which dissenting Justice Stevens referred to as "like a blunderbuss," in that they wipe out more than the intended target.

Kaplan foresees no changes in the policy at LVDL.

The Antioch Public Library District doesn't foresee any changes in its Internet policy and does not receive any federal grant money.

"Juveniles have Internet access, but they have to be accompanied by their parents," said Kathy LaBuda, director. "We've tried all the filters and they don't work. These filters do not do what people think they should do."

LaBuda said the library would continue to look into the filters.

"We will keep looking," she said. "That's about all I can tell you."

ROUTE 83

Both Keim and Chriss advise motorists to watch for the signage about the closures and to avoid the areas of construction to the degree possible.

Keim said the first closure scheduled for

Route 83 on July 7 is the only definitive closing that has been announced.

"It will take about two weeks at each location, but that's not exact," he said. For more information, call 847-395-0142.



Vintage muscle

Vintage cars fill the grounds of Lehmann Park during a car show held as part of Lake Villa's "Summer Celebration." -Photo by J.W. Sternick

Business manager's extension, pay raise normal

By JULIE MURPHY
Staff Reporter

Supt. Dennis Hockney defended action taken by the school board to extend the contract of business manager Bill Ahlers and increase his salary in doing so.

"He was scheduled for a 5 percent raise anyhow," said Hockney. "His contract was extended out four years, which adds two years and he will receive an additional 5 percent (total of 10 percent) raise for the last two years of his contract."

Hockney said the contract extension takes Ahlers to retirement, and that it is not uncommon to boost salary in the last two years.

"This is not uncommon in school districts," he said. "This is similar to the what is done with the Illinois Teacher Retirement System (TRS). Actually, that allows for 20 percent (increases) in figuring retirement."

The provisions are allowed for under Illinois Statute and the Illinois Administrative Code that governs the TRS.

Hockney said retirement figures are calculated by the TRS based on the average of the last four years of employment.

Ahlers contract will continue through the 2006-07 school year.

"This is just normal procedure," said Hockney.



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Sports

Please turn to
COUNTY SECTION
for additional
Sports Coverage

A6 /Lakeland Newspapers

July 4, 2003

2003 Lakeland Girls All-Star Softball Team

Information compiled by John Phelps and Steve Peterson. Photos by Sandy Bressner, Lynn Gunnarson Dahlstrom, Candace H. Johnson and Steve Young.

First Team



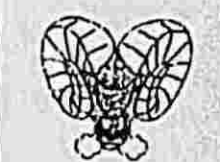
Antioch
3B Carolyn Cooley, Jr.
P Kelly Wells, Sr.



Carmel
C Sarah LoBue, Sr.
IF Kelli Maguire, Sr.



Grant
IF/P Amanda Carter, Jr.
IF Rosa Csulits, Sr.



Grayslake
P Lea Corcoran, So.
3B Megan Mitchell, Sr.



Johnsburg
C/IF Jackie Plett, Sr.
OF Sarah Sutcheck, Sr.



Libertyville
C/1B Erin Bakshis, Sr.
3B Katie Spicer, Sr.



Mundelein
C Ana Antonetti, So.
CF Emily Tkaczyk, Jr.



Round Lake
IF Kristin Poglayen, Sr.
P/OF Amanda Hoekstra, Jr.



Warren
SS Jackie Burris, Sr.
IF Erin Minger, Sr.



Wauconda
OF/IF Nicole Biskupski, Sr.
P/OF Roni Ecklund, Sr.

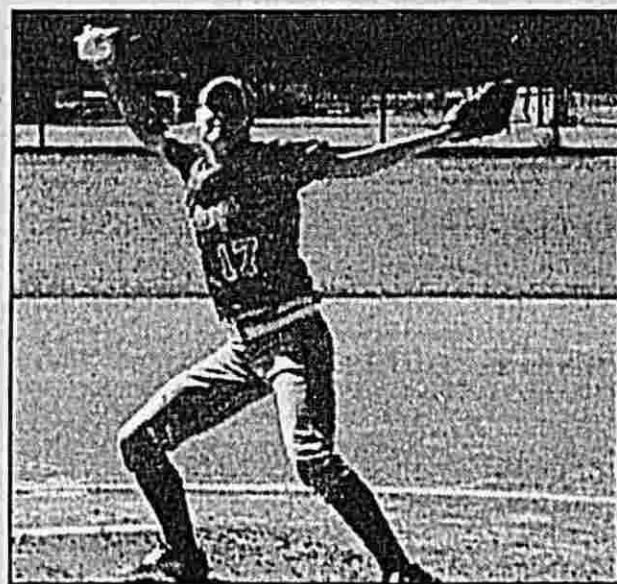


Vernon Hills
P Kim Rymer, Sr.
C Beth Plucinski, Sr.



Zion-Benton
SS Maggie Gerald, Jr.
P Somer Stilley, Sr.

Co-Players of the Year



Rachel Cleaveland
Sr., P, Mundelein

Pitching has become a trademark over the years at Mundelein. Senior fire-thrower Rachel Cleaveland made sure that tradition carried on. Cleaveland went 25-5 this season with a save and sparkling ERA of .047 in 195 innings of work. She struck out 303 batters her senior year and 516 for her career. At the plate, she was just as deadly, where she led the team this spring in batting (.388), hits (47), home runs (3) and RBI (32). The Ball State-bound Cleaveland also showed off her speed on the base paths to the tune of 12 stolen baggies. Her last two years, the Mustangs were 59-10 and won the North Suburban title each season. In that span, Cleaveland was 49-6 on the hill.



Kim Rymer
Sr., P., Vernon Hills

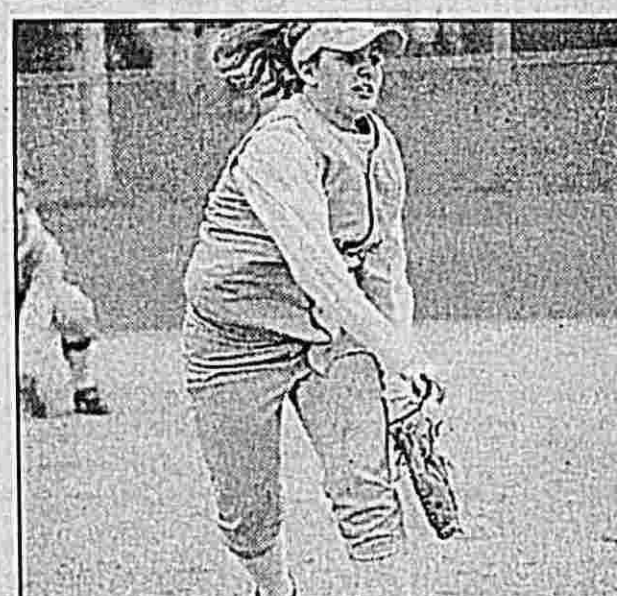
Speaking of pitching, the bar has been raised at Vernon Hills, thanks to this hard-throwing senior and three-year varsity player. On the hill, Rymer went 18-5 with one save, 197 strikeouts and an ERA of 0.30 in 159 innings as Vernon won its first-ever regional and sectional titles. At the plate, Rymer had a big stick, batting .321 with 7 triples, 3 doubles, 5 round-trippers, 30 RBI and 36 runs scored. That helped her sport a .516 on-base percentage and .625 slugging percentage. The Augustana-bound Rymer also swiped 12 bases, tops on the team.

Co-Rookies of the Year



Lauren Liles
Fr., C, Grant

With no prior playing experience, the freshman certainly took the bull by the horns for Grant this spring. She started on the JV level but quickly moved on to the varsity ranks. Batting third in the lineup, Lauren boasted a team-leading .367 average on 29 hits, including seven doubles and three triples. Behind the plate, she threw out over 90 percent of attempted stealers. She also committed only three errors. Head coach Mike Dolezal said she was a big part of Grant's 14-win season, which doubles the number of victories from the year before.



Emily Perrenot
So., P, Carmel

With a bulk of its pitching staff having graduated, someone needed to step up on the hill. Emily, only a sophomore, was thrown into the fire but responded like a champion. Pitched in all but one game, compiling a 20-14 record, which was 11 wins more than the Corsairs had in 2002. She fanned 115 batters, allowed only 84 runs (2.47 run per game average), and sported a 1.52 ERA in 233 innings of work. At the plate, Perrenot could also hit. She batted .305 (29-for-95), had eight RBI, 10 runs scored, and walked 15 times.

Coach of the Year

Jason Raymond, Carmel



This was a tough call. Greg Stilling of Vernon Hills and Toni Campbell of Mundelein had the talent in leading their respective teams the farthest in the post-season of any Lakeland area team. Stilling and the Cougars went the farthest—the super-sectionals—in the school's short three-year history. First-year coaches Rob Caliendo of Grayslake and Stacy Selle of Antioch did great jobs after losing several key players to graduation. But then there's Raymond, also a first-year varsity skipper. The Corsairs also lost a few key players to graduation last year, but Raymond stepped in and turned this program around. This spring, the Corsairs finished 20-14 after winning only nine games the year before. "I just want to try and instill a good work ethic and positive outlook in the girls," the coach said. "Nothing great comes without sacrifice." No, it does not. And the numbers were proof enough this season for Carmel.

Honorable mention



Antioch
C Jill Norwick, Fr.
IF Katie Korecek, Jr.



Carmel
IF/C/OF Peggy Zizzo, Fr.
IF/OF Sadye McGrath, Sr.



Grant
IF Lauren Hill, Sr.
C Lauren Liles, Fr.



Grayslake
SS Jessica Damore, Sr.
1B Jessica Piasecki, Jr.



Johnsburg
IF/OF Amanda Dawson, Sr.
C/1B Kate Blackburn, Sr.



Libertyville
P/IF Kristin Peterson, Sr.
P Michelle Lechy, So.



Mundelein
1B Ashley Wierema, Sr.
3B Kaitlin Leach, Jr.



Round Lake
1B Ashley Pollard, Jr.
P/IF Jaimie Schaufel, Jr.



Warren
C Megan Gerken, Jr.
SS Toni Boller, Jr.



Wauconda
IF Jessica Felten, Jr.
P/IF Stephanie Gertz



Vernon Hills
1B Kristin Lancaster, Sr.
LF Dana Dingman, Sr.



Zion-Benton
C Sara Paulosky, Jr.
2B Alyssa Hendricks, Sr.

Beware... Players to watch for in 2004



Antioch
IF Kate Hofeldt, So.
P Laura Elstrom, Fr.



Carmel
P Emily Perrenot, So.
IF/OF Peggy Zizzo, Fr.



Grant
C Lauren Liles, Fr.
IF Amanda Alaimo, So.



Grayslake
P Lea Corcoran, So.
LF Alicia Cuellar, Jr.



Johnsburg
3B Julie Boyd, Jr.
P/OF Allie Leight, Jr.



Libertyville
IF Natalie Chase, So.
SS Janine Sznitko, Jr.



Mundelein
DH/IF Nicole Rhind, Jr.
2B Christine Scott, Fr.



Round Lake
3B Jenna Cashmore, Jr.
P Michelle Carranza, Jr.



Warren
1B Jen Habib, So.
P Courtney Whitlock, Fr.



Wauconda
IF Jessica Felten, Jr.
C/IF Caroline Raupp, Jr.



Vernon Hills
OF Rachel Blanton, Jr.
OF Katie Walus, Jr.



Zion-Benton
1B/DH Monyca Fisher, Jr.
P/IF Jackie Barnett, Jr.

2003 Lakeland Area rankings

| Pre-season | Final |
|-----------------|-----------------|
| 1. Mundelein | 1. Vernon Hills |
| 2. Antioch | 2. Mundelein |
| 3. Vernon Hills | 3. Carmel |
| 4. Warren | 4. Grayslake |
| 5. Carmel | 5. Antioch |
| 6. Grayslake | 6. Grant |
| 7. Libertyville | 7. Warren |
| 8. Wauconda | 8. Libertyville |
| 9. Grant | 9. Round Lake |
| 10. Round Lake | 10. Wauconda |

LOCAL DIGEST

Six Flags tickets available at parks office

The Antioch parks and recreation department is selling tickets to Six Flags Great America as a community service.

In addition to saving amusement park goers time in line, those who purchase their tickets through the parks department will save nearly \$10. The parks department is selling the tickets for \$31.50.

For more information, call 847-395-2160.

Taste of Summer on horizon

Antioch's annual four-day festival is scheduled for July 17-20. It will be held on the Orchard Street Extension and Skidmore Drive.

In addition to the street sales, there will be entertainment including Mr. Meyer's Caribbean Rock, US 99 Country Roads Band, BBI and American English. Look for the carnival, bingo and other fun activities.

For more information, call the office of the Chamber of Commerce at 847-395-2233.

Library friends host 'Antiques Road Show'

The Antioch Library Friends are bringing history into the three-year tradition by hosting its own Antiques Road Show appraisal luncheon.

This third annual luncheon will be held at the Colony House Restaurant in Trevor, Wis. on Aug. 14. Deadline for registration is Aug. 4.

Certified appraiser Karl Gates will appraise one piece per guest attending. Appraisals can be given on a wide variety of antiques from jewelry and china to knick-knacks and other family heirlooms.

The cost is \$20 for members of the Antioch Library Friends. The cost to non-members is \$25. This price includes both the lunch and the appraisal of one item.

Registration forms are available at the library. It is also permissible to mail reservations, along with payment, to: Antioch Library Friends, 757 Main St., Antioch, IL 60002.

For more information, call Anne Schultz, secretary and vice president of Antioch Library Friends, at 847-838-1359.

Village announces temporary road closings

The Orchard Street extension and Skidmore Street will be temporarily closed for

three events over the next six months.

The road will be closed for the Taste of Summer from July 14-20 and the fall arts and crafts fair will close it again Sept. 5-7.

Village enforces leash ordinance

Pet owners should be aware that the Village of Antioch approved a leash ordinance in 1985 that requires all domestic animals, including cats, to be confined to a leash, chain or fenced area.

Additionally, anyone who walks a pet on either public property or the private property of another must carry a bag or other receptacle to remove and dispose of animal waste.

VFW offers fish fry

Antioch VFW Post 4551 has started having a fish fry on Friday nights from 4-8 p.m.

In addition to cod, perch and shrimp the menu offers burgers and chicken strips. Dinners are served with french fries or a baked potato, in a limited quantity, and coleslaw bread and butter.

Cost varies from about \$3-8, depending on the fish or meat.

For more information, call 847-395-5393.

Community band seeks members

Lakes Area Community Band, a 40-member band comprised of musicians from Lake, McHenry & Kenosha counties, is currently seeking musicians, high school age and older, in all sections. Practices take place on Monday evenings from 7-9 p.m. in the Antioch Community High School band room.

New members are welcome. No auditions are required. For more information, call Debbie Davis at 847-395-0272.

Knights of Columbus meet

Knights of Columbus (Father Henderson Council 3800) meet the first and third Thursday of each month at 7:30 p.m. in Father Frawley Hall, located in the basement of St. Peter Church.

The Knights of Columbus is an international Catholic Family Fraternal service organization that volunteers time and money to charitable and benevolent causes. Practicing Catholic men over the age of 18 years old are eligible to join.

For more information, call St. Peter Church Rectory at 847-395-0274.

NEIGHBORS

Name: Justin Mahaffey

Home: Antioch

My family/pets: I have a brother, Lance, and my parents, Mark and Beth.

I attend/graduated from: I attend Northern, and graduated from Antioch Community High School.

Community involvement: I am assistant manager of the Antioch swimming pool.

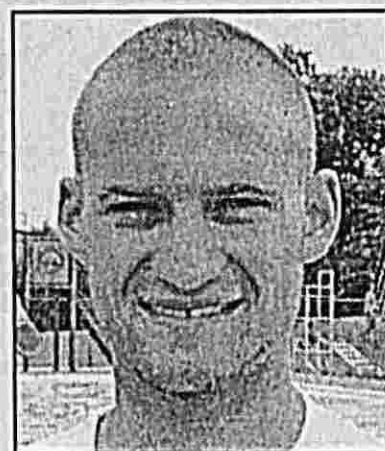
What I like best about my town: I like the location. It's close to both Chicago and Milwaukee, close to malls and the lake.

Hobbies: I like sports, but especially basketball. I also like pool (billiards) and ping-pong.

Favorite movie: "White Men Can't Jump."

Favorite album/cd: Matchbox 20 "Mad Season."

Favorite sports team: The Cubs.



Best local restaurant: Mr. G's. I like the two hot dog special.

Favorite home-cooked meal: Angel hair pasta with Alfredo sauce and chicken.

Person I admire most: My mother.

If I had \$1 million, I would: Travel to as many places out of the country that I could.

If I had a plane ticket anywhere, I'd go to: Europe.

My pet peeve is: Talking during a movie.

If I had one wish, it would be: To play in the NBA.

My dream job would be: To be a CEO of a large company.

My life's motto is: You get out of life what you put into it.

If you have a "Neighbor" that you would like to see profiled in this column, call Lakeland Newspapers at 847-223-8161.

Calendar

GOT SOMETHING GOING ON? GIVE US A CALL!

Call 847-223-8161 or e-mail calendar@lakelandmedia.com

A 14-day notice is requested for all items.

Friday, July 4

Independence Day celebrated. Fireworks held at dusk in Williams Park

7:30 a.m., Lake County Chamber of Commerce networkers group meets at the Hampton Inn in Gurnee. For info., call 847-249-3800

Saturday, July 5

10 a.m.-5 p.m. Sat. & Sun., Lincolnshire Art Festival held at Village Green Center, Olde Half Day & Milwaukee Ave. in Lincolnshire. A juried show featuring works by 100 artists, food and a children's craft area. Call 847-444-9600

Sunday, July 6

8 a.m.-4 p.m., Classic Car Show & Swap Meet held at the Lake County Fairgrounds, Rtes. 120 and 45 in Grayslake. Bring the whole family. Tickets cost \$7. Call 630-876-1042

7-9 p.m., Open Gym at Antioch Community High School, cost \$2, adults only

Monday, July 7

12:45 p.m., Bingo held at The Antioch Senior Center, call 847-395-7120 for details

5:30 p.m., TOPS group meets in Lindenhurst at the Victory Ambulatory Surgery Center and Outpatient Services at 1050 Red Oak Lane on the first floor. Call Tina at 847-265-9364

7 p.m., Sub-committee meetings of the Antioch Village Board held. Committee Meetings of the Whole follow at 8 p.m. in the Board Room, Antioch Village Hall, 874 Main St.

7-9 p.m., Lakes Area Community Band rehearsal at ACHS, call 847-395-6729

Tuesday, July 8

6-8 p.m., Bariatric Treatment Centers (BTC) support group meets downstairs at the Antioch Senior Center, 817 Holbeck Dr (behind the fire station). Call Karen at 847-395-6244

6:45 p.m., Antioch VFW Bingo, 847-395-5393

7-8:30 p.m., Free Summer Entertainment Series at Independence Grove Forest Preserve in Libertyville, presents the group, "The Usual Suspects," performing rock 'n roll classics. All ages invited, free of charge. Bring a chair or blanket for this outdoor concert in Millennia Plaza. For info., call 847-968-3499

7-8 p.m. Weigh to Win program held at Calvary Christian Center, Monaville Rd., west of Rte. 83 in Lake Villa. Call 847-356-6181 for info.

7:30 p.m., Mothers & More group meets at the State Bank of the Lakes in Grayslake. Call Lisa at 847-548-0883 or visit www.mothersandmore.org

Wednesday, July 9

9 a.m., H.O.M.E. (Home Office Managers & Entrepreneurs) group meets at First Midwest Bank, 300 N. Hunt Club Rd. (1st floor conference room) in Gurnee. Call 847-367-7118

8 a.m., American Business Woman's Assoc. meets at Keller Williams Realty Office on Rte. 83,

south of Rte. 173 in Antioch. For more info., call Nancy at 847-838-6500

6:30 p.m., TOPS Weight Loss weigh-in, 7 p.m. meeting at Antioch Senior Center, 817 Holbeck, info. at 847-395-6443 or 847-395-8143

7-8:30 p.m., A Safe Place/Lake County Cnsis offers free support groups in Lake County for women who are victims of abuse. Meetings in Round Lake, call 847-249-4450

1 p.m., Antioch Woman's Club regular meeting at United Methodist Church of Antioch, info. at 847-395-4210

6 p.m., CPR classes sponsored by The Antioch Rescue Squad and Fire Department, 835 Holbek Dr., \$5/\$15 depending on class needed, payable at time of class, call 847-395-5511

Thursday, July 10

7:15 a.m., Business Network International (BNI) meets at the Hillside Restaurant in Grayslake. Call Craig Henderson at 847-840-6464

Informational meeting on foster care opportunities held at Catholic Charities, 671 S. Lewis Ave. in Waukegan. For registration or details, call 847-782-4200

8-9 a.m., Network Lake County, a business networking group, meets, for location, call Boyce Buckner at 847-838-0058

7:30 p.m., Village of Antioch Planning & Zoning Board meets at the Municipal Bldg., 874 Main St. Call 847-395-1000 to confirm

Friday, July 11

11:45 a.m.-1:30 p.m., Luncheon hosted by The Central Lake County Christian Women's Connection. Held at the Country Squire, Rtes. 120 and 45 in Grayslake. Enjoy lunch, a children's fashion show, music and more. Cost is \$13.50 for ladies and \$7 for children. Off-site child care is available. To RSVP or for info., call Darcy at 847-336-4084. If your child would be able to model, call Rebecca at 847-573-0738

3-7 p.m., Farmer's Market held at 900 Skidmore Dr. in Antioch. Produce, specialty items and crafts. Held every Fri. thru. Aug. 29. North on Rte. 83, right on Orchard St., right on Skidmore. For more information, call 847-395-6342

Saturday, July 12

Sat. & Sun., 11 a.m.-5 p.m., Antiques & Collectibles Flea Market held at the Lake County Fairgrounds, 50 S. Route 45 in Grayslake. Dealers from throughout the midwest sell their goods. Admission is \$4. Early buyers session on Sat. from 8-10 a.m., cost is \$15. For more information, call 715-526-9769

Sunday, July 13

10 a.m.-5 p.m., 2nd Annual Great Outdoors Camp Fishing Derby held at 38685 Deep Lake Road in Lake Villa. The event is free and area families are invited to attend. Prizes awarded courtesy of Triangle Bait. Fisherspersons over 18 will need to bring a valid Illinois fishing license. Poles, reels and bait are available free of charge. For details and reservations, call 847-245-3751

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| WPI LINCOLN 6175 N. Lincoln Ave. Chicago, IL 60659 773.279.9882 | WPI LOUIS-JOLIET MALL Louis-Joliet Mall (Kiosk) Located across from Champs Sports 815.609.3748 | WPI NORTHBROOK 3570 Milwaukee one block north of Lake St. 847.299.1009 | WPI NORRIDGE Located at Norridge Commons next to Shoe Carnival (Forest Preserve & Harlem) 708.457.2199 | WPI N. RIVERSIDE N. Riverside Park Mall Located next to Movie Ticket Booth 708.447.8925 |
| WPI RANDHURST MALL Located next to the Customer Care Booth (Rand & Elmhurst) 847.590.9675 | WPI ST. CHARLES Charleslowne Mall Located in front of Von Maur at lower level 630.513.0322 | WPI VERNON HILLS Located at Rivertree Court #124 next to Ben & Jerry's 847.816.4824 | | |

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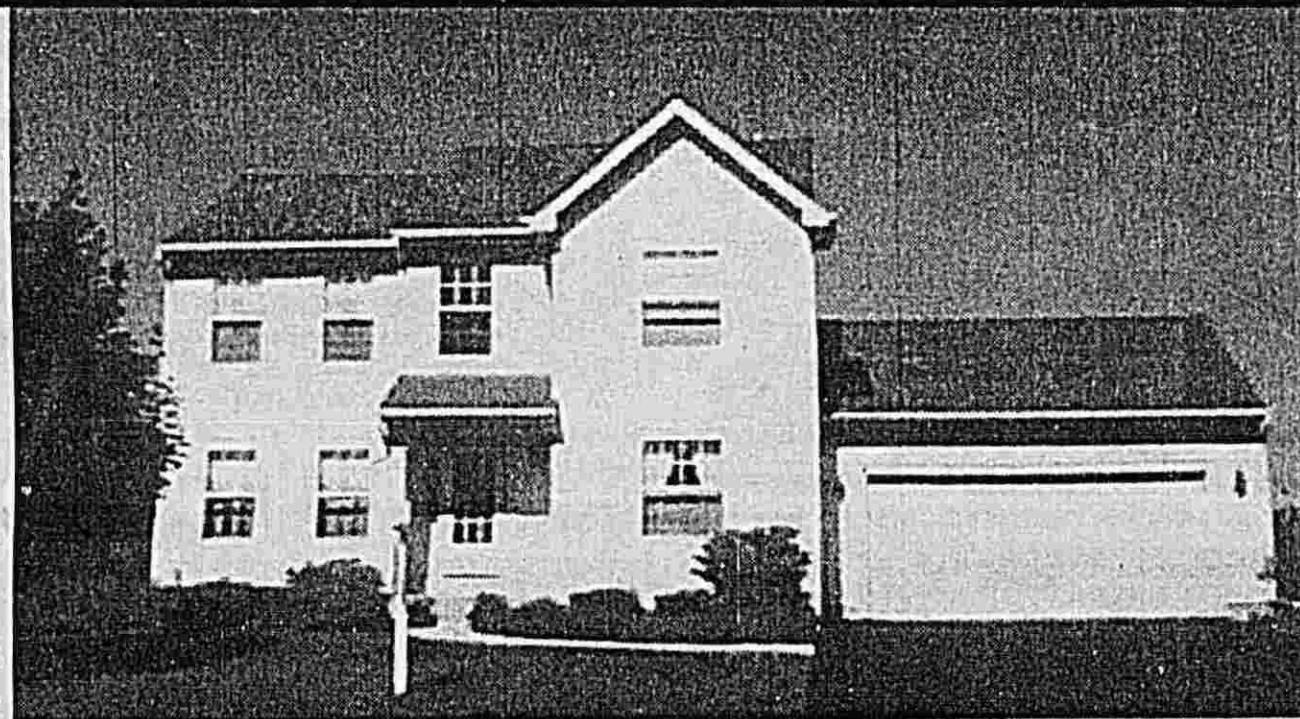


COLONIAL WITH PERSONALITY

This beautiful 5 bedroom, 3.5 baths 2 story shows like new and is on a beautifully landscaped acre. With a large family room opening to large oak cab kit., you'll love the floor plan. Hardwood floors, fireplace, partially fin. basement, 3 car garage. Emmons School location Antioch.

\$349,500

ask for Pat Ciko 395-7900 X141

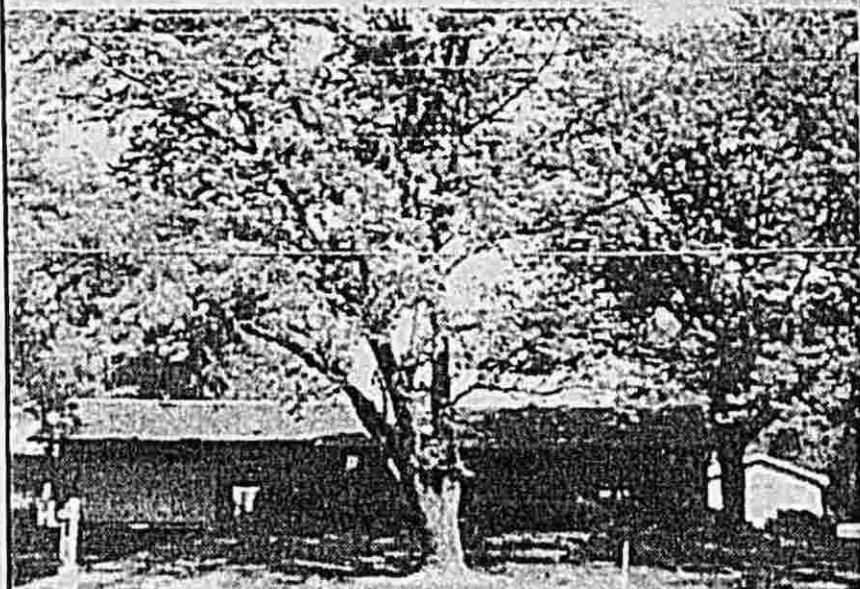


PERFECTION

This delightful 7 year old 2-story has 3 bedrooms, 2.5 baths, 2 story foyer, large master suite, huge living room, hardwood floors and plush carpet, nicely finished basement, beautiful decor and window treatments, lots of flowers, large patio to enjoy views of corn fields & trees. Near Metra and shopping. Lake Villa (Cedar Crossing)

\$249,500

ask for Pat Ciko 395-7900 X141

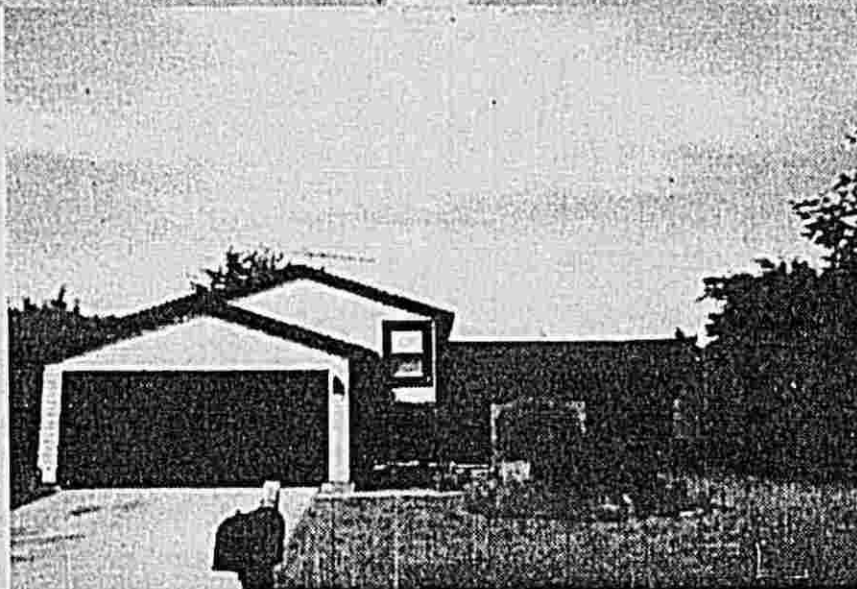


RAMBLING RANCH IN THE COUNTRY

3 bedrooms up and 1 down this spacious ranch offers so much. 2 fireplaces, large kitchen, spacious living room/dining room combo, full finished basement, heated 2 car garage plus detached 2 car garage. All this on nearly an acre in Grayslake

\$284,500

ask for Pat Ciko 395-7900 X141



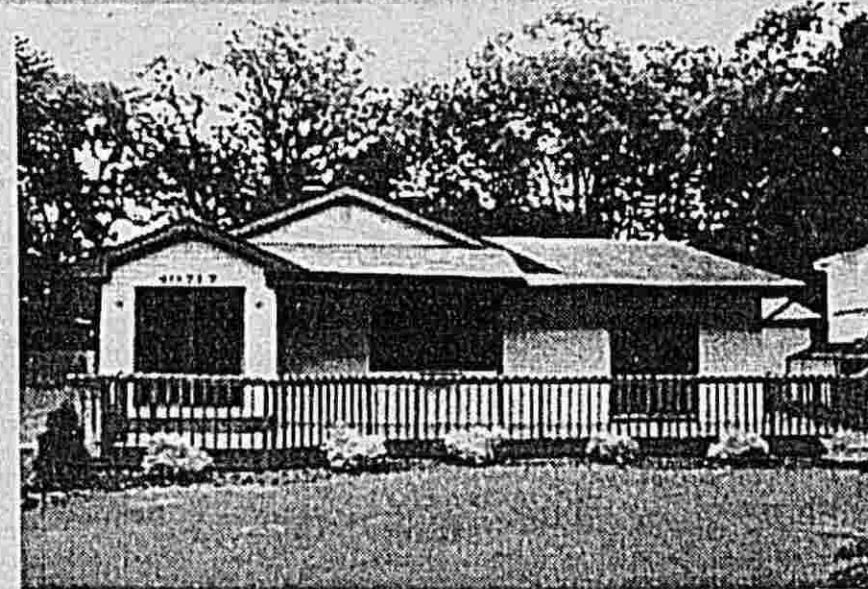
OUTSTANDING CONTEMPORARY QUAD

Across from Waterford Lake in Lindenhurst sits this open and airy home with hardwood floors on the first level, nice fireplace, family room, sub basement, 3 bedrooms, 2 baths, large screened in porch, beautifully landscaped yard

just

\$228,500

ask for Pat Ciko 395-7900 X141



CLOSE TO LOON LAKE

Sits this adorable 3 bedroom remodeled spacious ranch with stone fireplace, new septic, new carpet and doors, CA, furnace, 1 car garage. So much for just

\$154,500

ask for Pat Ciko 395-7900 X141

CHECK IT OUT!

Grayslake Farmers Market
offers entertainment / LL3

SPECIAL EVENT

Lakeland veteran has novel
published / LL4

COOKING BY THE BOOK

"Barbeque ain't rocket
science" / LL6

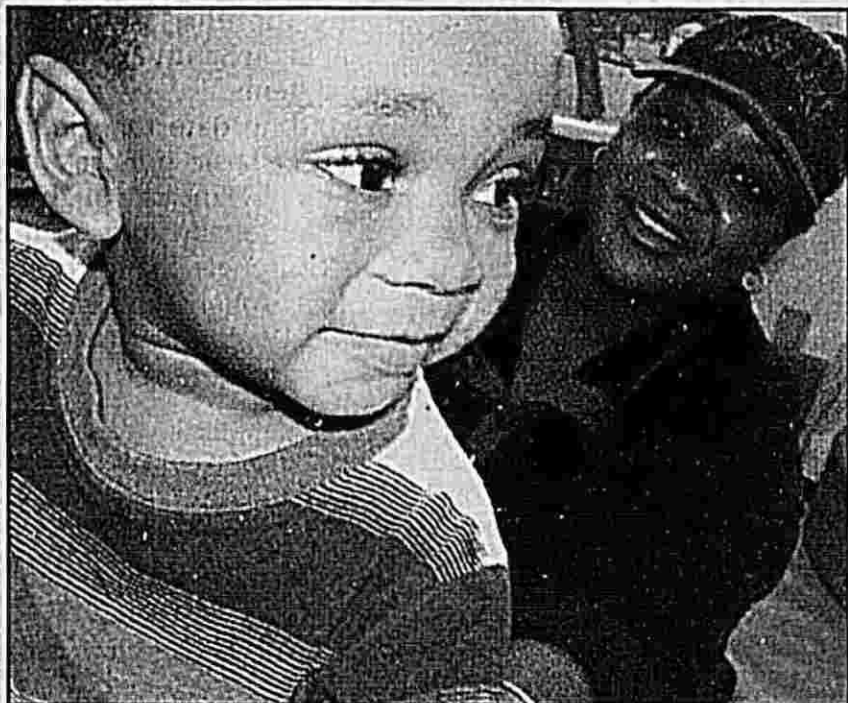
Pull-out
Section

LakelLife

Entertainment & Leisure

LAKELAND
NEWSPAPERS

July 4-July 10, 2003



Thirteen-month-old Bryce Jones of Round Lake Beach ponders his next move at Pediatric Alternatives in Creative Therapy as his mother, Tiffany Jones, looks on. PACT is affiliated with Condell Medical Center in Libertyville.— Photo by Lynn Gunnarson Dahlstrom

By MICHELLE HABRYCH
Special to Lakeland Newspapers

Parents of infants have a lot on their minds: When will my son start crawling? When will he start talking? When will my daughter start sitting on her own? When will she start walking?

When wonderings like these turn into real questions about delayed physical development, parents can find help at PACT (Pediatric Alternatives in Creative Therapy). PACT offers assessments for concerned parents and then both physical and occupational therapy as deemed necessary. "Physical therapy does mostly gross motor skills," said physical therapist Teri Roberts.

"Occupational therapy does fine motor skills. Some say it's between upper extremity and lower extremity, but for kids it's not as big a difference as (with) adults. With kids, you tend to a lot of the same postural control, trying to get them to meet their gross and fine motor skills."

One child Roberts works with is 13-month-old Bryce Jones. His mother Tiffany Jones drives from Round Lake Beach twice a week to the medical building on Condell Medical Center's Libertyville campus where PACT is located. "What I noticed with Bryce was that when he was about five months, I noticed that he was not grabbing for things, for objects, and his arm was super-extended. He just wasn't moving like he should have been, so I had him assessed with SEDOL

(Special Education District of Lake County)," Jones said. Because of SEDOL's 45-day waiting period, she sought other help. A friend's son was getting therapy at PACT for a severe walking delay, and she referred Jones. "I just really didn't want to wait, so I contacted PACT. ... They got me in immediately to do an assessment (and) within two weeks he was starting (therapy), so it was fast."

During one particular physical therapy session, Roberts and Jones spend a lot of time trying to make Bryce happy, as he is crabby because the session fell during naptime. Jones shared that she had to wake him up to bring him in from the car. If he's not happy, he won't do much work, Roberts explained, offering Bryce a toy.

The women compared the boy's previous behavior to the progress he has made over the eight months of therapy. "He's progressed a lot, he really has, because he wasn't grabbing for stuff. He's doing really well," Jones said proudly, looking at her son working with the therapist. "He wasn't doing much when he came," Roberts said. "He was sitting and not really good at that either."

"And he didn't really interact with toys," Jones said. "No, he was not. He was pretty much just swiping at things and he wasn't picking up or grabbing and now he's doing it. ... He's very age-appropriate with active play," Roberts said. Then talking to him she added, "Today you're not," trying to get him to play with toys ranging from a toddler mailbox to a large ball. "How are we going to get you to play with this, huh?" she asked the child with a smile.

Delays in infant development happen for a number of reasons. "(For) some it's environmental, some it's having just an older brother or having more than one sibling (and parents' attention is diverted)," Roberts said. "Not being on the floor enough, not getting enough tummy time when they're really, really young. It could be from prematurity, having an illness at a young age that causes

them not to be as active, but there's no rhyme or reason. ... Some of them just have low tone (like Bryce)."

Length of therapy depends on the problem. "There are some children that will be in therapy all of their lives, for instance if they have cerebral palsy, if they have Down's syndrome, if they have some sort of genetic or neuromuscular injury. Whereas children with low tone, like Bryce, you just get them fairly close to age-appropriate, which Bryce is. I'm just trying to get him to (start) walking," Roberts said. "Once he's starting to walk I will go to re-checks to make sure he hasn't fallen behind. ... Usually (age) two's a good cut-off. If you're doing age-appropriate things at two, unless you have some huge setback, you're pretty set to go."

To get Bryce to walk this session, the therapist tries many different activities, including enticing him with shiny beads and moving a toy out of reach so he has to come after it. Holding his hands, she walks with him up and down a ramp. "Stay up, stay up, stay up, yea!" Roberts encouraged the toddler as he walked. The two danced together and then went to another part of the child-friendly room to play with other toys to entice Bryce to take steps toward the therapist on his own.

When finally he took some steps near the end of the 45-minute session, his mother excitedly praised him. "You got it! Yea!" she said as she clapped.

Therapists give parents instructions as to what children should be doing at home between appointments, according to Jones. When she sees her son doing something Roberts has instructed her not to let him do, she corrects the behavior, such as "butterfly sitting," which is sitting on the rear with the legs bent and fanned backward, like a hockey goalie trying to stop a puck.

"I practice with him walking a lot around the house," she said. "I get him up and we walk to the fridge (as opposed to carrying him or having him crawl)."

Baby Steps

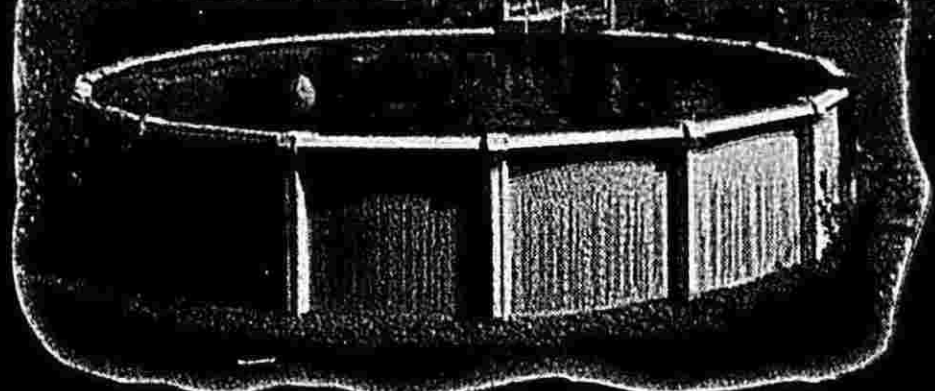
Therapists work through child developmental delays at PACT

Physical Therapist Teri Roberts works with 13-month-old Bryce Jones of Round Lake Beach at Pediatric Alternatives in Creative Therapy. PACT is affiliated with Condell Medical Center in Libertyville.— Photo by Lynn Gunnarson Dahlstrom



Please see **STEPS** / LL4

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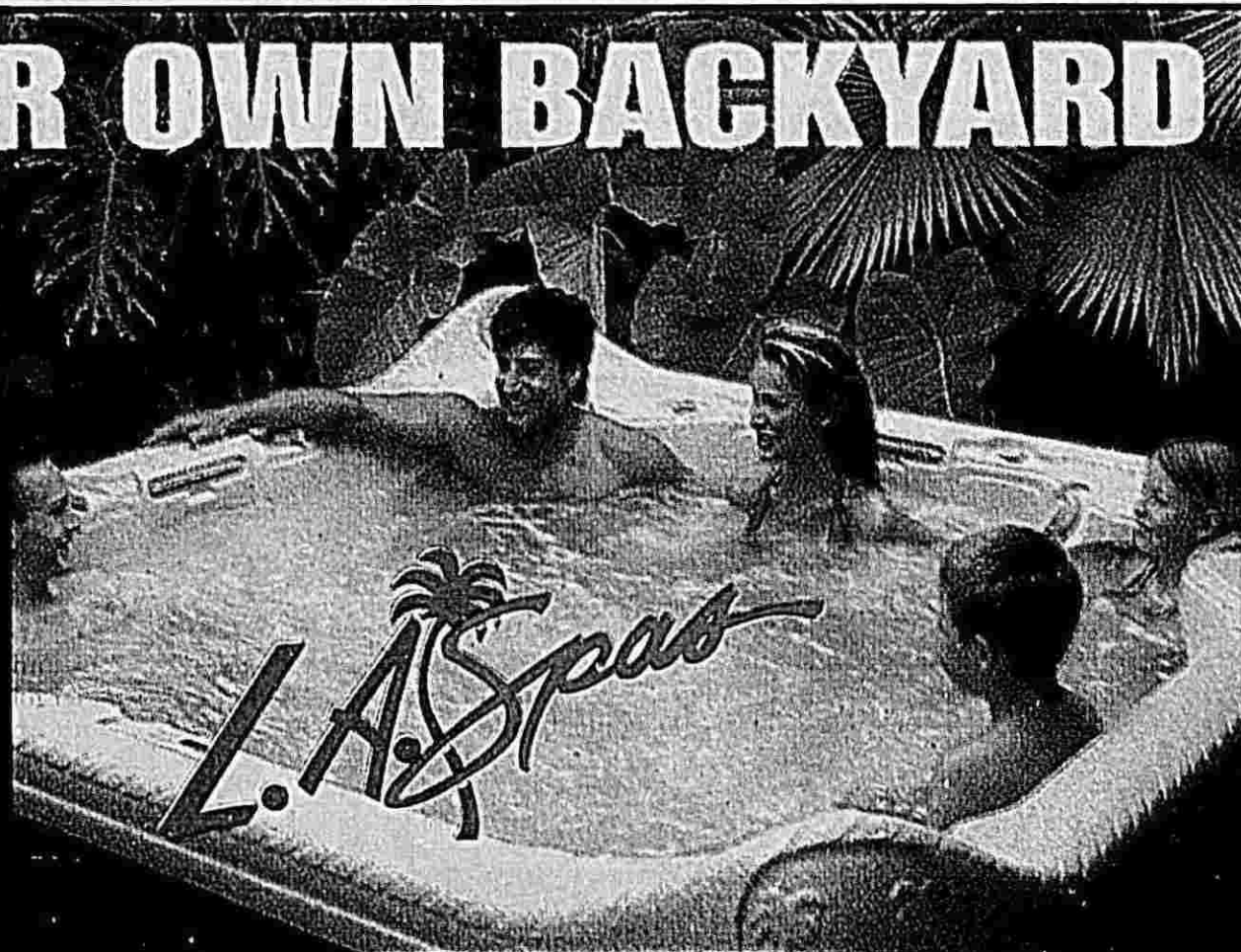
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SPECIAL EVENT

Fore!

Calling all golfers



The Wheaton History Center has scheduled its 14th Annual Legends of Wheaton Kiebler Golf Classic for Thursday, July 17, at Arrowhead Golf Course, 26W151 Butterfield Road in Wheaton. Enjoy a full day of golf with card, lunch on the course and dinner, and each golfer receives a Legends jacket. Scramble tee times begin at 11 a.m.

As part of the Legends Kiebler Classic each year, Wheaton History Center takes this opportunity to recognize two Wheaton residents who have shown dedication to the History Center and their community. This year's legends are Gwen Henry and J.P. Rick Carney. DuPage County and Wheaton are fortunate to have two such dedicated community members who give of their time and talent to local and county government as well as a vast array of deserving organizations.

The Legends of Wheaton Kiebler Golf Classic is a great way to pay tribute to this year's legends and support the History Center's programs while enjoying a day of golf and an evening of dinner and prizes. The golf package is \$150 and for non-golfers who want to join in the fun dinner is \$43.

For information and reservations, call 630-682-9472.

NATURE

Free publication on wildlife diseases

Trees For Tomorrow has recently published its spring edition of Northbound, a quarterly natural resources journal written by Trees For Tomorrow staff. A copy of the publication can be obtained for free by calling 1-800-838-9472.

Readers can learn about some of the hot animal diseases that have made the news in Wisconsin, and find out about any threats to humans.

A feature article on deer diseases will shed some light on chronic wasting disease and other problems deer may encounter. With the recent publicity on West Nile Virus, Krisit Karwal wrote about how the disease affects birds and how it can affect humans. She also shares some ideas for reducing mosquito populations on property.

With tick season upon us, Emily Johnson tells what one should know about Lyme disease and some ways to prevent picking up ticks, as well as symptoms of the diseases.

CLUB

Sitzmark offers fun for all ages

Come join Sitzmark Ski Club and enjoy the season! Sitzmark Ski Club is a year round adult social club that has been around since 1946.

You don't need to know how to ski to belong, you just need to like having a good time and meeting new people. The meetings are held at 8 p.m. on the first and third Wednesday of each month at El Barrio's Restaurant and Bar in Mundelein, on Diamond Lake Rd., just 1/2 mile west of Rte. 45.

The summer and early fall season is filled with many activities including Ravinia concerts, festivals, various parties, biking/in-line skating, golf outings, baseball games and monthly bar hops. On the weekend of July 18, Sitzmark will be going to New London, Wisc. for camping and tubing. All of the trips are open to families.

Yearly membership is \$40 for a couple and \$30 for singles. You must be 21 years of age to join. Families are more than welcome. All summer activities are open to all ages, unless noted. Winter trips will be designated if family friendly.

So come to a meeting or check out the web site at sitzmarkskiclub.com and join the fun of Sitzmark.

SPECIAL SHOWS

Summer film series begins

Don't miss El Area Public Library's Summer Film Series on July 15 and August 19 at the Library. This season's featured movies are "Harry Potter and the Chamber of Secrets" (PG), "Frida" (R), and "The Hours" (PG-13). All movies are free and begin at 1 p.m. For more information, call the library at 847-438-3433 or log on to the library's web site at www.eapl.org.

Improv Playhouse host comedy jams

The Improv Playhouse is holding Friday Night Improv Comedy jams at its Libertyville Studio, 116 West Lake Street. Improv Playhouse Staff guides audience members in an open stage where Adult, College and High School Touring Team Members demonstrate improv games, short and long form styles. All ages welcome. Family friendly. Dates July 11, 18 and 25, August 1, 8 and 15. Admission for students with ID \$3 and adults \$7. Call 847-968-4529 for more info or visit improvplayhouse.com.

Bowen Park Theatre's Summer Shows

Bowen Park Theatre's Summer Shows for young audiences presents Julian Wiles touching play, "The Boy Who Stole the Stars." Children can learn the lesson of the dragon in the stars. All things have their season. Come help a young boy and his grandfather count the stars. "The Boy Who Stole the Stars" runs Monday - Friday July 21-25, 10 a.m. and 1 p.m.

Also Bowen Park Theatre brings the family comedy "The Mischief Makers" by Lowell Swartzell. Three scoundrels tell their tall tales trying to impress each other with braggadocio, wild foolery, suspense and laughter. Monday through Friday July 7-11, 10 a.m. and 1 p.m. Both shows are at Goodfellow Hall, Bowen Park in Waukegan. Call 847-360-4740 to make reservations. Tickets are \$5.

Continued on next page



HOT SPOTS



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Continued from the previous page

FESTIVALS

The luck of the Irish

Join the Irish American Heritage Festival, July 11-13 at the Irish American Heritage Center, 4626 N. Knox Avenue in Chicago. Highlighting the festival this year are appearances by The Young Dubliners and Lunasa on both Saturday and Sunday. On Friday night The Tossers will perform on the main stage.

There will be appearances by several Irish dance schools, bagpipe bands, demonstrations of Irish instruments and dances, sing-along and plenty activities to keep the children entertained. Enjoy a day of traditional Irish music, dance, food, import stores, cultural exhibits and children's carnival games.

Taste of Linconshire to be held in July

The Greater Lincolnshire Chamber of Commerce (GLCC) Taste of Lincolnshire Committee, chaired by Mark Michelini, Stevenson High School, announces the 2nd Annual Taste of Lincolnshire to be held July 18-19 at the Village Green in Lincolnshire from 11 a.m.-10 p.m. both days. The Village Green is located at the intersection of Rts. 21 and 45.

For information, contact The Greater Lincolnshire Chamber of Commerce at 847-793-2409.

THEATRE

'Pump Boys and Dinettes'

PM&L is excited to present "Pump Boys and Dinettes" by John Foley, Mark Hardwick, Debra Monk, Cass Morgan, John Schimmel, and Jim Wann on July 18, 19, 25, 26, August 1 and 2 at 8 p.m. and July 20, 27 and August 3 at 2:30 p.m. at the PM&L Theatre, 877 Main Street, Antioch. This very different musical was one of the longest running hits in Chicagoland history and is sure to please Antioch audiences.

Call 847-395-3055 for reservations or come to the box office July 7. Hours are Monday-Thursday

5:30-7:30 p.m., Saturday 11 a.m.-2 p.m. and 1 1/2 hours before curtain time on production dates. Tickets are \$13 for adults and \$10 for students and seniors. For further information, check the PM&L web site at www.pml.com.

CLASSES

Kin-dramatics at the Improv Playhouse

A specialized drama and music workshop for kindergartners will be offered this summer at the Improv Playhouse Studio in Libertyville, 116 West Lake Street. Kin-dramatics will be offered second summer session Thursdays at 9:15-10 a.m., July 17-Aug. 18, for \$50 and Monday/Wednesdays, same time for \$100. Call 847-968-4529 or visit the web site at www.improvplayhouse.com for more information.

Improvisation, creative drama classes

The Improv Playhouse offers Summer Performing Arts and Improvisation training at its studio in Libertyville, 116 W. Lake Street and The Highland Park Community House in Highland Park. Classes are being held in the mornings, afternoons and evenings at both locations. Second summer sessions begin July 12-August 9, and an intensive session from August 11-15. Classes are scheduled for kindergarten through adults.

Autumn session beginning in both locations and the Winnetka Woman's Club location beginning in September.

Specific prices and times are available. Call 847-968-4529 or visit the web site at www.improvplayhouse.com for more information.

MUSIC

Motown comes to Northbrook

Public 1 will fill Village Green Park located at 1810 Walters Avenue, in the center of downtown Northbrook with popular Motown music at Park Fest, scheduled for Tuesday, July 8. This energetic program begins at 7:30 p.m., following food service offered by Sunset Foods at 6:30 p.m. If inclement weather threatens, call 847-291-2985 for updates.

Grayslake Farmers Market offers entertainment

Grayslake Partners in Business (GPB) is pleased to announce the Grayslake Farmers Market has several entertainers lined up for the summer. Performances begin at 5 p.m. in Centennial Park located in downtown between the Grayslake Pharmacy and Awesome Nails.

The Farmers Market is held at the intersection of Slusser and Center Streets each Wednesday from 3-7 p.m. through October 1. Entertainment is as follows:

July 2: Journey of Faith - Christian Rock Music
July 16: Nick Berg - Artist Painting with Oils and Acrylics
July 23: IIVI's - Adolescent Jazz Band
July 30: Special Munchkin Market entertainment including storytime with author Kim Levy and Jennifer Owens from the Grayslake Library

August 6: IIVI's - Adolescent Jazz Band

August 20: Chris Chin - Musician

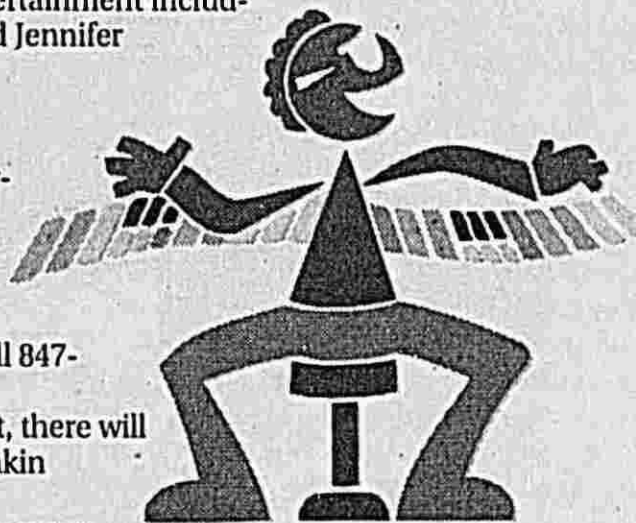
August 27: Special Munchkin Market entertainment including storytime with Jennifer Owens from the Grayslake Library and a Pet Show by Save A Pet

Any entertainer or artisan who is interested in joining the Farmers Market may call 847-548-6386 for more information.

In conjunction with the Farmers Market, there will also be a Munchkin Market. Special munchkin events and entertainers will be on tap. All munchkins ages 5-12 are invited to set up a wagon or card table and peddle their home made wares (Kool-Aid, popcorn, cookies, hand-made crafts, etc.) at the Farmers Market on July 30, August 27 and September 24. Kiddie capitalists interested in joining the Munchkin Market must complete a Kiddie Kontract. Kontracts are available at Arts 'n Blooms, The Cottage House, Lucy Q and Mommy Too, and Village Vision.

GPB is a non-profit organization committed to the revitalization and historic preservation of downtown Grayslake and is a member of the National Main Street program. GPB is reliant on volunteer support for implementing the Main Street program's many points and principles. Learn more at www.grayslakepartnersinbusiness.com.

Grayslake PARTNERS IN BUSINESS



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Lakeland veteran has novel published

Gloria Davis' byline has appeared in various Lakeland Newspapers for over 25 years. It is the longest running Lakeland byline except for that of publisher William Schroeder. That same byline now appears on the cover of her book "In December," a historical romance novel. This saga begins in 1933, ends in 1990, and is centered around three men and three women who find themselves in Pearl Harbor on December 7, 1941. The saga goes through World War II and the ensuing 50 years, following these enduring friendships. The pages are filled with love affairs, marriages, childbirth, grandchildren, adventure and mystery.

In September of 1978, Davis came to work for Lakeland Newspapers full time after spending years designing ads for The Godey Girls, her women's boutiques located in Antioch and Wilmot, Wisc., and writing a gossip column for Lakeland's Wisconsin paper, The Bi State Reporter.

For the next 25 years, she did everything her job as a newswoman required except deliver the product, such as selling ads, writing news stories and taking pictures for the Bi State, the Kenosha County Times, the Antioch News, the Antioch Reporter, the Lake Villa Record-Lindenhurst News and the Great Lakes Bulletin. She also had a weekly gossip column and wrote restaurant, movie and stage reviews for Lakeland's entertainment sections. During many of those early years, part of her job description was doing layout, as well as editing, writing and taking photos for a monthly fashion section called

"Cadence." She also was on the press panel for a local weekly cable talk show modeled after "The McLaughlin Report."

She was offered a mink stole to kneel on by Mrs. Maurice Goldblatt while she was photographing a charity Bill Blass fashion show, and she drove a stock car blindfolded in a race for blind drivers at a track owned by Antioch's mayor.

Many old timers will remember Lakeland's annual Home Shows that were highlighted by Davis' planning and narrating of the fashion show featuring clothes from area stores and models from Lakeland's staff.

In the 1980s, Davis brought awards to Lakeland from the Illinois News Association and the Northern Illinois News Association for community service in covering the Antioch Jewel fire, its aftermath, and her series, "Blood

Border," which featured on-scene accident pictures and reports of the teenage blood bath that took place on the roads along the Illinois-Wisconsin border after Illinois raised its drinking age to 21 and Wisconsin's remained at 18.

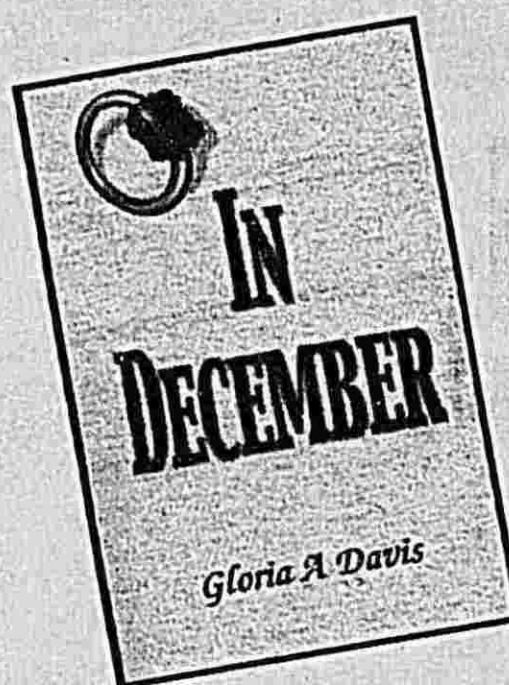
Her series, containing exclusive accident pictures primarily taken along Hwy. 83 after its several teenage bars closed in the early morning hours, was used by Wisconsin legislators in lobbying for that state to also raise its drinking age to 21. This legislation helped to stop the carnage caused by the hundreds of Illinois teens who raced to Wisconsin taverns, and then left for the long drive home, which many never completed.



Gloria Davis

Davis has many exclusive interviews and pictures to her credit, including one with Chicago Bears Coach Mike Ditka's secretary during the 1985 Super Bowl frenzy, shining a personal light on Ditka, quarterback Jim McMahon and Walter Payton. Other interviews included ones with former Illinois governor Jim Edgar, former Wisconsin governor Lee Dreyfus, and the wife of the pilot of the United Airlines 747 that crashed after takeoff from O'Hare, killing the crew and hundreds of passengers aboard. Photos by Gloria Davis of local residents enjoying the governor's inaugural ball filled a special Lakeland section.

She has had several short stories published in national magazines and still turns out assigned stories, stage and video reviews for Lakeland. She has four grown children, five grandchildren and one great grandchild. "In December" will soon be available at your local book store or by calling 262-889-4267.



FROM PAGE LL1

STEPS

Roberts added, "We do a lot to teach parents on positioning, like how to get your child to do what you want them to do. For instance, if you work on walking skills, don't have things on the floor that they can play on because why would they want to be upright when everything's down on the floor? So we say to put a lot of things on the couch, on coffee tables, up at a high level, so then it's a lot harder to get down to crawl and then crawl back over and stand back up." Jones said she followed that advice, putting Bryce's trains on the couch and table so that her son plays a lot standing up.

For his occupational therapy, Bryce has different homework from his therapist Nayna Purohit. "I give him small objects. We're working on pointing, so Nayna wants me to give him a telephone or things like that," Jones said. "We had more homework in the beginning I noticed because the delays were more prominent."

Roberts said, "Your homework this week was not to freak out every time he fell down. Let him fall (on a safe surface), not to stop him. Because I noticed every time he'd go down she'd go, 'Ah!' (to try to stop him)."

Occupational therapist Purohit said, "I do more things like fine motor skills. We do a lot of age-appropriate what he should be doing fine motor-wise, like dropping things into a container, pointing or pushing small buttons." Looking at Bryce work with Roberts, Purohit smiled. "He's been doing great," she said.

"It's nice to see him interact with toys and stuff because he wasn't doing that before he started (therapy)," Jones said with a smile.



HOT SPOTS



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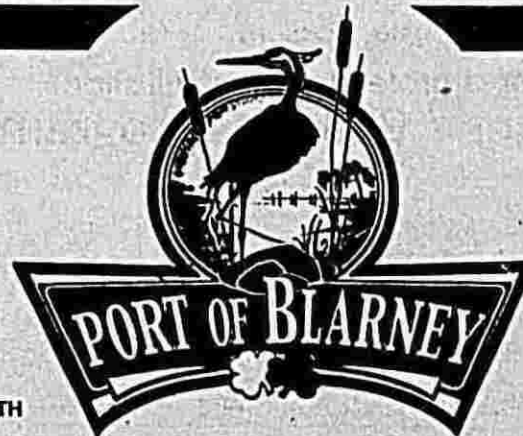
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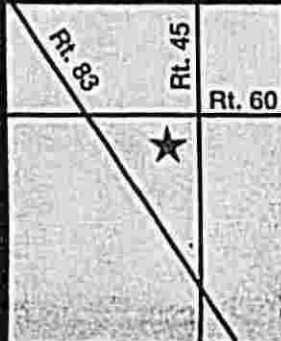
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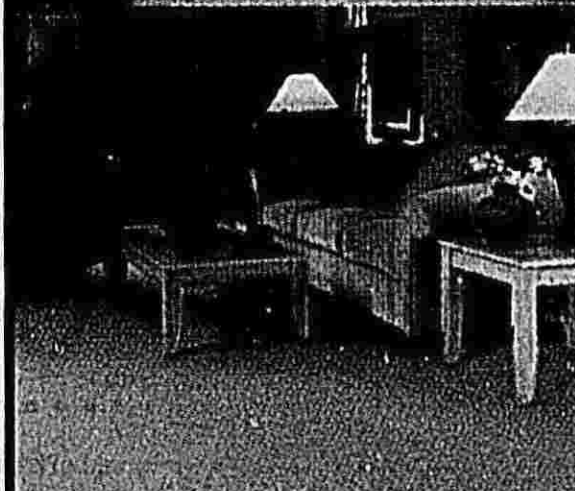
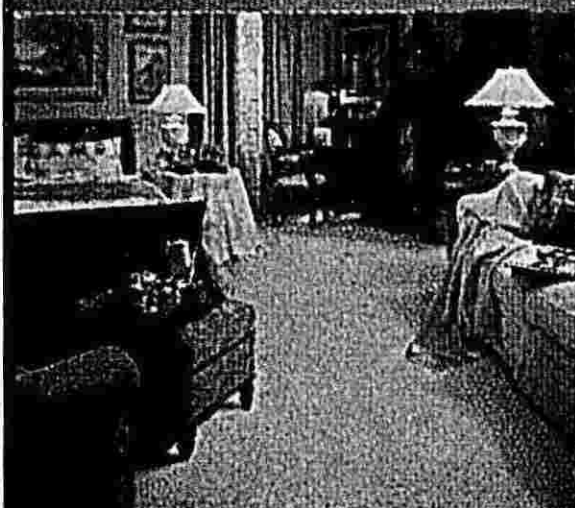
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WHOLESALE CARPET DESIGNS

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Rick Browne points the way, but mastering the grill takes vigilance

Rick Browne, author of a 13-part public television series "Barbecue America," freely admits in his new book, "Grilling America," that "Barbecue ain't rocket science."

To which we heartily add: "Hear hear." The spicy rub for his "Scottsdale Spicy Smoky Tuna Steaks" turned out just fine. We're not convinced that searing the tuna over salt added much. And cooking, even over indirect heat as he recommends, requires a very watchful eye. Depending on how hot your grill is will be the true deciding factor on how many minutes you grill your fish. A vigilant eye is absolutely necessary; we found that 15 minutes was much too long



COOKING by the BOOK

Tom Witom

the first time we tried this recipe.

Browne scoured the countryside and includes grilling recipes in his book that run a gamut from pork and beef to seafood, poultry and wild game. He even devotes a section to grilled dessert possibilities.

Scottsdale Spicy Smoked Tuna Steaks

1 tsp. ground chipotle peppers (1 or 2 dried peppers, seeds removed)
1 tsp. freshly ground blackpepper
1/4 tsp. chili powder
1/4 tsp. ancho chili powder
3 garlic cloves, finely minced
1/4 cup chopped fresh cilantro

1 tsp. dried oregano
1 tsp. dried cumin powder
Juice and zest of 1 lime
2 Tbl. tequila
1/4 cup corn oil
4 tuna steaks, one inch thick
2 cups coarse kosher salt

Puree all the rub ingredients thoroughly in a blender or food processor until you have a paste. Coat all the surfaces of the tuna thoroughly with the paste, wrap the coated steaks in plastic wrap and refrigerate at least 2 to 4 hours but preferably overnight.

Prepare the smoker or grill by heating it to 225 to 250 degrees F using liberal amounts of mesquite chips that have been pre-soaked. You can also use a kettle or gas grill and the indirect cooking method. Put the soaked wood chips in aluminum foil, poke a few holes in the package with a pencil and place the packet on the coals

or gas jets. Just watch the temperature closely. Wood chips will smoke very quickly.

Heat a skillet over high heat, cover the bottom of the pan with the kosher salt and briefly sear the tuna steaks on both sides, about one minute.

Transfer the tuna steaks to the barbecue smoker or grill and cook only until they are medium rare, or about 15 minutes. The center of the tuna steaks should be moist and pink. Do not overcook, as overcooking destroys the flavor and texture of the tuna. Serve immediately while still hot.

Jack Benny is alive and well in Waukegan

Only he now goes by the name of Dave Retseck and looks at least ten years younger than 39. He's even still on the air—thanks to the talented cast of the "Those Were the Days Radio Players of Lake County."

Don't pass up an opportunity to enjoy this group's live renditions from the Golden Age of Radio, right down to the sound effects. Recently, they were a big hit at both the Wauconda Area Library, thanks to Terri Suda of Adult Services, and at the Elia Area Public Library in Lake Zurich, applause to Outreach Coordinator Christi Wagner.

The Lake County Chapter is one of eight Chicago area spin offs from broadcast personality Chuck Schaden's old-time radio show, "Those Were the Days". Schaden airs his show from the College of DuPage every Saturday from 1-5 p.m. It can be heard locally on WDCB 90.9 FM.

There's nothing like pulling up an overstuffed chair and adjusting the radio dial for an imaginary trip back to those thrilling days of yore. But it's just as entertaining watching an audience's reaction to the "Theatre of the Mind" whether folks are nudging each other with mutual memories, or some new kids on the block are really feeling their skin crawl!

Well, good old Jack Benny, I mean Dave, definitely has a fan club. His long time followers were jockeying for the best seats at the Wauconda Area Library like the opening act for Abbott and Costello's "Who's On First?" Turns out, Jack is just as funny pinching pennies now as he was fifty plus years ago.

And who says it takes a lot to scare kids nowadays? Just give 'em a few minutes in a



LES ON LIFE

Leslie Glazier-Werner

dark room with "Inner Sanctum"! At the Elia Area Public Library the Players had the youngsters in the front row improvising "See No Evil, Hear No Evil, Speak No Evil" by the time the infamous creaking door had shut on several particularly spooky scripts.

The cast also capped off their Lake Zurich performance with a sure winner for any mom like myself. In Elaine May and Mike Nichols' "Mother and Son", a grown-up son tries to sever the apron strings via the phone lines. Needless to say, I already knew my lines, "What does that mean? 'DON'T WORRY!' I'm a Mother!"

Thanks to the dedicated cast at both appearances: Janet Hoshaw, Judy Fusco, Bill Sanders, Mary Ann Hall, Steve Dillie, Pat Holbet-Corn, Egan Schein, Gloria Grant, and, of course, Dave Retseck. For more information about the group call Judy Fusco at 847-546-0070 or Janet Hoshaw at 847-729-1668.

Finally, remember to enjoy true Jack Benny hospitality at your area libraries this summer. He would be proud. Events like those described above are not only fun, they're FREE!

Leslie Glazier-Werner can be contacted at lesismore@msn.com.



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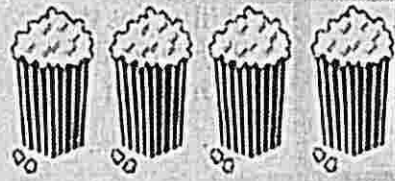
A real sparkler

Legally Blonde 2: Red, White & Blonde

Rating
PG-13
for some sex-related humor

Director
Charles Herman-Wurmfeld

Starring
Reese Witherspoon, Sally Field
Luke Wilson, Bob Newhart
Regina King



Elle Woods (Reese Witherspoon) decks the halls of Congress (hot pink), and it will never be the same; at least not in this movie. Could life imitate art (the fun part) for just a bit? While planning her wedding to Emmett (Luke Wilson) Elle discovers that her ever-present, ever-chic Chihuahua, Bruiser, has a mother who is a victim of animal testing at a major cosmetics company. She's fired from her law firm for protesting the practice because the company is a major client of the firm.

Sally Field, as Elle's new boss Representative Rudd, exhibits just the right touch of legislative sincerity. Her new colleagues on the Hill, led by Rudd's tough assistant Grace Stoteraux (Regina King), dismiss her as "Capitol Barbie." Elle's one friend in town is Sidney (Bob Newhart), her doorman, whose political savvy comes from years of paying attention to the politicos he serves each day.

Elle, with determination, spirit and her pastel posse, invades Washington, D.C. Armed with a Harvard law degree (and great

shoes), she lobbies Congress to pass Bruiser's Bill, to outlaw animal testing.

Certainly, the story is improbable; after all, Congress finds its heart. There's a strange bit about gay dogs and a "floozie" factor involving congressional interns. The supporting cast does a terrific job. Emmett wears a perpetual smile of adoration for Elle, and a "that's my girl" attitude. Bob Newhart's sharp, unassuming Sidney gets Elle on the right track. Regina King allows her character Grace to remember what real dedication is like. And hairstylist extraordinaire Paulette (a scene stealing Jennifer Coolidge), has what Elle calls "a unique vision."

"LB2" is a funny, irreverent piece of fluff. So, what's wrong with that? Elle Woods has an optimistic outlook, offers encouragement to others, and she gets the job done. She's smart, has her own style and is a pretty good role model for teen girls. Snaps for Elle...and Reese.

Reel Movies



George & Pam Singleton
www.reelmoviecritic.com

MOVIE REVIEW KEY

- 1 Box Someone should be fired for making this movie
- 2 Boxes Wait until this movie comes out on video
- 3 Boxes Had high expectations and was disappointed
- 4 Boxes Wow! I'm Impressed
- 5 Boxes Don't miss this movie!

Sinbad: Legend of the Seven Seas

Rating
PG for adventure action, some mild sensuality and brief language

Director
Patrick Gilmore & Tim Johnson

Starring
Brad Pitt, Catherine Zeta-Jones
Michelle Pfeiffer, Joseph Fiennes



In Dreamworks Pictures' animated feature, Sinbad (Brad Pitt) is a pirate looking for treasure, who unknowingly attacks the ship of his childhood friend Proteus (Joseph Fiennes). Swords fly, as their concern for life is less important to these buccaneers than leaving with a rich bounty. On that ship is a priceless artifact, akin to the Bible and called "The Book of Peace." A sea monster attacks the ship during the battle, pulls Sinbad to the bottom of the sea and almost drowns him, before moving on to other victims. While under the sea Sinbad meets Eris (Michelle Pfeiffer), the goddess of chaos. She strikes a deal with him to save his life if he steals the Book of Peace and brings it to her. Sinbad agrees

NEW RELEASES

These films are currently playing at local theaters. More reviews of these and other films can be found under Current Movie Reviews and Future Films at www.reelmoviecritic.com.

Opening This Week

Swimming Pool **:** Director Francois Ozon, who brought us "Under the Sand" and "8 Women," makes his first film in the English language with two leading ladies that are a delight to see on the screen—Charlotte Rampling and Ludvine Sagnier. Sarah (Rampling) is a British

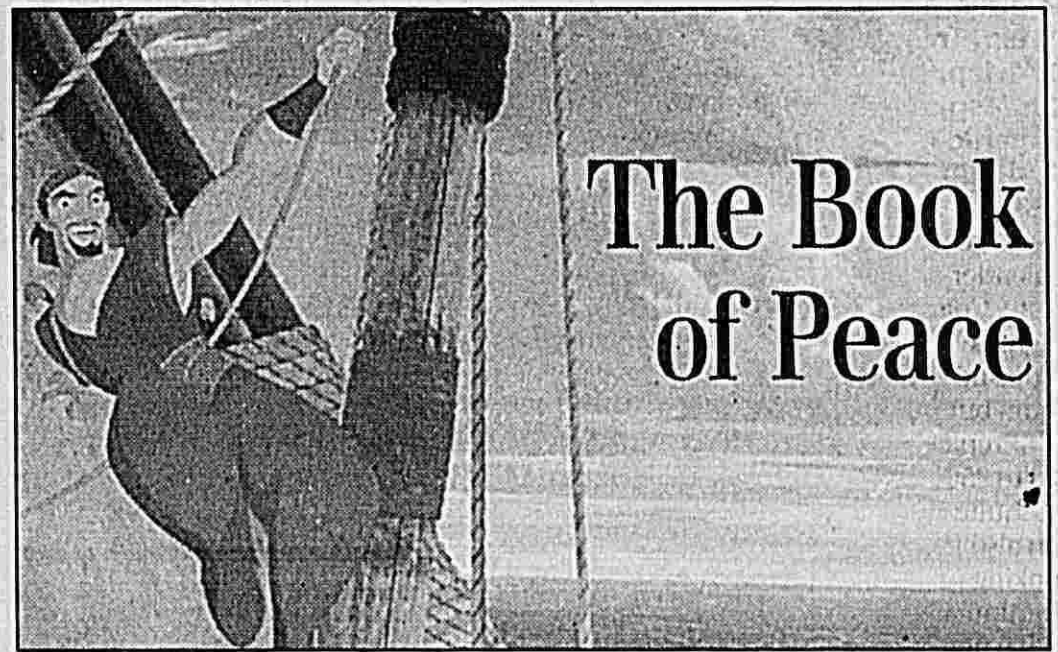


mystery writer, who is tired of London and seeks inspiration for a new novel by accepting the offer of her publisher John (Charles Dance) to stay at his home in the South of France. Things are going swimmingly until John's daughter Julie (Ludvine Sagnier) arrives. Julie lives a reckless, sexually charged life, and Sarah is faced with a real life murder.

Still Playing

28 Days Later: ****
Bend It Like Beckham: **1/2**
Finding Nemo: *****
The Hard Word: **1/2**
The Hulk: ****
Respiro: ****
Whale Rider: *****
Wattstax: *****

The Book of Peace



and makes it back to the surface. Proteus reminds Sinbad of their lifelong relationship and Sinbad plans to visit Proteus, on the pretense of friendship.

Sinbad is later framed for stealing the book and is given ten days to return with it or his friend Proteus will die. The council of leaders, which includes Proteus's father, will execute him if the book is not returned by the appointed time.

The arranged marriage between Proteus and Marina (Catherine Zeta-Jones) appears to be one where friendship can turn to love. Marina stows away on Sinbad's ship to ensure he returns with the book. Good thing, since he has decided to head for Fiji and let his friend die in his place.

Eris is always in the background, wreaking havoc with her 3-D monsters. Her key mission

may not be to have the book but to have Proteus killed, with the blessing of his government. This would serve her chaotic purpose in a way that normal battles never could, with the power of succession no longer smoothly in place.

With a sense of comedy, drama and romance, "Sinbad: Legend of the Seven Seas" will be enjoyed by most youngsters and many adults.

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Showtimes for July 2 - July 8

Legally Blonde 2 (PG-13)
12:00 1:30 2:15 4:15 4:45 6:45
7:15 7:45 9:15 9:45 10:15

Sinbad (PG)
12:30 1:45 2:45 4:00 5:30
6:15 8:45

28 Days Later (R)
1:15 4:30 7:30 10:00

Rugrats Go Wild (PG)
12:15 2:30 5:00 7:00

Alex and Emma (PG-13)
9:30

Dumb and Dumberer (PG-13)
1:00 3:45 6:30 9:00

Italian Job (PG-13)
2:00 5:15 8:00 10:30

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Showtimes for July 2 - July 8

Terminator 3: Rise of the Machines (R) 12:15 3:15 6:45 7:15 9:00 10:20

Charlie's Angels: Full Throttle (PG-13)
1:15 2:15 3:45 5:00 6:30 7:45 9:15 10:30

Hulk (PG-13)
12:15 3:15 6:45 7:15 9:00 10:20

Finding Nemo (G)
12:45 1:45 3:30 4:30 6:15 9:00

Bruce Almighty (PG-13)
2:15 5:00

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2 FAST 2 FURIOUS (PG-13)
(12:40) 2:50 5:10 7:30 9:50

28 DAYS LATER (R)
(12:35) 2:50 5:05 7:30 9:55

ALEX AND EMMA (PG-13)
(12:45) 2:50 5:00 7:10 9:20

BRUCE ALMIGHTY (PG-13)
(12:25) 2:45 5:05 7:20 9:45

DUMB & DUMBERER (PG-13)
(12:35) 2:30 4:25 6:20 8:15 10:10 • No Shows Wed. & Thur.

FINDING NEMO (G)
(12:30) 2:45 5:10 7:35 10:00

FROM JUSTIN TO KELLY (PG-13)
(12:45) 2:30 4:55 7:00 9:05 • No Shows Wed. & Thur.

HULK (PG-13)
(1:00) 2:30 3:55 5:30 6:50 8:30 9:45

LEGALLY BLONDE 2 (PG-13)
Wed. & Thur. ONLY
(12:30) 2:50 5:10 7:30 9:50

RUGRATS GO WILD (PG-13)
(12:30) 2:15 4:10 6:05 8:00

SINBAD: LEGEND OF THE SEVEN SEAS (PG)
Wed. & Thur. ONLY
(12:30) 2:50 5:10 7:30 9:50

TERMINATOR 3: RISE OF THE MACHINES (R)
Tues. ONLY 8:00 9:00 10:10
Wed. & Thur. ONLY 2:00 2:55 4:25 5:20 6:50 7:45 9:15 10:15

THE ITALIAN JOB (PG-13)
(12:30) 2:55 5:20 7:45 10:10 • No Shows Wed. & Thur.

WRONG TURN (R)
(12:30 2:15) 4:15 6:15 8:15 10:15 • No Shows Wed. & Thur.

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THE ITALIAN JOB (PG-13)
(2:55) 5:20 7:45

X2-X-MEN UNITED (PG-13)
(2:30) 4:45 7:10

THE MATRIX: RELOADED (R)
4:00 7:00

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TERMINATOR 3* (R)
Daily 1:15 4:15 7:15 10:00

SINBAD* (PG)
Daily 12:40 2:40 4:35 7:10 9:15

LEGALLY BLONDE 2* (PG-13)
Daily 12:50 3:05 5:05 7:25 9:35

CHARLIE'S ANGELS 2* (PG-13)
Daily 12:45 3:00 5:20 7:40 10:05

THE HULK (PG-13)
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SHOWTIMES FOR FRI 7/4 THRU TUE 7/8

Pirates of the Caribbean (PG13) ✓ Advanced Tickets Available
Terminator 3 (R) ✓ 12:05, 2:40, 5:15, 7:50, 10:25
Terminator 3 (R) ✓ 12:55, 3:35, 6:10, 8:45
Terminator 3 (R) ✓ 1:45, 4:20, 6:55, 9:30
Sinbad (PG) ✓ 12:15, 2:25, 4:35, 7:00, 9:15
Sinbad (PG) ✓ 1:20, 3:45, 6:05, 8:20, 10:05
Legally Blonde 2 (PG13) ✓ 12:25, 2:45, 5:05, 7:25, 9:45
Legally Blonde 2 (PG13) ✓ 1:35, 3:55, 6:15, 8:35
Charlie's Angels (PG13) ✓ 7:40, 10:15
Charlie's Angels (PG13) ✓ 1:50, 4:20, 6:50, 9:20
Charlie's Angels (PG13) ✓ 1:00, 3:30, 6:00, 8:30
28 Days Later (R) ✓ 12:30, 3:30, 6:30, 9:30
Hulk (PG13) ✓ 12:05, 3:10, 6:15, 9:10
Hulk (PG13) ✓ 1:05, 4:10, 7:15, 10:10
Alex and Emma (PG13) ✓ 12:10, 2:25, 4:40, 7:05, 9:20
Hollywood Homicide (PG13) ✓ 7:00, 9:40
Daddy Day Care (PG) ✓ 1:15, 3:35
Rugrats Go Wild (PG) ✓ 1:10, 3:20
2 Fast 2 Furious (PG13) ✓ 12:00, 2:35, 5:10, 7:40, 10:10
Finding Nemo (G) ✓ 12:00, 2:30, 5:00
Finding Nemo (G) ✓ 1:25, 4:00, 6:30, 9:05
Italian Job (PG13) ✓ 1:10, 3:40, 6:10, 8:40
Bruce Almighty (PG13) ✓ 12:15, 2:40, 5:05, 7:35, 9:55
Matrix Reloaded (R) ✓ 6:00, 9:00

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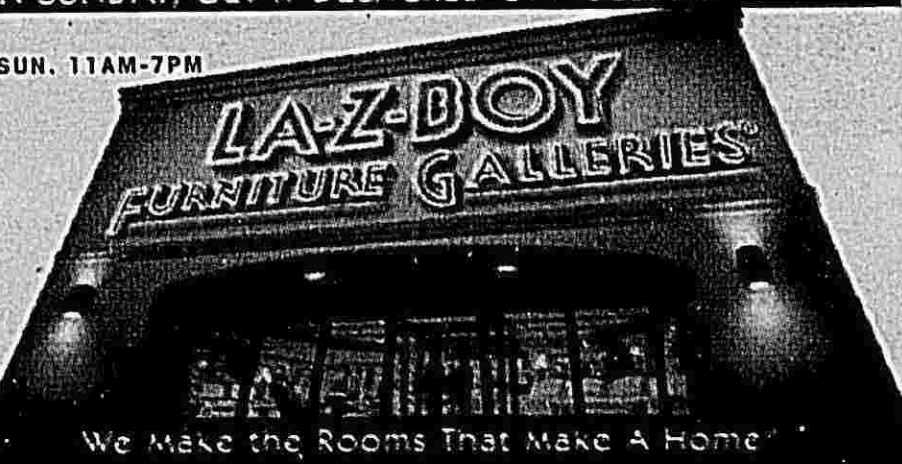
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AT A GLANCE

'Grayslake 4' now home

Grayslake—A month after the babies were born, Jerry and Tracy Larson were finally able to welcome home their set of quadruplets—all girls.

Hannah, Abigail, Zoe and Ella, who were born May 17 to the Grayslake couple, were able to go home for the first time after a month-long stay in Evanston Hospital.

Jerry and Tracy decided to try to have another child to give their now 2-year-old son, Noah, a little brother or sister. Both were shocked to learn they would be having quadruplets. Having never taken fertility drugs, Tracy is a true rarity. The chance of naturally conceiving quadruplets, as Tracy did, is about one in 800,000.

Name chosen for new high school

Antioch—It will no longer be referred to as "the second high school," but will be called by its official name: Lakes Community High School.

The board of education of Antioch Community High School District 117 selected the name, along with the colors of blue and white with an accent of red and an eagle as the mascot from 161 public suggestions. An ad hoc committee made up of board members Wayne Sobczak and Phil Delany narrowed down the submissions to present the entire board.

Village workers want to form union

Gurnee—Several village employees are attempting to form a union.

Michelle Naber, a village hall employee, confirmed that several employees have had meetings with the International Union of Operating Engineer's Local 150, the nation's third-largest union with more than 22,000 members in Illinois, Indiana and Iowa.

Ken Edwards, field attorney/organizer with Local 150, said public works employees and most of the remaining, non-organized village employees have filed representation petitions with the Illinois Labor Relations Board.

"One of the issues, I'm told by the employees, is that the village lowered their merit pool, which limits the amount of raises you can get. They also raised the amount of employee pay out for benefits. It doesn't take a rocket scientist to figure out that if you start to chip away at your employees' benefits the first thing their going to do is look to form a union," Edwards said.

Geo-Karis' report rails against hospital closing

By BRENDA BALIN-
BEITSCHER
Staff Reporter

There were no surprises in a 21-page report issued by State Sen. Adeline Geo-Karis (R-Zion), which concluded that the planned closing of Provena St. Therese Hospital in Waukegan should be avoided.

In the report, the senator urges alternate solutions to the hospital closure, claiming the Waukegan area needs and can support two hospitals while allowing an additional hospital to be built in Lindenhurst.

Geo-Karis proposed alternatives to the closing, including the sale of St. Therese to another health care provider or condemnation of the facility, turning it over to the county to be run as a publicly funded hospital.

As far back as November, Geo-Karis expressed her disapproval of Vista Health's plan to consolidate St. Therese and Victory Memorial Hospital into a single facility at the Victory site. The health care organization is planning to build a new hospital in Lindenhurst, as well.

At the end of January, Geo-Karis sent a letter to Vista CEO Tim Harrington requesting financial and hospital census information so that she might investigate Vista's claims that the re-organization of hospitals was necessary.

Geo-Karis' report, completed



Harrington:
Meeting with
Geo-Karis never
happened



Geo-Karis:
Report has no
surprises

last month, challenges statements made in support of consolidation of the Waukegan hospitals, while affirming her support of the planned hospital in Lindenhurst.

"We understand the concerns the community has, and Sen. Geo-Karis is representing those concerns, said Timothy Harrington, CEO of Vista Health. "We know it is difficult to close a hospital, but the economics of health care has changed. We respectfully disagree with the senator's conclusions."

Harrington also said he had asked that Geo-Karis go over the report with him prior to its publication, so that he might clear up any misconceptions. He said that was not done, and he disputes some of the

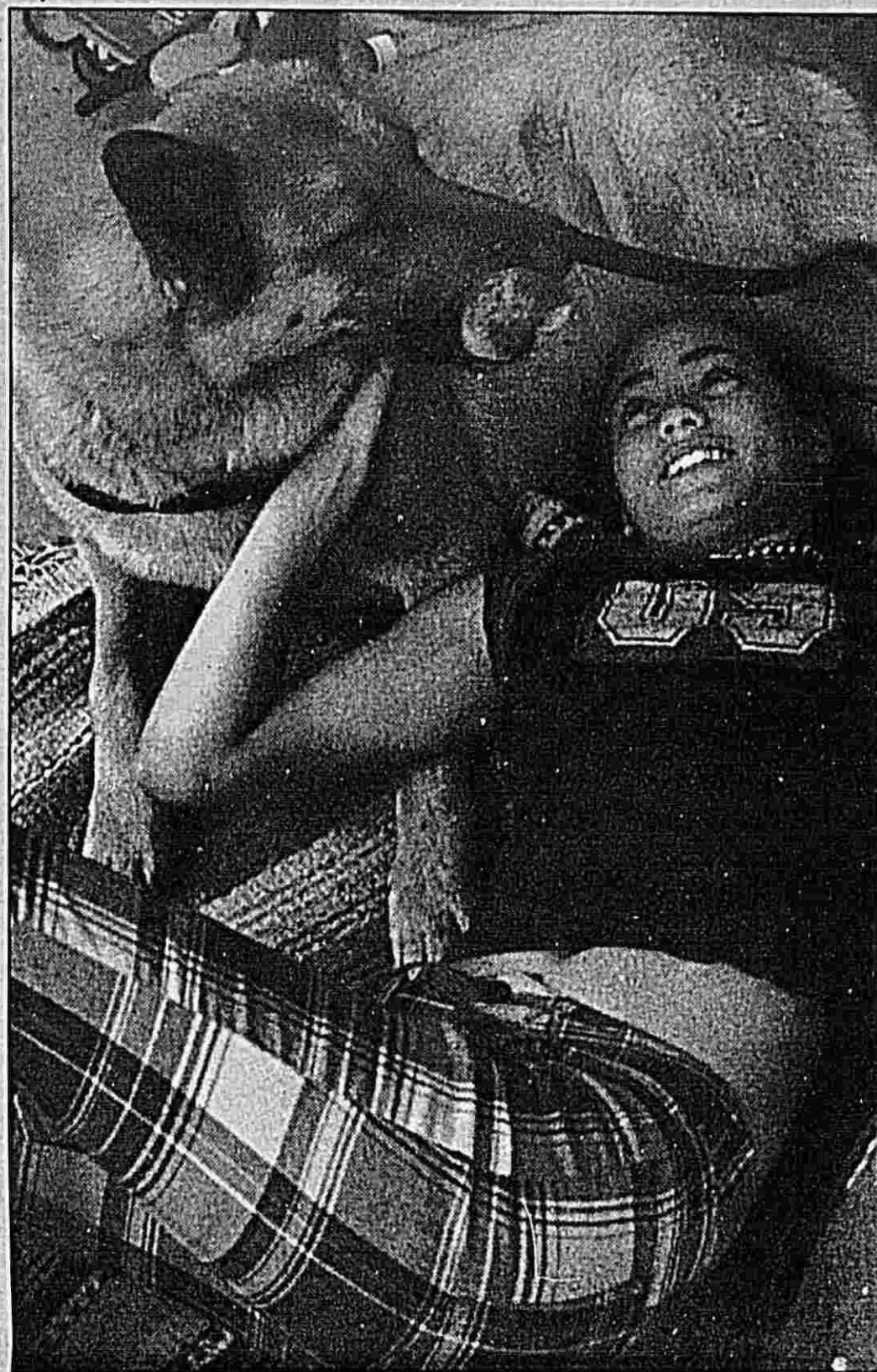
factual information referenced in the report.

St. Therese Hospital, founded in 1929, is now owned and operated by Mokena-based Provena Health, in partnership with Vista Health. Provena's decision to back out of the partnership with Vista was a factor in the decision to consolidate the hospitals.

According to Provena spokesperson Clint Geiss, "Provena is not interested in taking back the hospital. We don't believe Waukegan can support two full-service hospi-

Please see **ST. THERESA** / B3

PICTURE OF THE WEEK



Thirteen-year-old Megan DeLeon of Mundelein relaxes with her Belgian Shepherd, Daz, during a dog show for 4-H members at the Lake County Fairgrounds in Grayslake. The University of Illinois Extension hosted the event, which included judging in obedience, pet care and showmanship.—Photo by Sandy Bressner



Swearing in

The Honorable Roycealee Wood is sworn into the office of regional superintendent of schools for Lake County by 19th Judicial Circuit of Lake County Chief Judge Margaret Mullen at the superintendent's office headquarters in Grayslake.—Photo by Sandy Bressner

Auto museum wins web fight with Volvo

By STEVE PETERSON
Staff Reporter

Greg Grams and the staff at Volo Auto Museum are back to busily preparing for a military vehicle display to be held at the museum on July 4-6.

This is because that the attention and effort needed to defend the company's Web site is not needed. The Worldwide Intellectual Property Organization (WIPO) ruled June 18 that the Volo auto museum's Web site does not interfere with Volvo of North America. The Volo Auto Museum's Web site is www.volocars.com.

"We beat them. The family is

extremely happy that this nonsense is over. We found out when our attorney faxed it to us," Grams said.

A Volo spokesperson was unable to be reached for comment. Grams said he felt confident all along that the WIPO would rule in the 40-year-old family-run company's favor.

"With the embarrassment that they (Ford) has suffered, I don't think that they will be appealing," Grams said.

Despite the win, there is still the matter of legal fees.

"People ask me if I have celebrated, and while it is a big relief, we still owe \$30,000 in legal fees," he said.

Fireworks Schedule

| VILLAGE | DATE | TIME | LOCATION |
|----------------|----------------|-----------------------|------------------|
| Antioch | Fri., July 4 | At dusk | Williams Park |
| Crystal Lake | Sat., July 5 | Approx. 9 p.m. | Downtown |
| Fox Lake | Sat., July 5 | At dusk | Mineola Bay |
| Grayslake | Sat., July 5 | At dusk | Central Park |
| Gurnee | Fri., July 4 | Festivities from 6-10 | Warren H.S. |
| Hawthorn Woods | Fri., July 4 | At dusk | Community Park |
| Kenosha | Fri., July 4 | Approx. 9:35 p.m. | Harbor Park |
| Lake Zurich | Fri., July 4 | At dusk | Paulus Park |
| Libertyville | Fri., July 4 | Approx. 9:15 p.m. | Butler Lake Park |
| McHenry | Sat., July 5 | Approx. 9 p.m. | Peterson Park |
| Mundelein | Fri., July 4 | Approx. 9:30 p.m. | Kracklaur Park |
| Round Lake | Fri., July 4 | Approx. 9:30 p.m. | Metra Station |
| Vernon Hills | Fri., July 4 | At dusk | Century Park |
| Wauconda | Thurs., July 3 | At dusk | Cook Park |
| Waukegan | Fri., July 4 | Approx. 9:30 p.m. | Lakefront |
| Zion | Fri., July 4 | At dusk | Shiloh Park |

Bus driver faces sex charges

A Zion bus driver is facing six counts of aggravated criminal sexual abuse after a Lake County Sheriff's investigation found evidence that he allegedly assaulted three grade school-aged children.

Alfred E. Jones, 60, of 2808 Emmaus, Zion, was arrested this week on charges that he kissed and inappropriately touched three Beach Park Dist. 3 schoolchildren on the school bus he drove for the district between Jan. 1 and Feb. 10 of this year.

"A parent stepped forward after one child talked about it to their par-

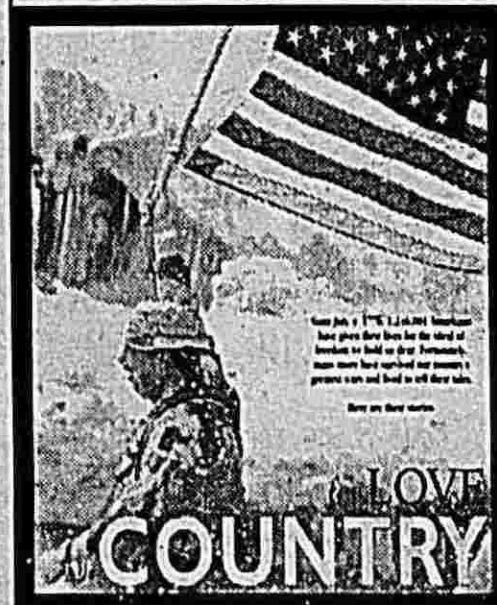
ents," said Sgt. Gary Govekar of the sheriff's department. "There were a total of three children (allegedly sexually abused) and there were two incidents with each child."

The sheriff's office would not release the ages of the children who said they were abused, only to say that they were in grade school.

Govekar said that the sheriff is still looking for other possible victims. Parents requesting additional information should call Detective Wendell Russell at the Sheriff's Office Criminal Investigations Division at 847-377-4250.

THIS WEEK!

For Love Of Country: Our annual salute to veterans.
See pullout



By STEVE PETERSON
Staff Reporter

Jessica Hadley, Bill Brehm and Randy Ahlgrim each do the same thing in looking at the June calendar.

For different reasons, the three pencils in the full week of June each year for the Illinois Fire Safety Alliance's (IFSA) Burn Camp. For a week, campers enjoy the spacious grounds of more than 80-year-old Camp Duncan, enjoying archery to cookouts and swimming.

"I have come here every year since the first year of the camp. After the first year, you just love it and have to come back," Brehm, a firefighter in Franklin Park, said.

"It's awesome," Hadley said. Hadley comes each year from Colorado Springs, Colo. "It's the best camp. I love the horse-back riding and the swimming," she said when asked why she comes to a burn camp in suburban Chicago.

Hadley speaks openly of the accident at her home six years ago that led her to treatment. "I was wearing a big dress and it hit a candle," the youngest child of her family said.

Ahlgrim is part of the operations staff at the camp of 90 that concluded June 28.

"People come here for a safe place to have fun. For many of them, it is the only week that they wear a swimsuit," Ahlgrim said.

The Illinois Fire Safety Alliance Burn Camp celebrated its 13th year at Camp Duncan and is called "I Am Me". The name of the camp itself is a story, as a camper a couple of years ago noticed that "Burn Camp" written on the T-shirts was another reminder of what the group of youth, ages 8 to 16, have in common, a burn injury that required hospitalization. According to the Illinois State Fire Marshal's office, 300 children are hospitalized for burns in Illinois each year.

Illinois State Fire Marshal Ernie Russell was impressed with the attitude of one of the campers at visitors' day. "I saw someone who did not have one leg or one arm. But he had a better attitude than most adults did I know. I get letters from people who have tried to help their children with psychologists and psychiatrists, but could not get them to come out of their cocoon. After a week at Burn Camp, the children are very sociable. Plus, they gain

'I Am Me'

Many pitch in to make annual burn camp a success



Alex spends his 12th birthday getting a piggy-back ride from camp counselor John Brownlow during the 13th Annual Illinois Fire Safety Alliance Burn Camp at the YMCA's Camp Duncan near Volo.—Photo by Sandy Bressner

new friendships for the other 51 weeks of the year," Russell said.

After a parade of fire department equipment, some lunch and fun, fire departments from Byron to Lisle contributed funds. Some were \$100 checks, others for more than \$40,000 to \$83,000.

"The camp lets the kids be themselves without having to worry about what others

think," said Barry Bennett, an IFSA director.

Bennett by day works in the burn unit of Loyola Medical Center in Maywood. That hospital saw 102 children between the ages of birth and 15 with burn injuries. Chicago had 79 such cases and Cook County had 121 children between the ages of birth and 14 hospitalized for serious burn injuries in 2001, according to IFSA. There is no cost to families

for the \$1,000 a week camp experience.

Area fire departments on hand include Fox Lake, Lake Villa, Wauconda Fire Department Explorers, McHenry Township Fire Department, YMCA Camp Duncan and Fire Service of Illinois are also major local sponsors. Wauconda Explorers have the fun job of serving the so-cones on three days of 90-degree weather.

"Each year we give rides on the ladder truck," said Cindy Bilsko.

"It is a way to give back to the community and reach out to the kids we are trying to protect every day," said Greg Baez of the Lisle-Woodridge Fire Department.

The National Fire Sprinkler Association, an Illinois and Wisconsin group, presented a check of \$46,000. The Chicago Fire Department's Bucks for Burn Camp raised \$83,000.

"We work hard to get sprinkler legislation. We want to work to prevent injuries to youngsters or firefighters if a building is protected," said Dan Gengler, regional manager of National Fire Sprinkler Association.

Chicago Fireman Tom Taff has seen the purpose of the camp from two perspectives. He suffered a burn injury as a fireman, then started a fund-raising effort with much help at Bourbon Street, a Chicago restaurant, where volleyball tournaments and fire safety trailers are on display.

Staff at the camp includes doctors, nurses, social workers, child life, physical and occupational therapists, fire service personnel and volunteers.

Some more examples from various fund-raisers:

Huntley Fire Department, \$1,220 through a boot drive;

Countryside-Pingree Grove Fire Department, \$1,000 through a food drive;

Rosemont Fire Department, \$10,278 through a softball tournament;

Glencoe Fire Department, \$3,000;

Red Knights Motorcycle Club, \$1,300;

Glenview Fire Dept. helped serve lunch

on visitors' day, had an outing to a Wolves game, established a fund-raising foundation through Costco and raised \$11,000;

Mt. Prospect Fire Department raised \$12,000 with a golf outing.

For more on the IFSA, call 1-800-634-0911, or check out the web site at www.ifsa.org.

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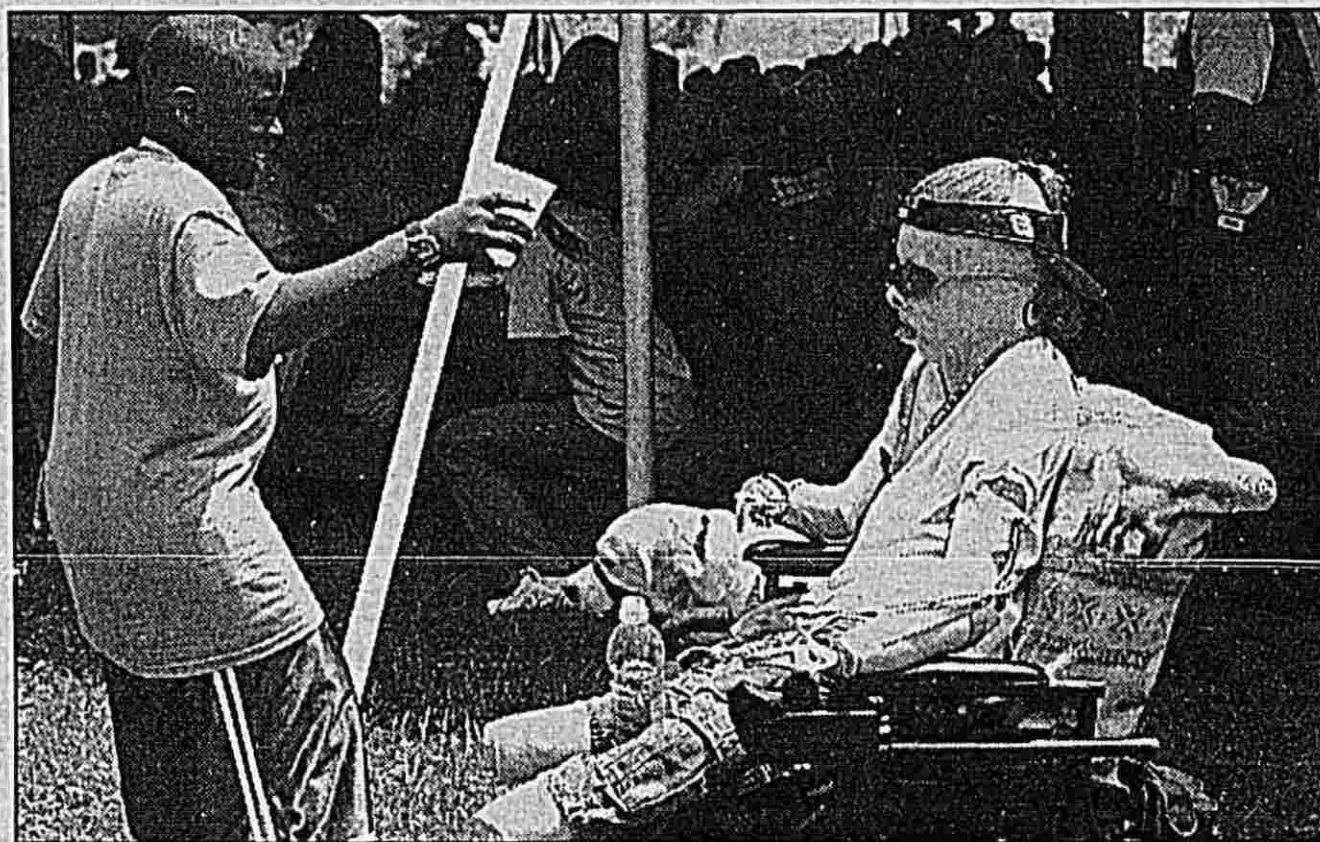
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Nine-year-old Quinten plays around with camp counselor and former camper Caper Brown during a picnic lunch at the 13th Annual Illinois Fire Safety Alliance Burn Camp at the YMCA's Camp Duncan near Volo.—Photo by Sandy Bressner



Jackie Bafaro and Malia Casali, both 10, goof off with their camp counselor, Kim Nielson, during the 13th Annual Illinois Fire Safety Alliance Burn Camp at the YMCA's Camp Duncan near Volo.—Photo by Sandy Bressner

Maine appointed to state post

State Sen. Susan Garrett (D-Lake Forest) appointed Lake County Board Member Ann Maine (D-Lincolnshire) to serve on a Water Testing Review Panel. Garrett created the panel to examine E.coli sources that were responsible for closing Lake Michigan beaches on several occasions last summer.

Most recently, the panel met to review results and discuss the goals of a North Shore Sanitary District study conducted by Purdue University. The panel will determine the necessity for further testing.

Maine was chosen because of her background in biology and her professional experience, which includes a PhD in biochemistry. In addition to her duties as a Lake County Board Member, Maine is currently a faculty member at Lake Forest College where she teaches public health, among other courses.

In addition to Maine, other members of the panel are representatives from the Lake County Health Department, Illinois Department of Public Health, Illinois Environmental Protection Agency, Lake Michigan Federation, North Shore Sanitary District, Baxter Healthcare, Chicago Medical School and scientist Cindy Cordell.

FROM PAGE B1

ST. THERESE

tals."

Vista and Provena have not concluded negotiations, but the expected outcome is that Provena will divest itself of the hospital, under agreements with Vista Health, owners of Victory Memorial.

"What we are trying to do is improve access to medical services and have viable hospitals," Harrington said. He cited statistics compiled by the Illinois Hospital Association asserting that 80 percent of hospitals in the state are losing money.

Together, St. Therese and Victory hospitals handle about half of the uninsured and underinsured patients in Lake County, adding substantially to the financial burden of the hospitals.

Plans to consolidate the two hospitals and open a new hospital in the more affluent western portion of the county are partially motivated by a need to offset the cost of providing care to those who cannot afford to pay.

Local dissension over the plan prompted a public meeting and formation of a blue ribbon panel to discuss health care needs in Lake County. The blue ribbon panel, spearheaded by State Sen. Susan Garrett (D-Lake Forest),

consisted of legislators, representatives of several hospital and health care organizations, county health officials and private citizen health care advocates.

In early February, at its second meeting, the blue ribbon panel concluded, "We have reached an understanding of the need for a new Vista system structure." The panel did not commit to which of the two hospitals in Waukegan should be closed.

"My perspective on this is different than Sen. Geo-Karis'," said Garrett. "I called this group (the blue ribbon panel) together to find a proactive position to address hospital care in Lake County."

Garrett said a subcommittee meeting would be held within the next two weeks to put together a health care council to explore ways to improve access to health care, particularly for the uninsured and underinsured in the county.

One of its priorities would be aggressively seeking federal and state funding for health care.

"There are going to be more voices heard in Washington and Springfield to get our fair share of health care dollars," Garrett said.



It's magic

Merlin, played by Jeremy Pelegrin, sings along with Butane the Dragon during a performance of "Merlin's Magicademy." The show debuted at Gurnee's Great America along with two other new shows; Cold Fusion, an ice skating show; and Espana Extreme, a motorcycle thunderdome act.—Photo by J.W. Sternick

Forest Preserve budget approved

To manage nearly 25,000 acres of Forest Preserves in Lake County, the Lake County Forest Preserve Board of Commissioners adopted a fiscal year 2003-2004 budget of \$116,128,322. Of the budget amount, approximately \$82,696,670, or 71 percent, is for land acquisition, habitat restoration, new trails and other public access improvements, and related debt repayment. Approximately three percent of property taxes collected in Lake County go to support the Lake County Forest Preserve District.

"This budget will give Lake County residents plenty of places close to home where they can enjoy the outdoors and learn about nature, history and culture," said Bonnie Thomson Carter, president of the Lake County Forest Preserves. "Thanks to the support of Lake County voters this past November, we have adequate funding to keep our new and existing Forest Preserves clean, safe and accessible for people to use," said Carter.

"We're also continuing our Forest Preserve tradition of stretching our tax dollars by matching them with grants, sponsorships and other donations, and with a large and growing number of volunteers and community partners," said Carter.

Last year, the Forest Preserve District secured nearly \$11 million in grants, sponsorships and in-kind donations, while 3,480 volunteers donated nearly 51,000 hours saving the district almost \$818,000.

Major budget initiatives for the upcoming year include acquiring 1,000 acres of additional land for the preservation of wildlife habitat, trail and greenway corridors, wetlands, prairies and forests. Within the past decade, over 5,600 acres of new land and 12 entirely new preserves have been added to the Lake

County Forest Preserves.

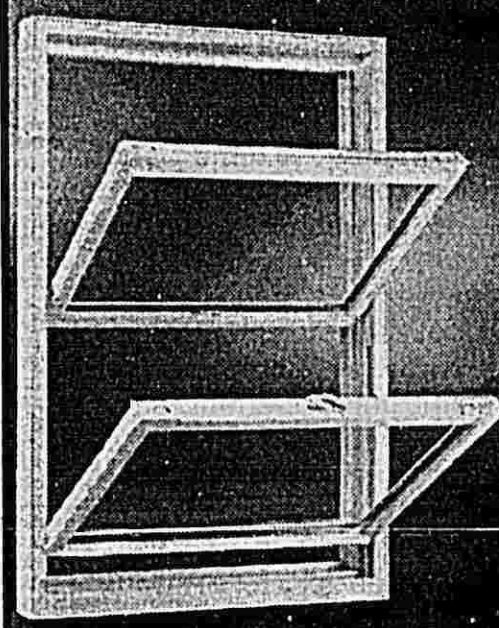
Expanding the Forest Preserves includes natural resource management and public information efforts to preserve and restore habitat for endangered and threatened species. Restoration efforts will include reforestation, river clearing, controlled burning, wildlife habitat improvement, and prairie, wetland, savanna and woodland seeding. Public information efforts will convey the importance of the natural resources program through special events, volunteer projects and educational programs and materials.

Public access improvements and renovations are also underway at several Forest Preserves throughout the county, including Rollins Savanna near Grayslake, Ryerson Woods near Deerfield, Fort Sheridan near Highwood and Highland Park, Adlai Stevenson House in Mettawa and Bonner Farm in Lindenhurst.

To keep up with growing demand for trails in Lake County, another 2-mile section of the Des Plaines River Trail are under construction. Currently, 29 miles of this popular regional trail are open for hiking, bicycling, jogging and other activities.

The Lake County Forest Preserves are also continuing development of the new 35-mile Millennium Trail to connect central, western and northern Lake County communities and Forest Preserves. A new 6-mile section of the Millennium Trail will start construction this year from Lakewood near Wauconda to Singing Hills near Volo, extending a 3.2 mile trail section completed last year from Mundelein to Lakewood.

For more information about the Lake County Forest Preserves, call 847-367-6640 or visit the Forest Preserves web site at www.LCFPD.org.



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EDITORIALS

Separate Circuits welcome change

Partisan political considerations aside, Lake County and McHenry County will be better off with separate Circuit Court districts. After many years with the two counties operating with a joint Judicial Circuit, the 19th, state lawmakers approved a split with McHenry getting its own 22nd Judicial Circuit in December, 2006.

Republican strategists see dire political implications with a Democratic-controlled General Assembly influencing the organization of sub-circuits that could result in more Democratic judges being elected in Lake County.

Operating with a single circuit, where judges from either county served in the other as needed, operations had the overtones of an arranged marriage. At election time, leaders from both counties frequently were unhappy. Judges moving from one county to another as a practical matter sat in unfamiliar territory. There was a time, fortunately not in recent years, that some of the jurists regarded the neighboring county as unfriendly.

The fact of the matter is that two separate and distinct judicial climates were forced to co-exist in the single district. The 19th operated with two different cultures and different temperaments. There are contrasting judicial styles and work ethics in the two counties. It was not uncommon for attorneys to take advantage of the difference, for their own and the self interest of their clients, of course.

State Rep. Jack Franks (D-Wonder Lake), representing McHenry County, one of the sponsors for separate district legislation, not so surprisingly, sees less party influence in the judicial candidate selection process. The average person will have more influence, Franks told a reporter. He didn't say so, but he probably means less Republican influence. Franks is being overly idealistic. Selecting candidates for the bench always involves political considerations. History will show that McHenry County politicians, and prospective candidates as well, could wheel and deal with the best when it came to picking candidates to run for judgeships in the two-county 19th. Now each county will be left to its own devices to select candidates, a much better situation, in our opinion.

McHenry County can well stand on its own with a separate new Circuit District. We're predicting that jurists, officers of the court and the politicians involved in the nominating process will like it that way. Justice will be served.

Emerging parity a political reality

It may come to pass that June 22, 2003, will be looked upon as a red letter day for Lake County Democrats 16 months from now when the dust has settled on the 2004 general election.

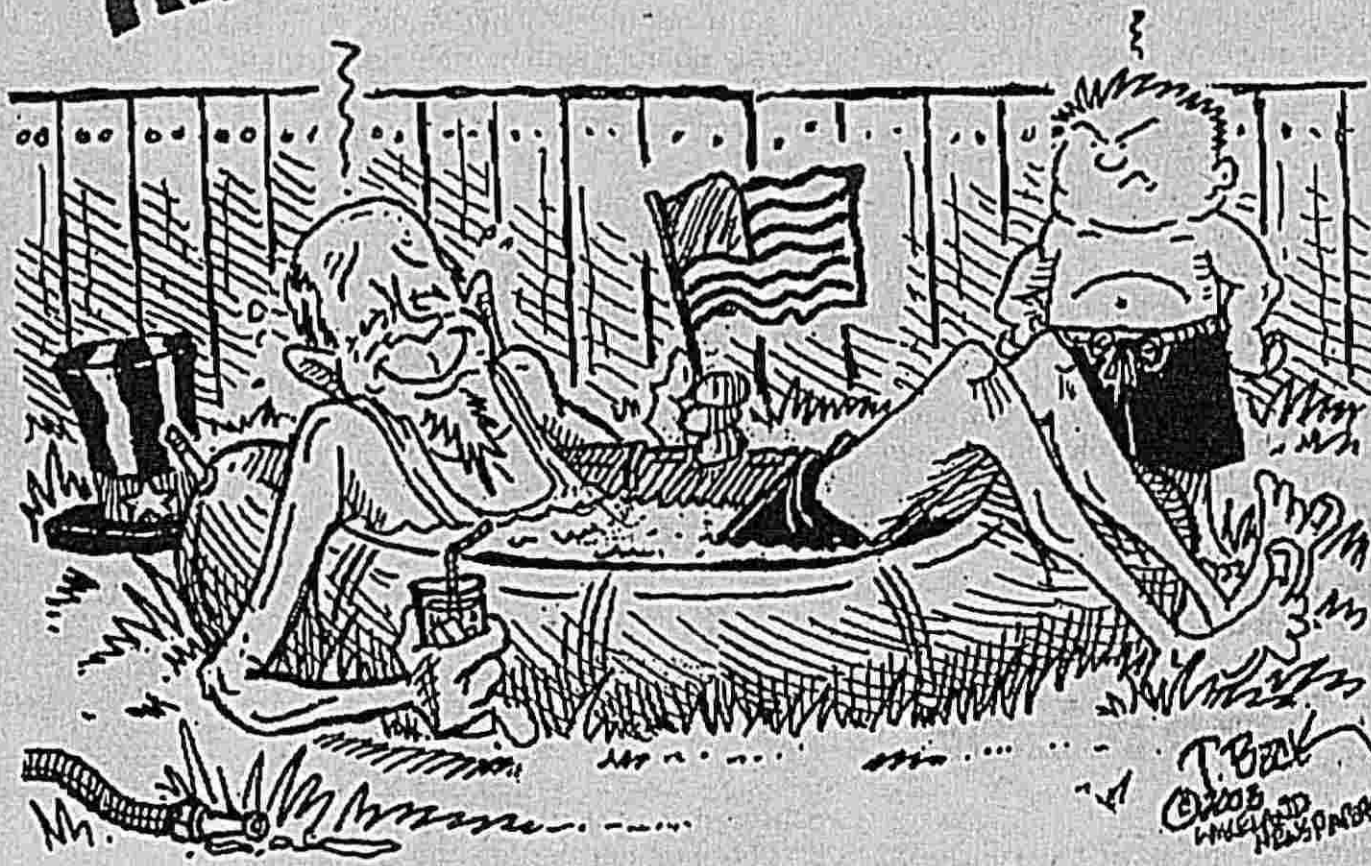
On that delightfully warm sunny day, with summer having officially arrived, the Democrats may have arrived as a party of parity in Lake County. Two events took place that, linked together, signal the force of the political party once relegated to perennial also-ran status in Lake County.

In Mundelein, Democratic women launched a new leadership council, designed to focus on the power and ever increasing influence women are playing in Democratic politics. Their keynote speaker was Congressman Jan Schakowsky, who possesses impeccable liberal and feminist qualifications, the mainspring of leftist domination of the national Democratic party. In Highland Park, Illinois Comptroller Dan Hynes held a press conference to publicly identify and thank local Democrats supporting his bid for the party nomination for U.S. Senate in the March, 2003, primary. The early announcement event is being looked upon as a bold move by a confident young politician to separate himself from a potentially crowded primary field.

The two gatherings were located in the southeast quadrant of Lake County, where Democrats have made steady, if not remarkable, progress in the last half dozen elections. With liberal Highland Park as an anchor, the generally affluent and upscale socially and economically area of Lake County now is represented by two Democrat state senators and three Democrat state representatives. The Democratic party is making steady strides increasing representation in township and municipal government.

Historically, Lake County Republicans reacted to infrequent Democratic victories as aberrations. Not anymore. GOP strategists take the opposition seriously. They see opponents ready to go toe-to-toe in the political arena.

HAPPY 4th of JULY, LAKE COUNTY!



VIEWPOINT

School knockers never go away

In every community, there's an element of the population convinced that school officials are scamming the public and spending taxpayers' money like there's no tomorrow. Tom Hannigan knows the knockers are out there, but he also knows how difficult it is to deal with hard rock critics.

Speaking from experience of 24 years serving on boards of education, Hannigan views whispering, unsubstantiated rumors and anonymous charges as part of the job. A practicing attorney, Hannigan is president of the Mundelein High School board of education.

Sometimes the criticism takes a humorous bent, like the story that Mundelein High provides the superintendent with a "luxury vehicle and a credit card to buy gasoline." "What the critics don't know," Hannigan explains, "is that the vehicle is a five-year-old mini-van with 80,000 miles. He confirmed that the school district provides the superintendent with a \$200 per month gasoline allowance—a pretty standard practice for school districts in our area."

What frustrates the BOE president is that accepted expense allowances connected with school administration are seen by some fault finders as "frivolous and wasteful." "Is it foolish and wasteful to honor outstanding employees at a dinner? Or give a wristwatch to a retiring employee? Should the district not have a staff Christmas party? We want our superintendent to be out and about in the community. There are expenses involved."

Hannigan praised fellow board



BILL SCHROEDER
Publisher

members and administrators for careful management of district finances. He described Business Manager Pat Steele as watching expenditures with a "tight fist." Mundelein High is in the midst of a three-year hiring freeze. To cope with increasing enrollment, class sizes have been increased four to five students. District officials are dealing with a deficit budget and considering a tax rate increase referendum next year, the first in the history of the school. Cuts included dropping Mundelein's heralded aviation program, a marquee student careers initiative.

After many years on the school board, Hannigan has learned to take the bad with the good. The good, as in wonderful kids and great teachers, far outweighs the fault finders.

Par buster

Tony Sciacero doesn't see himself as special for being among the pace setters in the Abbott Laboratories golf league. Tony has been a stalwart for many years in the league that travels to a different

course every week. The Lake Villa resident plays as many games in between as he can. He's been shooting better than his age for many years. What's all the fuss? Sciacero turned 90 this year.

Bob Hope memories

Aug. 12, 1979, has to be a historic day in the entertainment annals of Lake County, according to Larry Leafblad, advertising and marketing professional, who considers himself a retired, or maybe semi-retired, politician. That was the day Bob Hope came to the fairgrounds for a one night show and wowed 3,000 fans with one and a half hours of non-stop one liners and typical Bob Hope humor. "The amazing thing," recalled Leafblad, who emceed the show, "is that Hope stepped out of his limo and asked, 'Where am I and what am I supposed to do?'" The legendary comedian turned 100 this year so he would have been 76, well after his movie career, but still going strong with road shows and trips overseas to entertain Americans in uniform. Leafblad said the only pre-arranged part of the program was presenting Hope with plaques of appreciation from Lake County mayors. "Thirteen mayors showed up, each with a plaque. Bob got a lot of awards and had a quip for each of the mayors," recalled Leafblad, who was pressed into duty to play straight man for Hope. Leafblad would like to hear from persons who have a program or remembrances from the show. "I was so excited I didn't even get a program," added Leafblad, who has a cell phone at the ready at 847-668-9348.

COMMENTARY

Citizen control of school funds needed

By Jack Martin

Lake Countians have received their property tax bills for 2002; did anyone's go down?

What we will not read about from the educational establishment, teacher unions and school administrations, is the fact that of the approximately \$1.4 billion Lake County taxpayers will pay in property taxes this year, about \$1 billion will be for the schools.

They believe that is not enough and they deserve more.

All Lake County schools have money, a lot more revenue than they want to admit. They continue to blame the tax cap for their spending crisis.

But if we look around the County, we see a much different story. Since the tax cap was passed in 1991, the cost of living, inflation has risen 32 percent.

Fremont Grade School District 79, one of the recent whiners, has seen its revenues rise 298 percent and Gurnee Grade School District 56 has had a similar increase.

With all of their whining, student population at the two schools has risen 115 percent for Fremont and 35 percent for Gurnee, yet revenues have tripled.

What is the problem? Lack of parental participation, soaring union salaries, golden parachute pensions, and no matter what it costs the schools are for it, if it goes first through the administrators

and teachers union under the disguise that somehow "the children" will benefit.

But again, look at what these failing government schools have given us.

Failing test scores, kids who cannot read at grade level, the shortest school day and school years in the western world.

When we look around Lake County at the well-educated doctors in our communities, scientists in our pharmaceutical industries, we see Indians, Orientals and Eastern Europeans.

To make parents feel good, and the schools look good, during the past two or three decades,

Please see **COMMENTARY** / B5

PARTY LINES

PARTY LINES, THE LAKELAND NEWSPAPERS' COLUMN OF POLITICAL OPINION, IS PREPARED FROM STAFF REPORTS.

GOP eyes Ryg seat to break Demo hold

Republicans are drawing a bead on the legislative seat won last year by Democrat Kathy Ryg.

They consider her vulnerable because of her narrow victory over Vernon Hills Mayor Roger Byrne that came on votes from Cook County.

Ryg represents the 59th District that was drawn by Democratic mapmakers to enhance Democratic representation in the Illinois House. The district stretches from Park City south into Cook County and includes Green Oaks, Vernon Hills, Lincolnshire, part of Buffalo Grove and Riverwoods.

Green Oaks Mayor Tom Adams, who also serves as county GOP chair, winces every time he looks at the legislative map of Lake County and sees the southeast corner solidly Democratic.

No local police

Proposals to organize a police department in Long Grove have been put to rest now that village officials are negotiating a three year agreement with the Lake County sheriff's department for local police protection. The agreement calls for an annual expenditure of \$174,080.81 for local law enforcement services.



Illinois State Treasurer Judy Baar Topinka, standing, welcomes guests to a Pan-Asian Financial Seminar. Topinka, the only Republican state level officer, spoke on the importance of financial literacy for new immigrants.

decisions. Schmidt will be feted at a reception from 5:30-7:30 p.m., Wednesday, July 9 at Brae Loch Country Club.

Going high tech

Republican headquarters at the Lake County Federation office in Libertyville is expanding online information services. The www.lcgop.org will be able to offer Central Committee news, downloadable newsletters, message boards, and a secured online donation function.

Money talk

Gurnee Mayor Don Rudny, known for his calm demeanor under fire, is perplexed over a whispering campaign about cost overruns at the new police station being built at Washington Street and O'Plaine Road. The departure of long-time village employee Bud Reed last year signaled the formation of a bloc of Rudny critics who won't give up.

Bouncing back

County Board Chair Suzi Schmidt has bounced back from a short hospital stay where she was treated for kidney stones. The pain associated with a kidney stone attack, she reflected, is much more intense than discomfort associated with tough political

LETTERS TO THE EDITOR

Protect nature

The Fort Sheridan Master Plan is not just about the golf course. It is also about the protection of the Fort's unique natural resources. Its shoreline, bluffs and ravines are extraordinary but are in dire need of restoration and management. Equally important, the plan is also about providing public access to over three-quarters of a mile of beach (Illinois has only 60 miles of shoreline in total) and constructing bicycle trails and hiking paths throughout the property. The Fort's importance lies in the interplay of the site's assets, each enhancing the value of the other.

From the beginning, the restoration of the Fort's natural resources has been linked to public access and to the reconstruction of the golf course. Since 1992, the District's plans were based on the premise that the golf course would have to be compatible with "this highly sensitive environment." The district resolved that the golf course would be integrated into the surrounding landscape and a model for other golf courses.

The board needs to move forward with the Master Plan now. At least eight state threatened or endangered plant species are known to occur on Fort Sheridan's bluffs and ravines. Its wooded corridors provide important habitat for nesting and migratory birds, including the federally listed Peregrine falcon. The Fort's natural resources are simply too precious to risk losing because of further delay.

The public has waited long enough to enjoy this remarkable site—its scenic vistas, hiking and biking trails, beach, and golf course. Openlands Project, a non-profit conservation organization that works throughout northeastern Illinois, looks forward to the Forest Preserve District approving funding for the Fort Sheridan Master Plan and to the day that residents from all over the county will have a chance to enjoy this district asset.

Joyce O'Keefe
Associate Director
Openlands Project

'All new' questioned

During the past two months, since the last Forest Preserve meeting, there has been a great deal of discussion, public, private and in the press about this budget, and the Fort Sheridan Golf Course. Those of us who have expressed disagreement with the recommendations of staff and the current elected leadership have been accused of trying to hurt the Forest Preserve. We have been referred to as "Grandstanders, whiners and (the one I obviously prefer) the super six."

I do not question the motivation of those among my colleagues who disagree with me on this budget. They have their opinion; I have mine, that is why we were all elected.

The debate as to whether the Forest Preserve board has an "obligation" to spend millions of dollars on a golf course at Fort Sheridan has been pursued for years. We do have an obligation, to "maintain in perpetuity" a golf course. There is a golf course there now. We have no obligation, as I see it, to bulldoze the old one and to spend millions of dollars on a completely new one. I went down there a few weeks ago to talk to the golfers who use the current course. They were universal in their request to "leave this course alone." It is affordable, it is playable, we like it as it is. Fix the gullies, but leave us our course.

There has been an attempt to link the restoration of the bluffs and other natural resources to the construction of a completely new golf course. I am, and will remain, in wholehearted support of restoration and maintenance of the natural resources at the Fort Sheridan Forest Preserve property. I simply do not agree that construction of a completely new golf course is necessary to accomplish this goal. It has been stated to me that "I am not a golf course architect." To that I plead guilty. There are many things on which golf course architects are experts. Prognostications on the future state of the national economy are not among them. There are many economic and financial aspects to this plan over which we have no control that could lead to serious problems in the years to come.

As commissioners, we do have an obligation, and that is to represent what we feel are the best interests of not only the districts we represent, but to the voters of this county as a whole. The citizens of this county spoke when they narrowly passed a referendum last fall on the understanding that the increased revenues would be spent on development of previously purchased lands. This does not seem to be the case.

I think a mistake is about to be made, to which my vote will not contribute. As we watch the development of this budget, and the Fort Sheridan project, in time will reveal the wisdom, or lack thereof, of this decision.

Steve Carlson
Lake County Forest Preserve
Commissioner
District 7, Gurnee

Bamboozling Bush

When I was a youngster, lo those many years ago, just about every kid wanted a Gilbert Chemistry Set. Gilbert sold a collection of innocuous chemicals with an instruction book, all packaged in an attractive wooden box, which permitted the lucky owner to experiment mixing together said chemicals to produce a variety of interesting results. The same producer assembled and sold the Gilbert Erector Set which consisted of pre-formed parts which when put together and attached with the included fasteners (nuts, bolts etc.) could produce working models of the projects as described in the accompanying instruction manual.

Why do I reminisce about these toys, long gone? Every time I read or hear about President Bush's "weapons of mass destruction" in Iraq, I cannot help but feel that his big search has turned up nothing more than a stash of Gilbert products that some Iraqi youngster could have received on his 10th birthday.

Every time I hear of an American or British soldier being killed in the streets of Iraq, I think, "Why are they there?" Is it to locate those chemistry and erector sets in order to vindicate the Bush administration in their search for these "life threatening weapons."

Fellow Americans, we have been bamboozled into going to war. The reasons for which I will leave to the future historians to ferret out, but bamboozled we were. Was it to satisfy a Texas kid's ego?

I'm certain that the families of those soldiers already dead, and those many more that will die in Iraq, would have much preferred that the first President Bush would have bought his son a chemistry set of his own to play with.

Hank Jacoby
Wauconda

Words from 1990s enter dictionaries

Editor's note: This column was chosen from the best of Jerry Pfarr columns, written July, 2000.

Dot-com?
Zettabyte?
24-7?
My bad?
McJob?
Mouse potato?
Senior moment?
Eye candy?

Just when we word wranglers think we have rounded up the American language, here comes another dictionary with a whole new herd of words.

The 1999 edition of the huge Random House Webster's New College Dictionary is due out next month with hundreds of new words and slangy expressions appearing for the first time along with the more than 200,000 previous entries.

The words mentioned above are among the new ones entering our lingo. A dot-com, of course, is a company doing business on the Internet; a zettabyte



THE PFARR CORNER

Jerry Pfarr

is one sextillion bytes of computer media space; 24-7 stands for 24 hours a day, seven days a week.

My bad means "whoops;" McJob is the kind of low-paying work offered at fast-food restaurants; a mouse potato is a person who spends too much leisure time at the computer; a senior moment is a brief lapse in memory; and eye candy is an attractive person of limited merit like the kind of model appearing on the arm of a Donald Trump. (Such a "Barbie Doll" also is called arm candy).

Eight years ago when one of Random House's competitors, the American Heritage dictionary, was updated the new expressions included "ear candy," meaning light, pleasing music.

Other new words added to dictionaries after the 1980s were caller ID, channel surfing, dis, trophy wife, soccer mom and wannabe.

Having spent a lifetime wrestling with words, I find it fascinating to see how each decade becomes represented in the various dictionaries.

In the 1940s came atom bomb, baby-sit, barf, bikini, cheeseburger, snorkel, and goofball—old familiar words now but actually brand-new back then.

The 1950s brought us aero-space, brainstorming, beatnik, Bermuda shorts, hash browns and junk mail.

In the 1960s came area code, Brownie points, doofus, disco, hippie, jet lag, and instant replay.

The 1970s? Airhead, bean counter, junk food, infomercial, and space cadet (a flaky, lightheaded person).

Richard Lederer, an authority on the subject, says, "Words are living, changing reflections of human attitudes. As long as we human beings remain alive, we shall shape, stretch and re-create our language."

"Where English lacks words to describe something," he says, "a word or phrase is soon created (for example, utopia, ivory tower, nerd, sound bite)."

In his book, "Crazy English," Lederer notes that only in our mixed-up tongue can we say, "Put on your shoes and socks (a difficult maneuver since most of us put on our socks first and then our shoes)."

In what other language do people drive in a parkway and park in a driveway? In what other language can your nose run and your feet smell?

Foreigners trying to understand English must think we are language lunatics. How can they comprehend us when we say someone was born with a silver spoon in his mouth, or that it's raining cats and dogs?

FROM PAGE B4

COMMENTARY

beginning in the late 70s, we have seen a "dumbing down" in education. Hardly any high school students have a requirement for four years of mathematics, language, and history because they will not allow for the feel good, politically correct studies of environmentalism, social consciousness, and artistic curriculums.

School should be tough and challenging but also rewarding, where the student can see in a school year how their skills and knowledge have been broadened.

Sports and arts are important, but only after reading, writing, arithmetic and reasoning, not the other way around.

We are building what the educators say we must, arts and sports facilities that rival the ancient Greek and Romans in their day.

Where does this all end? When the schools can bet all of our money? Or when parents, business and industry wake up and take control of the schools' money away from the unions and administrators.

In the meantime, we must reject each and every school tax referendum. One billion dollars is a lot of money.

Editor's note: Jack Martin is a citizen activist who speaks out on taxation issues. He is a resident of Libertyville and recently was elected a trustee of Cook Memorial Library District.



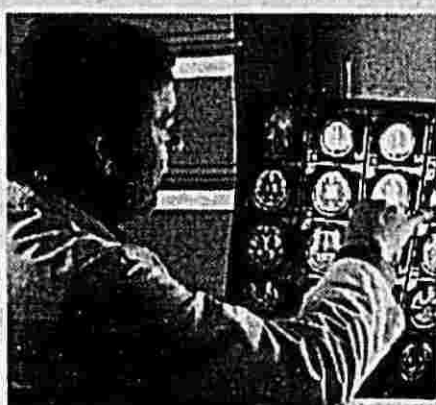
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COUNTY BRIEFS

Financial Education Program

YWCA of Lake County is offering "Your Money & Your Life," a six-part financial education class for low-income individuals who want to learn how to manage their money and get ahead. The July classes will meet on July 7, 9, 14, 16, 21 and 23 from 6:30-8:30 p.m. at the YWCA facility at 2133 Belvidere Road in Waukegan. A class will be taught in English and another class will be taught in Spanish.

The free training series will cover the following topics in a fun and interactive classroom environment: Understanding Money & Wise Spending choices, Tracking & Planning Your Spending, Using Credit Wisely & Getting Out of Debt, Building Smart Shopping Skills, Consumer Rights & Responsibilities, Checking & Savings Accounts and Financial Security & Asset Building.

A \$20 deposit, required at the time of enrollment, will be refunded at the completion of the course.

To register or to receive more information about the "Your Money & Your Life" classes, please contact the YWCA of Lake County, at (847) 662-4247.

Calvert certified

Fran Calvert, director of the Child Care Resource and Referral Department of the YWCA of Lake County, has received certification as a Professional Growth Advisor. Awarded by the Illinois Network of Child Care Resource and Referral Agencies in conjunction with National-Louis University's Center for Early Childhood Leadership, Calvert is one of 60 people in the state to hold the certification.

A Professional Growth Advisor works closely with early childhood leaders across the state to help them acquire the skills needed to receive their Illinois Director Credential.

Golf and luau

Tickets and reservations are currently available for Literacy Volunteers of Lake County's Golf and Luau Aug. 10, at 2 p.m. The first-time event, offering an authentic Hawaiian show and menu, will be held at the Heather Ridge Golf Course in Gurnee. The golf outing features a Best Ball and 9-Hole Tournament. Tickets prices are \$50 per person for the golf outing or \$100 for both golf and luau. Tickets for just the dinner and Hawaiian show are also \$50 per person.

Deadline for reservations is Aug. 1 and tickets may be purchased by calling Mike Mattison at 847-244-1855 or the Adult Learning and Technology Center at 847-360-8600.

Volunteer opportunities for Lake County Fair

The Lake County Fair Association is looking for volunteers to lend a helping hand at the 2003 Lake County Fair 75th Anniversary Celebration.

Positions are available for the information booth, souvenir booth, fair office, exhibit building and 75th anniversary prize giveaway tent. Shifts are typically four hours and are available from 10 a.m.-11 p.m. Tuesday, July 22 through Sunday, July 27. Volunteers receive free admission to the fair for the days worked, a complimentary fair volunteer T-

shirt and \$5 in meal tickets. Volunteers must be 16 years or older.

For more information, visit www.lake-countyfairassoc.com or call the fair office at 847-223-2204.

America Legion Auxiliaries

The American Legion Auxiliaries from the 10th District selected Junior High School students who attended the 63rd Illini Girls State session.

The learning-by-doing process of state elections provides challenges far beyond their expectations. During one week at Eastern Illinois University these future leaders, the citizens of Girls State, listen to a variety of political leaders and motivational speakers and become actively involved in campaigning procedures in a two-party system on city, county and state government levels. This year's chosen applicants are:

Danyelle Aber, Gurnee, Elizabeth Shakespeare, Gurnee, and Shannon McDonough, Wadsworth, sponsored by Gurnee ALA Unit.

Gizell Gonzales, Highwood, and Lupita Pivaral, Highwood, sponsored by Highland Park ALA Unit.

Asleigh Palmer, Lake Bluff, Margaret Bower, Claire Knezevic and Marie Buck, Lake Bluff, sponsored by Lake Bluff ALA Unit.

Stephanie Sye, Lake Forest, Claire Allen, Lake Forest, sponsored by Lake Forest McKinlock Unit.

Lisa Ann Bernard, Ingleside, Amy Lejeune, Ingleside, Stephanie Minkalis, Fox Lake, Becky Renaker, Ingleside, sponsored by Lake Region ALA Unit-Fox Lake.

Jocelyn Miller, Mallory Kruckman, Martha Lyons, Mia Supanich-Winter, Emily Fischer and Jennifer Blair all of Libertyville, sponsored by Libertyville ALA Unit.

Erin Neary, Lindenhurst, and Morgan Kinsey, Winthrop Harbor, sponsored by Sharvin Unit-North Chicago.

Dominique Harris, Waukegan, Crystal Galaviz, Waukegan, sponsored by Waukegan Unit ALA; and Kalie Boyce, Beach Park, Rahnuma Saiyed, Winthrop Harbor sponsored by Zion Benton Unit ALA.

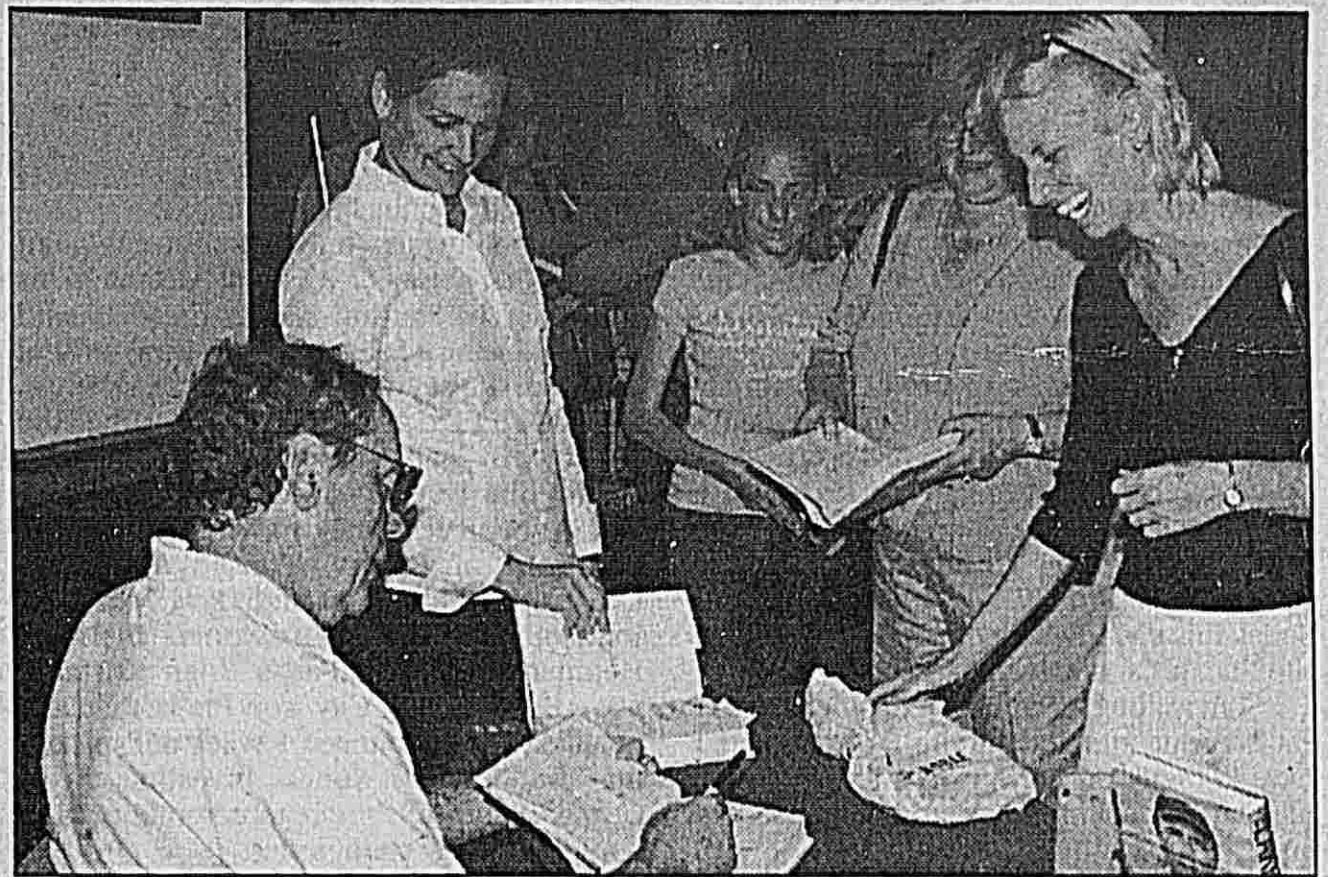
Mullen re-elected chief judge

Margaret J. Mullen, Chief Judge of the 19th Judicial Circuit, was re-elected by her fellow circuit judges to serve another term as the official leader of the two-county circuit serving Lake and McHenry counties. The election took place at the semi-annual meeting in McHenry County.

Ryg sponsors bills

Two measures sponsored by State Rep. Kathy Ryg (D-Vernon Hills) designed to help local governments provide more information and documentation on the Internet have been sent to the governor for approval.

House Bills 526 and 527 allow county governments to post documents that can be viewed and downloaded. Counties are now authorized to use money from existing funds to defray costs related to using advanced technology to increase their Internet capabilities. Ryg has spend considerable time meeting with local business groups to let them know how they would benefit from the change.



Sign me up

Best-selling author James Patterson signs books for fans on a visit to Lake County this month.—Photo by Sandy Bressner

CLC NEWS

New major approved

The College of Lake County board of trustees approved the addition of an associate in applied science degree and certificate for education paraprofessionals. Both programs will provide students with the knowledge and expertise to become skilled teacher assistants. According to CLC President Gretchen J. Naff, the new program options have been added to help meet the demand for qualified teachers' aides, and both fully comply with the new standards set by the "No Child Left Behind" Act.

As part of the president's report, the board reviewed the college's 2003 facilities master plan, which was presented by Legat Architects. Based upon current enrollment patterns and forecasts of population growth in Lake County, the plan projects an enrollment increase at the college of nearly 5,000 students by the year 2020. The plan identifies critical issues and program needs resulting from this enrollment growth and makes recommendations for future development at the Grayslake and Lakeshore campuses and the Southlake Educational Center.

Budget on display

In other action, the board approved placing CLC's tentative budget for fiscal year 2004 on public display beginning July 14 and scheduled a public hearing on the budget for 7 p.m. on Aug. 26. The budget, which covers the period from July 1 to June 30, 2004, estimates \$61.04 million in revenues and \$60.24 million in expenditures. The tentative budget will be available for public inspection in the business office on the Grayslake Campus.

Service recognized

CLC recognized the services of three retiring faculty and staff members and adopted resolutions honoring them. Those recognized were Jack Hudson, instructor of electronics technology; Carol Crane, director of academic support services; and Nancy McGuire, student recruitment liaison.

Resource plan

The board also approved submission of the fiscal year 2005 Resource Allocation Management Plan (RAMP) to the Illinois Community College Board. The document, submitted annually, serves as the college's official request for state appropriations for new facilities projects and renovations. Among the projects included in the plan are student services and classroom buildings on the Grayslake Campus, and classroom and business and industry training facilities at the Southlake Educational Center in Vernon Hills.

New staffers

In personnel matters, six new faculty members were appointed for the fall: Ellen Anderson (health information technology), Christopher Hadfield (automotive), Willa Jean Harrison (nursing), Barbara Hunt (nursing), Randall Roettger (industrial maintenance technology) and Tina Ye (CAD/CAM).

Agreement approved

Under contract matters, the board approved an agreement between CLC and the County of Lake to provide property rights-of-way in exchange for roadside improvements associated with the widening of Washington Street in Grayslake.

Grants accepted

CLC a Carl D. Perkins Title III Program grant for \$379,845 from the Illinois Community College Board to provide support services for career and vocational students. The board also accepted a grant for \$5,250 from the Illinois Law Enforcement Training and Standards Board to provide child-safety seat training for 25 law enforcement personnel.

In purchasing, the board accepted a bid from Boller Construction Co. Inc. of Waukegan for \$125,900 to renovate classrooms on the Grayslake Campus. Other purchasing approvals included annual maintenance agreements totaling \$298,432.07.

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4TH OF
JULY**

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HERE**

**SAT JULY 5TH
DJ & DANCING**

Everyone was 'King' for a day at Wilmot

Rookie Mike Kertscher of Fredonia made his first-ever 410 outlaw winged sprint car feature most memorable as he captured the crown for the CJW Distributing/Miller Beers presents "King of Wisconsin Sprint Car Racing Challenge/Wayne Daun Memorial" 30-lap main event at Local Motion Entertainment's Wilmot Speedway one-third mile clay oval.

"I still can't believe it," said Kertscher, a former mini-sprint champion who moved into the Bumper-To-Bumper Interstate Racing Association (IRA) Outlaw Sprint Car Series this year. Kertscher is also the leading IRA Rookie candidate this season.

"I'm waiting for someone to pinch me so I can wake up and find out this is all a dream. I have to thank my crew, my family, sponsors, my teammate, Kim Mock, and of course, the fans.

Kertscher's name will be engraved on a perennial cup that will be displayed in the Wilmot Speedway souvenir building. Kertscher joins previous "Kings" Dave Moulis, a three-time champion, Todd Daun, Troy Hepfner and Joe Roe.

"I'm happy for Mike," said third-place finishing Kim Mock of Pleasant Prairie, current IRA point leader who was the fastest qualifier of the state season high 57 sprint cars on hand. "He's learning quick and if I couldn't win it, I'm happy that at least the team still got the victory. I love racing at Wilmot, this is where I started, and I hope the fans continue to support the new promoters and the racing that goes on here."

Kertscher jumped into the lead at the drop of the green, leading wire to wire for the win. Three cautions, on laps 10, 12 and 23, kept the field within striking distance. Each time though, Kertscher was up to the challenge. Wing to wing battles spiced the field behind Kertscher on the fast, tacky banked oval. S. Uttech held off the late challenges from Mock for second. Scott Nietzel of Beaver Dam finished fourth.

Todd Hepfner of Sussex, holder of the all-time one-lap qualifying mark for Wilmot achieved last August on the old configuration, showed he adjusted well to the new surface. Hepfner started 11th in the 22-car field, charg-

ing up to fifth in the final standings.

Wilmot regular outlaw sprint car point leader Rick Kelsey of West Allis defended his turf as well. Starting last in the field and despite having a collapsed front wing most of the race, Kelsey improved the most spots, moving up 10 to place 12th. Kelsey earned the J&J Powder Coating award for being the highest finishing winged warrior of Wilmot.

Sprint heats were won by Nietzel, Bill Waite Jr. of Cherry, Travis Whitney of Champlain, Minnesota and Dave Moulis of Johnsonburg. The B-Main winners included Hepfner and Beach Park's Brian Kristan. Dave Boyd of Park City won the last chance qualifier. Mike Counce of Wildwood picked up the Edward Jones Investments of Gurnee/Randy Cashmore representative \$100 bonus in the last chance race.

Dan Hopkins, also of Beach Park, scored his second career feature victory but first since 2000 in the 20-lap IMCA modified main.

Hopkins took the initial lead. Following a lap two caution, Bobby John Hensley worked in front briefly as the two battled side by side. Hopkins retook the point on lap three, maintaining it through cautions on laps 3, 6 and 7.

The final 13 circuits stayed green with Hopkins hotly pursued by a hard charging Ed Devall of Waukegan. Devall, who started 11th, ended up less than half a car length short of the win at the checkered flag.

Mike Sullivan of Trevor, who started 17th in the 20-car field, ended up third. He was right on Devall's bumper at the finish. Chuck Ostergaard of Wildwood was fourth, while Dave Grenlund of Sharon came back all the way from 10th to finish in fifth-place.

Scott Kuxhouse of Antioch won the IMCA modified 'B' main. Heat wins went to 60-year-old Lee Tibbitts of Hebron, Mike Watson of Franklin and Matt Barnes of Des Plaines.

Clean sweep bonus posted by Body Craft of Antioch went unclaimed in both classes.

Despite periods of heavy morning showers and thunderstorms that saturated the new clay surface, continual efforts by the track preparation crew allowed Wilmot to be one of the only dirt tracks to be able to race on Saturday night.

"We appreciate the patience and understanding of the fans, competitors and crews," stated Gary Brown and Mike Simons of LME, Inc., co-promoters of the facility. "We were glad we were able to complete the entire program and thank everyone involved, including our staff, officials and the IRA officials, for a job well done."

The next stop for the IRA series is Thurs., July 3 at Sheboygan County Fair Park Speedway in Plymouth.

Wilmot Speedway returns to action on Sat., July 5 with the Independence Day Holiday Weekend Spectacular program of sprints, IMCA modifieds and hobby stocks. In addition, co-promoters Gary Brown and Mike Simons announced a bike will be given away to a lucky youngster in attendance July 5. The new bike is courtesy of Local Motion Entertainment's Wilmot Speedway and Antioch Schwinn.

This is the 52nd consecutive year the facility, located on the Kenosha County Fairgrounds, has been in operation. It is the first under new promoters Local Motion Entertainment, Inc. Grandstands open at 5 p.m. each race night with the first race scheduled for 7. For latest information contact the 24-hour race line at 262-862-2446 or the web site at www.wilmotspeedway.com.

Results

King of Wisconsin/Wayne Daun Memorial

Outlaw winged sprints 30-lap feature

Mike Kertscher, Fredonia, Wis., Scott Uttech, New Berlin, Wis., Kim Mock, Pleasant Prairie, Scott Nietzel, Beaver Dam, Wis., Todd Hepfner, Sussex, Wis., John Haeni, Brownsville, Wis., Brian Kristan, Beach Park, Bill Waite Jr., Cherry, Joe Roe, Kenosha.

1st 15-lap B-main:

Hepfner, Dave Uttech, D. Spitz, Dan Uttech, Kenosha, Bill Wirth, Cudahy, Wis., Jason Johnson, Greenfield, Wis., Dave Enders, Kiel, Wis., Shane Dayney, Salem, Matt Wasmund, Burnsville, Minn., Rob Hartnell, Kenosha, Mike Ptasienski, Kenosha.

2nd 15-lap B-main:

Kristan, K. Spitz, Kelsey, Jim Uttech Sr.,

Kenosha, Ryan Irwin, McHenry, Donald Dodd, Waukegan, Scott Lenz, Addison, Wayne Modjeski, Oak Creek, Wis., Jim Uttech Jr., Pleasant Prairie, Al Schmidt, Racine, Kurt Davis, West Allis, Wis., John Tierney, Burlington, Todd King, Sheboygan Falls, Wis., Mike Dubs, Beach Park, Jerome Schroeder, Lake Villa.

IMCA modifieds

20-lap feature

Dan Hopkins, Beach Park, Ed Devall, Waukegan, Mike Sullivan, Trevor, Chuck Ostergaard, Wildwood, Dave Grenlund, Sharon, Wis., John Dost, Bristol, Wis., Tom Brown, Fox Lake, Kris Techert, Kenosha, Mike Watson, Franklin, Wis., Tom McKinney, Rolling Meadows, Wis., Jason Enoch, Hartford, Wis., Matt Barnes, Des Plaines, Bob Tellefsen, McHenry, Larry Surleta, Round Lake, Tony Kautz, Richmond, Nick Simons, Genoa City, Wis., Dave Holden, Pleasant Prairie, Scott Kuxhouse, Antioch, Lee Tibbitts, Hebron, Bobby John Hensley, Lake Villa.

12-lap B-main

Kuxhouse, Sullivan, Enoch, Brown, Grenlund, Michael Wankowski, Oak Creek, Wis., Herbert Kufke, Antioch, Tiffany Dost, Bristol, Billy Combs, Pleasant Prairie, Mike Simons II, Genoa City, Wis., Ty Webster, Burlington, Wis.

Point standings

Outlaw winged sprints

Rick Kelsey, West Allis, Wis., 269. Jeff Ferkin, Pleasant Prairie, 245. Bill Wirth, Cudahy, Wis., 189. Jim Uttech Jr., Kenosha, 178. Todd Daun, Pleasant Prairie, 176. Dan Uttech, Kenosha, 163. Tim Vandervere, Beach Park, 162. Kris Spitz, Pleasant Prairie, 156. Brian Kristan, Beach Park, 145. Dennis Spitz, Pleasant Prairie, 144.

IMCA modifieds

Mike Sullivan, Trevor, Wis., 217. Ed Devall, Waukegan, 210. Larry Surleta, Round Lake, 210. Scott Kuxhouse, Antioch, 199. Tom Brown, Fox Lake, 197. Dave Grenlund, Sharon, Wis., 196. Dave Holden, Pleasant Prairie, 177. Jim Morrison, Antioch, 174.

Hobby stocks

Ken Netzel, Bristol, Wis., 191. Todd Roe, Pleasant Prairie, 188. William Grolean, South Beloit, 187. Jim Scanlon, Pleasant Prairie, 149.

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AREA GOLF SCENE

Kintis, Lee earns spot in long drive district finals



Mike Kintis

Round Lake's Mike Kintis is at it again. Kintis, employed by Baxter Health Care in Round Lake, earned a spot in the district competition of the RE/MAX Long Drive Championships.

He did so after claiming second place in the men's open division at a local qualifier held at Deer Run Golf Center in Woodstock. Kintis' top drive was 354 yards, two-and-one-eighths inches.

By virtue of his finish, Kintis moves on to the Illinois-Wisconsin District Championships, which will take place on Sept. 20 at the Golf Learning Center in Itasca.

"I didn't really hit it that well," said Kintis, now in his 11th year of competing in the RE/MAX

Long Drive Championships. Of those 11 years, he has made it to the finals in Mesquite, Nev. on four occasions, his best finish being 21st.

"The ultimate goal is to try and get another world ranking. It's not a sure thing by any stretch, but we'll give it a shot."

Funny thing is, Kintis doesn't get a chance to play to much actual golf. Work, lifting and stretching take up plenty of time by itself. Looks like it has and will pay off once again.

He will also try and earn a spot to districts at local competitions in Indiana and Michigan, to be held later this summer.

"The more chances, the better," he said. "Qualifying for more than one district will give me more chances to make it to the world's. If I don't qualify (for world's) in one district, I'd have another shot (if I qualify in another district)."

Generally, each district is comprised of about two states. He already has the Illinois-Wisconsin one sewed up.

Gurnee's Tom Lee has also qualified for the Illinois-Wisconsin district competition. At Deer Run Golf Center, Lee won the men's 55-and-older division with a best drive of 306 yards, one-and-one-half inches.

At the local qualifiers, up to six top finishers (depending on how many entrants there are) in each division can advance to the districts. Top individuals in all divisions at districts will then advance to the world championship finals, scheduled for Oct. 14-18 at Palms Golf Club in Mesquite, Nev.

At the finals, competitor's in the women's,

open, senior and super senior divisions will have a chance to earn a share of the \$350,000 purse, the largest in the history of the competition.

Junior competitors who earn the right to compete in the finals will receive only trophies, rather than cash awards, in order to help maintain their amateur status while avoiding any conflicts with NCAA rules.

For more information on the long drive championships, please call 888-233-4654 or visit the web site at www.remaxnorthernillinois.com.—John Phelps contributed

News and notes

Experience **Take Your Daughter to the Course Week** July 7-13 at any of the three Lake County Forest Preserve golf club. The special week is part of the National Golf Course Owners Association (NGCOA) player development program designed to introduce girls to the game. Special Forest Preserve Family Fun rates make it easy for the entire family to get involved.

Family Fun rates let a junior golfer age 12-and-under play free when accompanied by a paying adult. Rates are available throughout the season for twilight golf (after 4 p.m.) at Brae Loch in Grayslake, Countryside in Mundelein and Fort Sheridan Golf Clubs. Countryside Golf Club is also rated Beginner Friendly by NGCOA, which is perfect for new golfers.

You can get your season in gear with classes and clinics designed for adults and juniors at Countryside and Beach Park's ThunderHawk Golf Club. Instruction runs through September.

For more information on golf specials, instruction, or to make a reservation, contact the courses at: Brae Loch 847-223-5542, Countryside 847-566-5544, Fort Sheridan 847-266-2120, and ThunderHawk at 847-872-4295. You can also visit the Forest Preserves' new web site at www.LCFPD.org.

Tournaments

Registrations are still being accepted for the **32nd Annual Lake County Ladies Invitational Golf Tournament**, which will be held on Mon., July 21 at The Arboretum Club in Buffalo Grove.

Prizes will be awarded in each flight, including low gross and low net. There will also be a team event included. All teams are formulated by computer.

An awards luncheon will be held immediately following the tournament at approximately 2:30 p.m. Extra lunch tickets are available for \$25 per person.

Please note the event is not a shotgun start, and that tee times will be mailed to each contestant. Entry forms are available at most area golf courses or by calling 847-295-0411.

Outings

The **12th Annual Grant High School Bulldog Golf Outing** will take place on July 11 at Nippersink Golf Course in Genoa City, Wis.

The even will begin with registration at noon, followed by a shot-gun start at 1 p.m. The cost is \$80 per player in advance and \$85 at the door. For more information please call Mark Barczak in the GCHS athletic office at 847-587-2561.



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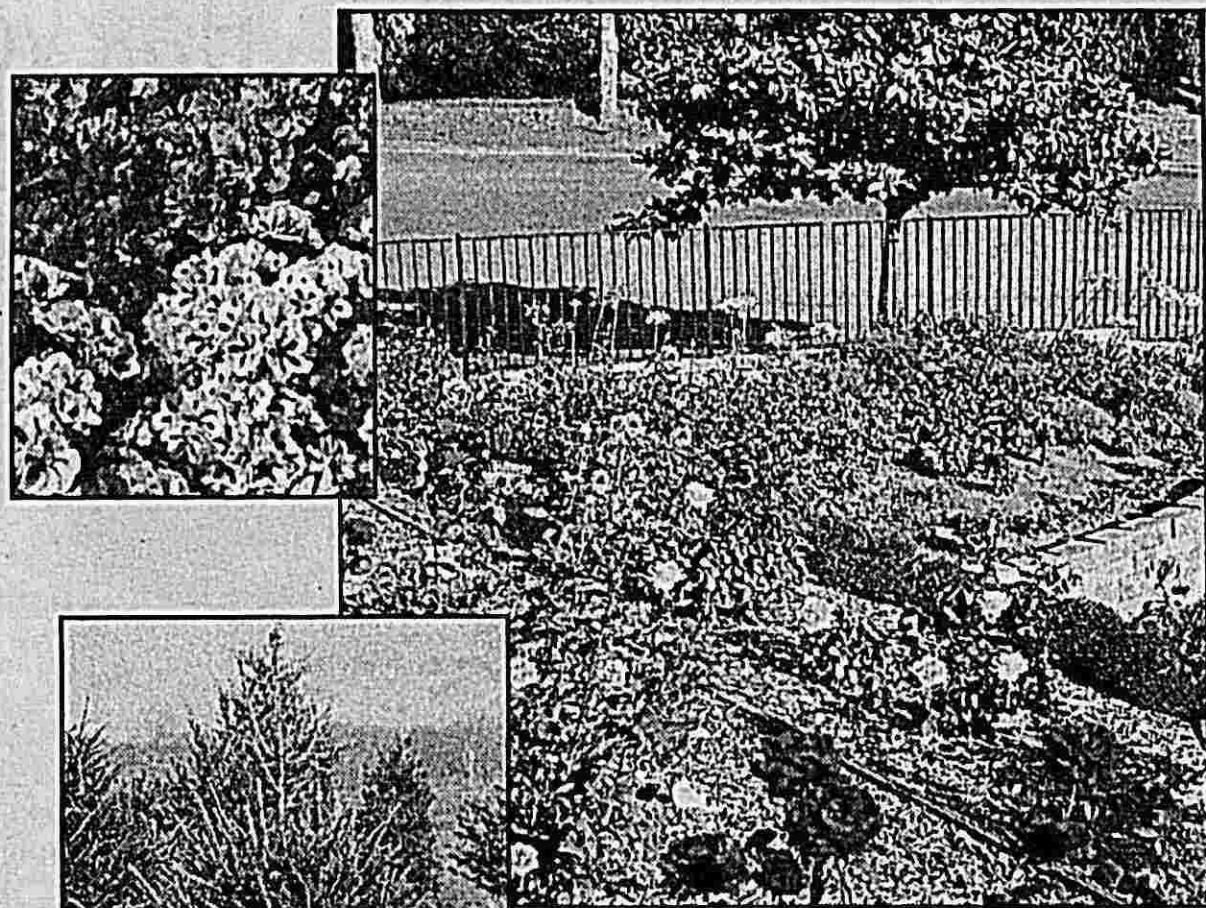
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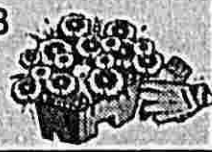
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Surviving the First 12 Weeks of Motherhood

New mothers (and their babies) are invited to discuss infant feeding, sleep patterns, postpartum blues, changing relationships and other areas of concern or wonder. No fee.

Early Pregnancy

You're pregnant, Congratulations! Now what? This class will answer all your questions about how to promote good health during pregnancy. Meet with other women in a relaxed environment to discuss the important concerns of the expectant mother. Fee.

CATHOLIC CHARITIES**Help For Seniors and Cost of Prescriptions**

Seniors over age 65, and disabled adults, may qualify for the expanded Circuit Breaker program. The prescription benefits cover many prescribed medications that seniors may need help purchasing. To find out more about the program and how to apply, call Catholic Charities of the Archdiocese of Chicago at 847-546-5733. Catholic Charities Lake County Services has been serving Lake County since it opened a Waukegan office in 1945 and served 22 people that year. In 2001, 22,500 Lake County residents received social services and basic human needs from multiple Catholic Charities sites throughout Lake County.

CONDELL MEDICAL CENTER**Childbirth Education Classes**

The childbirth education classes at Condeall Medical Center, 801 S. Milwaukee Ave., Libertyville, will enhance and complement your doctor's advice. Taught by trained, certified instructors, these classes provide understanding, support and information that will take the expectant couple from pregnancy through the postpartum period, and help them to adjust to the changes that having a baby brings. Classes cover a variety of subjects including Pondering Pregnancy, Early Pregnancy, Childbirth Refresher, Infant Development, Grandparents Class, Basically Breast-feeding, Breast-feeding and Working and Caring for Baby. Please register early in your pregnancy. Call 847-990-5407, or Español: 847-990-1289.

VISTA HEALTH**Vista Health's Senior Spirit sets luncheon schedule**

Vista Health will again present its series of Senior Spirit luncheons in 2003. The low-cost events include a buffet lunch with beverage and an informational speaker. Cost is just \$2 for members of Senior Spirit and \$3 for non-members. Members must show their cards at the door. Reservations will be taken up to five days before each event. To make a reservation, call 1-800-843-2464. This month, the Senior Spirit luncheon is: February 18, Victory Memorial Hospital Same Day Surgery Conference Room Waukegan. Topic will be "The Value of Volunteering". Senior Spirit is a program of Vista Health. It is designed for people aged 55 years and older. There is a \$20 membership fee (\$35 for a married couple). Membership provides one free cholesterol screening each year plus other low-cost or free health screenings, prescription savings, informational health seminars, insurance bill counseling and social and recreational outings. Call 847-360-2172 for more information about Vista Health's Senior Spirit Program.

On July 15, Provena Saint Therese Medical Center Private Dining Rooms, Waukegan. Topic will be Announced.

Schedule a Heart Failure Educational Program

Are you suffering from high blood pressure, high cholesterol, diabetes or obesity? Have you had a heart attack or damage to your heart?

HEALTHWATCH

B10 / Lakeland Newspapers

July 4, 2003

'Got Milk?' Get the Facts

I always liked milk. Growing up, I drank at least four glasses every day. Perhaps this is the reason for my strong white teeth and relatively good health. Now, I know there are those who are vehemently opposed to adult consumption of milk, and they will tell you that it's not natural for humans to drink cows' milk in the first place. Then, there are those who have a problem with lactose intolerance, but again, everybody's different. Milk just worked for me, and apparently millions of other people who grew up with milk and still love eating dairy products. We love cheese on our burgers and find ice cream sundaes too hard to resist.

So where am I going with all this? I have a real problem with today's genetically engineered milk. It's not the same milk I drank as a kid. Not only doesn't it taste as good, but I have lingering concerns about the long term health consequences of drinking milk from cows injected with Recombinant Bovine Somatotropin.

Some of you may recognize this technical name for what is commonly referred to as bovine growth hormone (rbGH). This compound is contained in Posilac, a product manufactured by the Monsanto Company and injected into cows to increase milk production.

Normally both humans and animals produce growth hormone (GH). This is a protein hormone produced in the pituitary gland that is essential for normal growth and health maintenance. It was discovered approximately 60 years ago that injecting cows with GH extracted from the pituitary glands of cattle increased milk production. Later on, it became technically possible and economically feasible to produce large quantities of bovine GH (bGH) through a scientific

**ON CALL**

Day Simon

cally engineered "recombinant DNA process". The Posilac product contains a recombinant bGH (rbGH) that is claimed to be essentially the same as the pituitary derived bGH. But never mind all that. What this means to me is that nature didn't make it, and I'm not sure that what I'm consuming today is not going to have some bad side effects 10 years down the road.

There are many people who share my feelings. Despite the approval of Posilac by the FDA in 1993, there has been a tremendous amount of controversy over its safety. So what if it's been FDA approved? We all know of instances where drug related products that have the governmental stamp of approval have been found out later to be very harmful. In regard to this hormone, evidence of its danger is already out there.

Do you remember the story several years ago that the Fox television network tried to kill? Two reporters were fired as a result of the network being pressured by the Monsanto Company's attorneys. The husband and wife team had documented, and attempted to expose their findings concerning Monsanto's recombinant bovine growth hormone, "which can harm cows". They claimed the hormone that was approved by the government was not adequately tested as to how it affected children and adults who drink rbGH milk.

Incidences followed of citizen's petitions that the FDA rescind the approval of Posilac, and immediately remove it from the market. This demand was based on evidence that the product poses serious health risks for human consumers.

The Sierra Club, in a letter to Kraft Foods, asked the giant (famous for cheese products) company, to stop the use of bovine growth hormone in all Kraft's dairy products. The letter stated, "—there is evidence that this genetically engineered hormone, given to increase milk production, also increases production of IGF-1 in the milk, which has been shown to promote breast, prostate and colorectal cancers."

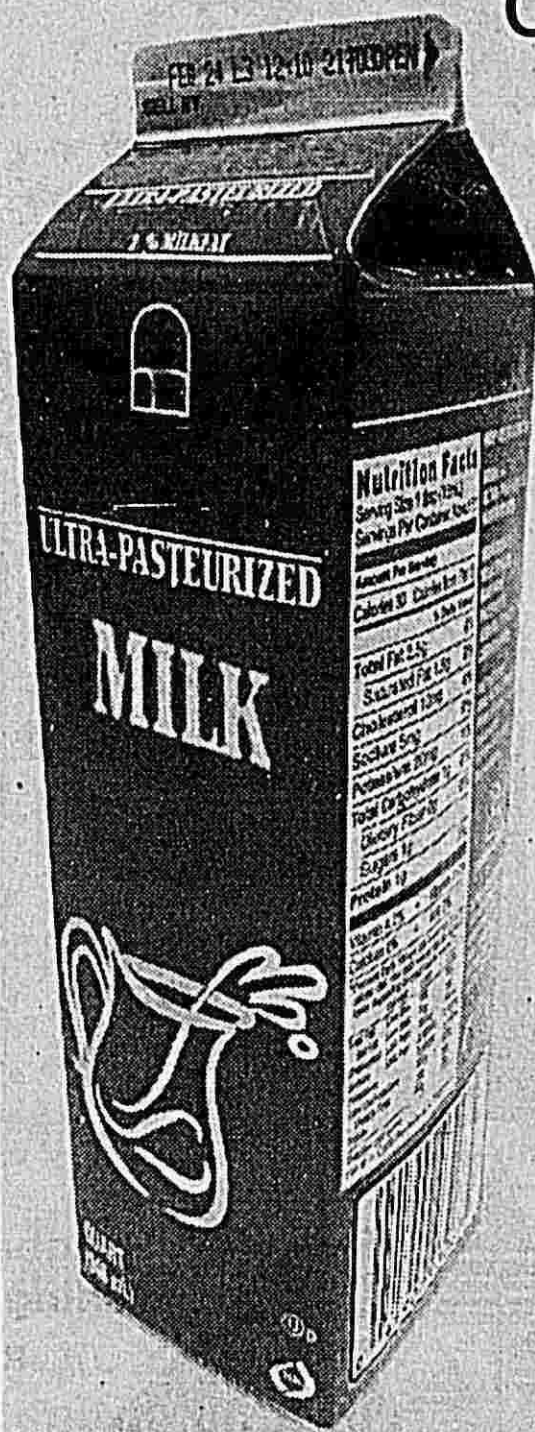
In a press release sent out by Family Farm Defenders, which followed a protest at the University of Wisconsin where bovine growth hormone milk sold on campus was dumped all over the Memorial Union Steps, IGF-1 was labeled as a suspected carcinogen. "Cows injected with rbGH produce milk with lower protein content and higher levels of IGF-1—Injected animals suffer a 50 percent increase in mastitis, leading to higher use of often illegal antibiotics, which in turn contaminate milk and the low grade fast food hamburger derived from culled dairy cows."

The use of bovine growth hormone is banned in Canada and the European Union Countries. The Sierra Club feels that "the use of this genetically engineered hormone represents a wrong turn for America". By its use mostly in large factory scale dairy operations, it's a major factor in squeezing out smaller dairy farmers.

In his book, *Got (Genetically Engineered) Milk?*, with an introduction by Ben and Jerry, the ice cream people, Dr. Sam Epstein claims that while Monsanto and the FDA insist that rbGH milk is the same as natural milk and safe for cows and consumers, he finds a lot wrong with it. The stuff makes cows sick, and Monsanto has admitted to about 20 veterinary health risks on its Posilac label including mastitis and udder inflammation. The milk is then contaminated by pus from mastitis and antibiotics used to treat the mastitis.

Good stuff, isn't it? There's more—to be continued next week in my column, along with the good news of one Chicagoland dairy's quest to provide good tasting, healthier milk and milk products.

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Advocate Good Shepherd Hospital sponsors Diabetes Support Group

Advocate Good Shepherd hosts a diabetes support group to address the concerns many diabetics face on the fourth Tuesday of each month. The next scheduled meeting will be held Tuesday, July 22, 7-8:30 p.m. at Advocate Good Shepherd Hospital. For more information call Kathryn Torrey, RN, MS, CDE at 847-381-0123 extension 5596. All meetings are free of charge and reservations are not necessary.

Advocate Good Shepherd Hospital, located in Barrington, is a 142-bed health care facility with over 450 physicians representing 35 medical specialties. The hospital is a state designated Level II Trauma Center with a designated pediatric treatment area and a Fast Track treatment area. Good Shepherd is also a state designated Level II "Plus" Birth Center. Good Shepherd Hospital's facilities includes a medical-model health & fitness center that houses a Spine Center and Department of Integrative Medicine. The hospital is part of Advocate Health Care, one of the largest health care organizations in the Chicago area. Advocate is related to both the Evangelical Lutheran Church in America and the United Church of Christ.

Can kids be taught to sit still?

Hi Dr. Singer,

We have a daughter who is very active and always has been. She can pay perfect attention to things, but still always has to move around. When we sit down to dinner, she will sit on her foot and wiggle, etc. We're not sure if we should get in the way of it. We are absolutely against medication for her and we know from reading your past columns that you are an avid proponent of teaching kids new skills before trying other routes. Can kids be taught to sit still? N.N.

Hi N.N.,

My answer to you is a definitive yes. But,



PARENT'S PLACE

Dr. Sherri Singer

my yes is one that has some restrictions. I have spent the last decade and a half teaching "jitterbugs" to be still and kids to change all kinds of negative behavior patterns that get in the way of their success. It can be done, but what is necessary to do this is the paren-

t's determination and commitment to see it through. The only reason I have ever seen an attempt at behavior change foiled, is when parents give up on it or change it in some way and don't follow through. Unfortunately, they try it and then realize it isn't changing within an hour and they then feel it must be something more than behavior. My experience with now, 1000's of kids and families, is that the behavior changing tactics need to be implemented for several weeks without fail and without break. They need to be a way of life. That is what works. I've used it with plenty of "jitterbugs" and have had success teaching even the most "wiggly" kid how to hold his or her body still for increasing amounts of time.

Now, just to be certain that something physical isn't going on with her, you may want to check with the Pediatrician for a normal physical. Don't get alarmed. I heard you say you are against medication for the wiggles as a first line of action. I am not talking about that when I mention Pediatrician. What I am referring to is other things that might make sitting still hard for a child, like rashes, allergies to detergent, muscle or nerve problems, etc. If nothing physical is found, then you should follow up in a behavioral way. Even if something physical is found, fix it and follow up in a behavioral way. Just because you fix the physical doesn't make the habit that has been practiced for so long stop.

Parents need to be aware of things that get in the way of stopping behavior like this. Parents can get intimidated and back off when the kid starts fighting back. By fighting back, I mean doing anything and everything to get parents to stop trying to change something comfortable for the kid. Kids cry, scream, yell, call names, say horrible things, etc. to keep the power balance the way it is. And don't think that because your child is only 4 that the battle will be any easier or less intense. It isn't. When a parent comes in and says it's time to change this habit, kids do not usually let that go without some sort of fight. If parents are prepared ahead of time, as I do

first, which is I believe, the key to all my success with people, they don't get so thrown off by it and can respond correctly and successfully, so parents can still be very effective with making the behavior go away. It isn't the most fun you could have with your child but the results are worth it.

Another thing that gets in the way is the belief in some sort of underlying disease process causing the problem. Most of what I have seen in 17 years of practice is about bad habits. Bad habits that need the right kind of training. After taking a history about most of the "wiggly" kids, I find that there has never really been any attempt to stop the wiggling until they reach a certain age. We must remember that up until that age, if they were allowed to act a certain way without response, why would they change, all of a sudden, and why would they want to change? The answer is that they would not. Wiggling has been normal life for them. They are just doing what they have thought to be o.k. for all those years. What has changed is the circumstances (for example, going to school for the first time where you have to sit still,) or parents have had it up to their proverbial eyeballs with the behavior. If that child has been allowed to be wiggly for 4 years and all of a sudden in year 5, you are now bringing the boom down, you better be ready to do some very structured things and be ready to stick with it for a bit of time.

Just don't give up on it. I have witnessed many, many wiggly kids learn how to control their little bodies and minds and keep in mind I do not work at all with medication. I work with self-control, which I view to be the main factor involved in anyone's present or eventual success.

*Dr. Singer does not advocate for anyone to start or remove their child from medication without supervision from a M.D.

Dr. Sherri Singer is a Licensed Clinical Psychologist and Childhood Behavior Specialist. Dr. Singer can be reached by calling 847-231-5644 or 708-962-2549.

Today's kids view braces as a fashion statement

Many adults over 40, who wore braces as kids, still have painful memories of being teased or called names like "tin grin" or "metal mouth."

That's all changed. Contrary to feeling embarrassed about their braces, many of today's youngsters openly show them off. And there certainly are a lot of people -- adults and kids -- wearing braces today. The American Association of Orthodontics estimates that about five million people in the United States and Canada wear braces. While one in five of these is over 18, and some are in their 40s, 50s or older, most are between the ages of 10 and 16.

Why this change in attitude? Probably because these kids no longer are wearing "their fathers' braces." Today, companies like trend setter GAC Dentsply offer orthodontic products that are as bright and colorful as kids' imaginations. How about "glow in the dark" and colored ties or ligatures (those elastics that help hold the braces in place)? GAC offers them in almost every color of the rainbow and many kids are opting to get them in their school colors.

And speaking of school colors, what shows more spirit than an athlete who protects his braces with a mouth guard displaying his alma mater's hues? Then there are gold-colored braces and wires, sparkled and colored retainer cases, and a host of other products to brighten up any smile.

So it's not unusual to see a teen who sports red and green "mouth colors" around the Christmas season also display her independence by wearing red, white and blue colors in her teeth as July 4th approaches.

What about young people who don't want to attract attention to their braces? Many of them are asking their orthodontists about Mystique, one of the industry's most popular products. These clear,

virtually invisible braces are made of a special ceramic material and use the latest technology to produce high translucency for a natural appearance with outstanding results.

"Today's teens want to have a range of choices, just like adults do," notes Dr. Leon Klempner, a Long Island orthodontist who utilizes the latest technology. "They may choose to boldly display a mouthful of color, or they may elect to be more conservative and wear virtually invisible braces like Mystique. Either way, the choice is theirs."

He says many of his younger patients take a hand in designing their own orthodontic appliances, like retainers. "We've added everything from American flags to pictures of pets... the possibilities are endless," he adds.

Dr. Klempner, who is board certified and a member of the faculty of two leading universities, suggests that because six out of ten children need correction for a whole range of orthodontic problems, including "overcrowded" teeth, cross bites or misaligned teeth, it's a good idea for a child to see an orthodontist by the age of six. Like many other problems, these abnormalities are easier to correct if caught early, preferably before the child enters his teen years.

"Every child deserves the chance to have a beautiful smile and healthy, straight teeth," Dr. Klempner says. "As parents, it's one of the best and most loving gifts we can give our children. I can't stress enough the degree to which a person's self esteem and confidence are affected by what he or she sees when looking in a mirror."

If you want to know more about modern, colorful braces or are intrigued by the idea of virtually invisible braces for you or your child, visit www.gacmystique.com.

Letters to the Editor

Besides traditional mailed letters, Lakeland Newspapers accepts letters by fax and e-mail. Limit letters to 250 words and include your name, address and daytime phone on all letters.

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Se Habla Español We Welcome Most Health Plans

Seniors May Find Proposed Drug Benefit Lacking

AS REPORTED IN THE JUNE 18TH NEW YORK TIMES...

Seniors expecting a generous Medicare prescription drug benefit from Congress are likely to be disappointed. Most will find the government paying only a small fraction of their pharmacy bills and far less than most senior citizens have come to expect from private insurance.

According to the former Director of the Congressional Budget Office Robert Reischauer, "I think many will be disappointed because the benefit is so skimpy compared to that most Americans are familiar with."

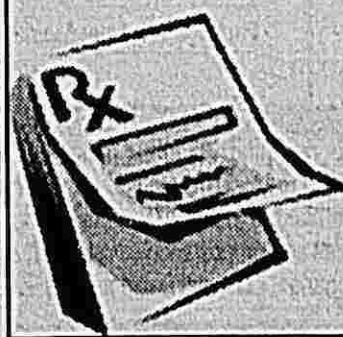
Both House and Senate bills would require senior citizens to spend a significant amount of their own money in order to receive government benefits. Coverage would disappear after drug costs reached a certain level and then resume only if costs reached a considerably higher plateau.

What's The Answer For Now?

On the other side of the coin, beginning July 1, there is a local Lake County company, **Save On Meds**, which is fighting to keep prescription medication costs to a minimum. Their mission is to provide an alternative safe and reliable method of securing prescription medications from Canada at reasonable prices. **Save On Meds** wants to be your advocate for prescription drug savings.

HOW CAN SAVE ON MEDS SAVE YOU MONEY ON YOUR PRESCRIPTIONS?

For a no obligation quote contact:



Save On Meds

DIRECT TO YOU FROM CANADA

PHONE: 888-949-0076

EMAIL: INFO@SAVEONMEDS.BIZ

AFFILIATED WITH US/CANADIAN DISCOUNT DRUGS - MEMBER OF THE **BETTER BUSINESS BUREAU**



Notice to:

Comcast Customers in
Round Lake Park (IL0391),
Round Lake Heights (IL0392),
Round Lake Beach (IL0136),
Round Lake (IL0390),
Timber Creek Trailer Park
(IL0303)

Comcast will be completing a system upgrade to the cable service we provide in the McHenry system and will begin transitioning to the new system on August 7, 2003 with plans to complete the entire area over the next several months. This will mean more channels for customers in this area. **Please note this upgrade will be completed in stages and the new channels will become available to customers on different dates.**

Beginning August 7, 2003, a new channel line-up will be introduced in areas where we have completed our upgrade. Most Standard Cable channels will move to new locations and new channels will be added. In addition, some channels will move to new levels of service. As a result of these channel additions and changes, the following new prices for Expanded Basic and Standard Cable will also take effect.

| | Current Price | New Price |
|----------------------|---------------|-----------|
| Basic Service | \$13.73 | No Change |
| Expanded Basic | \$26.88 | \$30.26 |
| Standard Cable | \$40.61 | \$43.99 |

Beginning August 7th, the pricing for Digital Value Packages will change.

| | Current Price | New Price |
|--|---------------|-----------|
| Digital Packages: Digital Platinum | \$82.29 | \$86.99 |
| Digital Gold | \$67.29 | \$74.99 |
| Digital Silver | \$56.59 | \$64.99 |
| Digital Premier (requires subscription to Digital Classic or Digital Plus) | \$5.00 | No Change |
| Digital Plus (requires subscription to Standard Cable) | \$14.99 | No Change |
| Digital Classic (requires subscription to Standard Cable) | \$9.99 | No Change |
| Selecto (Spanish/Español) | Available 8/7 | \$9.99 |

We will provide all customers with a new price list approximately 30 days before any change in prices. If you have any questions or concerns about these changes, please call our Customer Care department at 1-866-594-1234.

New Channel Line-Up

Beginning 8/7/03

Basic Service

- 2 WBBM-TV (2) CBS
- 3 WGBS-TV (66) UNI
- 5 WMAQ-TV (5) NBC
- 6 WCIU-TV (26)
- 7 WLS-TV (7) ABC
- 8 WPNR-TV (50) UPN
- 9 WGN-TV (9) WB
- 10 WCPX-TV (38) PAX
- 11 WTTW-TV (11) PBS
- 12 WFLD-TV (32) FOX
- 15 WXFT-TV (60)
- 17 Local Origination/Access
- ✓ 18 LCTV
- 20 Cable Marketplace
- 21 CSPAN
- 22 CSPAN 2
- 39 WSNH-TV (44) TEL
- 95 TV Guide Channel
- ✓ 96 Access
- 98 Discovery Channel
- 99 TBS

Expanded Basic

- 28 OVC
- 29 HSN
- 30 TV Land
- 31 Nickelodeon
- 32 Cartoon Network
- 33 Fox Sports Net
- 34 ESPN
- 35 ESPN 2
- 37 ABC Family
- 38 Lifetime
- 41 Home & Garden
- 42 The Learning Channel
- 45 A&E
- 46 E!
- 47 Comedy Central
- 49 TNN
- 50 Disney Channel
- 51 USA Network
- 52 TNT
- 53 CLTV
- 54 Fox News Channel
- 55 CNN
- 56 Headline News
- 57 The Weather Channel
- 58 MSNBC
- 59 CHBC
- 60 MTV
- 61 VH1
- 62 CMT
- ✓ 64 Food Network
- 65 Court TV
- 66 Animal Planet
- 67 The Golf Channel
- 68 Outdoor Life
- 69 Travel Channel
- 71 TLN
- 73 AMC
- 74 Local Origination
- ✓ 75 BET
- 76 EWTN

Premiums/Pay-Per-View

- ✓ 72 IN DEMAND 1 (PPV)
- 77 HBO
- 78 Cinemax*

High Definition TV

- ✓ 185 Showtime HD
- ✓ 186 HBO HD
- ✓ 187 WLS-DT (ABC)
- ✓ 188 WMAQ-DT (NBC)
- ✓ 189 WBBM-DT (CBS)
- ✓ 190 WFLD-DT (FOX)
- ✓ 191 WTTW-DT (PBS)

Digital Classic

Includes Digital Music channels 701-745 plus:

- 101 Weatherscan Local
- 120 NOGGIN
- 121 Discovery Kids
- 136 G4
- 138 Wisdom Television
- 160 Sci-Fi Channel
- 161 Game Show Network
- 162 BBC America
- 164 ShopNBC
- 180 Bravo
- 183 Style
- 220 Discovery Health
- 230 Trinity Broadcasting
- 231 Inspirational Life
- 270 The History Channel East
- 272 The Science Channel
- 273 National Geographic
- 277 The History Channel West
- 402 ESPN News
- 403 ESPN Classic Sports
- 420 ESPN Now
- 482 NBC Network
- 486 The World Network
- 501 Turner Classic Movies
- 502 WE: Women's Entertainment
- 503 Independent Film Channel

Digital Plus

Includes Digital Classic plus Encore channels and the following:

- 122 Toon Disney
- 126 Nicktoons TV
- 135 MTV 2
- 201 Discovery Home & Leisure
- 215 Nick Games & Sports
- 222 The Health Network
- 271 Discovery Times Channel
- 274 Discovery Wings
- 275 The Biography Channel
- 276 History Channel Int'l.
- 406 The Outdoor Channel
- 471 VH1 Country
- 472 MTV Hits
- 473 VH1 Classic
- 474 VH1 Soul
- 484 Great American Country
- 516 WAM!

Digital Premier

- 123 GoodLife TV Network
- 125 Newsworld Int'l.
- 128 Bloomberg Television
- 137 TRIO
- 182 Ovation
- 240 International Channel
- 294 TechTV
- 401 Fox Sports World
- 408 Speed Channel
- 413 Fox Sports Digital Atlantic
- 414 Fox Sports Digital Central
- 415 Fox Sports Digital Pacific
- 476 Fuse
- 481 BET on Jazz
- 504 Lifetime Movie Network
- 505 Sundance Channel West
- 506 Fox Movie Channel

Premiums on Digital

- 517 Encore East
- 518 Encore West
- 519 Encore Love Stories East
- 520 Encore Love Stories West
- 521 Encore Mystery East

- 522 Encore Mystery West
- 523 Encore Westerns East
- 524 Encore Westerns West
- 527 Encore True Stories East
- 528 Encore True Stories West
- 529 Encore Action East
- 530 Encore Action West
- 533 STARZ! East
- 534 STARZ! West
- 535 STARZ! Theater East
- 536 STARZ! Theater West
- 537 Black STARZ!
- 538 STARZ! Cinema
- 539 STARZ! Family
- 550 HBO East
- 551 HBO West
- 552 HBO 2 East
- 553 HBO 2 West
- 554 HBO Signature East
- 555 HBO Signature West
- 556 HBO Family East
- 557 HBO Family West
- 558 HBO Latino
- 559 HBO Comedy
- 560 HBO Zone
- 561 Cinemax West
- 562 Cinemax East
- 564 MoreMax East
- 565 MoreMax West
- 566 ActionMax
- 567 ThrillerMax
- 575 Showtime East
- 576 Showtime West
- 577 Showtime Too East
- 578 Showtime Too West
- 579 Showtime Showcase East
- 580 Showtime Showcase West
- 581 Showtime Extreme East
- 582 Showtime Extreme West
- 583 Showtime Next
- 584 Showtime FamilyZone
- 585 Showtime Women
- 586 FLIX
- 590 The Movie Channel East
- 591 The Movie Channel West
- 592 The Movie Channel Xtra E
- 593 The Movie Channel Xtra W

Selecto en Digital

- 600 Utilisima
- 601 Discovery en Español
- 602 Fox Sports en Español
- 603 TVE Internacional
- 604 Cine Latino
- 605 VH Uno
- 606 MTV Español
- 608 CHN en Español
- 609 Toon Disney en Español
- 610 HIT Música

Pay-Per-View on Digital

- 421-425 Sports PPV 1-5
- 440 NBA Preview Channel
- 441-451 NBA PPV 1-11
- 461-470 GAME PPV 1-10
- 801-830 IN DEMAND 1-30
- ✓ 831-832 IN DEMAND 31 & 32
- 835 IN DEMAND Preview Channel
- 844 The Hot Network
- 851 Spice
- 852 Spice 2
- 853 Playboy TV
- 854 Hot Choice

*Not available in all areas.

Programming is subject to change.

✓ = New addition to channel line-up.

Customer Service Toll-free 866-594-1234

Summary of Channel Changes

Beginning 8/7/03

For the McHenry (Rebuild) System

The following channels will move to new channel locations:

| Service | From | To |
|----------------------|----------------|----------------|
| ABC Family | 33 | 37 |
| AMC | 26 | 73 |
| Animal Planet | 50 | 66 |
| Cartoon Network | 55 | 32 |
| Cinemax | 63 | 78 |
| CLTV | 36 | 53 |
| CMT | 58 | 62 |
| CNBC | 70 | 59 |
| CNN | 34 | 55 |
| Comedy Central | 35 (part-time) | 47 (full-time) |
| Court TV | 56 | 65 |
| CSPAN | 38 (part-time) | 21 (full-time) |
| Discovery Channel | 13 | 98 |
| Disney Channel | 27 | 50 |
| E! | 47 | 46 |
| ESPN | 24 | 34 |
| ESPN 2 | 62 | 35 |
| EWTN | 75 | 76 |
| Fox News Channel | 51 | 54 |
| Fox Sports Net | 29 | 33 |
| HBO | 4 | 77 |
| Headline News | 40 | 56 |
| Home & Garden | 54 | 41 |
| HSN | 59 | 29 |
| The Learning Channel | 37 | 42 |
| MSNBC | 71 | 58 |
| MTV | 69/98 | 60 |
| Nickelodeon | 41/95 | 31 |
| TBS | 17 | 99 |
| TLN | 46 | 71 |
| TNN | 30 | 49 |
| TNT | 23 | 52 |
| Travel Channel | 57 | 69 |
| TV Land | 78 | 30 |
| USA Network | 25 | 51 |
| VH1 | 35 (part-time) | 61 (full-time) |
| WXFT-TV (60) | 21 | 15 |

The following channels will move to new channel locations and to new levels of service:

| Service | From | To |
|---------------------|---------------------------------|----------------------------------|
| A&E | 18 on Basic Service | 45 on Expanded Basic |
| Cable MarketPlace | 43 on Expanded Basic | 20 on Basic Service |
| CSPAN 2 | 48 on Expanded Basic | 22 on Basic Service |
| The Golf Channel | 405 on Digital Classic | 67 on Expanded Basic |
| Lifetime | 15 on Basic Service | 38 on Expanded Basic |
| Local Origination | 38 (part-time) on Basic Service | 74 (full-time) on Expanded Basic |
| Outdoor Life | 404 on Digital Classic | 68 on Expanded Basic |
| OVC | 20 on Basic Service | 28 on Expanded Basic |
| TV Guide Channel | 52 on Expanded Basic | 95 on Basic Service |
| The Weather Channel | 22 on Basic Service | 57 on Expanded Basic |

The following channels will move to Digital and will only be available with a Digital converter box.

There is a separate monthly charge for the Digital converter box.

| Service | From | To |
|----------|------|-------------------------|
| Encore | 14 | Digital Premium ch. 517 |
| Showtime | 19 | Digital Premium ch. 575 |

The following channels will be added to the channel line-up:

| Service | To |
|--------------|-----------------------------|
| Access | 96 NEW on Basic Service |
| BET | 75 NEW on Expanded Basic |
| Food Network | 64 NEW on Expanded Basic |
| IN DEMAND 1 | 72 NEW Pay-Per-View channel |
| LCTV | 18 NEW on Basic Service |

The following channels will be deleted from the line-up and will no longer be available:

| Service | From | To |
|--------------------------|-------------------------|---------------------|
| Community Bulletin Board | 49/72 on Expanded Basic | No longer available |
| MoviePlex | 53 on Expanded Basic | No longer available |

New Additions to Digital Line-Up

New Digital channels are being added and you'll see them identified by a check next to their channel number on the new channel line-up.

| Digital Value Packages | Digital Platinum | Digital Gold | Digital Silver |
|---|--|--------------|----------------|
| Basic Service & Expanded Basic | ✓ | ✓ | ✓ |
| Digital Plus | ✓ | ✓ | ✓ |
| Multiple Channels of Encore | ✓ | ✓ | ✓ |
| Premium Channels | 5 | 2 | 1 |
| See right column for premium channel choices. | | | |
| Pay-Per-View Channels | ✓ | ✓ | ✓ |
| Music Channels | ✓ | ✓ | ✓ |
| Interactive Program Guide | ✓ | ✓ | ✓ |
| Digital Converter and Universal Remote | The packages above include one Digital converter and one universal remote. Additional converters and remotes available for separate monthly charge(s). | | |
| Package Price per Month | \$86.99 | \$74.99 | \$64.99 |

Digital Value Package Premium Channel Choices

Choose HBO and get:
 HBO East/West, HBO 2 East/West, HBO Signature East/West, HBO Family East/West, HBO Latino, HBO Comedy, HBO Zone

Choose Showtime and get:
 Showtime East/West, Showtime Too East/West, Showtime Showcase East/West, Showtime Extreme East/West, Showtime Next, Showtime FamilyZone, Showtime Women, FLIX

Choose The Movie Channel and get:
 The Movie Channel East/West, The Movie Channel Xtra East/West

Choose Cinemax and get:
 Cinemax East/West, MoreMax East/West, ActionMax, ThrillerMax

Choose STARZ! and get:
 STARZ! East/West, STARZ! Theater East/West, Black STARZ!, STARZ! Cinema, STARZ! Family

Customer must subscribe to Basic Service to receive other services or levels of service of video programming. Customer must purchase or rent a converter and a remote control for a separate charge to receive certain services. Customer must subscribe to Standard Cable to receive Digital Classic or Digital Plus. Customer must subscribe to Digital Classic or Digital Plus to receive Digital Premier. To receive HD features and benefits, an HD television (not provided) and HDTV equipment are required. A subscription to HBO or Showtime is required to receive their HD channel. An HDTV premium charge may apply. HD programming is limited to the programming provided to Comcast in HDTV format by the underlying provider. Installation, equipment, additional outlet, change of service, programming access and other charges may apply. Prices exclude applicable franchise fees, regulatory fees, taxes and other franchise related fees. Customers receiving service through commercial accounts or bulk pricing arrangements should refer to the terms and conditions of their separate agreement. Pricing, programming, channel location and packaging is subject to change. Comcast Cable service is subject to the terms and conditions of Comcast Cable Policies and Practices.

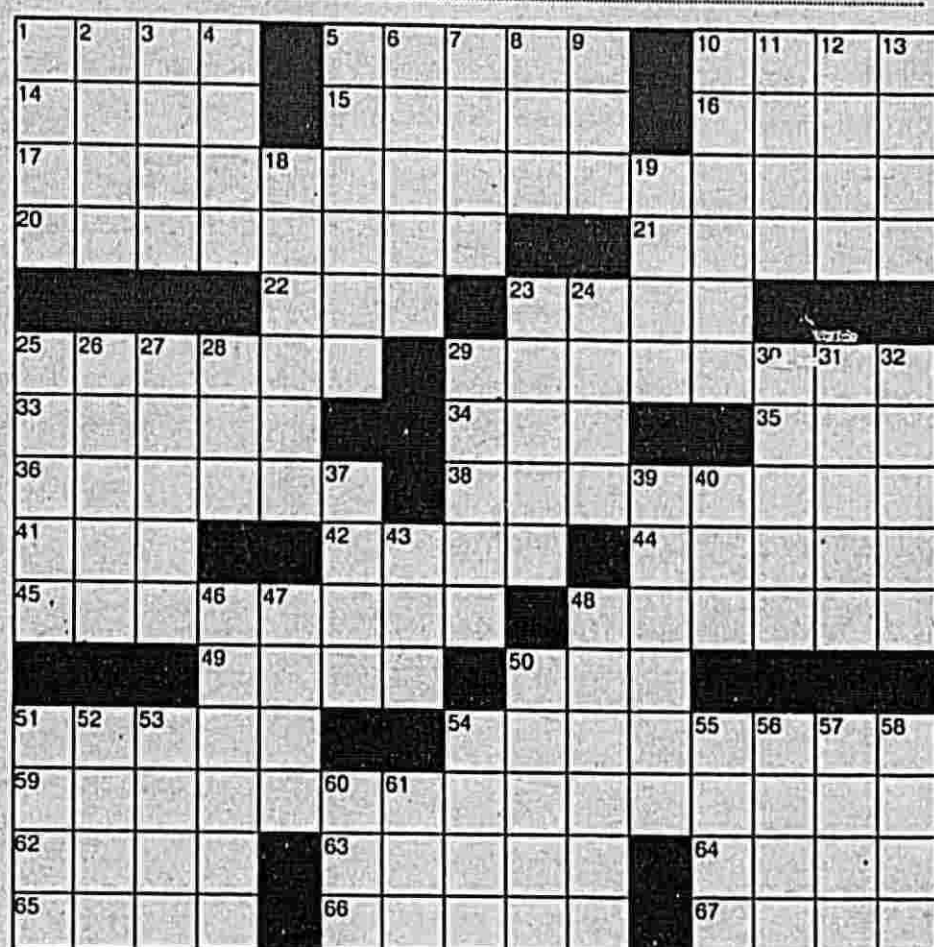
CROSSWORD

ACROSS

1. Gorilla
5. In a snarl
10. Record
14. Phil _____, former CIA
15. Prospect
16. Ancient Greek city
17. Corporal's boss
20. Common liverwort
21. Spreads
22. Potato state, abbr.
23. Bundle
25. Calls out
29. Cigar brand
33. Regions
34. Hymenopter
35. Women's _____ movement
36. Beard
38. Way to click with
41. Contribute
42. Imitates
44. Muddy
45. In a way, makes new
48. Fathers
49. Thou _____ sinned
50. Twitching
51. Base of statue
54. Preliminaries
59. Boss of 17 across
62. Release
63. Indian tribe
64. Import tax
65. Chases after
66. Ponders
67. Double-reed instrument

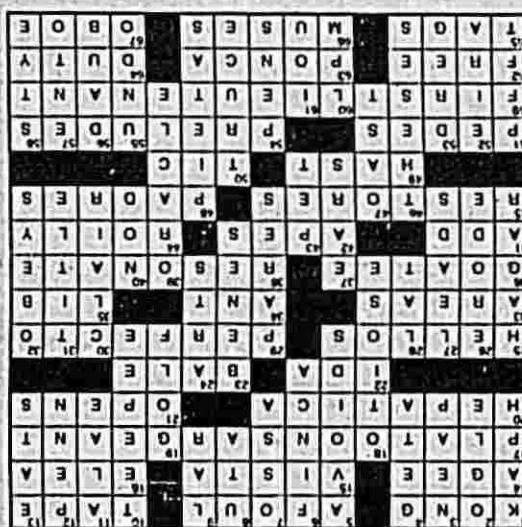
Down

1. Hebrew letter
2. Way to look
3. Tide
4. Clog
5. Keeps off
6. Ranch (Spanish)
7. Mythological mountain
8. Reptile genus
9. Household god (Roman)
10. Lodge
11. Wings
12. Sean _____, actor
13. In a way, ingests
18. Indolent
19. Way to play
23. Eduard _____, Czechoslovakian President
24. Field
25. Mother of Ishmael
26. Way to fall into ruin
27. Vantages
28. Skeletal muscle
29. Peels
30. Voyant
31. Instrument
32. In a way, conforms



37. Auricles
39. Prophet
40. Way to communicate
43. Darling
46. Stated propositions
47. Kiln
48. Italian Renaissance paintings
50. Cease-fire
51. Flew off!
52. Mammal genus
53. Small indefinite quantity
54. Enclosures
55. Deprive of certain characteristics
56. Plaster
57. Inside
58. Eye infection
60. Printing speed
61. Informal debt instrument

Answers



HOROSCOPE

Aries - March 21/April 20

A friend's comments upset you early in the week, Aries. While you're not apt to say anything, don't let this drop. This person really hurt your feelings, and you need to tell him or her about it. If you don't, the comments aren't going to stop. A loved one offers you romantic advice. Listen to what he or she is saying.

April 21/May 21

Don't be stubborn when it comes to a financial matter this week. You have to make an important decision. To do so, you need to get all of the facts — even if that means asking for advice from someone whom you don't like. This person really is the best one to talk to in this situation.

Gemini - May 22/June 21

You have a long week ahead of you, Gemini. Even though you work diligently, it seems that you're not able to make any progress. Don't get discouraged. Just work to your fullest potential, and do what you can. That's all anyone asks of you. The person whom you've been seeing has a surprise for you. Enjoy!

Cancer - June 22/July 22

Try not to be paranoid this week. Even though it may seem as if people stop talking when you walk into a room, that is not the case. Don't psych yourself out; everything is fine. A close friend asks for your advice about a romantic problem. Be honest with him or her.

Leo - July 23/August 23

You finally get to take a long-awaited trip this week, Leo. Enjoy yourself, and splurge a little. You deserve it. Don't be afraid to let your hair down either! A loved one asks for your help with a family problem. Do what you can to make things better. Scorpio plays a key role.

Virgo - Aug 24/Sept 22

Don't make any quick decisions when it comes to your personal life early in the week. You have a hectic schedule, and you're preoccupied with your "to do" list. Now definitely is not the time to make any important choices. Wait until you have the time to look at all of the pros and cons first.

Libra - Sept 23/Oct 23

You can't stick your head in the sand when it comes to a family problem this week, Libra, even though you may want to. You have to get involved and help everyone come to an agreement. While it will be difficult, you're up to the challenge. Your efforts will impress your loved ones.

Scorpio - Oct. 24/Nov. 22

You have a profitable week ahead of you, Scorpio. You make a great deal of progress at work on Monday and Tuesday, which leads to a significant bonus. However, don't slack off for the rest of the week. There's still a lot to be done. That special someone needs a favor from you. Do what you can for him or her.

Sagittarius - Nov. 23/Dec. 21

You have an important business matter to take care of this week, Sagittarius. Stay focused on the task at hand; don't let co-workers distract you. The person whom you've been seeing wants to intensify the relationship. Say yes, because you know that this is what you want too.

Capricorn - Dec. 22/Jan. 20

Stand your ground when it comes to a disagreement with a close friend late in the week. You know that you are right, so just explain your position. However, don't be nasty. Harsh words won't get you anywhere. A business associate wants to get to know you better. Think about what you want before responding to his or her advances.

Aquarius - Jan. 21/Feb. 18

You have a lot to do this week, Aquarius. Don't beat around the bush. If you stay focused, you'll accomplish everything. Those involved will be impressed with your efforts. A loved one introduces you to an interesting person. Don't leave without getting his or her phone number.

Pisces - Feb. 19/March 20

While you want to help an acquaintance with a problem, think before you act. Will this person appreciate your efforts, or will he or she blame you for all that has gone wrong? Let the answer be your guide.

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NEW ENVOY XL

- 4 WHEEL DRIVE
- 4 DOOR
- LEATHER

YUKON XL
YUKON DENALI

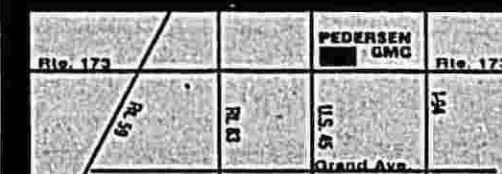
- V8
- LEATHER

BRAND NEW 2003
GMC TOP KICK

- C-45
- DIESEL OR GAS
- CHECK OUT OUR INVENTORY

PRE-DRIVEN VEHICLES
LATE MODEL TRADE-INS

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|-----------------------|-------------------------|
| 1. MAGS ORDONEZ _____ | 1. ALBERT PUJOLS _____ |
| 2. P. BURRELL _____ | 2. CARLOS DELGADO _____ |
| 3. BRIAN GILES _____ | 3. MIKE PIAZZA _____ |
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|-----------------------|-----------------------------|
| 1. FRED MCGRUFF _____ | 1. JOE CREDE _____ |
| 2. PAUL KONERKO _____ | 2. ROBIN VENTURA _____ |
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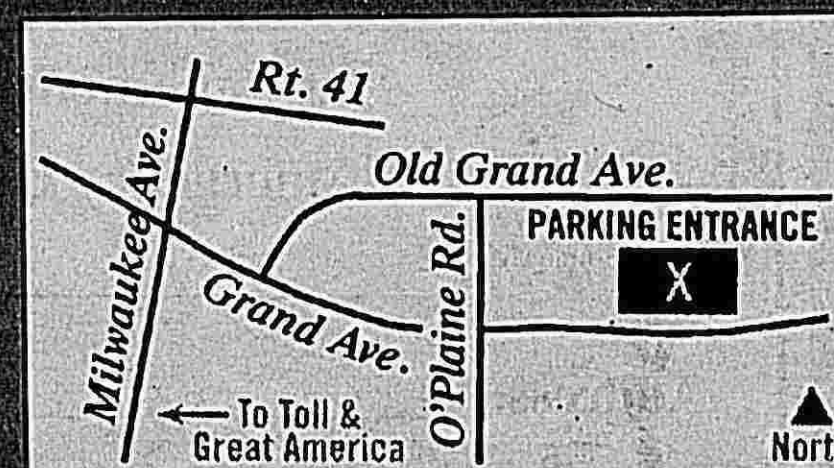
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Hernandez has heart inside, outside squared circle



Featherweight professional boxer Jose Hernandez of Round Lake will take his 15-1 record into Gary, Ind. for a match on July 11. Joining Jose is his father, Jose Hernandez, Sr., inside Copa's, a Round Lake tavern they co-own.—Photo by Denys Bucksten

By DENYS BUCKSTEN
Staff Reporter

When he's just hanging out in jeans, the smooth, muscular physique hidden beneath a white, long-sleeved shirt with the tails untucked, the young man with the choirboy looks and warm smile could be mistaken for a college kid, a salesman or maybe a computer geek. At a quick glance, he resembles actor Freddie Prinze, Jr.

But inside a professional boxing ring, Round Lake's Jose Hernandez is transformed into a fighting machine. Hard muscled, with large fists and taller than most featherweight boxers, the 5-foot, 8-inch Hernandez is a stalking tiger. His devastating combinations that have accounted for 11 knockouts en route to a 15-1 professional record. The one loss came early in his career when he fought gamely with a broken knuckle on his right hand.

For a pro fighter 26-years-old, one would figure that having only 16 fights constitutes a slow start. But, after a brief but spectacular

amateur career (three-time Chicago Golden Gloves champion and a 1997 National Golden Gloves 125-pound title, 30-3 record), there are signs of very good things to come.

Hernandez gained attention after only his third pro fight, when he pummeled Beloit's Willie Thomas in front of a national television audience at Madison Square Garden. Hernandez doesn't just beat opponents; he demolishes them, with torturous, body-pounding left hooks (a standard of Mexican fighters), uppercuts, right hand leads and devastating combinations.

"Jose is a very aggressive, very exciting fighter," said manager Larry Christian. "He can box and if a person wants to stand and bang with him, he loves that. He can take a punch but will give back more than he takes. He moves a lot and he's very explosive."

In what is being regarded as a tune-up fight, Hernandez will compete at McBride Hall in Gary, Ind. on Fri. night, July 11.

"This will be Jose's last six-rounder," said Christian, a Waukegan businessman who's worked with Hernandez since he began boxing 11 years ago at Waukegan's North Shore Boxing Club.

There will be one more tune-up, possibly on national television in early August, and after that "I start to make the calls," said Christian. "The Showtime and HBO people want to see him fight, and Manny Mason, the matchmaker for Golden Boy Productions, Oscar De LaHoya's company, is looking for good Hispanic fighters."

Also watching the progress of Hernandez very closely is renowned promoter Lou Duva, who owns Main Events and is tied into HBO, Showtime and other major broadcast venues.

Christian met with Duva twice in Los Angeles last month, and is "very interested" in Hernandez.

Christian and Hernandez know expectations from Duva, as well as other boxing types, will be very high.

"Lou definitely wants to see Jose fight and when he does put him on one of his shows, he'll put him in real deep. It will be a real tough

fight. Lou will want to find out right away if Jose belongs up there with the (championship caliber) fighters."

As for Hernandez, said Christian, "If you'd let him, he'd jump in there today with a champion. He's ready but needs more ring time and a little more conditioning."

Hernandez' career path was chosen long he joined the North Shore Boxing Club in Waukegan, at the age of 15. Jose Hernandez has known since he was a small boy growing up in Mexico what he wanted out of life. When he was 7, his father, Jose Hernandez, Sr., an undefeated amateur boxer, took him to a professional fight in El Paso, Texas, to see a friend compete.

Right then, says Hernandez, "I knew what I wanted to do with the rest of my life."

But, when the senior Hernandez moved his family of seven to the U.S. in 1986, landing first in Wheeling and moving a year later to Round Lake for housing he could afford on a factory worker's salary, Jose did not have an opportunity to box.

He first had an outstanding junior soccer career. He also wrestled for Round Lake High School as a freshman. When he was 15, he started boxing lessons at the North Shore Boxing Club. Once he got a taste of the ring, other sports no longer mattered.

"For me, boxing is about me and it's about my dad, who always talked about boxing when I was young," said Hernandez. "The reason I fight is a feeling I get in the ring, the crowd, everything. It's really not about the money; the competitiveness in me that comes out in the ring is something I can not get anywhere else."

Hernandez said he wants to earn world titles in three weight divisions and retire at the age of 32. "I promised my dad that before he

dies I will get the three titles. I know that's aiming pretty high, but with the team I have, I can do it."

As strong as he is from the years of pounding a heavy bag with his dad pushing him, Hernandez also worked hard on his financial conditioning for life after boxing. He has a modest lifestyle and two businesses going well, both which involve his family.

In July 2002, Hernandez bought Copa's tavern in downtown Round Lake on Cedar Lake Rd., just south of the railroad tracks. He also owns EC Connections, a cellular phone business, which is conveniently located across the street from the tavern.

Hernandez said his career is all about his father, mother Maria, four older sisters and

their spouses and children. Christianson, who 11 years ago helped start the North Shore Boxing Club, along with brothers Aaron and Mario Shokley, Grayslake butcher Tony Prignets and Edwin Ford, said Hernandez could be even further along in his professional career at age 26. But since winning the National Golden Gloves, the kid with the big heart has always been there for the family, doing whatever it took to be a good son.

Some feel that Hernandez is on the way to getting everything he wants. Ironically, the one thing the would-be champion lacks is a nickname. No one's tagged him with a catchy moniker to carry into the ring, a name to capture the essence of his great heart or devastating punching power.

"We've been trying to come up with a boxing nickname for years," said Christian with a laugh.

But, for Jose Hernandez, having "champion" attached to his name one day soon will do just fine.

'The reason I fight is a feeling I get in the ring, the crowd, everything. It's really not about the money; the competitiveness in me that comes out in the ring is something I can not get anywhere else'

Round Lake pro fighter
Jose Hernandez

Bandits on 10-game winning streak

By ROB BACKUS
Lakeland Correspondent

It looks as if this season is shaping up to be a special one of Libertyville Legion Post-329 Bandits.

After starting out with a respectable 10-4 record, the Bandits were forced to run the gauntlet of nine games in five days.

Libertyville won them all, pushing their winning streak to 10 games, their overall record to 20-4 and their Dist. 10 record to 7-1.

"Everything is coming together," Libertyville coach Larry Short said. "I couldn't ask for anything better."

The highlight of the week for the Bandits was a 5-0 record and the title at the 4th Annual Arlington Heights/Elk Grove Summer Classic.

In game 1, despite trailing 7-1 after five innings, the Bandits came back with five runs in the bottom of the seventh inning to beat Mt. Prospect 8-7. Vernon Hills product Jason Acavedo scored the winning run on a hit from former Carmel standout Ryan Myers.

"This comeback victory was really big for us," Short said. "It could be an asset later in the year."

In game 2, Libertyville defeated DePere, Wis. 6-3.

Sean Danehy pitched a complete game with nine strikeouts and no walks as the Bandits beat Rock Falls 10-2 in their third game.

Libertyville got back-to-back home runs from Michigan State-bound Sean Walker (two home runs) and Acavedo as part of an eight-run third inning as the Bandits annihilated Elk Grove 15-1 in five innings in the semifinals.

Libertyville then topped Northbrook in the finals 9-1, behind a strong pitching performance from Brett Foley (six hits, two walks, five strikeouts). Walker had another pair of home runs, Myers added a round-tripper and another Carmel standout, Brandon Ziemann, went 3-for-4 with two runs scored to lead the Bandits at the plate.

"This team is so well-rounded and they play so well together," Short said. "One through nine the hitting has been excellent. Our pitching was a question mark at the beginning of the season, but that has come along real well."

The Bandits avoided a letdown with a double-header sweep of Waukegan. They won game 1 7-5 before taking the nightcap, 5-4.

Libertyville will now gear up to play in the eight-team Stevenson Tournament from July 4-6.

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Washington Square across from College of Lake County

Storm 11's capture McHenry League crown

After facing some of the toughest teams in the Midwest in Omaha, the Lake Villa Storm 11-year-old Travelers returned home to capture the McHenry League Championship. The clincher came at the hands of the McHenry County Hurricanes and lifted the Storm's league record to 17-2.

In the win, the offense got things going in the second inning with Mark Ortman scoring after a double by Nick Hibbing. Kevin Smiley then had an RBI single, giving Lake Villa the early lead. With Paul Poirier on the mound and strong defense in the field, the Storm held McHenry to two runs in the fourth. Poirier started the offensive attack in the fourth with a double, followed by consecutive singles by Ortman, Cam Jerina, Smiley and Hibbing. Tyler Callese then capped the rally with a 2-run double.

McHenry scored one run in the fifth, while the Storm surged back with four more runs led by a John Schenning double. He scored on Kyle Bessa's bunt single, followed by Poirier, Jerina, and Hibbing each contributing with RBI singles. McHenry made things interesting in the top of the seventh, scoring three runs. But the Storm quickly got back in control with pitcher Cale St. Clair and stellar defense.

Other Storm members include Alex May, Ryan Noon, Sean Humphrey and Joey Walsh. With the title, the Storm earned a berth to the Governor's Cup Tournament in Bourbonnais. The Lake Villa Storm would like to recognize their sponsors, whose generosity supports the team in league and tournament play. Sponsors include Anthony Pontiac, Impressions Count, RE/MAX Advantage Pat Ciko and Jack Fields, Little Dreamers Dress Up, First American Bank in Lindenhurst and Beatty Decorating.

Camps Basketball

The Warren Township High School girls' basketball program will be running a basketball camp for girls entering grades 4-8. The camp will run from 1-3:30 p.m. July 7-17 at the Almond Road campus. Campers will meet Monday through Thursday.

The cost is \$85. The camp will emphasize offensive skill development, full court drills and basic team concepts. Competitive drills will be used. Warren varsity girls head coach John Stanczykiewicz will be the main instructor for the camp.

Registration forms can be picked up and turned in at the Almond campus main office, 34090 Almond Rd., Gurnee.

Registrations will be accepted the first day of camp. Please call coach Stanczykiewicz at 847-599-4381 for further questions.

Softball

Univ. of Wisconsin-Madison softball camps

The University of Wisconsin-Madison softball coaches and players will run their annual summer softball camps at Goodman Softball Complex. The different camps run from July 7-17. Camp sessions will be specializing in beginning pitching and hitting (July 7-9), advanced pitching and hitting (July 8-10), defensive strategies (July 14-15), and an all-skills camp (July 16-17).

The cost includes instruction from current Wisconsin softball coaches and players, insurance, and a camp T-shirt. The camps are open for girls' ages seven through high school. Interested campers can obtain information and an application by contacting Coach McArthur at 608-265-8493 or by checking out



The Lake Villa Storm 11-year-old proudly hoisted the McHenry Travel League championship trophy. The Storm rolled to a 19-3 league record. The team includes, front row, from left, Joey Walsh, Kevin Smiley, Kyle Bessa, John Schenning, Alex May and Cam Jerina. Back row, from left, includes Ryan Noon, Nick Hibbing, Paul Poirier, Mark Ortman, Cale St. Clair and Sean Humphrey. Not pictured—Tyler Callese.

the web site at www.uwcamps.com.

Tennis

Celeste Pregracke of the Court Aces will be conducting two tennis camps this summer at the Heather Ridge tennis courts in Gurnee.

The first camp will take place July 14, 16 and 18, while the second will be held on July 21, 23 and 25. Times for both camps will be from 9 a.m.-noon each day.

These camps are for players ages 10- and older that have some knowledge of the game and can rally. Please note it is not a beginner's camp. As for area prep players, this is a chance to fine-tune your game in preparation for the upcoming season.

The cost is \$120 for each week. Campers should bring snacks and drinks. Please call Celeste at 847-662-5038 for further inquiries.

Soccer

The Gurnee Park District will be hosting the Major League Youth Soccer Camp at Viking Park from July 7-11. There will be two separate camps. Players between the ages of 5-6 meeting from 9-10:30 a.m. or from 10:30 a.m.-noon. The fee for this camp is \$60 for park district residents.

Youths between the ages of 7-18 will meet from 9:30 a.m.-noon with the fee being \$110 for park district residents.

Major League Soccer utilizes the Kidriculum method of teaching, which combines soccer skills and technique training with games and other fun activities.

To register, please call 847-623-7788.

Basketball

Libertyville High School will also be holding a boy's summer basketball camp at Libertyville High School. Head boy's varsity coach Jim Goodwin and his staff will teach the fundamentals and concepts of the game through a variety of drills and scrimmages to improve each player's skill and knowledge of the game.

Session II will take place July 7-18, both at LHS. Third- and fourth-graders will meet from 11 a.m.-noon, fifth- and sixth-graders from 8-9:30 a.m., seventh- and eighth-graders 9:30-11 a.m., ninth-graders 2-4 p.m., and 10th, 11- and 12th-graders from noon-2 p.m. For further information, please call 847-327-7065.

Registration

Registration for **Mundelein Junior Football and Cheerleading** will be held July 12 and 19 from 9 a.m.-2 p.m. at Century 21 Marketplace in Mundelein. Registration is open to all children ages eight through eighth-grade who reside in Mundelein, Fremont, Vernon Hills, Hawthorn and Evanston. Please call 847-816-1997 for any questions dealing with football and 847-949-4523 for any inquiries regarding cheerleading.

Prep scene

News and notes

The Grayslake Hockey Club, which fields players from Grayslake and Antioch High Schools, will host the second annual hockey game, pitting players from the team against personnel from the Grayslake and Antioch Fire and Police Departments, will be held on Fri., July 19 at 3:30 p.m. at Rink Side Sports at Gurnee Mills. Tickets are \$ for adults

and \$2 for senior citizens and Grayslake and Antioch High students who have a valid school I.D. Children two- and-under are admitted free of charge.

The Grayslake Hockey Club is coming off one of its best seasons in the programs short history. The team won the state title this year in the Junior Varsity combined division.

Antioch hosting golf regional

It was announced by the IHSA that Antioch Golf Club will be one of the host regional sites for the 2003 fall state series for high school boys' golf.

The club was one of 11 sites to be selected. There are four more sites yet to be determined. And, George Dunne National Golf Course in Oak Forest is the only sectional site to be announced. Most of the area players and teams from regional play have fed into Schaumburg.

New coaches named

Libertyville and Vernon Hills High Schools will have some familiar faces in different positions on the sidelines starting this upcoming school year. The Cougars named Matt McCarty their new varsity boy's basketball coach, replacing Michael Murphy. McCarty has already named Charlie Pearl and Joe O'Brien as his assistants.

The 34-year-old McCarty has coached previously at three different high schools before coming to Vernon Hills three years ago.

Also joining the coaching staff at VHHS will be Kathleen Rizzo, who will take over for Steve Rochon as the new varsity boy's volleyball coach.

Meanwhile, Libertyville has also named to new coaches to its varsity staff. Briant Kelly replaces for Parker Rohde as the varsity boys track coach. Gwen Markson will also join the staff, taking over for Amanda Warfield as the head coach for the varsity girl's bowling team.

Results

Boys basketball

College of Lake County summer league

Mundelein 53, Carmel 52
Libertyville 56, Grayslake 46
Round Lake 58, Warren 50
Waukegan 53, Antioch 38
Zion-Benton 62, N. Chicago 52

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Coles taking talents abroad

By STEVE PETERSON
Staff Reporter

On his way to Monmouth College, Scott Coles will expand his horizons in baseball.

Coles, a graduate of Antioch High, will be a member of the USA Athletes International part of USA Baseball in Apeldoorn, Holland from July 5-15.

"It should be some pretty tough competition. One group went there and finished fourth of eight teams," Coles said.

Jeff Sefcik, an assistant at Wauconda High School, and Ross Giusti from Prospect High School, have been selected as coaches for the U.S. Team. The team has 16 players who will be both "player and ambassador."

Coles is currently playing for the Kenosha Indians, a team that is enjoying a successful season. They were third at a Kenosha tournament of out 36 teams and second out of 10 teams competing in an Indiana.

Coles is looking forward to the trip. Highlights include visiting Antwerp, Belgium; the Royale Palace, an opening ceremony featuring the Robar '58 Baseball Club, and a game against the Russian team. There is a reception for all teams. Sightseeing includes stops at a wooden shoe factory, a canal tour and visits to the diamond factory.

The team is expecting to play a minimum of nine games, perhaps more if they reach the medal round.

Coles, of Lake Villa, chose Monmouth College before this past season with the Sequoias season began. He had a .998 fielding average, hit .395 and had 17 RBIs his junior



Antioch graduate Scott Coles was selected as a member of the USA Athletes International team that will be competing in Holland July 5-15. — Photo by Steve Young

year. This past season, he was team captain and kept up his stellar defense.

"I remember coming up my freshman year to the varsity. We won a regional my junior year, but ran into a tough pitcher in Nick Hall (Crystal Lake Prairie Ridge) at sectionals," Cole said.

Coles has been playing baseball since age 5. "I like to pattern myself after Tony Gwynn. He was an incredible hitter. Now, I like Andruw Jones of Atlanta," he said. "I think that I can catch anything in the outfield."

Coles is a natural right fielder. "I think that ours was a pretty tough right field because of the rough spots and Round Lake was also tough," he said.

When he returns, he will work to try and help the Indians' season, as the team tries to make nationals.

"They have a very good reputation of placing students in law schools," Coles said of Monmouth.

He is the son of Rich and Ann Coles. Coles was a member of the National Honor Society at ACHS and was a meritorious scholar to gain entry at Monmouth. One younger brother of Coles, Alex, is a catcher who will be entering the seventh-grade this fall.

All-conference softball awards

East Suburban Catholic Carmel

C Sarah LoBue, Sr.

Fox Valley Conference Grayslake

3B Megan Mitchell, Sr.; SS Jessica Damore, Sr.; P Leah Corcoran, So.

North Suburban Conference Antioch

Sr., Kelly Wells, IF/P; Jr. Katie Korecek, IF; Jr. Carolyn Cooley, IF

Lake Forest

Sr. Michelle Minarcik, IF/OF; Jr. Marguerite Seidel, IF; So. Christine Binkley, OF/IF; Sr. Amy Thurber

Libertyville

Sr. Katie Spicer, 3B

Mundelein

So. Ana Antonetti, C; Sr. Rachel Cleaveland, P; Sr. Ashley Wierema, OF/IF; Jr. Emily Tkaczyk, CF

Round Lake

Jr. Amanda Hoekstra, P/OF; Sr. Kristin Poglayen, IF

Stevenson

Sr. Erin Murtha, C; Jr. Julia Hamilton, IF/OF; So. Heather Ruchim, IF

Vernon Hills

Sr. Kim Rymer, P; Sr. Beth Plucinski, C; Sr. Kristin Lancaster, 1B; Sr. Dana Dingman, OF; Jr. Lauren Horan, IF; Sr. Katie Walus, OF

Warren

Sr. Jackie Burris, SS/utility; Sr. Erin Minger, 3B

Wauconda

Ajr. Jessica Felten, IF

Zion-Benton

Sr. Somer Stilley, P; Sr. Maggie Gerald, IF; Sr. Tiffany Reid, IF; Jr. Sara Paulosky, C/OF

Honorable Mention

Antioch

Jr. Jackie Schmit, OF; Fr. Jill Norwick, C/OF

Grant

Sr. Lauren Hill, IF; Sr. Rosa Csulits, IF

Lake Forest

Lso. Megan Christensen, IF/OF

Libertyville

Sr. Erin Bakshis, C/IF

Mundelein

Jr. Kaitlin Leach, IF; Sr. Kerri Gembra, OF

North Chicago

Chetara Trice-Lee, IF/OF;

Round Lake

Sr. Ashley Pollard, 1B

Stevenson

Jr. Jenny Faierson, IF

Warren

Jr. Megan Gerken, C;

Wauconda

RSr. Nicole Biskupski, OF/SS; Sr. Roni Eklund, P/OF

Zion-Benton

Sr. Alyssa Hendricks, OF

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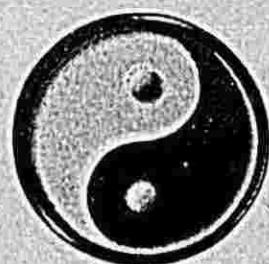
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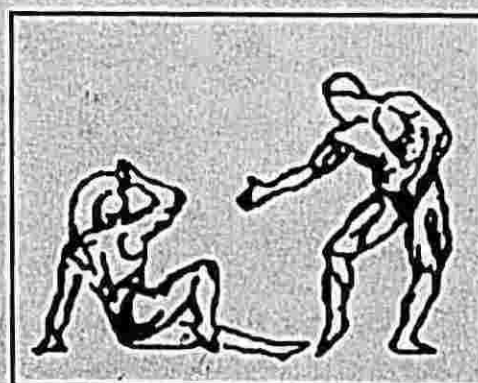
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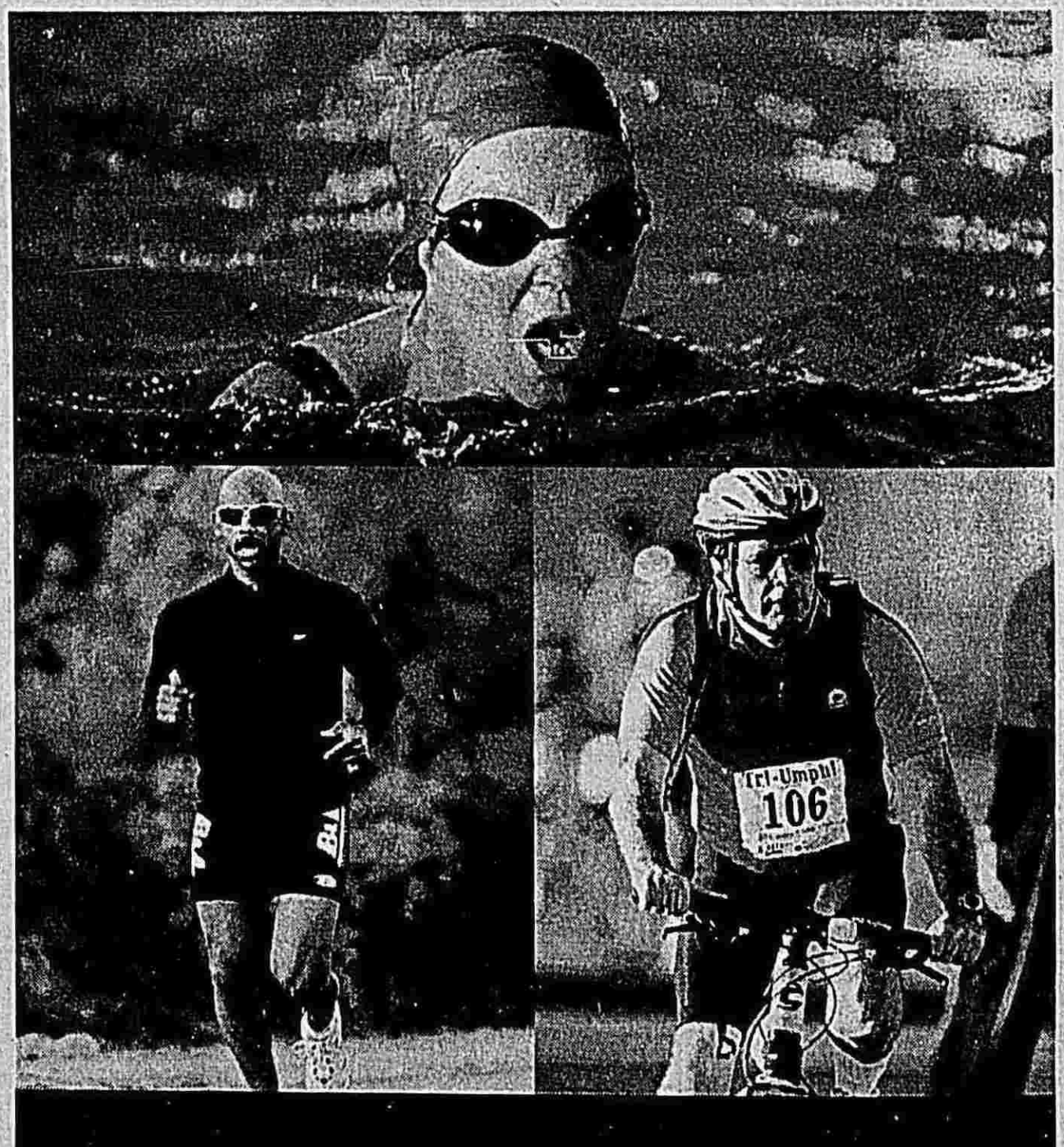


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OBITUARIES

July 4, 2003

Lakeland Newspapers/B21

Hannah M. Toben

Age 79 of Lake Villa, passed away Wednesday, June 25, 2003 at the home of her daughter. On Oct. 13, 1945, she married Harry A. Toben in Chicago and he preceded her in death on Oct. 5, 1967.

Survivors include her daughter, Susan Swearingen and husband Richard of Antioch, a sister, a brother, a sister-in-law and six grandchildren. In addition to her parents, Helmut and Nora (Carroll) Raatz, and husband, she is preceded in death by a sister and a brother.

Funeral service was held at 10 a.m., June 28 at Faith Evangelical Lutheran Church in Antioch. Interment was in Millburn Cemetery in Millburn. Visitation was from 4-8 p.m., June 27 at the Strang Funeral Home of Antioch and at the church June 28 from 9 a.m. until the time of service. Friends desiring may make contributions to the Faith Evangelical Church Building Fund in her memory.

Kimberly J. Craig

Age 46 of Pleasant Prairie, Wis., passed away suddenly Saturday, June 21, 2003. She was born in Chicago, the daughter of William E. and Nancy (Sheehan) Craig.

Survivors include her mother, Nancy (Fred) Hawkins of Sebring, Fla.; three brothers; two nieces; four nephews. She is preceded in death by her father William and her birth mother Suzanne.

Memorial funeral service was held at 7 p.m., June 30 at the Strang Funeral Home of Antioch. Visitation was from 5 p.m., June 30 until the time of service. Friends desiring may make contributions to the American Heart Association in her memory.

Margaret E. O'Donnell

Age 86 of Vernon Hills, passed away Wednesday, June 25, 2003 at the Condell Medical Center in Libertyville. Margaret was very athletic, having bowled several 300 games and had several holes-in-one in golf.

Surviving are her daughter, Gail (Tom) Adams of Green Oaks; her grandson; four grandchildren; and her brother. She is preceded in death by her parents, Andrew and Luella Smith, by her husband, Michael O'Donnell in 1987; her grandson, Tom Adams Jr. and her two brothers.

Funeral service was held at 2 p.m., June 28 at the Burnett-Dane Funeral Home in Libertyville. Interment followed at Lakeside Cemetery. Visitation was from noon until the time of service, June 28. Memorial contributions can be made to the Lakeside Cemetery Renovation Fund, P.O. Box 500, Libertyville, IL 60048.

Viktorja Milosevic

Age 90 of Lake Forest, passed away Tuesday, June 24, 2003 at her home.

Surviving are her daughter, Helen (Bozidar) Stipanovic of Lake Forest and son, Miodrag (Sylvia) Milosch of Ulm, Germany; two grandchildren; a great grandson and her brother. She is preceded in death by her husband Nikola Milosevic in 1974.

Funeral service was held at 12:30 p.m., June 28 at The Most Holy Mother of God Serbian

Orthodox Monastery in Third Lake. Interment followed in the monastery cemetery. Visitation was from 5-8 p.m., June 27 at the Burnett-Dane Funeral Home in Libertyville where the Pomen service was held at 7:30 p.m.

Cosimo J. Serio

Age 67 of Round Lake passed away June 17, 2003 at St. Therese Medical Center in Waukegan. He was born in Chicago the son of the late Charles and Tosca Serio (nee Giameti).

He is survived by his brother, Robert (Marcello) Serio of Buffalo Grove; his nephews and his niece.

Funeral service was at 1 p.m., June 28 at Strang Funeral Chapel and Crematorium Ltd. in Grayslake. Visitation was from noon-1 p.m., June 28 at the funeral chapel. Memorials may be made to the family.

Martha L. Lewandowski

Age 78 of Round Lake, passed away at her home, June 23, 2003. She was born in Wisconsin, the daughter of the late Charles and Flora Cole (nee Strait).

She is survived by her children, Bonnie (Tom) Babl of Ringle, Wis. and Andrew Lewandowski of Round Lake; her grandchildren; her great-granddaughter; two brothers and three sisters. She is preceded in death by her husband of 29 years, Frank W. Lewandowski in 1975; her brother and two sisters. Memorial service is at 3 p.m., June 28 at Strang Funeral Chapel and Crematorium Ltd. in Grayslake. Visitation was from 2-3 p.m. at the funeral chapel.

Mary Louise Grantham

Age 67 of Wauconda, passed away June 24, 2003, at Good Shepherd Hospital, after a short battle with bladder cancer.

She is survived by her husband, Richard B.; her children, Shelley (Allan) Birmantas, Robin (Charles) Miller and Renee (Bob) Heelan; her grandchildren; sister and brothers. She is preceded in death by her parents, August and Elsie Meyer and her brother.

Funeral service was held at 11 a.m., June 27 at the Kisselburg-Wauconda Funeral Home in Wauconda. Visitation was from 4-9 p.m., June 26 at the funeral chapel. Interment was private. Memorial donations can be made to the Wauconda Fire Department, 109 W. Liberty St., Wauconda, IL 60084 or American Cancer Society Highland Area Office, 777 Central Ave., Highland Park, IL 60035-3240.

Dorothy L. Williams

Age 78 of Round Lake Beach, died Sunday, June 29, 2003 at her home. She was born April 9, 1925 in Elmhurst to J. Leslie and Martha (Denman) Reed. Born and raised in Elmhurst, she attended York High School. She married Gordon Williams in the Elmhurst Methodist Church on June 6, 1953. They lived in Rolling Meadows for 38 years and then moved to Round Lake Beach. Dorothy was active in many different church organizations including Bethel Lutheran Church in Palatine and Trinity Evangelical Lutheran Church in Ingleside. The biggest treasures of her life were times spent with her children and grandchildren.

Survivors include her husband, Gordon of 50 years; two daughters, Candice (William) Robinson of Round Lake Park and Diane Peters of Round Lake Beach; grandchildren, Heather (Chris) Edwards, Shannon, Jason (Tracy), Julie, Korin, Travis, Timothy, Jayson, Mark and Natalia; great grandchildren, Shawn, Sierra, Anna and Edward; one brother, James Reed of Elmhurst. She is preceded in death by her parents.

Visitation was Tuesday, July 1, from 9:30-10:30 a.m. at Trinity Evangelical Lutheran Church in Ingleside. Funeral service was July 1 at 11 a.m. at Trinity Evangelical Lutheran Church in Ingleside with Rev. Paul Weeg officiating. Interment was private at Memory Gardens Cemetery in Arlington Heights. Memorial donations would be appreciated by the family to Condell Hospice, 115 W. Church St., Libertyville, IL 60048. Arrangements were handled by Justen's Round Lake Funeral Home, in Round Lake.

Gloria E. Koziol

Age 71 of Round Lake, formerly of Antioch, passed away Saturday, June 28, 2003 at the Hillcrest Nursing Center in Round Lake. On Sept. 4, 1955 she married Harry J. Koziol in Chicago and he preceded her in death on Jan. 30, 1986.

Survivors include her son, George (Kerry) Koziol of Lake Villa and her daughter, Cathy Koziol of Antioch and two grandchildren. Besides her husband, she is preceded in death by her parents, George and Martha (Gavinas) Mitchell.

Funeral service was held at 11 a.m., July 1, at the Strang Funeral Home of Antioch with the Rev. Darald Gruen officiating. Interment was in Hillside Cemetery in Antioch. Those desiring may make contributions, in her memory to, the Lake Villa Fire Department, Lake Villa, IL 60046 or the Save-a-Pet, Inc., 31664 N. Fairfield Rd., Grayslake, IL 60030.

Virginia M. Gresham

Age 83 of Paddock Lake, Wis., passed away Thursday, June 26, 2003 at the University Hospital of Cleveland, Ohio, after a brief illness. She was the daughter of the late Ernest G. and Fanie (Wiggins) Hodge. On Oct. 11, 1942 she married Edwin R. Gresham in Covington, Ky and he preceded her in death on Oct. 11, 1981.

Survivors include her son, James (Marcia) Gresham of Racine, Wis. and her daughter, Georgia Adele Perkins of Fort Bragg, NC.; a brother, a sister; seven grandchildren and four great grandchildren.

Funeral service was held at 11 a.m., Thursday, July 3, at the Paddock Lake Baptist Church, 24823 74th St., Paddock Lake, Wis. Interment was in Salem, Mound Cemetery, Silver Lake, Wis. Friends called at the Strang Funeral Home of Antioch from 4-8 p.m., July 2 and at the church from 10 a.m., July 3 until the time of services. Those desiring may make contributions to the Paddock Lake Baptist Church in her memory.

Warren O. Brown

Age 92 of Lake Villa, passed away on Sunday, June 29, 2003 at the Rosewood Care Center in Inverness. He was born in Pennsylvania, the son of the late Ora S. and Maude (Huhn) Brown.

He is survived by his loving wife, Eloise C. (nee Chorpennig); his son, Warren H. (Ruth) of Sarasota, Fla.; his daughter, Mary Kay (Walter Jr.) Vandernald III of Barrington; grandsons and seven great grandchildren. He is preceded in death by his sister, Kathryn E. Fagan.

Funeral service was held at 10:30 a.m., July 2 at Ringa Funeral Home in Lake Villa with Reverend Patricia Allen-Stewart officiating. Entombment was at Highland Memorial Park Cemetery. Visitation was on July 2 from 9:30-10:30 a.m. In lieu of flowers, memorials may be made to the Hospice of Northeastern Illinois, 410 S. Hager Ave., Barrington, IL 60010.

Rodney A. 'Skip' Wille Jr.

Age 47 of Grayslake, passed away at home in the company of his family. He was born the son of the late Rodney A. and Adeline (nee Podzimek) Wille Sr.

He is survived by his wife, Nancy (nee Hahn) Wille; his son, Christopher Wille of Grayslake; his sister and nieces.

Memorial service was held at 11 a.m., June 30 at St. Paul the Apostle Catholic Church in Gurnee. In lieu of flowers, memorials may be made to the American Cancer Society, 777

Central Ave., Highland Park, IL 60035. Services were handled by the Strang Funeral Chapel and Crematorium Ltd., in Grayslake.

Virginia M. Schlichtenmyer

Age 75, passed away June 26, 2003 at St. Mary's Hospital in Green Bay, Wis. She was a member of the Antioch Moose Ladies Auxiliary as well as the Lake County Women's Assn.

She is survived by her husband of 57 years, Robert Sr., whom she wed on Jan. 10, 1946; her mother, Mabel Byrne; her children, Sandra (Joe) Greenhill, Robert Jr., Russell (Lynn), and Charles (Gina); 11 grandchildren; eight great grandchildren; and her siblings. Virginia is preceded in death by her father.

A funeral service was held June 30 at 10 a.m. at Strang Funeral Chapel and Crematorium Ltd., in Grayslake. Interment followed at the Highland Memorial Park Cemetery in Libertyville. Friends visited June 20 from 3-8 p.m. at the funeral chapel. Memorials may be given to the Mooseheart Foundation.

Donald I. Anderson

Age 75 of Round Lake, died Sunday, June 29, 2003 at Condell Medical Center in Libertyville.

Donald is survived by his loving children, Donna (Joe) Jacobs, Donald (Beth) Anderson, Diana (David) Bresemann, Douglas (Susan) Anderson; his sister; nine grandchildren and four great grandchildren. He is preceded in death by his wife Dolores; his beloved daughter, Debbie Cummings; his loving brother and his grandson, Michael.

A funeral mass for Donald was celebrated at 2 p.m., July 1 at St. Joseph's Church in Round Lake. In lieu of flowers memorials may be made to The Huntington's Disease Foundation. Arrangements were handled by Kristan Funeral Home in Mundelein.

Donald George Eichhorst

Age 77, a 38 year resident and former businessman of Spring Grove, died Saturday, June 28, 2003 at home. He had been a veteran of the U.S. Air Force having served during WWII. He owned and operated "Don's Appliance" in Spring Grove for over 30 years.

Survivors include his wife, Irene "Pat" Eichhorst of Spring Grove; his sons, Gary (Debbie) Eichhorst of Richmond, Brian (Bonnie) Eichhorst of Mount Prospect; his daughter, Susan (Tom) O'Neil of Mount Prospect; his stepson, Joseph (Susan) Brell of Lindenhurst; six grandsons; three granddaughters; his sister and many other relatives and friends. He is preceded in death by his parents, Charles G. and Florence (nee Dillon) Eichhorst and by a brother.

Private services and interment were arranged for by the K. K. Hamsher Funeral Home in Fox Lake (The Chapel on the Lake).

William J. Radtke Sr.

Age 79, a resident of Fox Lake for the past 30 years formerly of Antioch, died Sunday, June 29, 2003 in Libertyville. He was born on Aug. 19, 1923 to Martin and Antoinette Radtke in Chicago, and had been a member of the Merchant Marines. During WWII, he served with the U.S. Navy. Mr. Radtke was employed with Expanda Foam in Antioch for over 30 years before his retirement, and had been a former member of the American Legion Post in Antioch. He enjoyed woodworking, gardening, and fishing.

Survivors include his wife, Gloria (nee Picha) of Fox Lake, with whom he was united with in marriage on June 23, 1975 in Waukegan; his children, Kathleen Ultsch of Wisconsin Dells, Wis., Nancy (Rev. Daniel) Diehl of Beach Park, Patricia (Randy) Hough of Hebron; his grandchildren, Billy Joe and Patti Radtke, Jesse, Leena, Patricia and Allen Ultsch, Melissa (Scott) Morrison, Jennifer and Carrie Diehl, Rebecca (Nathan) Parsons and Emily and Hannah Hough; one great grandchild; as well as a nephew, Bobby Radtke also survive. He is preceded in death by his son, William J. "Bill" Radtke Jr.; by two brothers, one sister and his parents.

Graveside funeral services were conducted on July 2 at 11 a.m. at the East Fox Lake Cemetery in Lake Villa, to which all were invited to attend with Pastor Mark Abbey and Pastor Sid Miller from the Indian Hill Bible church officiating. Arrangements were handled by the K. K. Hamsher Funeral Home, Fox Lake (The Chapel on the Lake).

Funeral Directory

JUSTEN'S ROUND LAKE FUNERAL HOME

222 N. Rosedale Court
(Rosedale at Cedar Lake Road)
(847) 546-3300

Nancy Justen & Mark Justen,
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Additional Locations in
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A TIMELY REMINDER Don't Drink & Drive

With the 4th of July holiday approaching; the Grayslake Police Department would like to remind motorists to celebrate responsibly.

According to statistics provided by the National Highway Traffic Safety Administration there were 16,653 alcohol related traffic fatalities during the year 2000. This accounts for forty percent of all traffic fatalities. NHTSA predicts that 3 in 10 Americans will be involved in an alcohol related crash sometime during their lifetime.

The Grayslake Police Department urges citizens to seek alternate forms of transportation such as taxi-cabs or mass transit, or assign a designated driver if they plan to consume alcoholic beverages over the holiday weekend. Motorists are reminded that police will be conducting vigorous enforcement measures to keep impaired drivers off our highways.

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| VILLAGE | DATE | TIME | LOCATION |
|----------------|--|-----------------------|--|
| Antioch | Fri., July 4 | At dusk | Williams Park |
| Buffalo Grove | Fri., July 4 | At dusk | View from Buffalo Grove Rotary Green or the Buffalo Grove Golf Course |
| Crystal Lake | Sat., July 5 | Approx. 9:00 p.m. | Downtown Crystal Lake, University Center |
| Fox Lake | Sat., July 5 | At dusk | Mineola Bay |
| Grayslake | Sat., July 5 | At dusk | Central Park |
| Gurnee | Fri., July 4 (Rain date: July 5) | Festivities from 6-10 | Warren Township H.S. |
| Hawthorn Woods | Fri., July 4 | At dusk | Community Park |
| Kenosha | Fri., July 4 (Rain date: July 5) | Approx. 9:35 p.m. | Harbor Park at Lakefront |
| Lake Forest | Fri., July 4 | Approx. 9:00 p.m. | Deerpath Middle School |
| Lake Zurich | Fri., July 4 | At dusk | Paulus Park |
| Libertyville | Fri., July 4 | Approx. 9:15 p.m. | Butler Lake Park |
| McHenry | Sat., July 5 (Rain date: July 6) | Approx. 9:00 p.m. | Peterson Park |
| Mundelein | Fri., July 4 (Rain date: July 5) Fireworks Only | Approx. 9:30 p.m. | Courtland & Seymore, or Viewed from Kracklaur Park |
| Round Lake | Fri., July 4 (Rain date: July 5) | Approx. 9:30 p.m. | Metra Station |
| Vernon Hills | Fri., July 4 | At dusk | Century Park |
| Wauconda | Thurs., July 3 (Rain date: July 4) | At dusk | Cook Park |
| Waukegan | Fri., July 4 | Approx. 9:30 p.m. | Lakefront |
| Zion | Fri., July 4 | At dusk | Shiloh Park |



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Information Age Jobs Evolve

By Scott T. Fleischmann

The need for information in the work environment becomes greater every day. However, the amount of data we receive and the offensive nature of much of that which is provided has created significant concern in both workers and management. These same concerns are realized in homes across America. Parents are rightfully concerned by the violence, pornography and other offensive material coming into their homes through radio, television, mail, telephone and the Internet.

Help is on the way. An entire industry is evolving to assure that we have access to needed information and that individuals can avoid the encumbrance of unwanted and offensive material. The Internet has led in the development of safeguard technology. Products to eliminate unwanted information have been available for some time. Unfortunately, they are not yet refined to the point to allow selection of needed data while eliminating the unwanted. Information is classified in very broad categories. Eliminating a category could prevent and individual from having access to needed information. Conversely, selecting a category may allow a deluge of unwanted and/or offensive material.

Likewise, the United States Postal Service provides options for eliminating unwanted and offensive material. One can take the piece of offensive material to them and request that it be classified as pornographic and that the sender be instructed not to send future mailings to the recipient's address. In addition, anyone can have his or her mail sent to a private service that will screen it before delivery. The broadcast media industry also controls, but it too is in its infancy. There are controls for locking out specific stations. There are options to buy specific additional programming. There are even opportunities to watch certain shows at times other than when they are originally broadcast. However, these techniques are often cumbersome and slow. I once saw a friend work for thirty minutes before he finally received transmission of a program for which he had already paid. It took several telephone calls to the provider. The program had started long before he could view it.

The telephone industry is also providing safeguards. In addition to caller identification devices, we now have software that instructs the caller to identify themselves. Equipment to eliminate a called number from the database of a telemarketing organization is also available.

In each of these categories, there will be new product and service creation and modifications to the current products. Those developments will create future job opportunities. Creative designers will be required to identify the need. Engineers, developers, technicians and laborers will be needed to create the products. Employees will be needed to market and to sell the new products and services.

Unfortunately, once new safeguards are in place there will be a need for people to do the same tasks for the organizations that want to override them. That, of course, will spawn a further need for creative safeguards. Does this sound like a long-term opportunity? It is.

The problem will not be eliminated soon. The need for technology, services, and creative products, will create new jobs for decades. New jobs create opportunities for many of us.

Scott T. Fleischmann is the Managing Principal for Integrity Business Solutions Inc., a full service management consulting firm. He can be contacted through email at lbs.scottf@uno.com or through the company web site at www.aboutintegrity.net.

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Information Age Jobs Evolve

By Scott T. Fleischmann

The need for information in the work environment becomes greater every day. However, the amount of data we receive and the offensive nature of much of that which is provided has created significant concern in both workers and management. These same concerns are realized in homes across America. Parents are rightfully concerned by the violence, pornography and other offensive material coming into their homes through radio, television, mail, telephone and the Internet.

Help is on the way. An entire industry is evolving to assure that we have access to needed information and that individuals can avoid the encumbrance of unwanted and offensive material. The Internet has led in the development of safeguard technology. Products to eliminate unwanted information have been available for some time. Unfortunately, they are not yet refined to the point to allow selection of needed data while eliminating the unwanted. Information is classified in very broad categories. Eliminating a category could prevent and individual from having access to needed information. Conversely, selecting a category may allow a deluge of unwanted and/or offensive material. Likewise, the United States Postal service provides options for eliminating unwanted and offensive material. One can take the piece of offensive material to them and request that it be classified as pornographic and that the sender be instructed not to send future mailings to the recipient's address. In addition, anyone can have his or her mail sent to a private service that will screen it before delivery.

The broadcast media industry also controls, but it too is in its infancy. There are controls for locking out specific stations. There are options to buy specific additional programming. There are even opportunities to watch certain shows at times other than when they are originally broadcast. However, these techniques are often cumbersome and slow. I once saw a friend work for thirty minutes before he finally received transmission of a program for which he had already paid. It took several telephone calls to the provider. The program had started long before he could view it.

The telephone industry is also providing safeguards. In addition to caller identification devices, we now have software that instructs the caller to identify themselves. Equipment to eliminate a called number from the database of a telemarketing organization is also available.

In each of these categories, there will be new product and service creation and modifications to the current products. Those developments will create future job opportunities. Creative designers will be required to identify the need. Engineers, developers, technicians and laborers will be needed to create the products. Employees will be needed to market and to sell the new products and services.

Unfortunately, once new safeguards are in place there will be a need for people to do the same tasks for the organizations that want to override them. That, of course, will spawn a further need for creative safeguards. Does this sound like a long-term opportunity? It is.

The problem will not be eliminated soon. The need for technology, services, and creative products, will create new jobs for decades. New jobs create opportunities for many of us.

Scott T. Fleischmann is the Managing Principal for Integrity Business Solutions Inc., a full service management consulting firm. He can be contacted through email at lbs.scott@uno.com or through the company web site at www.aboutintegrity.net.

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RE/MAX GRAND WE KNOW YOUR NEIGHBORHOOD 847-587-8200 Fox Lake/Ingleside 847-356-8212 Lake Villa/Lindenhurst 847-395-8222 Antioch 847-740-8201 Round Lake 815-344-8293 McHenry/Pistakee Highlands BUYING OR SELLING GIVE US A CALL TODAY.

ROUND LAKE 415 LAKEWOOD TERR. 3-BD., 1-ba. ranch. Oak kit./flrs., lg. closets, unfin. bsmt., 2-1/2 car, fenced yd., lg. deck. Walk to train. Now \$139,000. (262)857-3643.

ROUND LAKE (INGLESIDE) 4bd/2.5ba, 2-car garage, full bsmt. Big Hollow Schools. \$259,500. (847)546-0409.

ROUND LAKE BEACH F.S.B.O. 4-bd., 2-1/2 ba., full lin. bsmt., lg fenced yd., deck, cul-de-sac, 2-car gar., Grayslake Schools. Relocating. Seller motivated. \$199,500. (847) 356-2291.

ROUND LAKE BEACH Lake Villa/Grayslake Schools, OPEN HOUSE 5/3, 5/4, 2535 N. Orchard, 12-4pm. 4-bd., 2-ba., lin. bsmt., Pergo floors, prof. landscaped, \$246,900 (847) 265-6580.

ROUND LAKE BEACH LG 3-bdr house w/full bsmt. 6 car parking, couple thousand back at closing will build you a nice gar. New siding, kitchen, bath, roof. Pergo floors, oak cabinets. Close to everything, must see! ASKING \$139,900. Call for details. (847)845-1125-Michelle.

ROUND LAKE HEIGHTS 2yr. new home, 2-bd., 1-1/2 ba., loft, Lake Villa Schools. (847) 740-2826.

ROUND LAKE HEIGHTS F.S.B.O. 3-bd., 2-ba., 2-car, 1-1/2yrs. new, ranch w/full bsmt., upgrades galore, jacuzzi, huge fenced yd., w/25x13ft. deck, Lake Villa Schools. \$229,000. (630) 546-0352, (847) 740-0833.

ROUND LAKE/VALLEY LAKES. Beautiful home \$345,000.00. (773)637-7531.

SALEM HOME-\$175,000. 3BD/2BA, 1.5 story country home on 2/3 acre, easy commute to Illinois, priced below appraised value. 21921 83rd St (608)825-2141.

SALEM, WI- NEWER home, over 1/2 acre wooded lot w/mature oak trees. Brick, cedar front. Over 2000 sq ft. 2-sty has FP, 4bd/2.5ba, 1st floor laundry, full bsmt, C/A, oak trim. Attached garage & more quality built. \$219,900. (262)843-4002.

SLOCUM LAKEFRONT. LEASE-Purchase. Total remodel just completed. 3.5bd. 2.5 car garage. \$5000/month dn-\$1250/mo. All credit considered. 27337 Bayview-Island Lake (847)778-7874.

SPRING GROVE 3-BD., 2.5 ba., huge eat-in kit. w/ile, frpl., hwdw, in living & dining rooms, full bsmt., \$229,900. (847) 973-0804.

500 Homes For Sale

SPRING GROVE AREA F.S.B.O. 2-1/2 story house, 3-bd., 2-ba. w/whirlpool tub, double lot, 2nd lot on Channel, lg. deck, \$145,000. (847) 497-9721 after 6pm.

SPRING GROVE BREEZY LAWN 4-bd., 3-1/2 ba., 2-story, on one acre, huge greatroom w/frpl., kit. breakfast room, diningroom, full bsmt. w/ba, partially fin., 2-1/2 car gar. \$319,900. REMAX Advantage, Karen Jedele (847) 650-3406.

STEVENSON HS-CONTEMPORARY BRICK Ranch. 2.75 Acres(Possible subdivide)W/4bds, 2-Story Greatrm & whpls. \$594,900. B. Dianne Edgar, RE/MAX Showcase (847)388-7513.

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TWO YEAR OLD MASONRY CASTLE nestled in a forest of oaks, over 1-1/4 acres, 3500sq.ft. extreme quality 10" or 12" wall construction, wood & slate flooring, maple & granite kitchen, breathtaking fireplace in Greatroom. Oak stairs or state of the art elevator takes you to your pvt. getaway. The perfect master-bedroom includes skylights, see thru fireplace to the 2 person jacuzzi bathtub, room size walk in closet, private balcony overlooks brick gazebo and romantic sunsets. And Oh so much more. Country living off of Kenosha Rd. on secluded cul-de-sac in Beach Park/Wadsworth area. \$399,000, by owner. (847) 872-3098.

VOLO 4 LARGE bd. Colonial, 1/2 acre lot, full bsmt., C/A, exc. cond. & location. 27570 Volo Village Rd. Currently antique shop, zoned commercial. \$255,000. Call Joyce (815)759-1330.

WATER FRONT ON INLET OFF PISTAKEE LAKE, LEASE, BUY OPTION. 4BD/1BA., FRESHLY PAINTED, LG LR/DR COMBINATION, FR., KITCHEN. \$10,000 DN, \$1700/MO. \$205,000. (847)587-0839

WATERFRONT OPEN HOUSE Sunday June 29 / 11-4 603 Monterey Terrace Fox Lake Beautiful 3bd/2.5ba, 2.5 car gar, 3 decks, shed, boat slip & pier, 2 lots, \$350,000. Follow signs from Rt 12 & Fox Lake Rd. (847)731-6511.

WATERFRONT ON INLET OFF PISTAKEE LAKE, LEASE, BUY OPTION. 4BD/1BA., FRESHLY PAINTED, LG LR/DR COMBINATION, FR., KITCHEN. \$10,000 DN, \$1700/MO. \$205,000. (847)587-0839

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500 Homes For Sale

WAUCONDA SCHOOLS 3-BD., 1-ba., C/A, frpl., lin. bsmt. w/bar, ext. bd., deck, 8 person hot tub, wooden play set w/house, oversized shed, 2-car unattached gar., fenced yd., lakeview. \$184,000. OPEN HOUSE Sun. 4/27, 8AM-4PM., 27543 N. Leyte. (847) 526-5697.

WEBUYHOMESCASH.COM (630) 268-7908.

WHITE CAPS 3-BD., 2.5 ba., livingroom, diningroom, familyroom, full bsmt., fenced landscaped yd., large patio, hot tub, shed, 2-car att. gar., many upgrades. Must see. \$199,000. (262) 857-4024.

WILL LEASE OR BUY YOUR HOME FOR UP TO 5 YEARS. ANY PRICE. ANY CONDITION. ANY AREA. (847) 587-0839

ZION 2 UNIT, great investment. Earn \$1,460/mo. Rents fast. F.S.B.O. \$129,900. (262)844-2038.

ZION VERY LARGE 4-bd., 2-ba. ranch home, double lot, next to park, full lin. bsmt., kitchen has large eating area with doors to yd., new appls, ceramic floors, freshly painted, fenced yd. w/alt. gas grill. \$134,000 to buy, or \$1,200 to rent. Very well maintained property. Koenig & Strey GMAC, Craig (847) 624-6184.

ZION-4BD/2BA 2.5 CAR garage. All remodeled \$142,000. Waukegan-2bd, full lnshd bsmt, all remodeled. \$124,000. (847)338-4145.

504 Homes For Rent

ANTIOCH EXECUTIVE HOME FOR RENT/PERFECT FOR ROOMMATES OR IN-LAW ARRANGEMENT. 2,500 sq ft main level, 2500 sq ft. down. Main level w/26x22 master bd, 1.5 ba w/double shower/jets, LR,DR, huge kitchen w/52 cabinets, laundry, 5 sliders to 75 ft deck w/hottub, 6 skylights. 6-ft open staircase down to 26x18 family rm w/30' bar, full kitchen, 22x22 bd, 3bd, full ba w/lg garden tub, shower, FP, 5 sliders to patio, 2-car, 1.5 ac. by lake. \$1500 per room-mate or \$3000/mo. 847587-0839

BEAUTIFUL INGLESIDE HOME 3-bd., 1-1/2 ba., \$1,200/mo. No pets. (847) 395-4239.

FOX LAKE WATERFRONT close to train station. 1-bd. \$600/mo., 2-bd. \$820/mo., 3-bd. \$1,300/mo. Section 8 welcome. (847) 223-0993.

FOX LAKE 4BD/2BA HOUSE, 1car gar, walkout bsmt, close to town, train & schools, Section 8 welcome, \$1,325/mo. Avail. July 1. (847)973-2980 (847)903-6962.

FOX LAKE/SPRING GROVE AREA, 3bd., 2-ba., flat, fenced yd & 1-car att. gar., \$1,350. Call Mike (630) 788-7355.

GRAYSLAKE CHARMING 4-BD., 1-ba. Cape Cod. Walk to town, lake & train, \$1,250/mo. (847) 323-5734.

GURNEE TOWN HOME 3 bedroom, 2.5 bath, 2 car garage. Available 7/1/03 \$1550 per month plus security deposit. (847)363-2470

GURNEE/WILDWOOD 3-BD., 1-1/2 ba., 2-car gar., \$1,200/mo. + 2/mos. sec. dep. (847) 360-8399.

INGLESIDE LAKEFRONT COACH HOUSE quiet neighborhood, 1-bd., 1-ba., deck, pvt. parking, beautiful views. \$600/mo. + sec. (847) 587-7525.

INGLESIDE NEAR METRA 4-bd., 2.5 ba. house, 3,400+sq.ft., \$2,500/mo. (815) 485-2713.

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504 Homes For Rent

ISLAND LAKE-2BR/2BA, GAR, cath cell, all appl, near Fox. NOSMOKE/PETS. \$1,050/MO + utils. PICS AT:www.lakeland.com/trade-winds.html (847)875-8819.

SLOCUM LAKEFRONT RENT to Purchase. Total remodel just completed. 3.5bd/2.5 car garage. \$5000/month dn-\$1250/mo. All credit considered. 27337 Bayview Island Lake (847)778-7874.

TWIN LAKES HOUSE 2-bd., near lake w/lake rights. No pets. \$725/mo. + utilities. Accepting applications. (847) 331-1490.

WATER FRONT On Inlet off of Pistakee Lake Lease with option to buy. 1900 square feet unfinished walk out basement. 4bd/1ba. \$1700/mo. (847)587-0839

WATERFRONT RENTAL ON Little Silver Lake. 2-bd., 1-ba., 2.5 car gar. (gar. includes heat, electric, water). All appls., including washer/dryer, plus lawn service. \$1,100/mo. Realty World Tiffany (847) 395-1010.

WHY ARE YOU RENTING? Mortgage payments will be less than your rent payment. Everybody gets a home. No down payment home loans available. No costs consultation. Call Tom Ischum. 847-605-8287. 999 Plaza Dr., Sch. ILL.

WILL LEASE OR BUY YOUR HOME FOR UP TO 5 YEARS. ANY PRICE. ANY CONDITION. ANY AREA. (847) 587-0839

508 Homes Wanted

FAST CASH FOR YOUR PROPERTY. We buy even if you have no equity. No Brokers. No Banks. No B.S. Others promise-we buy. Call Alex (708) 886-0065, (847) 226-3104. In Foreclosure-No Problem.

WANTED! HOME TO RENT! FAMILY IN NEED! Hard working mom seeks 3-4 bedroom home or a 2 flat in Lake County. It's like this. My children and I are expecting a new addition to our life, full-time "Grandma". So we need some extra room. Due to some disability, we hope to find a ranch or 2 story with one of the bedrooms, bathrooms & laundry on main level. We're so happy to have grandma come. Although we have great references and good credit, we can only afford \$850/mo., w/no utilities included or \$1,000/mo. with water/heat included. We'll sign lease, first, last. We're clean, professional. No animals. Please contact this good family with home. Patty (847) 370-4465.

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508 Homes Wanted

WANTED! VACANT HOMES! STOP MAKING PAYMENTS ON AN EMPTY HOUSE. Will pay fair market value if you'll lease w/option to purchase 12 to 24 months. (847)838-0972.

514 Condos Townhomes

BY OWNER VERNON HILLS Condo-3rd floor, 2bd/1.5bth, lg updated kitchen, living rm/dining rm, all appl. \$132,900. (847)970-0774.

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514 Condos Townhomes

MCHENRY CONDO 1-BD., full ba., large livingroom w/vaulted ceiling, gally kit w/bk bar, all appls., extra storage, sliding door to balcony. Will go FHA! \$79,500. Century 21 Care call Carol (815) 344-4240.

ROUND LAKE NEW 2-BD. townhouse, 2-1/2 bas., den, 2-car gar., appls., avail. Aug. 1. No pets. \$1,395/mo. (847) 428-1218.

TOWNHOUSE FOR RENT 3bd/1.5bth, 1 car gar., with A/C. Section 8 welcome. Round Lake Beach. \$1,150/mo. Call Vern (847) 781-0077.

VACATION VILLAGE 1-BD. waterfront, newer furnace, A/C, hot water heater, fridge. Very good cond. \$64,000 Call Floyd (847) 587-1200.

VERNON HILLS 49 Wilshire, 2-story townhome, 3-bd., 2-1/2 ba., frpl., end unit, walk to school, \$197,500. Appt. (847) 502-5082.

518 Mobile Homes

MOBILE HOME FOR SALE in Door County. 1995 Arterial 16x80. Call (920) 743-6588.

MODULARS-DOUBLEWIDES *SINGLEWIDES* ILLINOIS LARGEST DISPLAY OF MODEL HOMES! FOUNDATIONS, BASEMENTS, GARAGES, SEPTICS*WE DO IT ALL! FREE STATEWIDE DELIVERY AND INSTALLATION, RILEY MANUFACTURED HOMES (800) 798-1541.

NORTHFIELD/ GLENVIEW 17+ miles South of Great Lakes Naval Base. Park undergoing complete makeover. Beautiful 3-bd., 2-ba., double wide with all appls., skylights, jacuzzi and open rear deck. All in exc. cond. Price: \$35K. Call for details & directions. (847) 825-3666.

PARK CITY MOBILE HOME By original owner. 1999 Skyline Bull Royal Manor triple wide home. 3-bd., 2-full baths, lg. familyroom, diningroom, livingroom, cathedral ceiling thru-out, skylights, fully carpeted, all appls. (lg. oven, microwave, side-by-side refrigerator, heavy dty. GE washer/dryer). Many extras. Exc. cond. Must see to appreciate. \$79,000. Financing available. (847) 336-7005.

REDMAN 1994 MOBILE HOME, 28x60, 3-bd., 2-full ba., 2-1/2 car gar., quiet, private w/lakefront. In Kenosha, Pleasant Prairie Estates, near all your shopping needs. \$62,000. (262) 942-0192, noon-4:30pm Mon-Fri, weekends anytime.

WAUCONDA IN TOWN LOCATED IN AN OVER 55 COMMUNITY
 *1-bedroom, 1-bath start @ \$32,900
 *1-bedroom, 1-1/2 bath \$31,900
 *2-bedroom, 1-bath \$38,900
 *2-bedroom, 1-1/2 bath, \$39,900
 *2-bedroom, 2-bath \$51,900
 Some include carport, shed, gar. & decks. (847) 526-5000 leave message.

520 Apartments For Rent

WAUCONDA IN TOWN WALK TO EVERYTHING *Cozy studio Includes all utilities, + cable TV. \$695/mo. + sec. Avail. Immediately. No pets. (847) 526-5000 leave message.

INGLESIDE NEAR METRA 1-bd. apt., gas & electric included, \$900/mo. (815) 485-2713.

520 Apartments For Rent

CHICAGO APT. FOR RENT. Andersonville sublet. Hardwood floors, huge walk-in closet, full kitchen, built-in shelving in bedroom. Nice neighborhood, close to Wrigley Field on quiet dead-end street. \$695/mo. Pay for 4 mos., live there 6. Call John (773) 275-1577.

FOX LAKE 2 bdr Apt. New Berber carpet, A/C, stove, refrigerator, lake rights, laundry, lg eat-in kitchen, off street parking. No pets. \$790/mo incl heat. Immediate occupancy (847) 362-7009.

FOX LAKE STUDIO APT. 510 sq.ft. Gas & Electric Incl'd. \$550/mo. (918) 408-5145.

FOX LAKE, 37 Nippersink Blvd., 2-bd., laundry, parking, security intercom, no pets, \$750 & \$775/mo. (847) 838-0504.

GRAYSLAKE 2-BD. APT., NEW CARPETING & FLOORS AND FRESHLY PAINTED. \$725/mo. (847) 682-0562.

GRAYSLAKE IN TOWN 1-bd., 1-ba., washer/dryer in unit, close to everything, plenty of parking, \$650/mo. No pets. (847) 223-7500.

IMMACULATE 1 BDR Dplx Apt. on 18 Wooded Acre Estate. Incl'd's Fridge, range, dishwasher, W/D. Att. heated garage. Carpeted, window blinds, balcony. Heat incl'd, electric extra. \$850/mo. (no pets) Located on Northside of Gages Lake Rd, 1/2 mile West of Almond Rd. Gurnee/Grayslake. Occupancy July 1. (847) 223-5518 (847) 223-2161.

INGLESIDE 2-BD. ACROSS from Long Lake, pvt. porch, laundry, parking, heat & water included. \$725/mo. (847) 226-7901.

ISLAND LAKE 2-BD., newly remodeled, no pets, \$775/mo., Includes heat. (847) 526-4435.

KENOSHA-4022 5TH AVE-CHARMING 2bd lower. W/spectacular view of Lake. Laundry, storage, garage. (262) 656-9708 Avail. July 1.

LAKEFRONT APT. FOR RENT Large studio apt./cottage on beautiful Long Lake. Private sand beach/pier, stone fireplace, A/C, all appls. and private parking included. Free laundry. If peace, quiet and ultra-privacy in a rustic cottage is for you, call (847) 398-5481, \$650/mo. + first/last/security. No pets.

LAKEVIEW TERRACE APARTMENTS LAKE VILLAGE, Large 1 & 2 bedrooms, \$715-\$840/month. Heat, water, air included. (847) 356-5474.

LIBERTYVILLE 601 N. Milwaukee: 1bd Deluxe Avail. now. w/d, stove, refrigerator, dishwasher, microwave, C/A. \$975/mo. Lovinger Real Estate (847) 244-4220 (847) 340-2237 (847) 682-0499

N.E. WAUCONDA 1-BD. apt., furnished, carpeted, drapes, blinds, heat included, \$655/mo. + sec. dep., 1yr. lease. (847) 244-0840.

Now Renting Apartments with affordable monthly rent! Lakewood Village Apartments Island Lake & Grayslake Very nice 1, 2, and 3 bedroom units available. Call (847) 223-6644 TDD: 800-526-0844 Managed by Meridian Group, Inc. Handicapped accessible Equal Housing Opportunity

WAUCONDA 2-BD. APT., heat & hot water included. \$675/mo. Lease, sec. dep., ref. No pets. Available immediately. (847) 433-0891

520 Apartments For Rent

NOW RENTING! Oakridge Village Apartments 299 Oakridge Ct. Affordable 1, 2, and 3 bedroom apartments in an ideal Antioch neighborhood. Call Today! (847) 395-4840 TDD: 800-526-0844 Managed by Meridian Group, Inc. Handicapped Accessible Equal Housing Opportunity

VERNON HILLS 1-BD., \$745, 2-bd., \$800, extra clean, nice view, laundryroom, 6/1 & 7/1. (847) 913-4557.

WAUCONDA N. NEW CUSTOM APT. in 2 flat, 2nd flr. unit. MUST SEE! Cath. ceilings, ceiling fans, trac lighting. 2-bd., 1-ba., all new appls. including washer/dryer, lg. deck & yd., lawn care & snow removal by owner. Near school & park. No pets. \$900/mo. (847) 641-2330. Gar. optional.

ZION 2-BDRM., 1-BA., 8 unit bldg., 2nd floor apt., tenant pays utilities, spacious rooms, quiet area. Avail. now. \$700/mo. **WAUCONDA 2-bdrm., 1-ba. townhome,** bsmt., central air, tenant pays utilities, near St. Therese Hosp. No Section 8. \$700/mo. ALL ABOVE SUBJECT TO CREDIT CHECK. NO PETS! Nancy Barker, Russ Gwalloway Real Estate (847) 223-4800.

ZION-BEAUTIFUL 1 & 2 bdr apt. Newly remodeled, laundry. Great locations. Starting @ \$500/mo. + dep. (847) 872-2436.

530 Rooms For Rent

ANTIOCH SLEEPING RM on Petite Lake. W/beach, pier, cable TV. \$85/wk + \$85 dep. (847) 872-2436.

AVAILABLE AUG. 20. Sleeping rm; share a peaceful, beautiful roomy home. A furnished, first floor bdrm w/oak floors, 3 sunfilled windows, lg walk-in closet. (Ask for email photos of rm, & home interior & exterior at Denys50@Hotmail.com). Enjoy a high level of privacy in a quiet, scenic home which backs up to wooded Bowen Park along Sheridan Rd. on Waukegan's north side. Full bathroom next to the bdrm. enjoy well-equipped kitchen, modern fridge, your own kitchen cupboard, great cable TV on new 20" TV, safe off-street parking, bus stop 100yds away. Room has own phone line (optional) + some basement storage, lg basement laundry. Must be stable, very responsible & considerate adult, w/steady job. No smoking. \$135 per week; possible leeway in rent, depending on your situation. Sorry, can not accept new pets to home. Non-English speakers welcome. Best phone is cell (847) 207-8337 anytime after about 10am until late at night or work on weekdays (847) 223-8161 ext 130, late morning through early evening. May leave message at home (847) 623-9064. *Small, upstairs room available in early fall.

FOX LAKE MOTEL ROOM FOR RENT. For \$110/wk. For info call (847) 338-9369.

GURNEE AREA, room \$495/mo, util incl., laundry. Non-smoker, no pets. (224) 280-8052

Rd Lx FURNISHED Furnished sleeping ROOM FOR RENT in clean, quiet home. Full house privileges. Older employed male preferred. Non-smoker/non drinker. \$115/wk. Includes utilities, except cable & phone. Employment & ref. will be checked. Call (847) 431-9982 or (847) 546-4122

ROUND LAKE FOR RENT 2 commercial 300sq.ft. offices, Washington St. Immediately E of Cedar Lake Rd. Gary (847) 546-0818.

ROUND LAKE-2,465 SQ ft. Rte 134, 2nd fl, fully A/C. Could divide. Under \$6.00 gross for full floor. O'Leary Realty Corp. (847) 438-1948.

ROUND LAKE-3,000SQ FT. Rte 134 D.I.D., A/C, low rates. O'Leary Realty Corp. (847) 438-1948.

FLORIDA PROPERTY 104'x104' CORNER lot, LeHigh Acres, 20miles from Ft Meyer, \$7000. (847) 587-3195.

534 Business Property For Sale

VOLO, ILL. ZONED Commercial. Beautiful 4-bd. home, 1/2 acre fenced lot, grt. location. Start your own business now. \$255,000. (815) 759-1330. By Owner. No Realtors.

534 Business Property For Sale

COMMERCIAL BUILDING PLUS 4 bd. living quarters, and double gar. Located on Great River Road (Hwy. 35) Ferryville, WI. \$85,000. (608) 734-3311.

538 Business Property For Rent

WAUCONDA WAREHOUSE 633 sq.ft. With large overhead door, restroom, sewer and water. \$495/mo + security. (847) 526-5000 or (847) 526-0420. leave message.

560 Vacant Lots Acreage

ATTENTION BUILDERS 6 continuous lots in Fox Lake, ILL. Please call (847) 404-1555.

CHICAGO-MILWAUKEE CORRIDOR 47 acres, 3 mins. to I-94, 3 mins to executive airport, 10 mins to Illinois border, 3 mins. to major shopping. Great for horses, new barn. Low, low taxes. Build your dream ranch on the edge of exploding growth, great potential. Only \$15,000 an acre. Owner not separating. (262) 859-2919.

FOR SALE 80 Acres, Kenosha County, 21 acres Prime Development property, wooded with pond. Qualified buyers call 262-877-8309 or E-mail markwagner@msn.com

LAKE VILLA LOT w/small 3 season cottage with water rights on Cedar Lake, \$25,900/best. 23409 W. Liberty, Elizabeth (847) 973-2179.

LAKEFRONT BARGAIN 1.4 acres, 209' shoreline, \$69,900. Rare find! Enjoy spectacular sunsets from this pristine lakefront estate w/gentle slope to water's edge on 365,000 acre recreational lake in east Tennessee! Paved roads, utilities, central water, sewer. Excellent financing, low down payment. Must see! Call now (800) 704-3154 ext 434.

LONG LAKE-LAKE RIGHTS on .2 acre wooded lot for walk-out. City, sewer & water avail. \$30,000. Adjacent lot avail. also. (815) 403-6620.

GRAYSLAKE OFFICE SPACE, 650sq.ft., \$795/mo. Includes utilities. (847) 223-9699.

Office Space

Gurnee
 Gurnee's finest office bldg will sub-lease approx. 18 months. Beautiful 1700 sqft Office totally built out & ready for occupancy. Will negotiate a great deal. Call: 847-668-6382

ROUND LAKE FOR RENT 2 commercial 300sq.ft. offices, Washington St. Immediately E of Cedar Lake Rd. Gary (847) 546-0818.

ROUND LAKE-2,465 SQ ft. Rte 134, 2nd fl, fully A/C. Could divide. Under \$6.00 gross for full floor. O'Leary Realty Corp. (847) 438-1948.

ROUND LAKE-3,000SQ FT. Rte 134 D.I.D., A/C, low rates. O'Leary Realty Corp. (847) 438-1948.

FLORIDA PROPERTY 104'x104' CORNER lot, LeHigh Acres, 20miles from Ft Meyer, \$7000. (847) 587-3195.

540 Investment Property

VOLO, ILL. ZONED Commercial. Beautiful 4-bd. home, 1/2 acre fenced lot, grt. location. Start your own business now. \$255,000. (815) 759-1330. By Owner. No Realtors.

540 Investment Property

VOORTMAN COOKIES HAS Franchise disributionship available in NE IL. Established area w/excellent potential. Retail grocery & or Rte. Experience preferred. Comission only investment required. Call Chad (815) 784-3800.

548 Farms

EXC. HUNTING/FISHING SURROUNDS this 30 acre farm, 2 ponds, big dairy barn, machine shed. 4000sq ft, 3sty Farmhouse, 4bth/7bdr, stone FP. Borders south end of Chequamegon National Forest near Thorp, WI. \$160,000. (847) 341-4531.

560 Vacant Lots Acreage

ATTENTION BUILDERS 6 continuous lots in Fox Lake, ILL. Please call (847) 404-1555.

CHICAGO-MILWAUKEE CORRIDOR 47 acres, 3 mins. to I-94, 3 mins to executive airport, 10 mins to Illinois border, 3 mins. to major shopping. Great for horses, new barn. Low, low taxes. Build your dream ranch on the edge of exploding growth, great potential. Only \$15,000 an acre. Owner not separating. (262) 859-2919.

FOR SALE 80 Acres, Kenosha County, 21 acres Prime Development property, wooded with pond. Qualified buyers call 262-877-8309 or E-mail markwagner@msn.com

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VOLO, ILL. ZONED Commercial. Beautiful 4-bd. home, 1/2 acre fenced lot, grt. location. Start your own business now. \$255,000. (815) 759-1330. By Owner. No Realtors.

568 Out Of Area Property

WISCONSIN ♦♦♦♦♦♦♦♦♦♦
For Sale by Owner
 30acs Prim Land. Horse Country. 650 ft river frontage, buildable, bot. Racine & Milwaukee. 70mi N. of Chgo, 3mi E. of I-94. Asking \$8500/ac. 262-639-8085 or 262-994-2086

704 Recreational Vehicles

DUTCHMAN 2002 29', sleeps 10, only used 4 times, all the comforts of home. \$12,000/best. (847) 265-5203.

DUTCHMAN 22' 1994 CAMP- ER, heat/air, kit., bath/shower, awning, exc. cond., \$6,500. (847) 381-7039.

LEGACY BY AIR STREAM MOTORHOME 31', center bath with shower and tub, queen size bed, livingroom, dining area, new roof air, front brakes, GMC 454 engine, 1,900 mi., GMC transmission, 22,000 mi., new toilet, alternator, awnings, complete windows and patio. Total mileage 52,000. \$35,900. With Tow Car 1988 Cadillac, \$37,900. Car completely equipped for towing car & RV. exc. cond. (847) 724-2110.

MUST SELL 41' 2002 Dreams 5th wheel, 3 slide outs, 2 A/C's, washer/dryer, sleeps 6, many extras, \$27,000. (847) 833-4372.

PALOMINO 2000 TRAVEL TRAILER, 23', exc. cond., TV booster plus satellite dish, includes numerous inside furnishings. \$9,500/best. (847) 356-3467.

ROCKWOOD-1996/32' FIBERGLASS, 12' pull-out, 12x24 enclsd wood porch. Waterfront spot in Inland Harbor, Fox Lake. \$24,500. (847) 742-8231. (847) 924-8864.

708 Snowmobiles/ATVs

4 WHEELERS (2) 2003 Polaris 500 Scramblers w/4WD, brand new, only used twice, \$5,500/ea. (847) 487-1619.

POLARIS 1999 SC700 with pipes, Delta force reed, tracks, picked, exc. cond., \$3,000 or trade for Polaris Scrambler 4 wheeler or similar. (847) (847) 875-5596.

710 Boat/Motors/Etc.

16' SMOKERCRAFT FISH- ING boat & Shorelandr trailer w/25hp Merc, electric start. 2 electric trolling motors, 3 depth finders, electric anchor built in battery charger, 2 batteries, rod holders, canvas boat cover & more. \$3,800. (847) 566-6502.

1991 SMOKERCRAFT 16-1/2FT., Magnum fishing boat. 60hp Mercury outboard, Shorelandr trailer, trolling motor, livewell, 3 seats, depth finder, runs great, mint cond., \$5,900. (847) 366-5193.

1997 SEA DOO XP WAVER- UNNER, trailer, vest, new battery, exc. cond., \$3,000/best. (847) 548-1813.

1999-CUSTOM ORDERED 14' Green & Gold Packer Bass Stream w/2000 60 Merc., extra lg factory installed gas tank, 2 batteries, Motorguide Trolling motor, Hummingbird Fishfinder, EagleView GPS on Aqua Trail Trailer. Like new, must see. A sacrifice at \$7,500. Must sell-make offer. (262) 279-5278.

ALUMACRAFT PHANTOM- 1993/185 F/S, 115hp merc, new x87, x70 Loranice, Minnkota Genesis Trolling motor w/batteries, GPS, many extras. Exc cond. \$7,950. (847) 223-7739.

KAWASAKI 1999 900-STX WAVERUNNER w/Shorelandr trailer & cover. Exc. cond., stored indoors, only 35hrs., family fun, adult driven. \$4,200. Call Sean (847) 546-0912

710 Boat/Motors/Etc.

BAYLINER 1984, 2450, 26' Oal, Volvo Penta 305 V8 (225hp), downriggers, canvas, dual helm, 30amp Shore Power, am/fm cass., Bilge pump, VHF radio, trim tabs, sinks w/portable water pump, ref./freezer, stove, spare prop, anchors, head with sink, dual battery, shore water, 68 gallon gas tank, 30 gallon water tank, sleeps 6, includes 30' trailer, \$8,500/best. (847) 740-2156.

BOAT FOR SALE-BAYLINER 1994-17', 120 HP o/b. Good cond., w/trailer. \$3,500/obo (847) 815-5277.

DECK BOAT 19' Sea Sprite, 350 engine, Alpha 1, Mercruiser, stern drive, trailer, marine stereo system, seats 8, \$5,000/best. (847) 662-6669.

FISHERMEN JUST BRING POLES

Lund-1989 16' Rebel tiller w/40hp 1994 MARINER, electric start, trim/tilt, Shorelandr trailer, front & rear trolling motors, 3 new batteries, locator w/speed/temp, night lighting, mooring cover, 2 anchors w/rope & reels, spare prop, much more, clean, must see to appreciate, \$6,500. Call alt 5pm ONLY (847) 395-6832.

MASTERCRAFT-1990, 500 HRS., great shape, \$12,500/obo. (262) 279-2242 (480) 225-6714.

PONTOON BOAT SYLVAN 24' with 90hp Johnson, 1984, brand new floor, carpeting and seats, runs good, \$5,000. (847) (847) 899-9333.

SEA-DOO GSX LTD. 1998, with trailer, runs grt., \$4,300/best. Call Scott (815) 790-9853.

WAVERUNNERS 1995 KAWASAKI ZXI 750; ZXI 1100, new engine, w/trailer, \$5,900 OBO. Fox Lake. (630) 968-4976.

YAMAHA GP1200-1997, WAVERUNNER. 1994 Chilton 2-place trailer, good cond. \$3900. (847) 201-1532 lve msg.

720 Sports Equipment



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804 Cars for Sale

CHEVY 1987 CORVETTE, rare factory cloth int., \$9,500/best. (847) 816-9043.

CHEVY 1989 BARETTA, very little rust, runs great, needs fuel lines, \$600. Call Marty (847) 630-8492 leave message.

CHEVY 1996 CAMARO, 63,000 miles, T-tops, \$6,500. (847) 356-3128.

CHEVY 1999 CAMARO Z28, AT, T-tops, ABS, AM/FM/CD, full power, 27K miles, chrome wheels, leather, extra clean, \$15,500/best. (847) 541-6092.

CHEVY MONTE CARLO 2000. Fully loaded, new tires. \$10,500. (847) 456-5126.

DATSUN 280ZX-1980. REBUILT trans & motor, brakes & more restorations + new paint job. \$4,500/obo. (847) 526-5055.

DODGE DAYTONA-1986. 135K, 2.2 liter turbo, 5-spd manual. Quick daily driver. Runs great! \$750/obo. (847) 910-2319.

EAGLE SUMMIT-1991, 4CYL., \$500. Good body, needs top head. (262) 620-1124.

FORD ESCORT WAGON 1999. 1 owner, auto trans, A/C, fully equip'd. Good cond., 70,000 miles. Asking \$5,500. (847) 249-2330-Days (847) 223-5041-Evens.

HONDA CIVIC-1992. HATCHBACK, 5-spd, red JDM, 1.5 VTEC motor, many extras, good project car. (847) 445-0101.

INFINITI G20 1991, great 2nd car, mechanically sound, well maintained, newer engine, \$3,700/best. (847) 356-6361.

JAGUAR 1992, BLACK, 4-dr., clean, \$5,500. (847) 456-6598.

LAKELAND IS OPEN 24 HOURS

If you need to place an ad in Classified, call us at (847) 223-8161 ext. 191 and leave a message. We will get back to you by the next business day. Or you can fax our 24-hour fax line at (847) 223-2691.

MERCURY 1989 SABLE, low miles, needs some work. \$600/best. (847) 356-5652, cell (847) 668-6913.

MERCURY COUGAR 1987, with newer 1986 5.0 Liter injected motor. \$1,500/best. (847) 356-1229.

OLDS 1988 CUTLAS CALAIS, 2.3, 4-cyl., auto., 60,000 original miles. Grandma's car. Must sell. 2-tone red/silver, power everything, \$2,000/best. Days (262) 945-0615, eves. (262) 942-9775.

OLDS 88 1989, 108,000 miles, exc. cond. (847) 543-9598.

PONTIAC 1968 350CI short-block, bored 30 over, TRW forged pistons, balanced, shoppeened, Magna fluxed, LN fully assembled, \$350. 1989 I-250, 2-wheel, new starter, brakes, exhaust, iner, caps, tires, \$2,000. (847) 245-4933.

AUTO AUCTION OPEN TO THE PUBLIC SALVATION ARMY. Every Saturday, 9am. Over 150 cars, boats, campers & motorcycles to be sold weekly to the highest bidder at no reserve. Opening bid \$100. (847) 662-0100

804 Cars for Sale

SUBMIT YOUR LAKELAND CLASSIFIED ADS ON THE INTERNET!

Visit lakelandmedia.com to place your ads conveniently. Ads appear on the Internet, in all Lakeland Papers... The Great Lakes Bulletin and The Market Journal for only \$24.00 for 4 lines (approximately 16 words), then only .60¢ for each additional line.

814 Service & Parts

1986 5.0 LITRE MOTOR with injection & harness, also 1986 T-5 transmission. \$250/ea. or \$450/both. (847) 356-1229.

20" KMC VENOMS Rims w/tires toyo tires 265/50/R20 Fits Toyota or Lexus SUV very clean! \$2200/obo. (847) 377-1589.

BBC MOTOR 454 4 bolt main, completely rebuilt. Came out of 1970 Chevelle. Other accessories avail. \$3,500. Call for info. (847) 245-3364.

GIO RHINO CRASH Bars w/Hella lights for Lincoln Navigator. \$900/obo. (847) 377-1589.

HAVING TRANSMISSION PROBLEMS? We repair/rebuild automatic transmission for \$800. Including removal and installation in your vehicle (cars, pick-ups and mini vans). Don't pay too much somewhere else, call (847) 490-4570.

PONTIAC-1968 350CI SHORTBLOCK, bored 30 over, TRW forged pistons, balanced, shoppeened. Magna fluxed, LN fully assembled, \$350. (847) 245-4933.

824 Vans

CARAVAN ES 1996, white, loaded, very clean. 143K miles, highway. Well maintained. a must see. Priced to sell \$4,400. (847) 912-6201 leave mess.

CHEVY 1997 ASTRO VAN, AWD, loaded, 149K, exc. cond., well maintained, \$4,500/best. (847) 838-4645.

DODGE 1998 CARAVAN V6 auto., both sliding doors, electric windows, electric locks, all the features, runs/drives great 90 day engine and transmission. See other vans on-line at: www.getminivan.com (847) 490-4570.

FACTORY NEW BUMPERS, FENDERS, GRILLS: All popular Cars, Pickups & Vans. Classic Quarters, Trunks, & Floors; Chevilles, Mustangs, Mopars. Radiators, Condensers, Gas Tanks, Performance Accessories and Mobile Audio. www.MARX MOTOR TOWN.com. (217) 824-6184.

GMC VAN-1991. BURGANDY outside, very little rust, exc shape, velour inside, clean, 88K miles, good runner. \$2,000/obo. (847) 587-1347.

TOYOTA MINI VAN 1986, runs good, \$1,200. (847) 623-0744.

828 Sport Utility Vehicles

CHEVY 1989 S-10 BLAZER, A/C, am/fm tape, \$2,100/best. (847) 548-4234.

JEEP 1995 GRAND CHEROKEE LTD., V8, fully loaded, leather, power moonroof, CD player. Great cond., runs great, \$6,900/best. Call (847) 680-1966 leave message.

JEEP WRANGLER 1992, 6-cyl., oversized tires, \$2,500/best. (847) 245-3554.

828 Sport Utility Vehicles

JEEP WRANGLER-2001. 11,000 miles, 6cyl, 5-spd, loaded & w/both tops, Ziebarted, mint cond., cannot be told from new, garage kept, adult driven, must see! \$17,900. (262) 492-1955.

834 Trucks/Trailers

DODGE 1996 RAM 5.9L V8, 4WD, power windows, air, towing package, bedliner, cap, new brakes. Asking \$10,500. (847) 548-1854 or (847) 356-6856.

F-250-1989 PU. 2 Wheel drive, new starter, brakes, exhaust, liner, cap & tires. \$2000. (847) 245-4933.

FORD 1978 LN800 17' platform dump 5-spd/2spd., new #1020 tires, carburetor, boosters, \$1,600/best. (847) 382-7499.

FORD 1997 RANGER PICKUP white, 2WD, 5-spd., fiberglass, cap, trailer hitch, good cond., runs like new, 69K, \$3,300/best. (262) 914-4025 ask for Jeff.

FORD 1999 F-450 XLT 4x4, white, crew cab, dual axle, dual wheel, 7.3 power stroke diesel, 29K original miles, 8.5ft. custom Royal Sport pick-up box, spray-in bedliner, Reese receiver with brake control, Pioneer CD player. Like new. \$33,000. Call (847) 322-6666.

FORD 2003 F-250 XLT 4x4, red, 8' bed, extended cab, 3,000 miles. Power windows & locks. Brand new! Asking \$33,500. Call (847) 265-6990.

838 Heavy Equipment

CAT LOADER 963, \$22,000. PowerGreen Pulverizer Mark III, Commander 510, call for prices. (847) 343-8059.

844 Motorcycles

2002 BUELL THUNDERBOLT S3T, less than 1,000 mi., 1200cc, custom exhaust & all extras. Serious inquiries only please. \$9,300. (815) 578-8720.

HARLEY DAVIDSON 2001 Heritage Softail, green, low mileage, exc. cond., \$21,000. (847) 740-9112.

YAMAHA VIRAGO 1100, new in 2000, 2500 miles, midnight blue/cream, many accessories, mint cond., \$6,000. (847) 366-2797.

S12 Carpentry

JIM'S CUSTOM CARPENTRY AND LANDSCAPING. Interior/Exterior Remodeling at affordable pricing. No Job too Big or Too Small. Call for FREE estimate. Contact James (847) 377-1908.

S15 Carpet Cleaning

WINDOW WASHING POWER WASHING DRIVEWAY SEALING CARPET SHAMPOOING. FREE ESTIMATES. Call Gary (847) 651-2684.

S27 Electrical

MTM WIRING. Electrical Lighting & Outlets, Telephone & TV. Most any wiring needs. Telephone Jack Special \$50 an outlet, \$40/ea. 2 or more. Call Mike (847) 546-8388.

S39 Housekeeping

WORK ALL WEEK? Want your weekends for you? Let me clean your home. I'll treat it like my own. 17yrs. experience. FREE estimates. Weekly, bi-weekly, monthly. Call Kathy anytime (262) 862-7855.

S39 Housekeeping

DEBBIE'S CLEANING SERVICE. SPRING CLEANING. WINDOWS, WOODWORK, HOUSE CLEANING. Reasonable Rates. FREE Estimates. Also Move-Ins/Move Outs. 22yrs. Experience. (847) 651-2683.

Nina's Cleaning Service. Cleaning with a difference you can trust because we care! 847-265-7560

S42 Landscaping

H. BROTHERS LANDSCAPING. SPRING CLEAN UP. *No Job Too Small *Quality Workmanship *FREE Estimates *Fully Insured. Round Lake, ILL. (847) 546-4617 or (847) 833-2737.

MUNGLE'S LANDSCAPING. WE DO IT ALL! *Weed & Edge Flower Beds *Tree & Hedge Trimming *Mulch *Power Wash or Staining Decks & Fences *Tilling, Small Flower Beds & Gardens *Spring Clean Up. Cell (847) 845-8027, Pager (847) 369-0055, Home (847) 223-1625. *FIREWOOD AVAILABLE

S57 Painting/Decorating

CREATIVE PAINTING, DECORATING & DRYWALL. *Custom Painting *Drywall Installation & Repairs *Staining *Faux Finishing. Reliable, Responsible, Dependable. For FREE Estimate Call (847) 980-4840.

THE BILL STEWART. Painting Co., Inc. (847) 223-6093.

S78 Remodeling

ALL TRADES HOME IMPROVEMENT & REPAIR. FULLY INSURED QUALITY WORK & GREAT SERVICE. Specializing in remodeling Kitchens, Bathrooms Tiling, Lt. Plumbing, Lt. Electrical, Painting Drywall Repairs & Carpentry. Call For FREE Estimate HOURLY OR ROOM RATES. Michael J. Mistrretta (847) 508-9226.

DC TILE. We install ceramic, vinyl tile, Parquet, and Pergo floors. For free estimates call (847) 395-0777, pager (708) 988-8504.

S84 Roofing/Siding

HOME EXTERIOR TECH CO (800) 499-0202. Siding, roofs, gutters, windows, Insurance claims specialists. Small jobs welcomed.

900 Legals

PUBLIC NOTICE ASSUMED BUSINESS NAME application. NAME OF BUSINESS: Working Beauty. NATURE/PURPOSE: Show women different hairstyles on computer. ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 2188 N. Arapahoe Trail, Round Lake Hts., IL 60073, 847-740-0468. NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Tammy Marchetta, 2188 N. Arapahoe Trail, Round Lake Hts., IL 60073, 847-740-0468. STATE OF ILLINOIS) COUNTY OF LAKE)

This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true or real full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ Tammy Marchetta June 4, 2003

OFFICIAL SEAL /s/ Christine Montes Notary Public Received: June 10, 2003 Willard R. Helander Lake County Clerk 0620C-5507-RL June 20, 27, 2003 July 4, 2003

PUBLIC NOTICE ASSUMED BUSINESS NAME application. NAME OF BUSINESS: Buckley's Help. NATURE/PURPOSE: Service Business-gutter, window cleaning, etc. ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 15153 W. Redwood Lane, Libertyville, IL 60048, 847-815-9800. NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Dennis J. Buckley, 15153 W. Redwood Lane, Libertyville, IL 60048, 847-387-4535. STATE OF ILLINOIS) COUNTY OF LAKE)

This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true or real full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ Dennis J. Buckley June 11, 2003

OFFICIAL SEAL /s/ Eleanor A. Petruska Notary Public Received: June 11, 2003 Willard R. Helander Lake County Clerk 0620C5506-RL June 20, 27, 2003 July 4, 2003

PUBLIC NOTICE ASSUMED BUSINESS NAME application. NAME OF BUSINESS: CC Bargains. NATURE/PURPOSE: Retail-Sales, Gifts, Collectibles. ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 6170 West Grand Ave-SP# T-571, Gurnee, IL 60031, 847-855-9140. NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Ken Petersen, Scott Jacobs, Tom Brady, 3333 Vacca Valley Parkway, Suite 900, Vacaville, CA 95688, 707-451-

900 Legals

6890. STATE OF ILLINOIS) COUNTY OF LAKE). This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true or real full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ Ken Petersen /s/ Scott Jacobs /s/ Tom Brady June 3, 2003

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 3rd day of June 2003.

OFFICIAL SEAL /s/ Margaret Mary Reber Notary Public Received: June 9, 2003 Willard R. Helander Lake County Clerk 0620C-5515-GP June 20, 27, 2003 July 4, 2003

PUBLIC NOTICE ASSUMED BUSINESS NAME APPLICATION. NAME OF BUSINESS: D & C Medical Billing Services. NATURE/PURPOSE: Medical claims & billing. ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 1801 Country Dr. #204, Grayslake, IL 60030, 847-223-0898. NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Donna Whitcomb, 1801 Country Dr. #204, Grayslake, IL 60030, 847-223-0898. STATE OF ILLINOIS) COUNTY OF LAKE)

This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true or real full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ Donna Whitcomb June 16, 2003

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 16th day of June 2003.

OFFICIAL SEAL /s/ Martha Jane Gedvilas Notary Public Received: June 16, 2003 Willard R. Helander Lake County Clerk 0620C-5920-GL June 20, 27, 2003 July 4, 2003

Lakeland's Classified Deadline is 11:00 A.M. Wednesday. Call: (847) 223-8161 or Fax: (847) 223-2691

PUBLIC NOTICE. NAME OF BUSINESS: Telemart. ORIGINAL DATE FILED: 11-24-1989. STATE OF ILLINOIS) COUNTY OF LAKE)

This is to certify that the person(s) listed below has/have ceased doing business under the assumed name or has/have no further connection or financial interest in said business. Withdrawal shall be effective June 16, 2003. Joseph H. Pate, 426 Jennifer Lane, Grayslake, IL 60030, 847-223-0381. /s/ Joseph H. Pate June 16, 2003. The foregoing instrument was acknowledged before me by the person(s) withdrawing from the business this 16th day of June, 2003.

OFFICIAL SEAL /s/ Eleanor A. Petruska Notary Public Received: June 16, 2003 Willard R. Helander Lake County Clerk 0620D-5933-GL June 27, 2003 July 7, 11, 2003

900 Legals

PUBLIC NOTICE ASSUMED BUSINESS NAME application. NAME OF BUSINESS: Recent Networks. NATURE/PURPOSE: Documentation Service-Computer Networks. ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 931 Banbury Road., Mundelein, IL., 60060. (847) 949-0889. NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Robert Podowski, 931 Banbury Rd., Mundelein, ILL., 60060. (847) 949-0889. STATE OF ILLINOIS) COUNTY OF LAKE)

This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true or real full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ Robert Podowski June 9, 2003

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 9th day of June 2003.

OFFICIAL SEAL /s/ Barbara J. Coleman Notary Public Received: June 12, 2003 Willard R. Helander Lake County Clerk 0620C5927-MN June 20, 27, July 4, 2003

PUBLIC NOTICE ASSUMED BUSINESS NAME application. NAME OF BUSINESS: A-American Glass & Mirror. NATURE/PURPOSE: Glass & Mirror Installation. ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 849 Dunbar Rd., Mundelein, ILL. 60060. (847) 949-7008. NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Mark Blakemore, 849 Dunbar Rd., Mundelein, ILL. 60060. (847) 949-7008. STATE OF ILLINOIS) COUNTY OF LAKE)

This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true or real full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ Mark Blakemore June 17, 2003

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 17th day of June 2003.

OFFICIAL SEAL /s/ Eleanor Petruska Notary Public Received: June 17, 2003 Willard R. Helander Lake County Clerk 0620C5930-MN June 20, 27, July 4, 2003

PUBLIC NOTICE ASSUMED BUSINESS NAME application. NAME OF BUSINESS: DVD-O-Studio. NATURE/PURPOSE: Digital Videography and transfer to DVD from other video media. ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 426 Jennifer Lane, Grayslake, IL 60030, 847-971-6488. NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Joseph H. Pate, 426 Jennifer Lane, Grayslake, IL 60030, 847-223-0381. STATE OF ILLINOIS) COUNTY OF LAKE)

This is to certify that the undersigned intend(s) to con-



Legal:

OFFICIAL SEAL
/s/ Jamie C. Williams
Notary Public
Received: June 26, 2008
Willard R. Heland
Lake County Clerk
0704A-5950-W
July 4, 11, 18, 2008

900

Legals

900

Legals

900

Legals

900

Legals

900

Legals

900

Legals

NOTICE OF PUBLIC HEARING

Notice is hereby given that a tentative Budget and Appropriation Ordinance for the Fox Lake Fire Protection District of Lake and McHenry Counties, Illinois for the fiscal year beginning June 1, 2003 and ending May 31, 2004 will be on file and conveniently available for public inspection on June 12, 2003 from 9:00 a.m. to 5:00 p.m., and for 30 days thereafter, at the Fox Lake Fire Protection District, 26535 W. Molitor Road, Ingleside, Illinois. Notice is further hereby given that a public hearing on said tentative Budget and Appropriation Ordinance will be held at 6:45 p.m. on August 7, 2003 at the Fox Lake Fire Protection District, 26535 W. Molitor Road, Ingleside, Illinois in said fire protection district. By order of the Board of Trustees of the Fox Lake Fire Protection District.

Dated: June 12, 2003.

FOX LAKE FIRE PROTECTION DISTRICT

By: Fred Loffredo
Secretary

ORDINANCE NO. 138

COMBINED ANNUAL BUDGET AND APPROPRIATION
ORDINANCE FOR THE FOX LAKE FIRE PROTECTION
DISTRICT IN THE COUNTIES OF LAKE AND MC HENRY IN
THE STATE OF ILLINOIS FOR THE FISCAL
YEAR BEGINNING JUNE 1, 2003 AND ENDING MAY 31, 2004

BE IT ORDAINED by the President and Board of Trustees of the FOX LAKE FIRE PROTECTION DISTRICT in the counties of Lake and McHenry in the State of Illinois.

SECTION I

The following sums, or so much thereof as may be authorized by law, are hereby appropriated to defray all the necessary expenses of the FOX LAKE FIRE PROTECTION DISTRICT in the Counties of Lake and McHenry in the State of Illinois, for the fiscal year commencing on the first day of June 2003 and ending on the 31st day of May, 2004.

FIRE PROTECTION FUND

| Administration | |
|--|---------------------|
| ITEM I | |
| (a) Printing and Publishing Notices | \$ 400.00 |
| (b) Membership fees and dues / | 600.00 |
| (c) Office supplies and expense | 600.00 |
| (d) Miscellaneous and contingent expenses | 5,000.00 |
| | \$6,600.00 |
| ITEM II | |
| (a) For salaries of Trustees | \$4,950.00 |
| (b) For legal services | 4,500.00 |
| (c) For accountants | 4,500.00 |
| (d) For officer stipend | 4,500.00 |
| (e) Liability Insurance | 3,000.00 |
| (f) Group Insurance | 2,500.00 |
| | \$23,950.00 |
| ITEM III | |
| (a) For contract obligation for fire protection and rescue squad service (1) annual contract | \$382,300.00 |
| (2) additional contract payment | 100,000.00 |
| (b) For fire station: | |
| Utilities | 13,000.00 |
| Building insurance | 3,000.00 |
| Repairs & Maintenance | 10,000.00 |
| Other building costs | 10,000.00 |
| (c) Capital Projects Fund | 50,000.00 |
| (d) Convention & meeting expense | 3,600.00 |
| (e) Capital Outlay | 152,000.00 |
| (f) Contingency Fund | 30,000.00 |
| | \$753,900.00 |
| FIRE PROTECTION TOTAL | \$784,450.00 |

AMBULANCE FUND

| Administration | |
|---|-----------------------|
| ITEM I | |
| (a) For salaries of Trustees | \$4,050.00 |
| (b) For legal services | 4,000.00 |
| (c) For accountant's services | 3,000.00 |
| (d) For salary of Treasurer | 700.00 |
| (e) For salary of Secretary | 350.00 |
| (f) Postage, telephone & office supplies | 500.00 |
| (g) Printing and publishing notices | 400.00 |
| (h) Miscellaneous and contingent expense | 5,000.00 |
| (i) Convention and meeting expense | 2,900.00 |
| (j) Illinois Municipal League | 500.00 |
| | \$21,400.00 |
| ITEM II | |
| (a) Liability insurance premium | \$6,000.00 |
| (b) Group life insurance policy premiums | 3,000.00 |
| | \$9,000.00 |
| ITEM III | |
| (a) For contract obligation for ambulance service annual contract | \$313,000.00 |
| (b) Capital outlay | \$ 10,000.00 |
| (c) Contingency | \$ 15,000.00 |
| (d) Additional contract payment | \$100,000.00 |
| | \$438,000.00 |
| AMBULANCE FUND TOTAL | \$468,400.00 |
| TOTAL APPROPRIATION | \$1,252,850.00 |

SECTION II

| | |
|--|--------------|
| Estimated fund balance on June 1, 2002 | \$200,000.00 |
| Estimate if revenue anticipated to be received from: | |
| Tax collection | 998,000.00 |
| Illinois State Comptroller | 6,500.00 |
| Other Miscellaneous | 2,000.00 |
| Interest | 21,000.00 |

SECTION III

This Ordinance shall be in full force and effective immediately upon its passage and approval and shall be published in the Fox Lake Press, a weekly newspaper of general circulation published in the Village of Fox Lake, Lake County, Illinois.

President of the Fox Lake
Fire Protection District

PASSED

APPROVED:

GREGORY C. BANSEY
Trustee
FRED LOFFREDO
Trustee
CHARLES NILS TRONVIG
Trustee

ATTEST:

FRED LOFFREDO
District Secretary
BERNARD WYSOCKI
District Attorney

STATE OF ILLINOIS)
COUNTY OF LAKE)

I, FRED LOFFREDO, being the duly qualified and acting Secretary of the FOX LAKE FIRE PROTECTION DISTRICT, Lake and McHenry Counties, Illinois, and as such, the keeper of the records and ordinances and files of said FOX LAKE FIRE PROTECTION DISTRICT, do hereby certify that the foregoing instrument is a true and correct copy of the certain original Ordinance

entitled "COMBINED ANNUAL BUDGET AND APPROPRIATION ORDINANCE FOR THE FOX LAKE FIRE PROTECTION DISTRICT IN THE COUNTIES OF LAKE AND MC HENRY IN THE STATE OF ILLINOIS FOR THE FISCAL YEAR BEGINNING JUNE 1, 2003 AND ENDING MAY 31, 2004, which was passed by the Trustees of the FOX LAKE FIRE PROTECTION DISTRICT on _____ 2003 and published in the Fox Lake Press on _____, 2003 all of which appears from the files, records and papers of said FOX LAKE FIRE PROTECTION DISTRICT held in my office.

I, GREGORY C. BANSEY, being Treasurer, and as such, the chief financial officer of the FOX LAKE FIRE PROTECTION DISTRICT, Lake and McHenry Counties, Illinois do hereby certify that the foregoing instrument contains an estimate of the revenues, by source, anticipated to be received by the District for that fiscal year.

IN WITNESS WHEREOF, we have hereto affixed our signatures as Secretary and Treasurer of the FOX LAKE FIRE PROTECTION DISTRICT, on the ____ day of July, 2003.

Secretary of the Fox Lake Fire Protection District
Treasurer of the Fox Lake Fire Protection District

0704A-5949-FL
July 4, 2003

LEGAL NOTICE

At its Board Meeting of June 26, 2003, the Board of Education of District 127, Lake County, approved the following Board of Education Meeting dates for the 2003-2004 school year. Meetings will be held at 7:30 p.m. at District 127, Lake Street Campus, in Room 1850 on the second and fourth Thursday of each month with the exception of July, 2003, August, 2003, November, 2003, December, 2003 and June, 2004, which will have one meeting only.

July 24, 2003 - (1 meeting only)
August 21, 2003 - (1 meeting only)
September 11, 2003
September 25, 2003
October 9, 2003 October 23, 2003
November 13, 2003 - (1 meeting only)
December 11, 2003 - (1 meeting only)
January 8, 2004
January 22, 2004
February 12, 2004 February 26, 2004
March 11, 2004 March 25, 2004
April 8, 2004
April 22, 2004
May 13, 2004
May 27, 2004
June 24, 2004

0704A-5948-GL
July 4, 2003

LEGAL NOTICE

The Board of Education of District 127 has authorized a Public Hearing on July 24, 2003 at 7:15 p.m. in Room 1850. The purpose of the hearing, to be held prior to the next regularly scheduled meeting, is for a Waiver Request of the Physical Education Exemption Policy.

0704A-5958-GL
July 4, 2003

LEGAL NOTICE

The County of Lake is offering the following parcels of property, acquired through the Tax Sale Certificate Program, for sale. Written bids should be submitted to the County of Lake, Trustee, Tax Extension Dept., Room 101, 18 N. County Str., Waukegan, IL 60085.

Bids received will be retained for 30 days after the initial bid. After completion of a 30-day period, the County has the right to accept the highest bid or to reject it if the amount is insufficient or if the sale would not be in the best interest of Lake County Taxpayers.

Willard Rooks Helander
Lake County Clerk

LAKE VILLA RECORD

| UNINCORPORATED LINDENHURST | |
|----------------------------|---------------|
| 748 Beck Road | 60046 |
| UNINCORPORATED LAKE VILLA | 02-26-400-055 |
| 38150 N. Sunset Ln. | 60046 |
| 23840 W. Washington Av. | 01-36-400-015 |
| 38912 Hickory St. | 02-32-109-018 |
| 38906 Hickory St. | 02-34-104-007 |
| 36963 N. Lawrence Dr. | 02-34-104-008 |
| 21582 W. Nielson Dr. | 06-10-104-003 |
| 21570 W. Nielson Dr. | 06-10-119-038 |
| 18881 W. Roosevelt Rd. | 06-10-119-039 |
| | 07-18-302-029 |
| | 0704A-5954-LV |
| | July 4, 2003 |

PUBLIC NOTICE

STATE OF ILLINOIS)
COUNTY OF LAKE) SS
in the circuit court of the nineteenth
judicial circuit, lake county, Illinois
in the matter of the petition of
Deborah Norma Cramer)
For)
change of name)

Notice of publication

Public notice is hereby given that on August 18, 2003, being one of the return days in the Circuit Court of the County of Lake, I will file my Petition in said Court praying for the change of my name from Deborah Norma Cramer to that of Deborah Norma Jacobson, pursuant to the Statute in such case made and Provided.

Dated at Grayslake, Illinois, July 4, 2003.

0704A-5960-GP
July 4, 11, 18, 2003

LEGAL NOTICE

The County of Lake is offering the following parcels of property, acquired through the Tax Sale Certificate Program, for sale. Written bids should be submitted to the County of Lake, Trustee, Tax Extension Dept., Room 101, 18 N. County Str., Waukegan, IL 60085.

Bids received will be retained for 30 days after the initial bid. After completion of a 30-day period, the County has the right to accept the highest bid or to reject it if the amount is insufficient or if the sale would not be in the best interest of Lake County Taxpayers.

Willard Rooks Helander
Lake County Clerk

ROUND LAKE NEWS

| UNINCORPORATED ROUND LAKE BEACH | |
|---------------------------------|---------------|
| 1105 Shady Lane Ct. | 60073 |
| 910 Bonnie Brook Ln. | 06-19-226-043 |
| 0 Shady Lane Ct. | 06-19-226-061 |
| 0 Park Road | 06-20-108-031 |
| 0 Garden Court. | 06-20-413-015 |
| 0 Cedar Lake Rd. | 06-29-103-016 |
| 0 Biminy Bay | 06-29-107-007 |
| 0 Biminy Bay | 06-29-201-002 |
| 0 Biminy Bay | 06-29-201-003 |
| 0 Biminy Bay | 06-29-201-004 |
| 419 Lakewood Ter | 06-19-226-006 |
| 0 Biminy Bay | 06-29-201-007 |
| | 0704A-5953-RL |
| | July 4, 2003 |

STATE OF ILLINOIS)

)SS

COUNTY OF LAKE)

IN THE CIRCUIT COURT OF THE NINETEENTH
JUDICIAL CIRCUIT, LAKE COUNTY-IN PROBATE

Estate of ROBERT J. REINHARDT)

NO. 03 P 473

DECEASED)

CLAIM NOTICE

NOTICE IS GIVEN OF THE DEATH OF ROBERT J. REINHARDT of Wauconda, Illinois. Letters of Office were issued on June 16, 2003, to PAMELA SCHMIDT, 17137 Silvergum Way, San Diego, CA 92127, whose attorney is James W. Kaiser, Esq., 121 East Liberty Street STE 3, Wauconda, IL 60084.

Claims against the Estate may be filed in the office of the Clerk of the Court at 17 North County Street, Waukegan, Illinois 60085, Room C-307, or with the representative, or both, within six (6) months from the date of issuance of letters and any claim not filed within that period is barred. Copies of any claim filed with the Clerk must be mailed or delivered to the representative and to the attorney within ten (10) days after it has been filed.

/s/ PAMELA A. SCHMIDT (Representative)
0627D-5932-WL
June 27, 2003
July 4, 11, 2003

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LEGAL NOTICE

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Bids received will be retained for 30 days after the initial bid. After completion of a 30-day period, the County has the right to accept the highest bid or to reject it if the amount is insufficient or if the sale would not be in the best interest of Lake County Taxpayers.

Willard Rooks Helander
Lake County Clerk

GRAYSLAKE TIMES

| UNINCORPORATED GRAYSLAKE | |
|--------------------------|---------------|
| 0 Hwy 83 | 60030 |
| 17750 W. Greentree Rd. | 06-23-100-003 |
| | 07-29-300-003 |
| | 0704A-5952-GL |
| | July 4, 2003 |

PUBLIC NOTICE

Avon Township has passed an Ordinance establishing prevailing wage rates for construction to be the same as those in Lake County as Determined by the Illinois Department of Labor. Anyone wishing to inspect the Ordinance may do so at 433 E. Washington, Round Lake Park, IL. Monday thru Friday between 9:00 a.m. and 4:00 p.m.

Kathleen M. Lennon, Clerk

AVON TOWNSHIP AND ROAD DISTRICT

0704A-5951-GL, RL
July 4, 2003

PUBLIC NOTICE
NOTICE OF LIEN SALE

To: Christina Bender
425 Elaine Ter., McHenry, IL 60050

Your right to use space(s) 021 at Wauconda Self-Service Storage, 500 Rand Rd., Wauconda, IL 60084 has terminated and you no longer have access to the stored property. DEMAND FOR PAYMENT IS BEING MADE WITHIN 14 DAYS. The stored property is subject to a lien in the amount of \$272.00. This amount will continue to increase in accordance with the terms of your rental agreement until paid or the property is sold. They are itemized as follows: Date: 6/23/03, Rent: \$230.00, Inventory: \$30.00, Late Fee: \$12.00, Due Date: 6/23/03, Balance: \$272.00, TOTAL DUE: \$272.00

THIS SUM MUST BE PAID IN FULL BEFORE 6/18/03 OR THE PROPERTY WILL BE ADVERTISED FOR SALE AND SOLD. Any excess proceeds of the sale over the lien amount and costs of sale will be retained by the owner and may be reclaimed by you, or claimed by another person having a court order or other judicial process against the property, at any time for a period of 2 years from the sale and thereafter the proceeds will revert to Wauconda Self-Service Storage.

General description of Goods: garbage bags. Date and Location of Sale: 7/14/03 at 1:00 p.m. at Wauconda Self-Service Storage, P.O. Box 505, 500 Rand Road, Wauconda, IL 60084. You may pay this sum and may contact the owner at: 847-526-5055

0627D-5942-WL
June 27, 2003
July 4, 2003

PUBLIC NOTICE
NOTICE IS HEREBY GIVEN

That on July 31, 2003 a sale will be held at Chain O' Lakes Marina, 500 East Grand Avenue, Fox Lake, IL, to sell the following article to enforce a lien existing under the laws of the State of Illinois against such articles for labor, services, skill and material expended upon a storage furnished for such articles at the request of the following designated person, unless such articles are redeemed within thirty days of the publication of this notice.

Name of Person: Evan Spios

Description of Article: Polaris Jet Ski
#PLE14436C494, model 750 SL, year-1994

Amount of Lien:
\$750.00

0704A-5959-FL
July 4, 11, 18 2003

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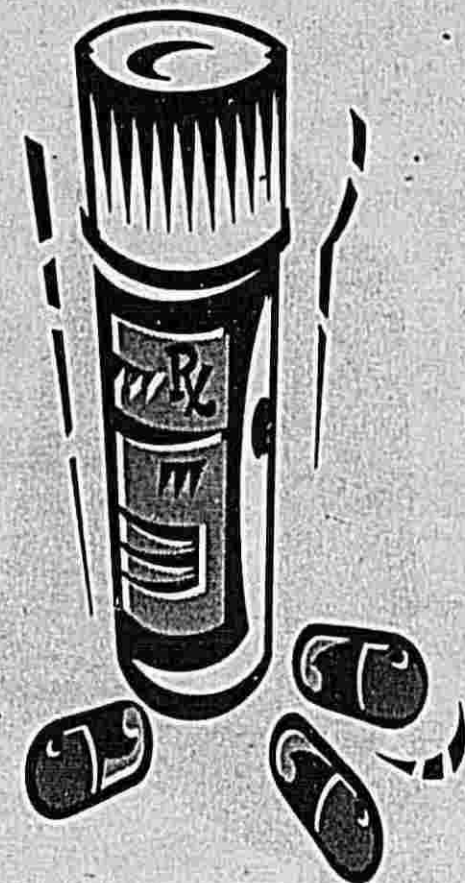
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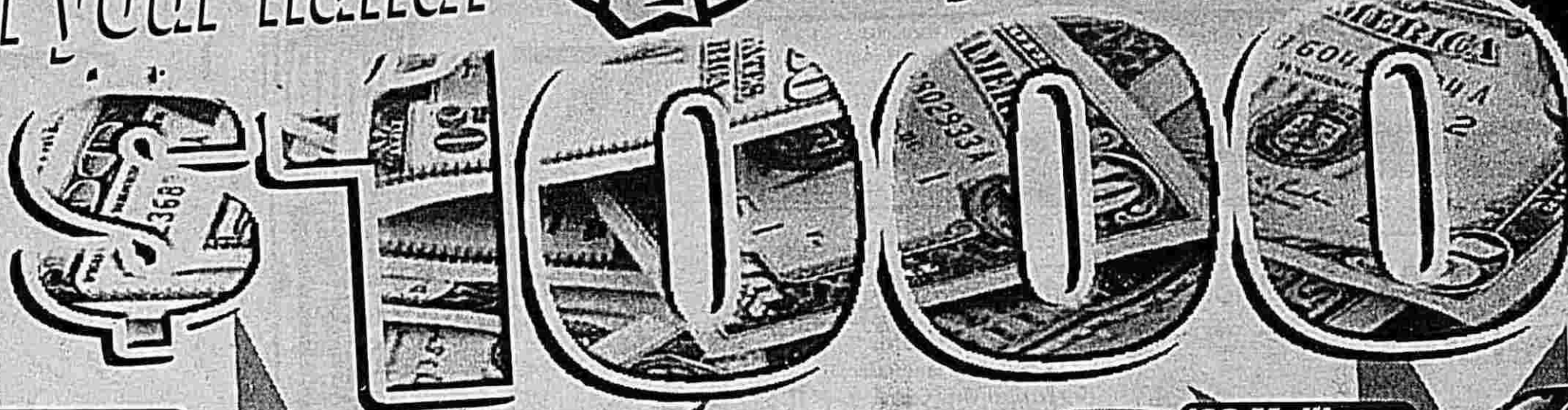
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| 1987 CHEVY CELEBRITY WAGON | '195 |
| 1989 FORD TAURUS WAGON | '295 |
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| 1992 NISSAN SENTRA 4DR | '1,595 |
| 1995 OLDS CUTLASS CIERRA SEDAN AUTO, AC, ECONOMY! | '2,495 |
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| | |
|--|---------|
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HOME MARKETER MONTHLY

Your guide to better family living

JULY, 2003

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Water wisely!

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Condo buyers in same boat as single home shoppers

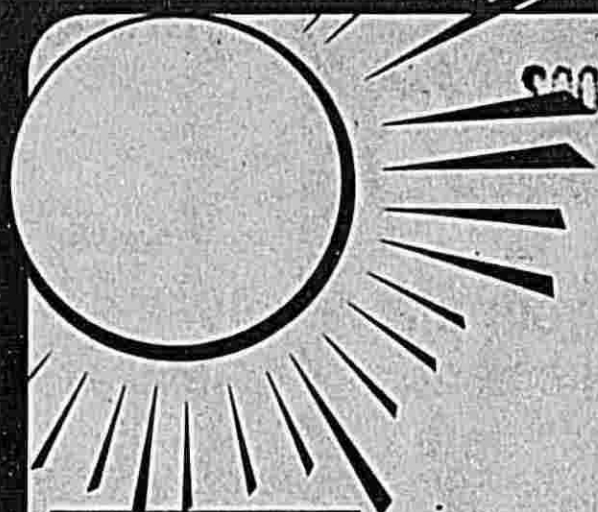
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Come view this very nice 2 bedroom ranch with the hard to find nicely sized masterbedroom. Low maint. exterior, fenced rear yard, attached garage and more. Interior shows well and the home has many recent upgrades. Call today. \$134,900

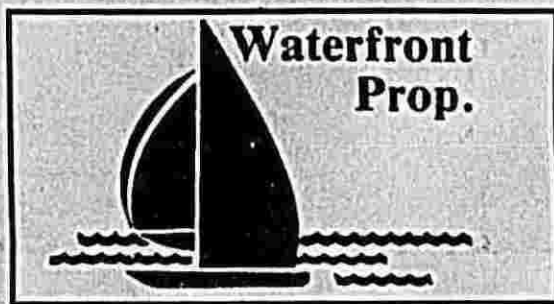
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ALMOST FINISHED RENTAL

Beautiful 3 bedroom home on corner lot in desirable area of Lake Villa. 17 x 17 master suite w/walk in closets and soaker tub. Large garage w/door on two sides unfinished basement. Awesome rights to Chain-O-Lakes. Just \$1,700 per month.

Call Curt for details at (847) 838-MOVE (6683)

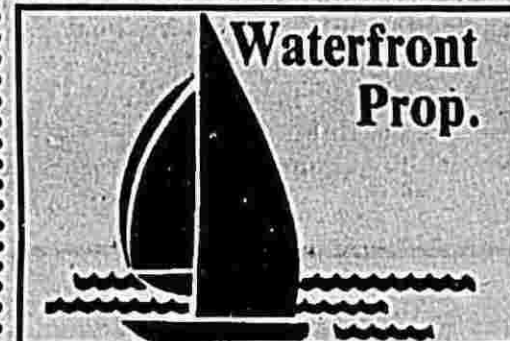


Waterfront Prop.

CHAIN O LAKES LAKE CATHERINE - COTTAGE

Situated on one of the most sought after lakes on the chain with 50' of frontage. High and dry, this is a wonderful lot in area of nice homes. Buy this lot and we will even throw in the old cottage for free. \$180,000

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What more could you ask for in a perfect getaway or full time residence. This home is suited for easy living all year long. Beautiful views of Lilly Lake from your custom deck with wooden walk to water. Nice sized bedrooms, washer and dryer hook-up, new well 2001. Bring the boat, the jet skis and the friends for fun in the sun. Only \$184,999

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TOO NEW FOR PHOTO

NEED A LOT OF ROOM

Located in Fox Lake and near the water, this home has all the room the growing family could need. 5 bedrooms, 2 full baths, large livingroom, spacious kitchen with eating area, huge enclosed front porch and so much more. Low maint. exterior, updated carpet and paint and even CA for the upcoming hot days. Call today \$142,500

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LOVELY LINDENHURST RANCH

So much home impeccably cared for. This Riviera model sits on a premium lot overlooking a sparkling pond. Large open floor plan offers desirable family living. Every room, including the English basement, is peppered with window and charming coverings to feel right at home the moment you walk in. Feel free to take a virtual tour on line or call us and we'll take you for your private tour. \$304,900

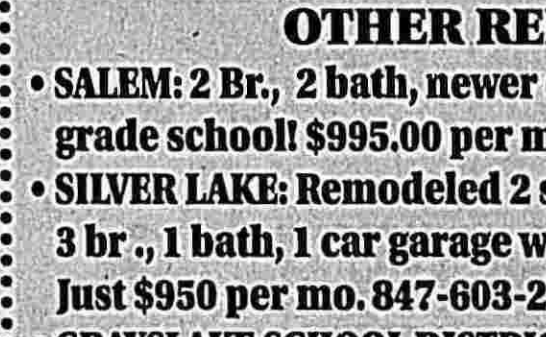
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CUSTOM BUILT AND THE QUALITY SHOWS

Winslow Acres of Woodstock!! This 4 bedroom, 2.5 bath home is now complete and ready for the proud owners. The amenities are endless in this 2350 sq. ft. 2 story. Pella windows, vaulted ceilings, master suite with luxury master bath, main floor familyroom, finished basement, attached 3 car side load garage, professional landscaping and much much more. Call for your private viewing of this fine home. \$329,000

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OTHER RENTALS AVAILABLE

- SALEM: 2 Br., 2 bath, newer condo w/1 car garage - close to grade school! \$995.00 per mo. 847-603-2004
- SILVER LAKE: Remodeled 2 story farmhouse on beautiful lot. 3 br., 1 bath, 1 car garage walk to shopping. Just \$950 per mo. 847-603-2004
- GRAYSLAKE SCHOOL DISTRICT - 3 Br. 1 Bath, Cape Cod w/2 car garage. Near Round Lake Shopping District \$895.00 per mo. 847-838-6683



WATERFRONT! FOX LAKE

Three bedroom 2 bath, w/2 bedrom rental or inlaw! On the Chain! Close in time for summer fun! Bring all offers! \$324,900

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JUST LISTED! LAKE VILLA

Stunning colonial in sought after Ishnala country estates! 4 Bedroom 2.5 bath, formal lr. dr. 1st floor family room - deck - gazebo - fireplace - walk in pantry - security system, full bsmt. All on an acre \$379,900

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About the cover:

In its wooded, informal setting, this farmhouse-style residence requires thoughtful management to sustain the property's naturalized appearance. Simple aspects as well as detailed elements require a specialized maintenance program, satisfying the architect-homeowner's appreciation of nature and the intentions of the landscape plan. The walled garden around the back of the home emphasizes the natural qualities of the site in a refined space. The oversized lawn and cobble steps are hand trimmed weekly, while thoughtful management of the lawn is required due to various climatic conditions. Perennial masses and ground cover overlap into one another and into nearby yews, with more competitive species pruned weekly during the growing season. Careful management, pruning and attention to detail ensure the farmhouse residence maintains its natural character. Photo courtesy of Illinois Landscape Contractors Assn. (ILCA) Excellence in Landscape Gold Award site.



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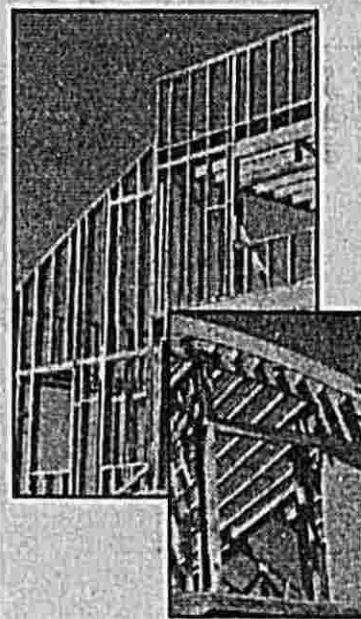
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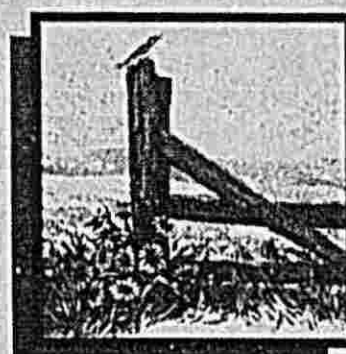
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Agent: Vuel Smith



\$189,000

For more information on this home
contact Vuel Smith

Beautifully Updated Home

ready to move into. New Kit. including oak cabinets, Pergo flr. in Kit. & DR, & new appliances. New bathroom. New oak bannisters. New carpet in LR. New trim throughout except 2 BRs. New C/A in 2001. Driveway & roof 4 yrs. old. Sliders to Lg. deck. Very clean!

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\$439,500

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Luxurious Custom Built Home

on almost an acre. Prof. landscaped. Park-like setting includes 150' berm loaded w/evergreens, pines, mature oaks & perennials. 2 story foyer w/gold & crystal chandelier. HW flrs. in Kit. and eat-in area. FR has sliders to deck & dbl. French doors to LR. New roof w/30 yr. shingles. MBR suite w/whirlpool & sep. shower. Immaculate!

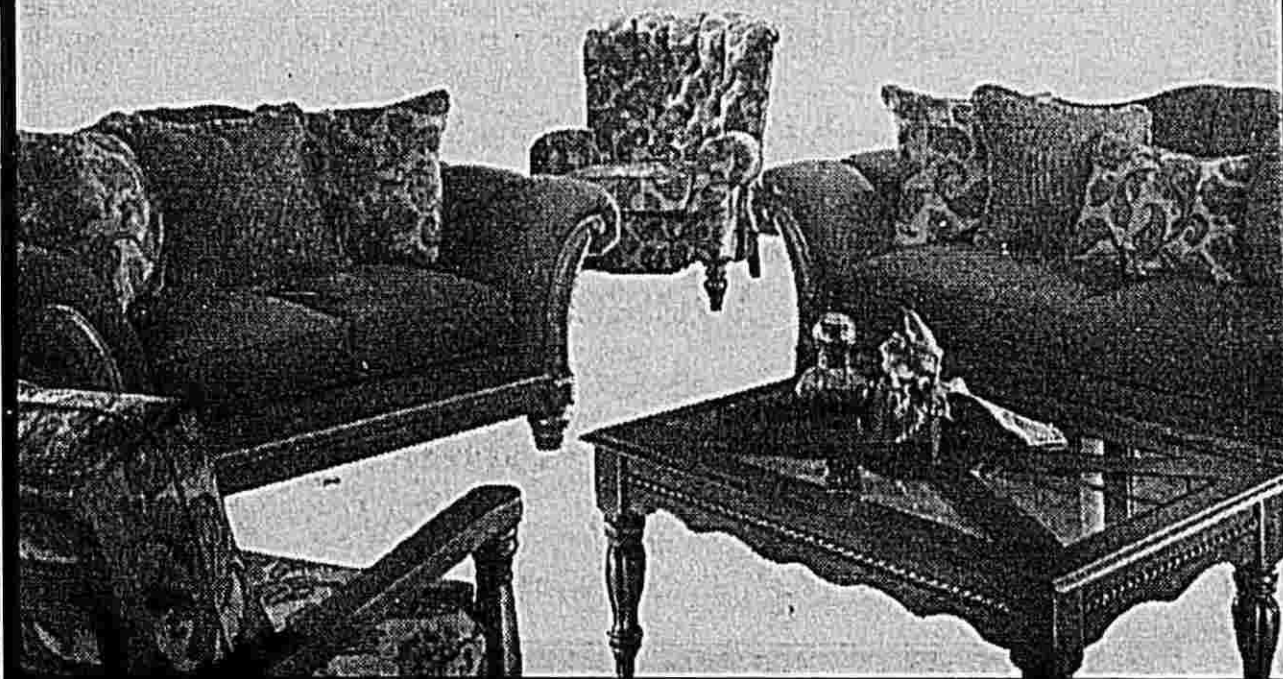
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Ask For Cheryl Mecher

STUNNING 2 STORY

Better Homes & Garden, tastefully decorated in this 3 bedrooms, 2.5 baths w/ 9' ceilings, cove molding on 1st floor, formal living & dining room, 42" cabinets, center island in the open kitchen & eating area, large family room w/ hardwood floor & fireplace! Beautiful landscaping on cul de sac lot w/ fenced yard & on the pond!!! In Grayslake. All For \$279,900
Call Cheryl Mecher (847) 650-1232



OVERLOOKING 3/4 ACRE!

3 bedrooms, 2 baths hillside ranch! Formal living room, kitchen w/ oak cabinets, eating area that is open to the family room w/ vaulted ceiling & corner fireplace makes it easy for entertaining! King size master bedroom, bath & walk-in closet. Huge full english basement, deep 2.5 car garage, too! In Spring Grove.

All For \$249,900

Call Cheryl Mecher (847) 650-1232



GREAT PLACE! IN GRAYSLAKE

3 bedrooms, 2 bath split-level, freshly painted! Only a block away from the lake! Vaulted ceiling in spacious living room, eat-in kitchen, and fabulous family room w/ wood burning stove, large 2.5 car garage & fenced yard, too.

Asking Only \$179,900

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FUTURE PLANS

As a traditional farmhouse, the Ridgeville (D5502) is classic. It has two stories with a two-car garage, numerous paned windows, a large chimney, and shutters to accent the windows. There is a covered porch with pillars, brick along the ground as an accent, and various rooflines. All of these features add to the eye appeal from the street.

Once inside this 2,105-sq. foot home an open entry to the dining room on the left, and stairs and the great room are directly in front. There are two closets, one on each side of the door for coats. The dining room has large windows in the front that provide natural light to the room. A doorway at the rear of the room opens into the nook/kitchen/great room.

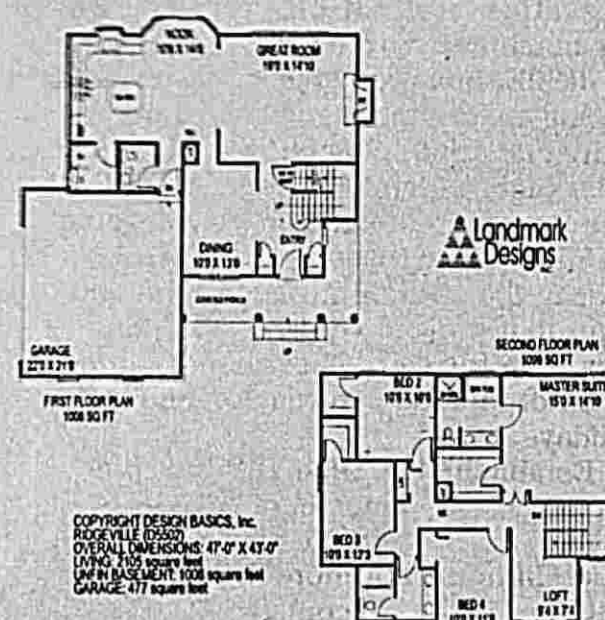
RIDGEVILLE



The great room is very large with a row of windows overlooking the backyard. It has a fireplace on the right wall. The nook has bayed windows with the center one being sliding glass patio doors. It is adjacent to the kitchen which is L-shaped with an island in the center. Between the kitchen and the garage are a half bath and the utility room. A door opens into the garage and is easy access for unloading groceries or for entering the home when it is storming outside.

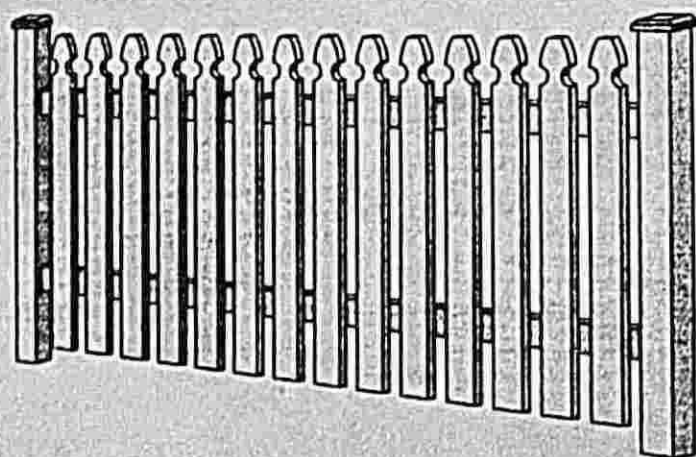
Upstairs is devoted to the bedrooms. There are four bedrooms as well as a loft area. Bedrooms 2 and 3 each have walk-in corner closets. Between bedroom 3 and 4 is a full bath with a tub and dual sinks. Bedroom 4 has a small wall closet. A large linen closet is in the hall, easily accessible to all the rooms.

For a study plan, send \$24.95 to Landmark Designs, 33127 Saginaw Road E., Cottage Grove, OR 97424. Please specify plan name (RIDGEVILLE) and the number (D5502). A catalog featuring hundreds of home plans is available for \$12.95, or save by ordering both for \$29.95. For faster processing, call 1-800-562-1151 or visit the web site at www.landmarkdesigns.com.



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Illinois one-call system receives record number of underground utility locate requests

If you have seen an increase in the number of underground facility operators' flags, stakes or paint in your community recently, there is a good reason. Representatives of the Joint Utility Information for Excavators (JULIE, Inc.) announced today that the Illinois One-Call System received and processed a record 131,189 utility locate requests from professional excavators and homeowners during the month of May. This quantity represents an 11.7 percent increase from the same period last year and 3.0 percent increase from the previous record month of May 2001.

"JULIE launched an aggressive public safety and awareness campaign to promote safe-digging practices and the importance of calling the Illinois One-Call System before any digging projects, regardless of depth," said Mark Frost, executive director of JULIE Inc. "The far-reaching consequences of unsafe or careless digging practices can take a staggering toll, in terms of costly delays, environmental or property damage, liability, personal injury and even loss of life."

JULIE, Inc. also broke an individual record last month. On May 27, a single day record for that month was established with 7,223 local requests.

Common examples of projects that require a call to JULIE at 1-800-892-0123 before digging include installing an outdoor tent with posts or stakes; putting up a fence; installing a swing set, a mail box post, new water feature or clothes line pole; building a deck or room addition;

preparing a new garden area; or adding new trees or shrubbery. Operators are available to receive process calls 24 hours a day, seven days a week.

JULIE (Joint Utility Locating Information for Excavators), also known as the "Illinois One-Call System," is a not-for-profit organization that provides professional and non-professional (i.e. homeowners) excavators with a toll-free number (1-800-892-0123) for the free locating and marking of underground facilities. JULIE serves as a notification service for underground facility owners, taking information about planned excavations and distributing this information to its membership. It is then the responsibility of each facility owner to mark the location of their underground facilities at the excavation site. JULIE neither owns nor marks any underground facilities.

JULIE, Inc. promotes an easier, safer digging environment and serves the entire state of Illinois outside of the city of Chicago, which is covered by DIGGER. Illinois law requires all persons digging to call JULIE at least two working days prior to the start of the excavation and to begin that project within 14 calendar days from the call. The 48-hour notice does not include Saturdays, Sundays or holidays.

Established in 1974, JULIE represents over 1,670 members. JULIE is located in a state-of-the-art facility in Joliet, Illinois. For more information, visit www.julie1call.com.

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\$189,900

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COURTS OF FAIRFIELD CONDO

Beautiful first floor condo w/Pergo flooring & slider to private patio. Kitchen w/breakfast bar and all appliances including washer & dryer. Forest preserve, shopping & Metra close by. (3098)

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WILMOT FARMS RANCH

Custom ranch on 1+ acres. Formal living room w/FP opens to dining area while still enjoying the FP. Eat-in kitchen w/custom marble floor opens to Family room. Master suite w/bath & walk-in closet. Newly finished basement w/rec. room, family room, bar & bath. Attached 3 car garage. (3093)

\$329,900

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GREAT STARTER HOME

Lindenhurst, 2 bdrm, home on beautiful lot w/many tree, shrubs & flowers. Newer oak kitchen cabs. and brand new tile. Carport has storage space and cabs. Deck off kitchen. Nice size lot. (3067)

\$124,900

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RANCH WITH LAKE VIEW

This ranch w/full basement, 3 car garage, 3 bdrms, 1-1/2 baths, won't last long. Beautiful view of Lake Linden. Living room w/bay window, huge eat-in kitchen, master bdrm. with oversized doorway. 1st floor laundry. Lakefront park close by. (3061)

\$209,900

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GORGEOUS WATERFRONT

On Waterford Lake. Home boasts hardwood floors, oak clad windows & trim. Oak kitchen ceramic baths, huge master w/sitting room Jacuzzi tub, sep. shower & walk-in closet. 1st floor den or bdrm, walk-out basement, roughed in for bath. Lushly landscaped w/deck overlooking private lake. Just heavenly! (3027)

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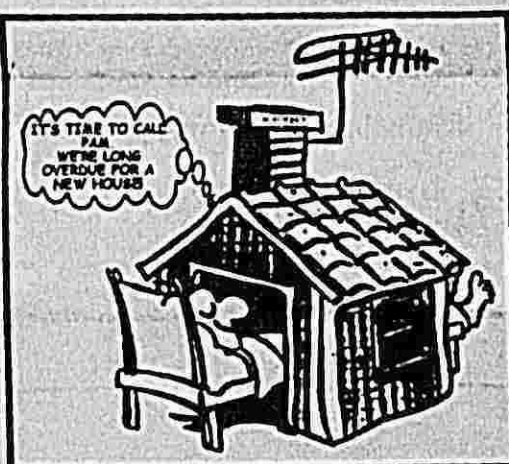
Call Sharon Doyle 847-587-8200 x113



Fox Lake Townhouse

Two bedroom, one bath top floor unit combo living & dining room. eat in kitchen, private 30' balcony. 1 car garage. Across from pool. Waterview. \$135,000

Call Linda Mortensen 847-587-8200 x107



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Ingleside 2 Story

Four bedroom, 1.2 bath colonial. Formal living & dining rooms, family room w/fp. Eat in kitchen, newly remodeled guest bath. Basement rec room w/wet bar + den/office/bedroom. Attached heated 2 car garage. One acre homesite - large rear deck. Walk to Grant Forest Preserve.

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GORGEOUS LOCATION!

Fabulous newer 4 br 2 1/2 bath, 2 story on nearly 2 acres! Huge 20x16 master bedroom with luxury master bath and large other bedrooms! Spacious floor plan with big gourmet kitchen and 22x16 family room. Enjoy the beautifully landscaped yard and fish pond from the screened cedar porch! Oversized 3 car heated garage! A must See! \$439,900

**Call Holly Blanchette
(847) 587-8200 X137**



HERITAGE TRAILS CUL-DE-SAC

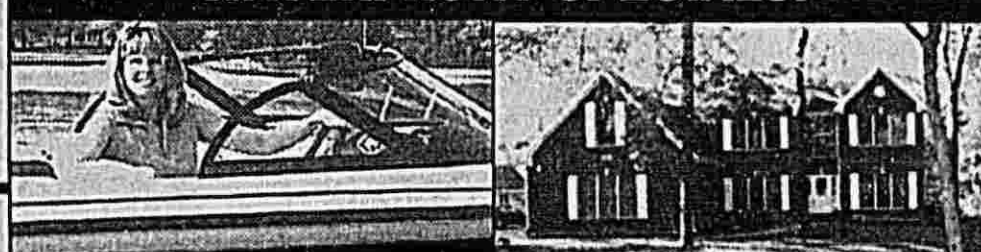
Impressive Colonial backs up to a wooded walking path. This home offers a large kitchen with lots of cabinets and pergo flooring. Family room has a fireplace and skylights. Floor plan includes formal dining room, large living room & den. Finished lower level with bathroom. Lot is professionally landscaped.

**Call Joseph Laubinger
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THE LOW
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Kitchen features like new appls, garden window, pantry, and sliders to huge new custom deck! Open floor plan leads to large family room w/fireplace & vaulted ceilings! Volume ceilings throughout. Full basement! Premium cul-de-sac location backing to beautiful wetlands! Fenced yard, close to park and shopping! A must see! \$222,990

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PICTURE PERFECT 2 STORY

Immaculate 4 bedroom 2 bath has all the bells and whistles! Upgraded oak trim, kitchen features like new appls, garden window, pantry, and sliders to huge new custom deck! Open floor plan leads to large family room w/fireplace & vaulted ceilings! Volume ceilings throughout. Full basement! Premium cul-de-sac location backing to beautiful wetlands! Fenced yard, close to park and shopping! A must see! \$222,990

GORGEOUS RANCH!

Built in 1999 has a great floor plan with very large rooms and 3 bedrooms. Located in Camp Lake subdivision of mostly newer homes.

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Adorable ranch home with full partially finished basement w/bar and family room! Newer kitchen cabinets, counter and brand new flooring! Knotty pine living room! Huge deck. Lots of neat extra features and built-ins! Close to lake! 1yr home warranty included!

Priced to sell at \$132,900

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AFFORDABLE TRI-LEVEL

Spacious 4 BR home on 1 1/2 lots. New designer kitchen, incl. Oak cabinets, L-shaped island & sliders to fenced-in backyard. 4th BR, 2nd BA & lv. rm on LL Newer roof & carpeting. \$148,900

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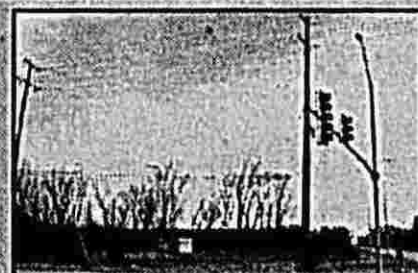
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Treehouse in the Woods

Very nice 2 BR, 2 bath home with family room, central air, & 2 car garage.

\$145,000

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3 BR Ranch

on corner lot. Cathedral ceiling, central air, eat-in kitchen. Well kept home at the right price.

\$119,000



Cozy Ranch

New roof, remodeled kitchen, new floor, new carpet in this 2 BR ranch. 2 car garage. Nice location.

\$115,000

NEW LISTING

Freshly Painted

3 BR, 1.1 bath home with new bathrooms, new carpet, new furnace, newer roof, new electric service, ceramic countertops & much more. Close to many stores & transportation. Come take a look.

\$139,000



Maria Mejia Ibarra
X 25



Shows Like a Model!

Professionally done, landscaped, brick paved driveway, walkway & patio. Beautiful workmanship thruout. Fin. basement, loads of closet space, F/P, lg. Kit. w/island, overlooks FR sliders to brick patio. Lg. rooms - 4 BRs, 2.1 baths.

\$265,000

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Vacant Land

Beautiful 5 acres in nature-like setting with Lake Villa schools. Development potential or use for single family dwelling. Call for more detail.

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Leaving You Speechless!

This customized home has great curb appeal, but it is the inside that steals the show. Note the HW flrs. thruout & room sizes. F/P & vaulted ceiling in LR/DR combo-huge rm. MBR w/new ceramic bath, walk-in closet, freshly painted, new garage door, new Kit. flr. new berber in FR. All appliances. Near train.

\$159,900



Recently Remodeled

4 BR, 2.1 bath ranch sitting on 7.48 acres. FR with wet bar. 3 door, 4 car garage.

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Too Good to be True!

4BR, 2 bath 1998 raised ranch in ready to move into condition in Grayslake school district.

\$165,000



Great Home for the Price!

Come & see 3 BR, 2 bath quad level. Central air, partially fin. bsmt. & 2 car garage.

\$139,900

NEW LISTING

Nice Curb Appeal

5 BR home sits on 2 lots with large detached 2+ car garage. Concrete driveway, deck, patio, & fenced rear yard. Fin LL has 2nd bath. Nicely landscaped. Central air.

\$169,500



Nice Tri-level

on good size lot. 3 BR, 1.1 bath, partially finished basement, 2 car garage. Don't miss this deal!

\$132,500



Ready to Move Into

Nice little ranch with 3 BRs, 1 bath, & 1 car garage.

\$96,500

RENTAL

Rental

Unique 3 BR, 2.1 bath home with 3 car garage. Spacious MBR with jacuzzi, separate shower & walk-in closet.

\$1600.00



Ready to Move Into

3 BR home w/new kitchen cabinets & floor. 1 car garage & nice yard. Freshly painted & new carpet.

\$101,500

Alicia M. Ibarra
ATTORNEY AT LAW

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Waukegan, IL 60085

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REAL ESTATE TRANSACTIONS

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ANTIOCH

1039 Osmond, 137,500
40358 Esther, 120,000
25431 Hawthorne Ave., 149,500
26248 Marie Ave., 63,100
24953 Beach Dr., 155,000
24123 Beach Grove Rd., 162,000
43445 Cox Dr., 67,000
895 Hillandale, 225,000
40343 Sunset Court, 322,000
25270 North Avenue, 117,500
401 Winsor, 178,500
24929 Palmer, 330,000
40027 Hidden Bunker Court, 132,500
38669 Hilltop Avenue, 124,500
560 Garys Drive, 175,000
640 Rembrandt, 204,278
561 Indian Trail Rd., 205,611
625 Summerlyn, 242,988
79 Netherland, 180,833

FOX LAKE

Par. #2 Greenwood Ave., 65,000
12 Cross St., 104,000
28 Lake, 185,000
Lot 38 Deerpath Court, 289,000
77 Maude, 91,450
103 Manor, 185,000
7105 Granada, 127,500
25 Bay Lane, 265,000
634 Scott Lane, 265,000
8558 Cedar St., 212,000
57 Woodhills Bay Rd., 109,000
122 Pistakee Lake, 91,000
79 Tweed Rd., 182,000
15 York, 144,000
59 Elm, 134,000
9 York St., 137,000
103 Manor, 179,500
191-3 Howard Court, 121,000
85 Edison Court, 85,000
1176 Deerpath, 48,000
16 Linden, 150,000
52-1 Oak Hill, 70,500

2 Ridgeland, 195,000
13-7 St. Thomas, 46,500

GRAYSLAKE

1319 Berkshire Ln., 295,000
2614 Maywood, 173,500
21 Highland Rd., 261,000
338 Stevens Ct., 189,900
541 Quail Creek Drive, 110,000
1485 Colbee Benton, 390,000
1077 Ellsworth Drive, 180,000
2022 Lake Churchill Dr., 147,000
1489 Windflower, 317,500
1297 Hedgerow Dr. Lot 131, 506,573
464 Wood Duck Ct., 275,000
1315 Mayfair Lane, 272,000
1736 Maplewood, 166,000
346 Normandy, 192,000
1384 Longchamps, 171,000
1704 Belle Haven, 251,000

GREEN OAKS

2207 Irondale, 370,000
1865 Haven Lane, 224,000
31215 O'Plaine Dr., 275,000

GURNEE

4231 Kenwood Ave., 225,000
4335 Buckingham, 156,000
36449 Streamwood, 177,000
17876 Pond Ridge Circle, 541,000
17718 Running Creek, 180,000
1007 Farwell Ct., 119,000
Lot 4 Eastwood, 80,000
315 Hillview, 320,000
3912 Blackstone, 244,888
17326 Maple Lane, 134,900
1463 Woodbury, 238,000
5166 Cheshire, 117,300

HAINESVILLE

432 Whitetail Dr., 224,900
132 Brittany Lane, 182,000

496 Ermson, 205,000
81 Haines Dr., 184,294
406 Patrio Dr., 184,202

INDIAN CREEK

1232 Tiffany Cour, 380,000
1436 Gregory Court, 368,000

LAKEVILLE

21341 Engle Drive, 17,000
1701 Mulberry, 282,220
36855 Alice Ln, 131,900
38685 Rt. 59, 195,700
638 Winchester Lane, 166,900
607 Benton, 161,500
602 Benton, 163,000
37194 Granada Blvd, 55,000
38848 Cedar Crest, 310,000
39188 Cedar Crest Drive, 380,000
37 Burnett, 223,700
25181 Warren, 270,000
624 Pine View Pass, 169,900

LIBERTYVILLE

318 Cook, 395,000
1537 Jessica Lane, 605,000
424 Cook Ave., 407,000
205 Kenloch, 260,000
886 Fairway, 457,000
207 Stewart, 395,000
117 Stewart, 262,000
1816 Cardinal Court, 360,000
1203 Flamingo Parkway, 261,000
2007 Forest Creek, 311,000
215 Pond Ridge Road, 330,000

LINDENHURST

340 Hummingbird Lane, 270,000
264 Creekside Ct., 299,353
271 Creekside Court, 320,386
2315 Carriag Lane, 189,000
2017 Burr Oak Lane, 139,500
2861 Falling Waters Ln., 160,480
811 Blue Spruce, 174,000
320 Cross Creek, 328,957
620 Crosswind Ln., 110,000
1719 Grand Ave., 219,500
138 Crooked Lake Lane, 240,000
843 Blue Spruce, 177,000
3025 Farmington, 233,500
63 Laurel Drive, 170,000
2806 Falling Waters, 165,000
2018 Rolling Ridge Lane, 152,000
3161 Falling Waters Lane, 151,500
2836 Haven lane, 344,000
2505 Timber Lane, 190,500

MUNDELEIN

1294 Dunleer Dr., 218,000
1350 Orleans Dr., 174,000
1022 Thomas Blvd., 250,000
50 Windsor, 232,500
1300 Darnell, 215,000
1731 Leeds Court, 257,000
1623 Woodhaven Court, 161,500
152 Prairie Avenue, 139,000
528 Bobby Lane, 187,500
220 Pinhurst, 203,145
1305 Orleans Drive, 170,000
125 Chandler, 170,000

RICHMOND

10110 Main, 141,000
5722 George St., 67,000

ROUND LAKE

647 Avlon, 152,000
32837 Cedar Lake, 280,000
1979 Heron View Way, 223,860
24577 Clinton Ave., 102,900
1409 Walnut Dr., 105,300
320 Haywood, 181,000
161 Thistle Court, 167,490
409 Lakewood Terrace, 120,670
24811 Orchard Pl, 117,101

SPRING GROVE

9013 Anthony Ln., 290,000
2105 Bonner, 257,000
1602 Applewood Lane, 288,500
38471 7th Ave., 120,000
7808 River Drive, 128,000
7511 Villa Vista, 163,000
38173 Lee, 154,000
25, 25A Woodland, 39,000

VERNON HILLS

373 Bay Tree Circle, 276,148
352 Bay Tree Circle, 288,157
272 Hunter, 337,000
136 Midway, 286,000
1004 Centurion Lane, 100,000
335 Albert Drive, 226,000
336 Somerset Ln., 123,000

WAUCONDA

28262 Maple, 110,000
26528 Brooks, 140,000
1250 Rand Rd., 300,000
26528 Brooks, 140,000

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NATURAL VIEW

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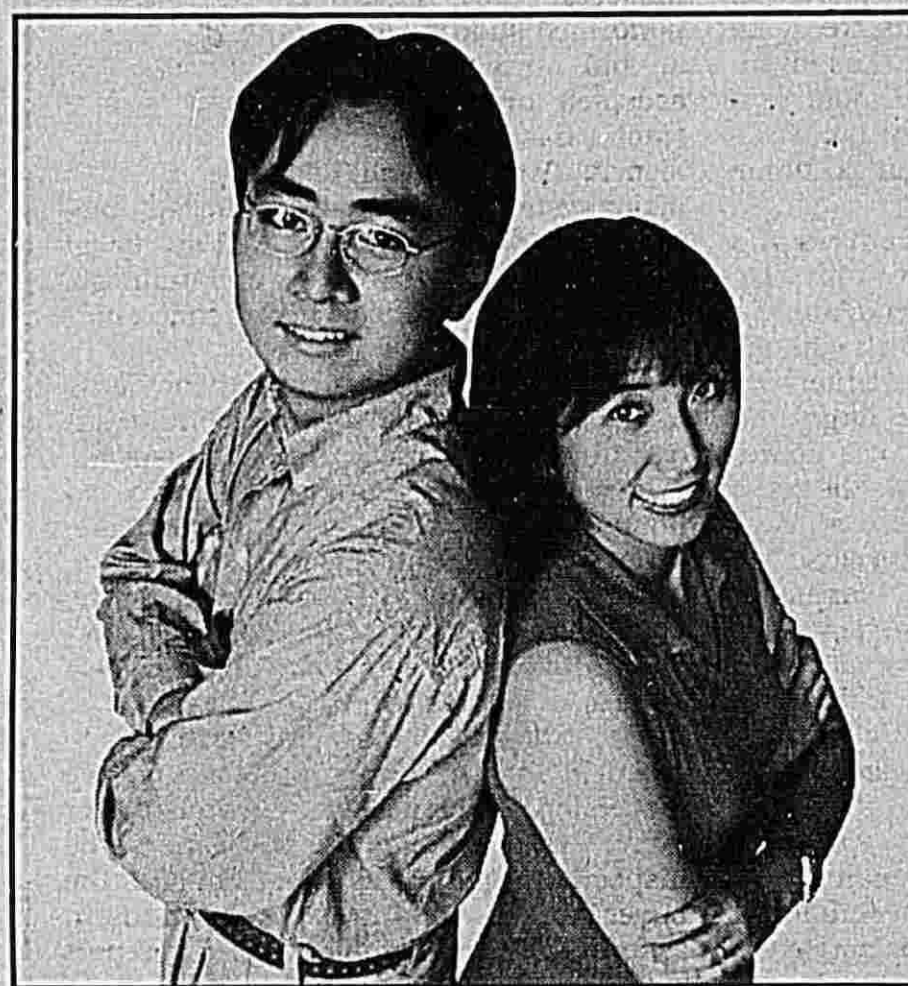
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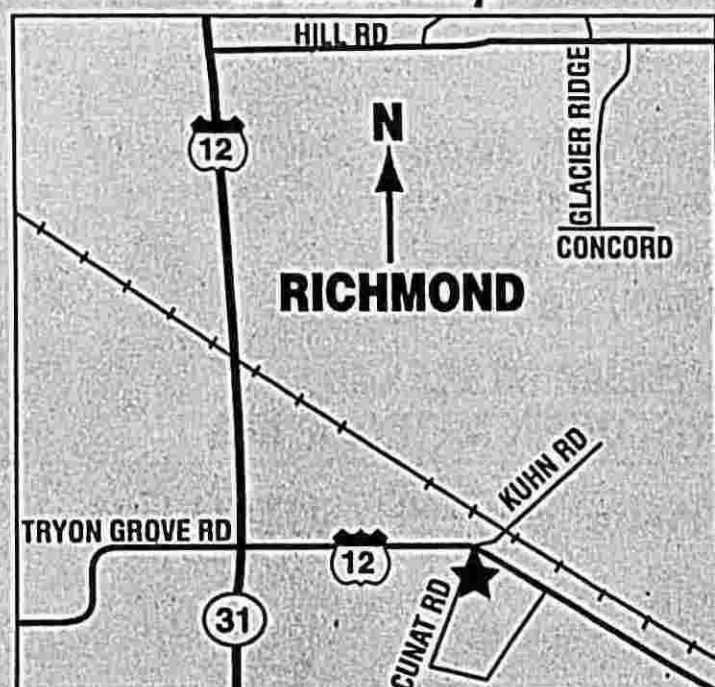
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Location Map



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of Richmond

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Another Fine Cunit Development



Home inspection valuable before deciding sales plans

While much speculation has been made as to when the real estate bubble will burst, home sales remain strong.

And while no burst in the real estate bubble is in sight, the real estate market does seem to be returning back to a more neutral marketplace. "Buyers who were once at the mercy of sellers in terms of home price, closing date and terms of the contract are now seeing themselves gain back some advantage in the deal as inventory increases and the market stabilizes a bit," says Jim Ragland, Grayslake-franchise owner of HouseMaster, a home inspection company.

This is good news for home buyers who would have been asked to pay top price with little (or no) room to negotiate, no matter what the condition of the house was. "In the recent seller's market, we were seeing buyers actually forgo the inspection—the professional, third-party review of the home's condition - because they thought the deal would close faster without it and they didn't want to lose the house to another bidder," explains Ragland. "Many people were so desperate to find a home that they were willing to accept the home as-is without knowing if the electrical system presented a fire hazard or if the foundation was in need of costly structural repairs."

Not a good idea, since HouseMaster research has shown that 40 percent of resale homes have a serious defect that will cost at least \$500 to repair or create an unhealthy environment for the home's new occupants. "These buyers may be in for expensive surprises down the road," warns

Ragland.

A professional home inspector will perform a visual evaluation of the home and document the conditions found. The home inspection is generally performed shortly after a bid has been accepted or a contract has been signed. "We look at all the major systems, including electrical, plumbing, heating, or cooling as well as visible structural elements, roofing and drainage, documenting evidence of any concerns," explains Ragland.

A good home inspector will not only alert a buyer if any defects exist, but he will also make note of the home's good aspects. "We report on everything we find in the home, so that the buyer has the overall picture of the condition of the home, both the good and the bad. The goal is to assist the potential buyer by providing as much information as possible to help them make a sound decision when purchasing the home," adds Ragland. "It is also recommended that the buyer tag along on the inspection, which lasts about two hours or more. By attending the inspection, the inspection report is more meaningful, the buyer can ask the inspector questions to assure a full understanding of the report and the inspector can demonstrate how to operate or maintain many of the systems in the home."



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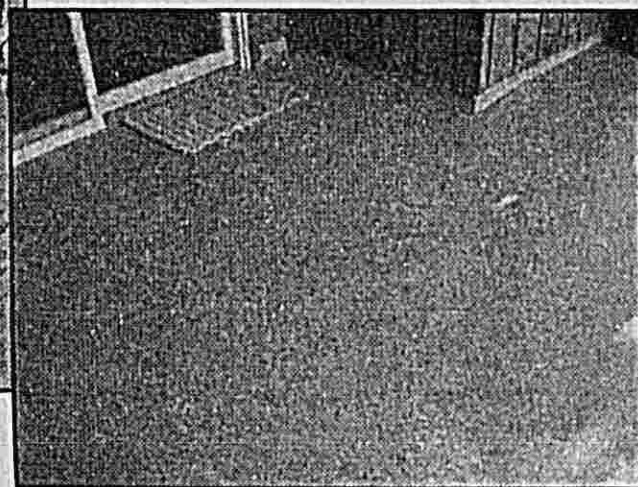
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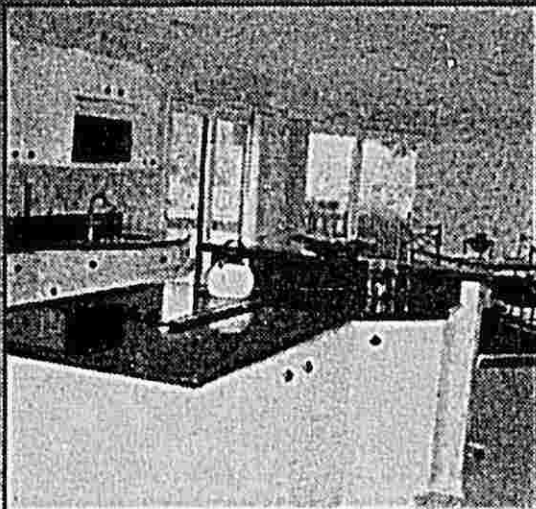
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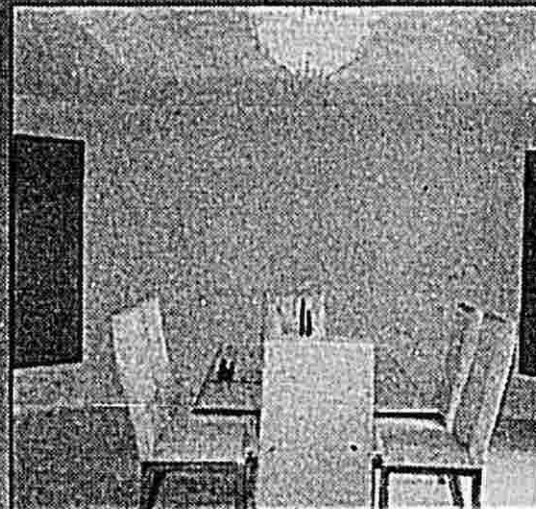
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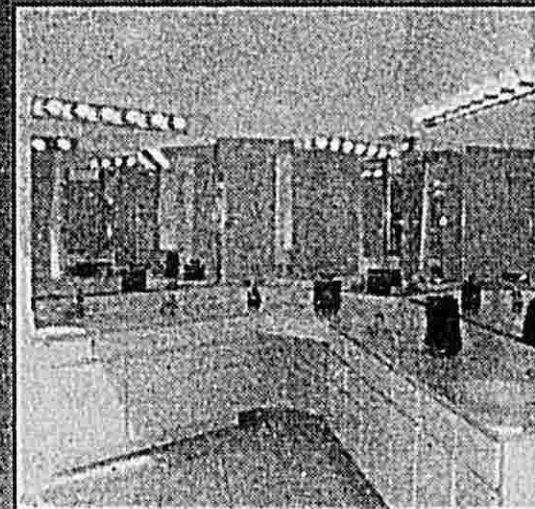
Seeing this distinctive home is an unforgettable experience strategically located in one of Lib. premium neighborhoods. Stately foyer massive LR wall of win, sep DR, fab KIT w/granite count GR RM w/wet bar, seats 8 w/FP w/hi marble stone bar L/L 6 person sauna, EXER RM, Mast FP priv balcony vault cell, lux Bath balcony w/glass over-looking LR & FO.



Beautiful kitchen crafted furniture quality cabinets. Granite counter tops. Sub-Zero refrigerator.



Dining Room with elegant chandelier. Tray ceiling with special sculpted design.



Master suite bathroom with his/her vanity sink. Kohler whirlpool bathtub.

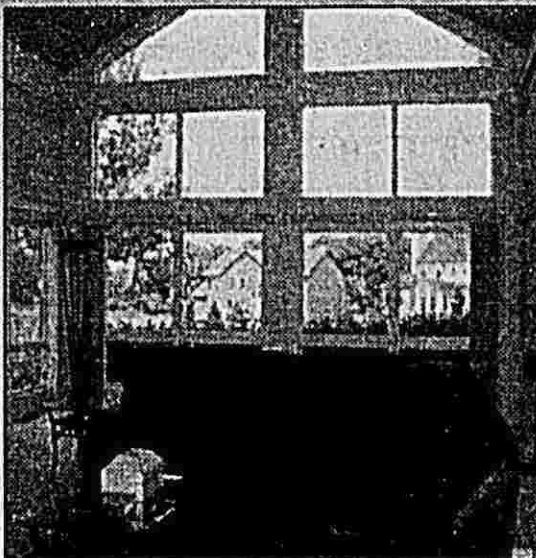
HOMETRUST

MORTGAGE CORPORATION

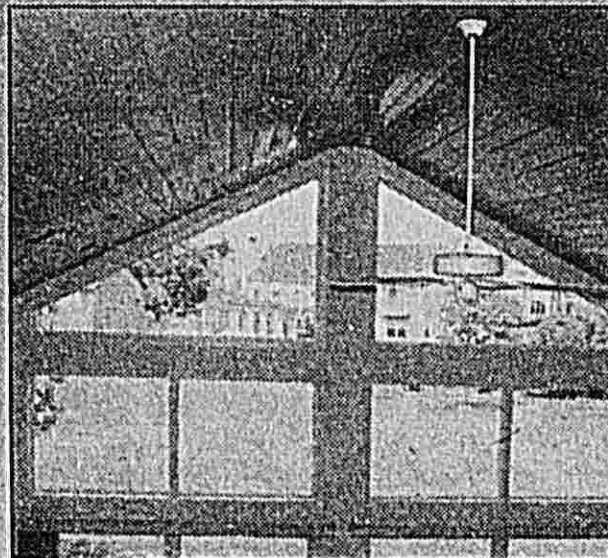
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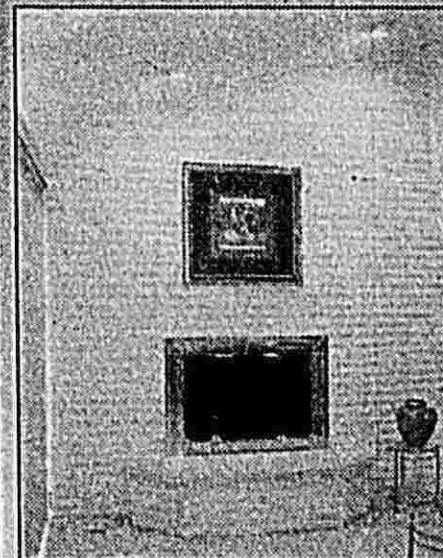
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New look for kitchens and baths with energy efficient windows and doors

Buying new carpet, splurging on hardwood floors or remodeling a basement is on a lot of people's home improvement "wish lists." But with rising energy costs taking a bigger bite out of the budget, today's style and money-conscious consumers are moving replacement of worn out windows and doors to the top of their project list. Thanks to improvements in energy-efficiency and design flexibility, new windows and doors can help reduce energy bills while dramatically improving the look and comfort of a room.

Today's windows can become the defining centerpiece of any room, especially kitchens or bathrooms in need of a fresh new look, not to mention more natural light. Windows, doors with windows, or even a whole wall of windows add drama to the drabest of interiors. Window updates to a kitchen or bath can result in a major improvement in terms of a fresh look and feel to a home. When making decisions about window upgrades, it's important to not only consider aesthetics but also practical issues such as ventilation, security and proper placement.

Today's windows also can provide added peace and quiet for active homeowners, as modern multi-paned windows provide greater sound-proofing benefits, not to mention improved energy-efficiency, as compared with older single-pane windows.

Investing in home improvement not only reduces energy costs, but increases everyday comfort, both factors that can add value to a home at resale time. According to a Freddie Mac homebuyer's guide, if a home has been well-maintained, it can command a much higher price than the same home with fair to poor maintenance. The guide states that an older home with modest construction features might have a remodeled kitchen, or new insulated glass replacement windows that would add to its value.

Experts at the Pella Window Store say for many people, the decision to replace a window is more than performance based, there's value in how it looks, too:

- Is there peeling, chipping or deterioration on the

inside or out?

- Is it easy to open, or is it painted or nailed shut or inoperable?
- Does it collect moisture in between the panes?
- Can you feel a breeze inside the home even when the window is closed?
- Is the style outdated?
- Is it poorly placed?
- Is the symmetry of the room off because of one window?

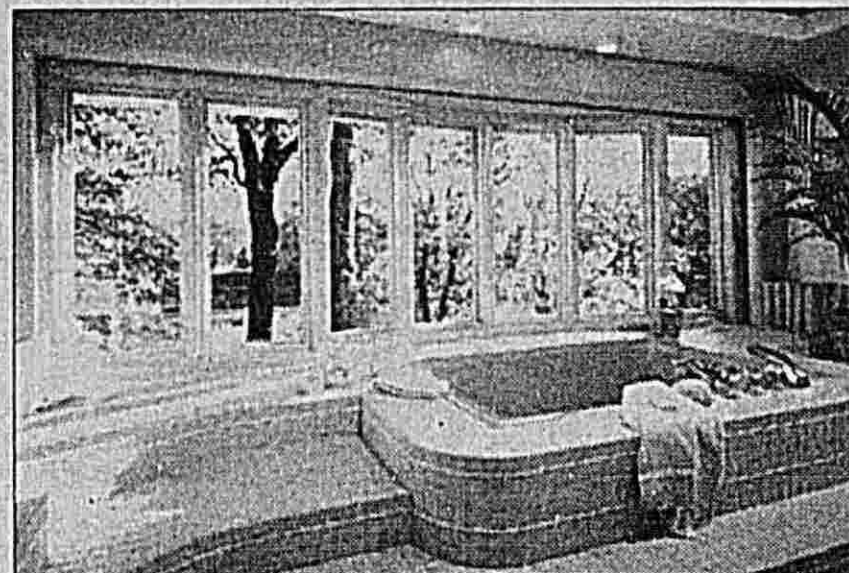
The ability to clean a window without much hassle is another major contributing factor in deciding if it's time for replacement. Today's time-pressed consumers enjoy the convenience of virtually maintenance-free aluminum-clad exteriors, durable fiberglass composite products and other pre-finished interior and exterior window options, which eliminate the need for painting and scraping windows and doors.

In addition to added beauty, energy-efficiency and convenience, other trends are featured in window and door updates for kitchens and baths:

Many people want bigger windows and better views from their kitchen sink. Today's awning-style windows allow for an expanded view, without a post or column in the middle of the window. Another popular choice over the sink is a casement window that is easier to open and close than other styles, thanks to the convenience of a fold-away crank, providing an unobstructed view.

A popular evolution in windows is the shade-between-the-glass concept that offers a visually clean, clutter-free look for the window and shade. With this style, blinds and grilles are tucked away neatly between panes of glass, which means no dusting. This type of unit provides privacy when needed for kitchens and bathrooms, yet window fashions can be easily adjusted to allow in natural light when desired. Available for both windows and doors, the window fashions are protected between panes of glass for ease of operation and a sleek, clean design.

The latest accessory for these windows is a remote con-



Today's windows can become the defining centerpiece of any room, especially kitchens or bathrooms in need of a fresh new look, not to mention more natural light.

trol. You can effortlessly position the tilt of the shade with the remote. This idea is perfect for kitchen windows or a bank of windows on a wall, such as in a kitchen, dining room, bedroom, living room, family room, or a commercial setting. For the ultimate in convenience, the remote is programmable so several blinds can be tilted at once.

A great idea for the bathroom is a new cordless shade that can be raised, lowered or tilted. This is a variation of the shade-between-the-glass window that has appeal, especially when placed over a bathtub. It keeps the tub area free of clutter, gives the room a neater look and is easy to operate with a slide in the grove of the window.

Investing in a few minor home improvements each year, such as new windows, will add up over time to equal major changes and dramatic new views. And making incremental progress along the way will make your living experience even more enjoyable. As the saying goes, "A house is a home when it shelters the body and comforts the soul."



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1.78 Acres**

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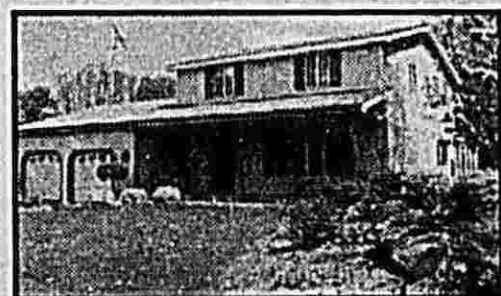
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Unique home maintained to perfection. 3 BR, 2 baths, 2 fireplaces and full walk-out basement. Private setting, just move in and enjoy. Listed at \$238,000

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Home on
7.75 Acres**

So much to offer. Spacious home, outbuilding with 4 horse stalls, main floor laundry. Close to I94 for easy commute. Listed at \$350,000.

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**Great
Location!**

Wonderful 1.5 story home with 3 BR, 2 Baths, and a full master suite complete with Jacuzzi. Screened room, large wraparound deck to pool. Property backs up to woods for plenty of privacy. Listed at \$244,000

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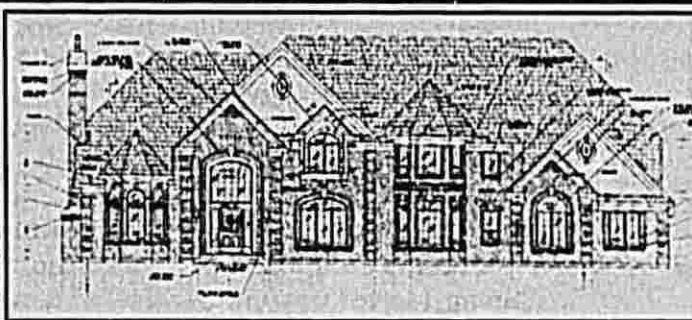
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GURNEE EQUESTRIAN ESTATE

6 BR home on 5.45 acres in prestigious Hunt Club Farms. 2-3 stall barn w/tack room & wash rack. Fenced paddocks. 2-story great room w/marble fireplace. Cherry kit. w/granite tops & vaulted eating area w/views of the grounds. 4 car garage. Finished bsmt. 4 full & 5 half baths, tall ceilings, architectural molding, tray ceilings, 1st fl master w/whirlpool bath. \$1,150,000

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WADSWORTH

Fabulous proposed luxury estate home on 3.6 acre lot in Hunt Club Farms. 1st & 2nd floor master suites. Huge rooms. 4 bedrooms, 4.5 baths, 2 fireplaces, 4 car garage. Loaded with marble, granite, hardwoods & architectural moldings. \$1,220,000

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LIBERTYVILLE LUXURY

Everything you would expect from the prestigious Merit Club! 4 Bdrm home on over an acre. Gourmet kitchen w/limestone floor, granite tops & state-of-the-art appliances. Huge master suite w/luxury bath. 1st fl. study. Spacious sunken family room/columned entry. Grand 2-sty foyer. Beautifully appointed! \$1,075,000

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Huge home designed to take advantage of the fabulous lake views. Equestrian lot in Wadsworth's Hunt Club Farms. Home has 2-story living room & study. Large foyer with circular staircase. Bayed rooms offer beauty & wide-angle views. Walk-out basement. Marble, granite, hardwoods, molding. \$1,360,000.

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BRAND NEW ESTATE HOME

5 Bdrm brick home in prestigious Hunt Club Farms on 4.59 acre equestrian lot. 2-sty family room w/fireplace. Bayed living & dining rooms. Kitchen has granite tops & hardwood floor. Master suite has sitting area, trayed ceiling, whirlpool & walk-in closets. Bayed room w/beautiful view of equestrian center. \$975,000.

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EQUESTRIAN ESTATE

15.6 acres (2 lots) in Wadsworth's Hunt Club Farms! 9 stall barn w/attached indoor heated arena. 3 BR farm/caretaker's house. Large paddocks. Direct access to 10 miles of bridle trails. Unique opportunity for beautiful property close to major highways. \$1,020,000

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COMMERCIAL PROPERTY

GURNEE \$120,000

.4 acre conveniently located commercial/office lot. Option for land, 8000 sq. ft. bldg. or build to suit. Second lot available for \$120,000 or combine (.79 acre) for \$230,000. Can build to suit up to 20,000 sq. ft! Near major highways.

WAUKEGAN \$120,000

Acre zoned M-CR with view of Lake Michigan! Suitable for boat storage, commercial park or lake orientated activities. Other options: restaurant, marine orientated retail, office, professional, zoo, shops servicing nautical components.

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GURNEE EXECUTIVE HOME

Brick & cedar beauty. Circular staircase highlighted in 2-story marble foyer. 4 Br., 4 baths, double dr entry into master with FP, walk-in closet & balcony. Bonus area for possible 5th bedroom. 3 car garage. Hardwood fls., ceramic tiled sunroom, 2 fireplaces. Bsmt has roughed-in bath & FP. Virtual Reality tour at lakecountyhome.com! \$629,900

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GURNEE \$650,000

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MULTI-FAMILY LAND

GURNEE \$350,000

4 acres targeted for 2-4 unit/acre! Convenient Gurnee location. Perfect for condos or apt buildings. All utilities near or to site! City water & sewer. Adjacent .50 acre targeted for 2-4 unit/acre, also with all utilities, available for \$75,000

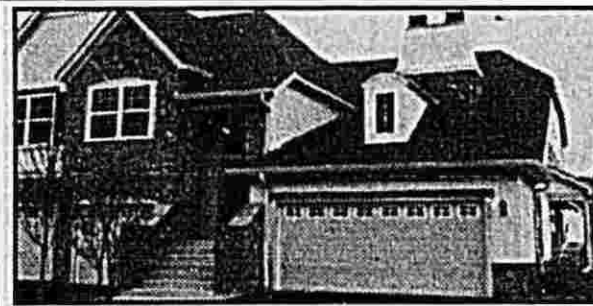
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GURNEE - 4 Bedroom + Study

Spacious home in desirable SouthRidge on quiet cul-de-sac. 2-sty foyer w/hardwood floor. Vaulted fam. rm. w/brick fireplace & oak built-in entertainment center. Access to huge sundeck. 1st flr study. Oak kitchen w/bayed eating area. Master has sitting rm, his/her walk-in closets & whirlpool bath. \$515,000.

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VERNON HILLS

New 3 bdrm, 2 bath condo in Gregg Landing's Shadow Creek. One floor living with vaulted ceilings! Kitchen has granite tops & slider to balcony, great rm w/fireplace/media center. All appliances, hardwood floors, end unit 2 car garage. \$376,600.

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2.5 ACRE COMMERCIAL GRAYSLAKE

Brick 4 BR house on commercial acreage on Washington Street fast-expanding corridor. Buy for vacant land or renovate house to use as office, or many other uses. 2 car attached garage. Land is level and between new gas station and popular restaurant. \$475,000.

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EXECUTIVE HOMESITE

WADSWORTH \$425,000

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VICTORIAN FARMHOUSE

Older home in good condition. Newer windows & front porch. New 2 car garage. 3 bedrooms, 2 baths, fireplace. On acre in established section of Gurnee. Gurnee schools. \$299,900.

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WOODED LOT WITH BRICK PATIO

Great 3 bdrm Victorian in charming Country Lane, Waukegan. 2 car garage. 2-sty living room. Vaulted master bedrm. Finished bsmt w/workshop & rec room. Yard is extensively landscaped to look like something out of a gardening magazine! \$239,000.

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3 BEDROOM TOWNHOME W/GARAGE

Affordable Grayslake newly remodeled 3 bedroom, 1-1/2 bath home in Quail Creek. New kitchen, bathrooms, carpet! Fenced backyard. Clubhouse & pool access. No need to rent! \$134,900.

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Water wisely!



The Chicago area is experiencing a relatively cool, early summer with adequate rainfall. But if history repeats itself, we will soon be in very hot and dry conditions, which mandate the proper watering of plants. The goal is to have healthy plants for aesthetic and environmental reasons, but not to waste water in doing so.

Following are some tips to do that:

•Select the right plant for the location. Consider the water consumption needs of plants when placing them in naturally hot and dry locations. For example, it is not water wise to place a



water-liking plant such as a river birch high up on a hot west-facing berm. Group plants that need less or more water together to avoid over- or under watering.

•Test the soil. Before simply turning the water on to play it safe, use a simple method of testing the moisture around plants by inserting a stick, a long thick screwdriver, or a root feeder 12 inches into the root zone. Upon withdrawing, a dry shaft indicates the plant needs water. A soil probe used the same way removes a soil plug for inspection. Remember that most roots are in the top 18 inches of the soil and extend out to, and slightly beyond, the dripline (the ends of the branches).

•Monitor plants. Be aware that some plants adjacent to building structures, such as those under roof overhangs, might not receive adequate rainfall even with the heaviest rain. This is also true for plants that are along a downwind-facing wall during a rain that is occurring with high winds. Carefully check plants installed during the last couple of years since they do not yet have adequate water-absorbing root structures.

•Encourage deep roots. The deeper the water flows in the soil, the deeper the roots will be. Frequent light-surface watering creates shallow roots that reach up toward moisture. This is true for

both turf as well as trees. Place soaker or porous hoses near the trunk of newly planted trees and out to the dripline for established trees. For trees on steep slopes, lay the majority of the hose on the high side of the root zone and let the water run down to the lower side.

•Monitor irrigation systems. The advantage of irrigation systems is that they are automatic and supply an even amount of water to the plants at set intervals. The disadvantage? They are TOO automatic. If the irrigation system does not have a recommended automatic rain sensor, which shuts the system down after it rains, turn off the next watering cycle manually after a rainfall.

Also, if there is a forecast of rain in the near future, turn off the system and let Mother Nature handle it. Inspect the system at least once a month while it is running to make sure all heads are adjusted properly (i.e., not watering the driveway) and that there are no leaks.

Get the greatest benefit from water used and try to set up a regularly scheduled program:

• Do not try to water all planted areas at each watering. Saturate each area and then allow to dry out before watering again

• Remember to have mulch (no more

than 2-3 inches) around all planted areas to reduce water loss

• Do not allow plants to wilt before beginning a watering program

• Remember a hose at as low a pressure as possible without the nozzle is the best method of watering.

Recognize the signs of underwatering:

• Soil is dry
• Older leaves turn yellow or brown and drop off

Know the signs of overwatering

• Soil is constantly damp
• Leaves turn a lighter shade of green or turn yellow

• Young shoots are wilted
• Leaves are green yet brittle
• Algae and mushrooms are growing

Water wisely! Live by the rule: Plants and irrigation systems don't waste water, people do. Call for your free color brochures, Your Landscape Begins With A Dream, for planning, budgeting and creating outdoor spaces and Garden Centers Are Natural Resources with guidance in garden center selection. Included is a list of member landscape contractors and garden centers. Call Monday through Friday 630-472-2851, write ILCA, 2625 Butterfield Road, Suite 204W, Oak Brook, IL 60523 or e-mail lodell@ilca.net for print material.



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Condo buyers in same boat as single home shoppers

Regardless of the type of home being considered for purchase, either a single-family, free standing home, a duplex or a residence in a condominium complex, many of the preliminary steps towards purchase remain the same.

"In essence, the only difference is on what you're buying, with just a few slight variations on how you're doing it," said Helen Weiss, a principal of Weiss Development Corp., veteran condominium builder.

In many respects, to paraphrase Gertrude Stein, a home is a home. In both cases you get a deed, which gives you legal title to your dwelling. You are responsible for paying property taxes, which are deductible from most state and federal income taxes. Most other exemptions offered to single-family home buyers, such as those given to senior citizens or armed services veterans, are allowed for condos as well.

"But prudent home shoppers take a few cautionary steps before ever jumping into the market," said Weiss. "By doing their homework — checking out the builders' past communities and talking to previous buyers, possibly pre-applying for mortgage, they are eliminating unwelcome surprises later."

Weiss also suggests a few other steps prior to purchase:

- **All the costs, up front.** Get all the facts on settlement costs. Remember to budget for these expenses over and beyond your down payment.

- **Title insurance.** You should also make sure that the title is free and clear of any liens, just as you would in pur-

chasing a free-standing home.

- **Structure.** Find out the history of the building and review a copy of the operating budget. "If it's new construction, you will want to take a look at what the developer has previously built, and if possible talk to people who live there," said Weiss. In case of Village Green, two buildings, already sold and occupied, provide a solid basis for such experience.

- **Watch your money.** Don't make a down payment until you are sure of the mortgage loan, unless the purchase agreement notes that your down payment will be refunded if you are unable to get mortgage credit.

- **Do some reading.** Covenants and restrictions, while found chiefly in condominium communities (whether they're townhouses, apartments or single-family homes) often exist in neighborhoods of fee-simple homes as a means of guaranteeing all homeowners a quality appearance. However, a homeowner should be aware of just what is included in the list of do's and don'ts before signing anything.

Between homes and condominiums, there are some differences, however. In addition to the living space, the condominium buyer also purchases a share of the community property, which can include a garage, laundry room, tennis courts, clubhouse or swimming pool, or any combination of them. It also includes a guest lobby and corridors.

As part owner, you help pay for their maintenance and operation through a monthly assessment fee. A builder should be able to tell you this added cost in the same breath they approximate

your monthly mortgage payment, so you can see the entire financial picture at once.

Besides these differences, condominium buyers should ask about:

- **Additional reading material.** Review the Declaration, By-Laws, Operating budget, Management Agreement and Rules and Regulations.

- **Rights.** Find out on what basis your ownership assessment and voting rights will be determined.

- **No surprises later.** Ask the developer the following questions: Do they plan to enlarge the development by adding more land, and/or additional buildings? Has the developer's right to do so been pre-defined in the declaration?

- **Liability.** Make sure there is adequate liability coverage for the entire

condominium, and that the liability insurance policy names, as insured, the board of directors and each unit owner individually as co-owner.

- **Freedom of movement.** Are there any restrictions on your right to sell or lease? If there are, are they conditions you can agree to?

In addition, there are a number of other questions that make the condominium buyer more confident about the new community: Are the recreation facilities adequate for the number of residents? Have provisions been made for parking, storage, and refuse disposal, and are those costs already reflected in the monthly assessment fee? How are utility costs apportioned? What warranties come with what appliances in each condominium?

Did you know

Turn on the lights during showings

Most agents will agree that the brighter a house is, the easier it is to sell. Buyers don't want to purchase a house that looks dreary, so make sure you have all the lights on when you have a showing. Better yet, keep the lights on — in case you have a surprise showing later in the day. It's a good idea to replace fixtures with fresh bulbs of at least 100 watts (first make sure your lamp won't melt with wattage that high) and consider buying an inexpensive but nice lamp for any part of the house that needs additional lighting — it is better to overwhelm buyers with a bright house than let anyone feel the house is too dark. If you're worried about the electricity bill, don't be. This is part of the cost of the cost of selling your home.

THE MARSCH & BROWN TEAM



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The Chicago Tribune Business (section 3)

The Mortgage Bankers Association of America said Wednesday

"30 YEAR MORTGAGE RATES FALL BELOW 4.99%"

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1635 MULBERRY DR., LAKE VILLA

Great value, better than new 4 bdrm, 2.5 bath (2nd fl den/office that could easily be converted to 4th bdrm). This home is in immaculate condition and boasts an open floor plan on a premium lot. English walkout basement, overlooks pond and fountain. Kitchen with center island opens to family room with fireplace. 2nd floor laundry, upgraded cabinets and appliances, water filtration system and so much more. Bring Offers! Priced to sell at \$305,000



542 PATRICIA, GRAYSLAKE

Fabulous home with great open floor plan. Hardwoods in living room, dining room foyer and kitchen. Gourmet kitchen with granite counters and L-shaped snack bar that seats 8. Family room with gorgeous fireplace and double sliders lead to an 820 sq. ft deck with pool, and built-in bar area. 4 large bedrooms, 2.5 baths, 2nd story laundry room. Too much to mention! Priced to sell quickly at \$305,000



6548 BRIDLE TRAIL RD., GURNEE

Magnificent Hunt Club home overlooks equestrian riding center. Built on 2.5 acres with 10' ceilings, extensive rich moldings, custom cabinets and built-ins throughout. Gourmet kitchen with granite and hardwoods, 4 fireplaces, 1st floor master suite, 5 bdrms, 5.5 baths. Finished English basement with 2nd kitchen, granite bar, steam bath, sauna, wine closet and golf room. All this for \$999,900



36433 MILL CREEK DR., GURNEE

Brick and cedar Georgian built on 7/8 acre cul-de-sac lot in highly desirable Mill Creek Crossing. This home features new carpet and paint, oak cabinetry and trim, hardwoods, 4 bdrms, 2.5 baths, large kitchen with center island and dinette area that overlooks huge sunken family room w/fireplace and 850 sq. ft. deck. Extra large 3.5 car garage with lots of storage. Great floor plan, this home is a must see! Bring Offers. \$504,900



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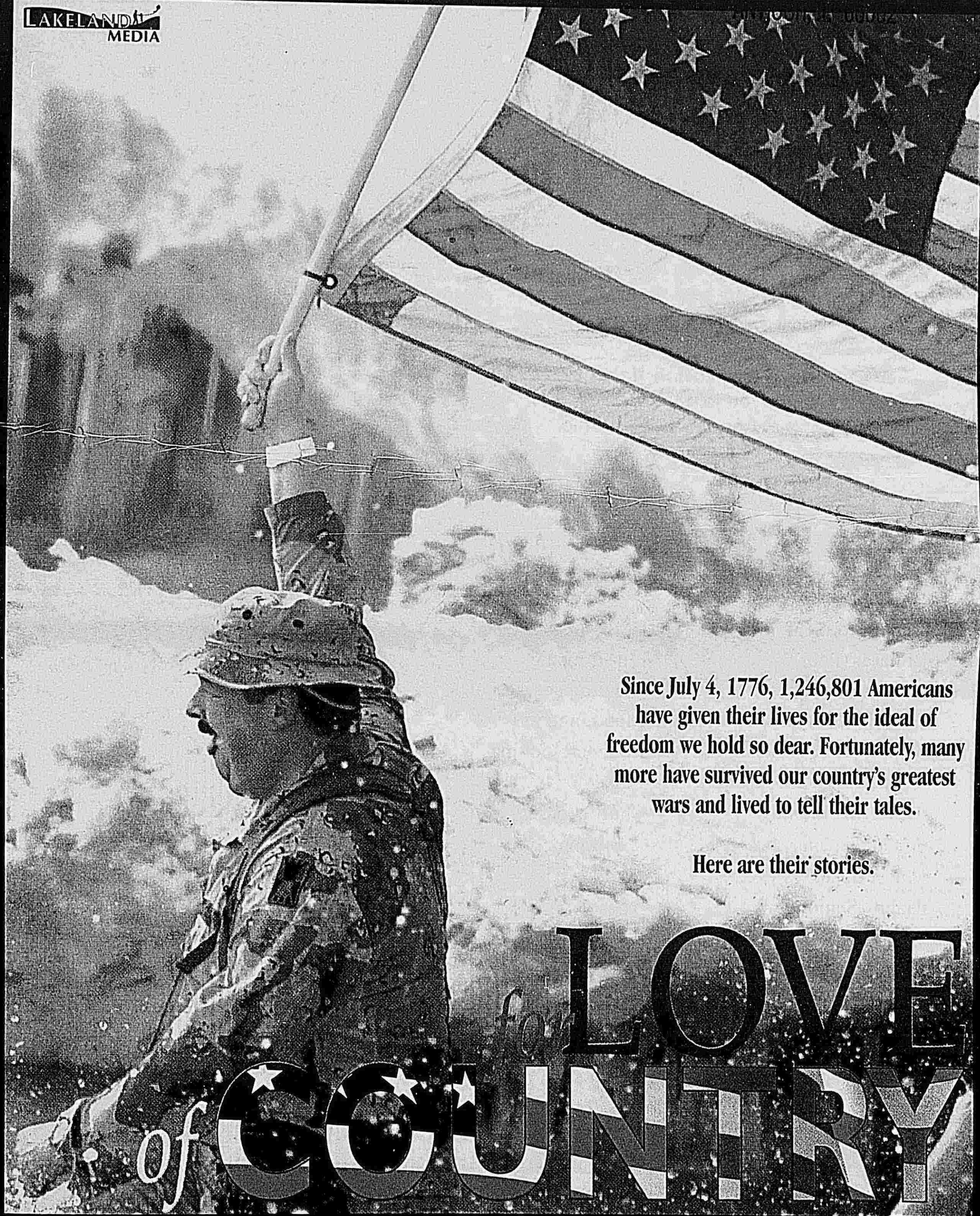


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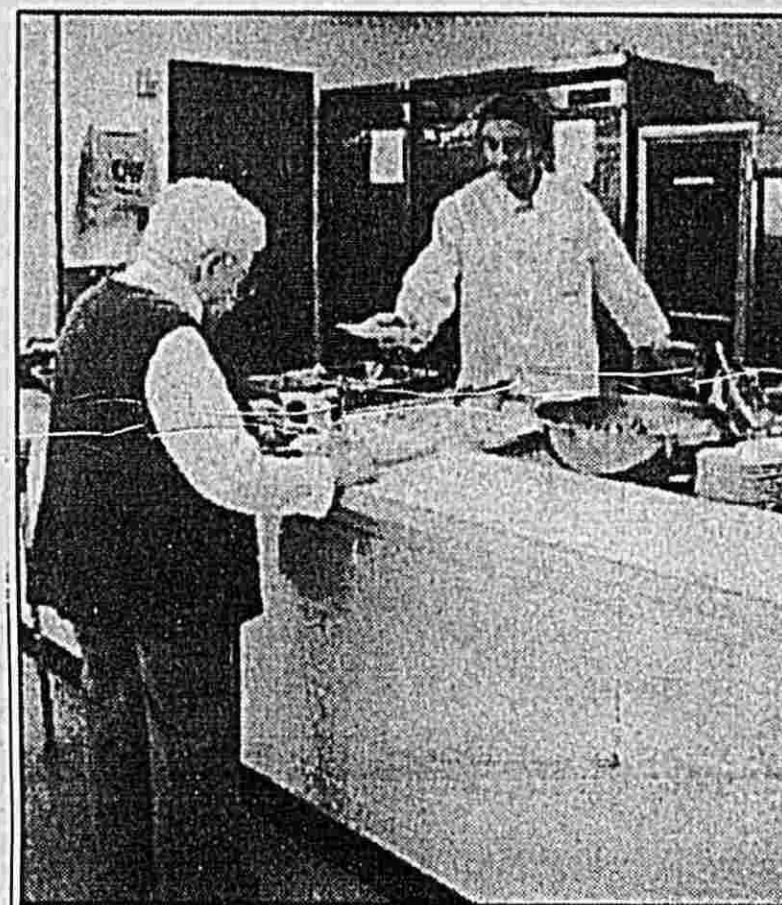
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For Love Of Country is a special section honoring Lake County veterans of past wars, who put their lives on the line to preserve freedom and liberty for Americans everywhere.

In these pages, we profile some of these veterans as they share their personal experiences and insights.

Lakeland Media salutes all the veterans, and cherishes the contributions they've made for the sake of the American way of life.

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In 1917, 10,000 Sailors at Great Lakes Naval Training Center in North Chicago took to Ross Field to create a "living flag." Such patriotic formations were popular during World War I. —Photo courtesy of Great Lakes Naval Training Center archives

I AM THE FLAG

By RUTH APPERSON ROUS

Let every nation know, whether it wishes us well or ill, that we shall pay any price, bear any burden, meet any hardship, support any friend, oppose any foe to assure the survival and the success of liberty.

President John F. Kennedy, Inaugural address January 20, 1961

I am the flag of the United States of America. I was born on June 14, 1777, in Philadelphia. There the Continental Congress adopted my Stars and Stripes as the national flag.

My thirteen stripes alternating red and white, with a union of thirteen white stars in a field of blue, represented a new constellation, a new nation dedicated to the personal and religious liberty of mankind.

Today 50 stars signal from my union, one for each of the 50 sovereign states in the greatest constitutional republic the world has ever known.

My colors symbolize the patriotic ideals and spiritual qualities of the citizens of my country.

My red stripes proclaim the fearless courage and integrity of American men and boys and the self-sacrifice and devotion of American mothers and daughters.

My white stripes stand for liberty and equality for all.

My blue is the blue of heaven, loyalty, and faith.

I represent these eternal principles: liberty, justice, and humanity.

I embody American freedom: freedom of speech, religion, assembly, the press, and the sanctity of the home.

I typify that indomitable spirit of determination brought to my land by Christopher Columbus and by all my forefathers — the Pilgrims, Puritans, settlers at James town and Plymouth.

I am as old as my nation.

I am a living symbol of my nation's law: the Constitution of the United States and the Bill of Rights.

I voice Abraham Lincoln's philosophy: "A government of the people, by the people, for the people."

I stand guard over my nation's schools, the seedbed of good citizenship and true patriotism.

I am displayed in every schoolroom throughout my nation; every schoolyard has a flagpole for my display.

Daily thousands upon thousands of boys and girls pledge their allegiance to me and my country.

I have my own law—Public Law 829, "The Flag Code"—which definitely states my correct use and display for all occasions and situations.

I have my special day, Flag Day. June 14 is set aside to honor my birth.

Americans, I am the sacred emblem of your country. I symbolize your birthright, your heritage of liberty purchased with blood and sorrow.

I am your title deed of freedom, which is yours to enjoy and hold in trust for posterity.

If you fail to keep this sacred trust inviolate, if I am nullified and destroyed, you and your children will become slaves to dictators and despots.

Eternal vigilance is your price of freedom.

As you see me silhouetted against the peaceful skies of my country, remind yourself that I am the flag of your country, that I stand for what you are—no more, no less.

Guard me well, lest your freedom perish from the earth.

Dedicate your lives to those principles for which I stand: "One nation under God, indivisible, with liberty and justice for all."

I was created in freedom. I made my first appearance in a battle for human liberty.

God grant that I may spend eternity in my "land of the free and the home of the brave" and that I shall ever be known as "Old Glory," the flag of the United States of America.

WHAT YOU'RE SAYING

WHAT DOES BEING AN AMERICAN MEAN TO YOU?



Being free, getting to go where you want to go, and not being forced to do anything you don't want to do.

**Mackenzie Guy,
Grayslake**



Freedom, opportunity to worship as I please, where and when I want, travel with out fear from government taking you over.

**Jerry Badgerow,
Grayslake**



Freedom to do what you want. It took me serving for five years until I realized, by seeing other countries, what we take for granted.

**Andy Tsengouras,
Lindenhurst**



Freedom of speech and choice.

**Leeann Gothberg,
Gurnee**



Having more opportunities than we know what to do with. We don't know how good we have it until we go to any other country.

Bob Remler, Libertyville



I consider myself privileged and lucky to be an American. My daughter lives in Europe and she wants to come home and that means a lot.

Shirley Kitto, Fox Lake

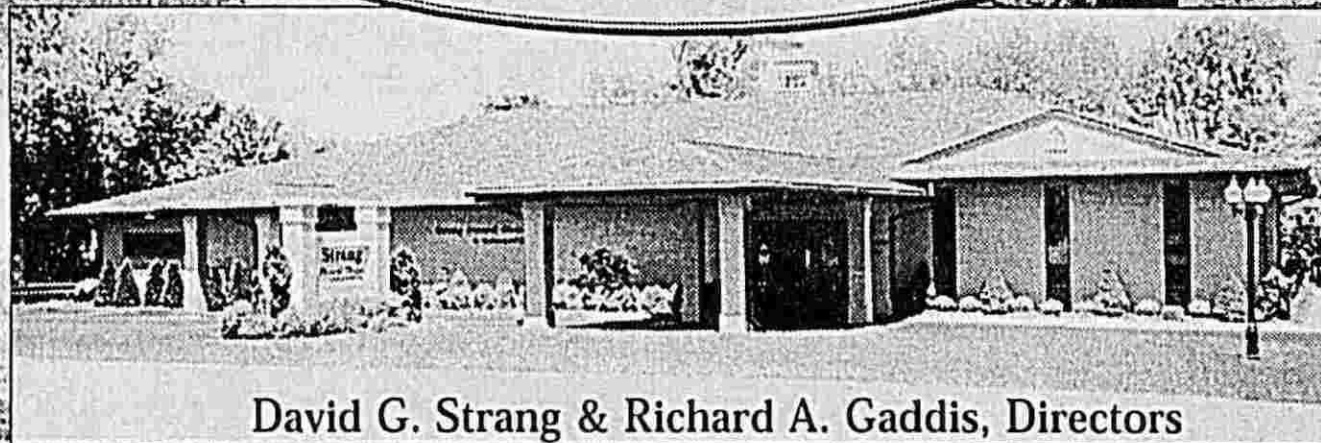
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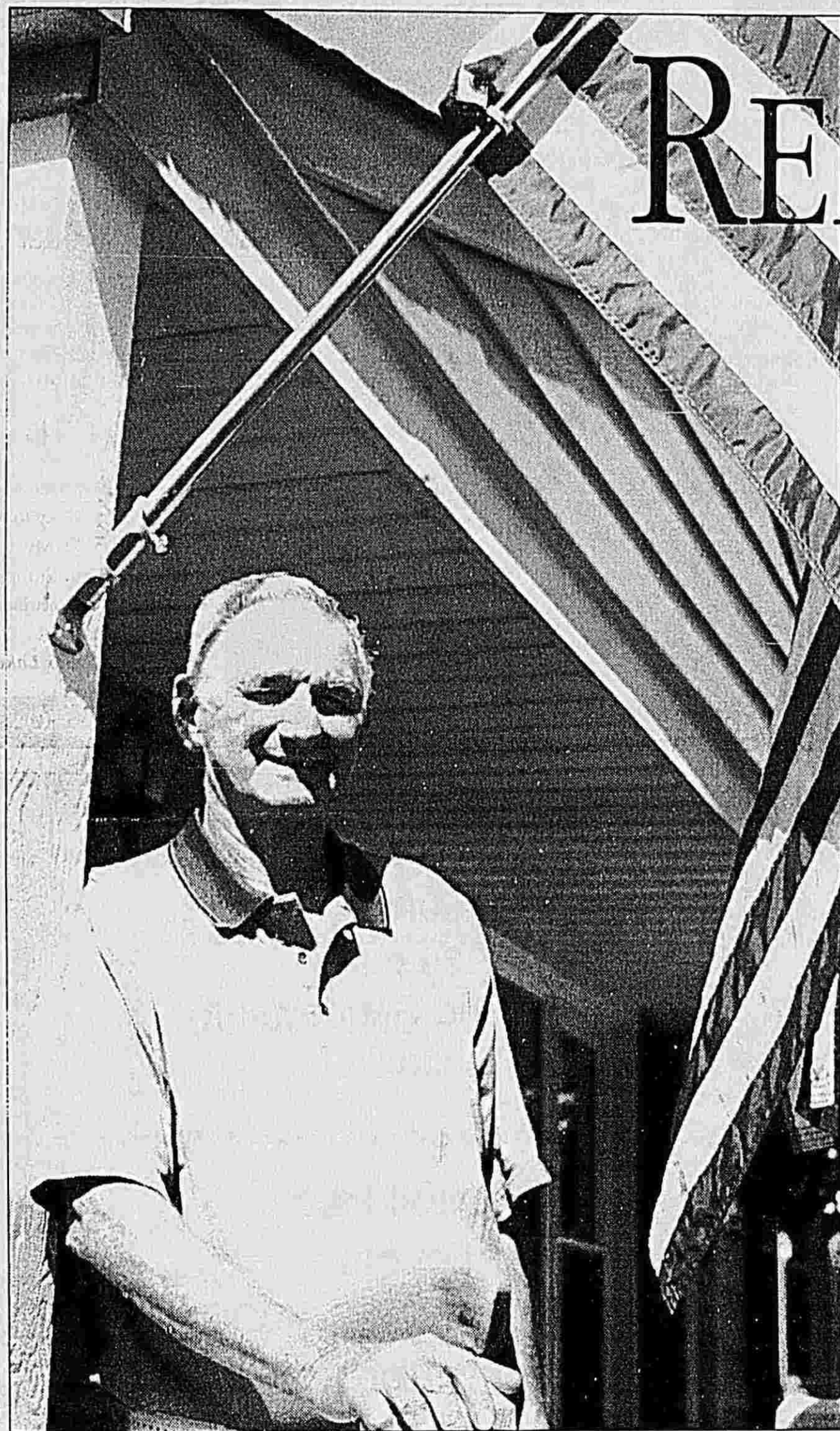


Photo by Sandy Bressner

'I was walking along and saw the chunky Japanese man lying there with a mustache and a ring on his finger. One guy cut his ring off his finger for a souvenir and kicked the body into the sea.'

**LEN PIEKARSKI
WORLD WAR II VETERAN**

WHEN HIS COUNTRY CALLED ON HIM IN WORLD WAR II, PIEKARSKI QUICKLY ANSWERED

By SONJA SCHNEIDER, Staff Reporter

In the fall of 1944, Len Piekarski arrived on the USS Birmingham CL62 after just completing boot camp.

"I enlisted when I was 17-years-old and I really wanted to be a Marine but they were booked up, so I chose the Navy," Piekarski, the 77-year-old Mundelein resident said.

The USS Birmingham, an escort ship for carriers, is a little more than a football field in length and entered WWII June 1943 during the invasion of Sicily.

As a seaman training in anti-aircraft artillery, Piekarski would help out by looking out on a super-structure during the evening. He didn't care for that too much.

One day a notice was posted that called for a fireman. Piekarski applied.

"I had to go behind boilers and paint," he said. "Also, we watched boilers and pull pipes by putting different nozzles on to increase or decrease the speed of the ship."

The ship was headed to Iwo Jima, Japan and met up in Ulithi, Anchorage, with the world's largest fleet of Navy ever.

"The Japanese were getting stronger and stronger as we got closer to their islands," he said. "We knew we were not going to lose the war, but we knew we

had to take on Japan."

On May 4, 1945 in Okinawa, Japan Piekarski had just finished a double duty filling in for a fellow friend and was fast asleep when a Japanese man was on a suicide mission crashed his aircraft into the ship.

The plane went through four or five decks killing 52 people and wounding 82.

"The plane dove into the ship with a 500 pound piercing bomb and wiped out the entire sick bay," Piekarski said. "We had no doctors, pharmacists, dentist, or patients left so we had to call another ship for relief."

The man Piekarski relieved from duty earlier was in the sick bay during the crash and was killed.

After the explosion from the plane, Piekarski was climbing to get to the top of the ship and saw a Navy man walking with his hands over his face holding his skin on. He lived and recovered well.

On one of the decks, the sailors found the top half of the Japanese pilot who still had his headgear on.

"I was walking along and saw the chunky Japanese man lying there with a mustache and a ring on his finger," Piekarski said. "One guy cut his ring off

See **PIEKARSKI** page 6



To have the freedom to choose what ever we want to do and live our lives how we choose to.
**Anne Noble
Grayslake**



Freedom to make choices, and raise your family like you want to raise it.
David Russo, Fox Lake



I am very thankful that we recognize diversity, freedom to worship or not as we choose, and there are so many opportunities for education and careers.
**Sandra Petron,
Libertyville**



Being free to make choices I'd like to make. As long as I am not damaging other people's freedoms.
**Joan Shawgo,
Libertyville**

PIEKARSKI

From page 5

his finger for a souvenir and kicked the body into the sea."

To stomach all the gruesome acts that are part of the job, he says he just doesn't think about it. During his two years in service he never saw one man cry.

"People dying is the worst part of war because you get to know everyone," Piekarski said. "I really think about it on days like Memorial Day."

Holding back emotion, Piekarski remembers the day the shipmates were told they were turning around and the war was over.

"I called a friend who was about to leave for battle and told him, be glad Harry Truman dropped the bomb otherwise you would have been there," he said. "We lost a lot of people and it would have been bad without the bomb."

The ship was docked in Australia for seven month and he says they were the

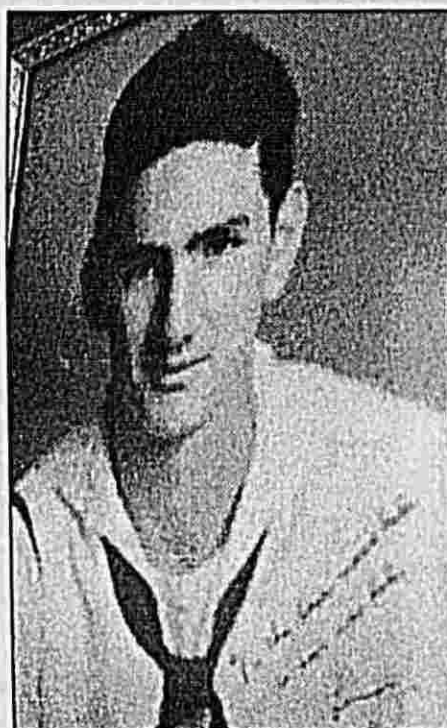
best days.

Piekarski joined a basketball team in Australia and would end practice early to hit the pubs. He loved the beer in the country.

"Every other night we had full liberty, can you imagine the partying," he said. "Australia was seven months of heaven and I cried when I left."

The ship life was not all work and no play for the men. They created their own games to entertain themselves.

"We had good times when the officers picked on the recruits by making them eat mustard off their



A photograph of Piekarski when he was in World War II.

behinds, performing operations and have beauty contests," he said. "We also had boxing matches and there were some good fights."

These activities broke the tension but during alone time the men were able to watch movies, read and listen to music.

Piekarski knows war is different in these times and thinks it is easier.

"The Navy today is a picnic even though they do great damage," Piekarski said. "This was a true Navy war, now you just sit there and shoot missiles."

He still loves the Navy and respects what the new generation is doing.

"I am not knocking the ships now, they are beautiful, but they don't have ship to ship flights or suicide bombers," he said.

Piekarski keeps in touch with fellow seamen at a reunion he attends each year.

"The people are getting less and less but the widows and the kids still come. It is touching," he said.

After his two years in the service, Piekarski left and began his 40-year career as a mailman.

He is now retired and has just celebrated his 50-year wedding anniversary with his wife Joan.

On his spare time Piekarski enjoys traveling, golf and walking.

"We are only here for so long so we vacation to Europe and take river boat cruises," he said. "I believe in vacations."



Freedom of choice.
Kathy Renninger,
Lindenhurst



Freedom, and your choice
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Larry McCann,
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Freedom to do what I
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Living up to his name



The family of Paul Freeman is ecstatic to welcome him home from the Iraq War.

'We contributed to saving a lot of ground troops lives with our air support helping to enable them to move forward. But the ground troops are the real heroes. Them guys are the ones sleeping in ditches and sleeping in the streets. In my opinion they're the ones making the real sacrifices.'

PAUL FREEMAN
Iraq War veteran

TERRORIST ATTACKS INSTILL A BURNING DESIRE IN FREEMAN TO PROTECT OUR COUNTRY

By JEFF ZACHARY Staff Reporter

Cowardly terrorists blowing up innocent American civilians in New York and Washington on Sept. 11, rubbed U.S. Navy Chief Paul Freeman the wrong way. Serving on the USS Theodore Roosevelt in the Mediterranean Sea off the coast of Turkey during the Iraqi War helped to ease some of that anger.

"On 9/11, I was angry and I was in shock. It was a cowardly act. Over 3,000 Americans died and none were wearing a military uniform," said Freeman. "By going over to Iraq and helping to breakup the Al Qaeda network, I was able to obtain a little closure."

Freeman, 37, was the Aircraft Maintenance Chief for Fighter Attack Squadron Two Zero One (VFA-201) which was among eight squadrons aboard the Roosevelt.

Also on board were 5,000 personnel and 80 military jets including 12 of the most technologically advanced fighter attack jets in the world.

Afloat in the Mediterranean Sea just off the coast of Turkey, his squadron's daily mission for the two and a half weeks of the US air campaign was to deliver 220,000 pounds of laser- and GPS-guided missiles and bombs into Iraq in support of American ground troops.

"We contributed to saving a lot of ground troops lives with our air support helping to enable them to move forward. But the ground troops are the real heroes. Them guys are the ones sleeping in ditches and sleeping in the streets. In my opinion they're the ones making the real sacrifices."

Freeman added that the war against terrorism is still going on.

"Let's not forget that our troops are still over there and still getting shot at. We've lost 12 troops in the last 26 days and there's not a day goes by that I don't think about them."

After serving his country honorably in the war with Iraq, US Navy Chief Paul Freeman came home to see his mother in Round Lake Heights on June 16 at 3 p.m.

"Oh my God," said his mother Mickey Willingham. "This is such a relief off my chest knowing that he is OK and that he is coming home and won't be going back there again."

During an interview in his mother's home Freeman expressed admiration for his Commander in Chief. "President Bush is going to fight terrorism. He is not going to sit back and let us be vulnerable again. I'm lucky to have such a boss who is so committed to fighting terrorism. I think he is a great president. And I am 100 percent behind him."

Freeman also was impressed when the president landed on a fighter jet on the USS Abraham Lincoln. "I thought that was awesome. He was more natural in that environment than any president has ever been. He is a great leader. Imagine being an 18 or 19 year old and getting to meet the president on a ship."

Freeman said he has no problem with protesters. "We are fighting for their right to protest. We are not a bunch of killers. We went over there to support the freedom we have and that the next generation will have the same freedoms. I am very passionate and proud about what we did. It's an honor to be able to serve our country in our time of need."

Freeman said he didn't know if Sadaam Hussein was still alive but that he had his doubts.

Still, he said he hopes that the US finds Osama Bin Laden. "Dead or alive we need to find him to bring closure to a lot of people. The fight on terrorism is not over and will go on for a long time."

Freeman has been in the service for 19 years and plans on retiring next June.

A letter he received, while off the coast of Turkey, from a

See **FREEMAN** page 8



To be free, and to be able to practice a religion of your choosing.

Allan Pinchouk,
Wheeling



Freedom, everything. Freedom of choice to choose anything you want. You aren't told what to choose.

Debi Caraher,
Ingleside



It's the way we run our country. Compared to other countries, we live the best life there is.

George Franklin,
Grayslake



Being free, experience other individuals that are different from me, and feeling safe.

Lauren Roper,
Grayslake

FREEMAN

From page 7

group of seventh and eighth graders at St. Joseph Catholic School in Round Lake especially moved Freeman.

"I was touched that these young children knew what we were doing. It's one thing to get letters from family and friends but its another thing to get them from children. I love children. They are innocent and pure and I want to make it a safe world for them. I have one daughter, Taylor, and she brings me more happiness than I can ever imagine. She is an 'A' student, a member of the Girl Scouts and plays the piano."

In a letter to the students at St. Joseph and their teacher, he wrote, "Thank you for your wonderful support in the fight for a world free of terrorism. It is nice to know that schoolteachers across our great land are providing our children with education and understanding on what is going on with worldly events. The children are awesome. I have a nine-year-old daughter, and she loves all her teachers. In my eyes, you teachers are my heroes. May God bless you, your families and our great land we call the United States

of America."

Freeman said "It's great to be back in the States. Being able to drive a car again. Watching the ball game on television. I can even walk in any direction without falling off the ship. Just coming back to family and friends is great."

Freeman added, "Let's not forget we still have ground troops over in Iraq right now. A large amount of troops have returned but we still have more that are fighting so the rest of us can have a normal life. We are all brothers and I think about them everyday."

Freeman's mother, Mrs. Willingham said that she is very happy her son is home. "It's such a relief. I can sleep now. You never think when you have a son that someday he will be in a war. He is my only son and I am very proud of him"

Freeman had a few words of warning for terrorists. "If our country is attacked—somebody is going to pay the price. We will seek out and kill the terrorist cowards. It is one thing to kill our military but to attack innocent civilians is cowardly and gutless."



Paul Freeman enjoys time at home with his daughter.—Photo by Sandy Bressner



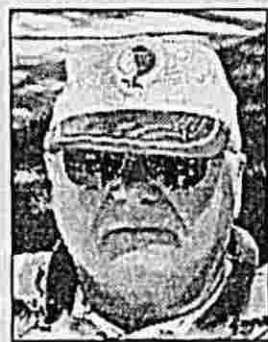
Freedom of speech. If we weren't in America papers like this couldn't go around and ask questions.

Ken Mullane,
Libertyville



Freedom of everything and choice. All the freedoms that we have here and they don't have anywhere else.

Mary Byrne,
Grayslake



I'm proud. This is a good country, I served in it. Where else do you have these freedoms? It's the best place there is.

Roy Orr, Libertyville



It means freedom, we have a choice, we have a right to vote, and we have freedom of speech. I am very proud to be a citizen.

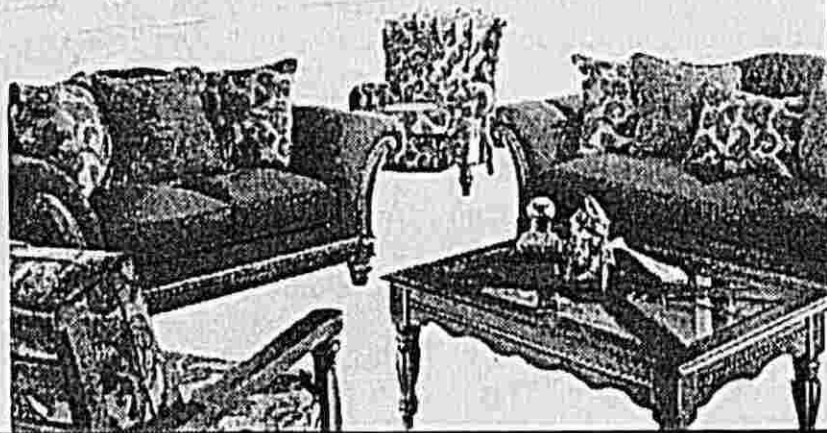
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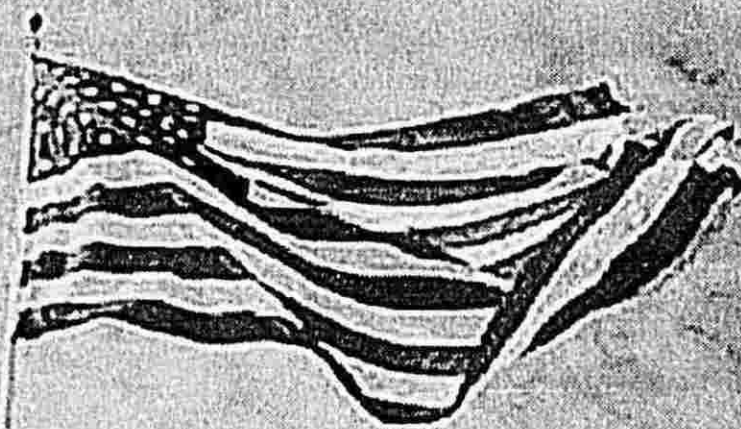
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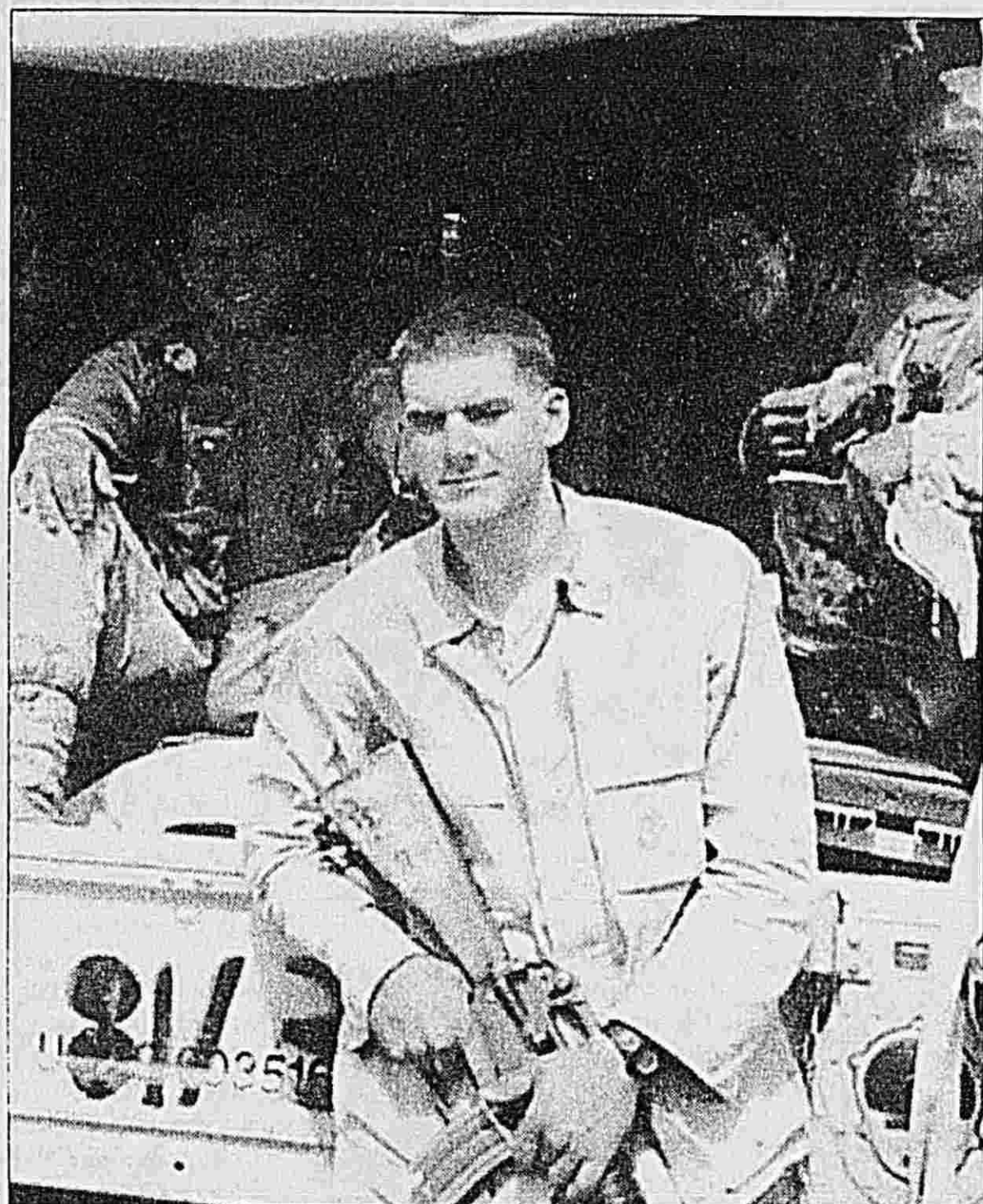
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YOUNG GUN

BRANDOW GOES FROM FIRING
THREE-POINTERS TO FIRING MORTARS

By JOHN PHELPS, Staff Reporter

there," said Brandow. "But Kuwait was tedious. We did a lot of training, mostly running to hiking. The hikes were 8-10 miles with 120-pound backpacks. We also spent 4-5 hours cleaning our rifles while sitting in a tent with 100 other guys in 100-plus degree temperatures."

After the 48 days, Brandow's platoon was given the green light to move onward. They moved into Iraq from the south, taking Basra first. Baghdad was the next and final destination. Overall, they had

"We were only about 50 yards away from them," he said. "It was pretty intense for a couple of days. Three of our guys ended up being killed."

Once in Baghdad, Brandow's platoon was responsible for guarding hospitals, churches and schools from the would-be looters and rioters.

But overall, he said the Iraqi civilians received them with open arms.

"They were really nice to us and elated to see us," he said. "They gave us food and cookies. They were just so happy because it was the first time in 30 years they had the chance to sit on their porches and walk on the streets."

Brandow's platoon wound up patrolling the streets of

It's mid-evening. An occasional car passes by in front of Tom and Marge Brandow's home in Park City. Their 21-year-old son Mike Brandow settles in for a good night's sleep. No snipers, no firefights. Just peace and quiet, for the most part.

That was the scenario for most of the month of June since young Mike had returned home.

Prior to that, however, Mike Brandow's lifestyle centered around vastly different circumstances.

For almost four months leading up to June 1 and that good night's sleep, Mike's regular sleeping quarters consisted of bunkers and mud holes.

"It was definitely weird and somewhat hard to adjust. I went from sitting in the middle of the desert to sitting bar drinking a beer with some old friends in a period of a week-and-a-half," he said. "It's great to be home, though, to see my friends and family. I really appreciate things more now after having been over there."

Over there being the Middle East for the war with Iraq. Brandow, who enlisted in the Marines two days after the Sept. 11, 2001 attacks, was first deployed to Kuwait on Jan. 30 with his 3rd Battalion 4th Division of the United States Marines, based out of 29 Palms, Calif.

He and his 63-man platoon, which consisted of a leading officer, two section leaders and a platoon leader, were first deployed to Kuwait, where they spent 48 days.

"We were so anxious because we finally got over

spent 34 days in Iraq.

Brandow's main duty was that of a mortarman. Typically, the platoon was broken down into eight guns with five men on each gun. Brandow was one of the center guns, which is one of the fastest and most accurate and first to fire.

"There were also four observers," said Brandow. "They were the guys who called into us for fire. They are attached to a rifleman. Overall, there were nine guys in the fire direction control. The (FDC) plots and grids and maps out the targets."

With M-16 rifle in hand, Brandow and the troops fought their way into Baghdad.

There were a couple of scary moments along the way.

"We were at a bridge getting shot at from one of the buildings. We ended up parking by a tank that was shooting 50-caliber rounds. We got up and started firing too. We ended up blowing up that building, which was pretty cool in a way."

Another scary moment occurred when Brandow and his platoon were being shot at by about 30 Iraqi soldiers during a firefight.

"We ended up killing six of them," he said. "You don't even have time to be scared. In that instance, everything is happening so fast."

That same day, his platoon moved back 100 yards and into a soccer field. That's where artillery was being fired at them.



Top Left—Marine Pfc. Mike Brandow (standing) of Park City takes a break with his 3rd Battalion while serving over in Kuwait. Brandow returned to his Park City home on June 1 after a 48-day deployment in the war with Iraq. Bottom—While guarding a church in Basra, U.S. Marine Mike Brandow of Park City shares a few laughs with some of the Iraqi children.

See **BRANDOW** page 10



It's great. We live in the best country in the world. The very fact that we can complain about anything makes it even greater.

Andy Muettert
Mundelein



It means everything. I've traveled all over the world and never been to a place where you feel free to express yourself and pursue your dreams with out reservations.

Katie Schulz, **Mundelein**



Freedom of choice.
Denise Ligenza
Ingleside



A lot, because we're free and we can elect our president and congress.
Gail Grunst
Spring Grove

BRANDOW

From page 9

Baghdad for 15 days.

After that, they flew back to Kuwait for a short time and ultimately arrived back in California on May 23.

Marge and Tom Brandow were then anxiously awaiting their son's return at Chicago's Midway Airport on June 1.

"I cried so much when he was over there and I cried so much when he got back," said Marge Brandow. "While he was gone, every door you heard closing outside the house made you think it's someone coming to tell us some terrible news."

Marge and Tom Brandow said the support group was tremendous while Mike was gone.

"We had people, from former coaches like Chuck Ramsey to all of his long-time friends over to the house constantly," said Tom Brandow. "The support group was tremendous. We want to thank everyone for that. There were some pretty long and lonely nights wondering how Mike was doing, if he was still alive. It was very comforting knowing how many people cared."

Marge and Tom Brandow said the media coverage also helped them stay in touch with how their son, and the platoon in general, was doing.

"We had fairly regular contact with Mike, or someone from his platoon," said Marge Brandow. "And a guy from the San Francisco Chronicle was embedded in their platoon. He kept a daily diary, which you could access on the internet. So you didn't go more than a couple of days without knowing how the guys were doing."

Mike Brandow said it was pretty much a no-brainer as to why he signed up for the Marines in the first place.

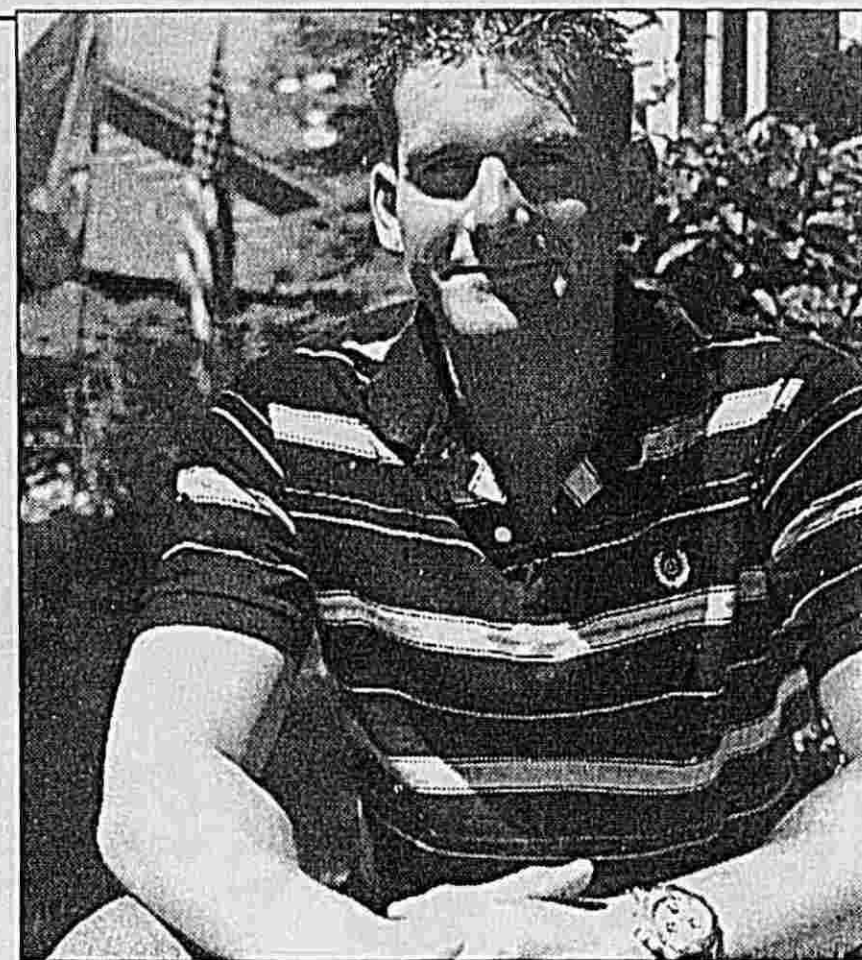
"I saw the 9-11 attacks and thought, I'm just sitting here and doing nothing," he said. "I could be over there doing something, protecting my family and country."

Brandow says he'll stay in the Marines for four years before ultimately pursuing a career in law enforcement.

"I'd love to work for the DEA or some other federal agency some day," he said.

With a current rank of Private First Class, Mike Brandow is perhaps remembered most for being one of the integral parts of the Warren Township High School boy's basketball team that finished second in the state in 1999.

But now he has a lot more than that to be remembered for. And scary thing is, he's not even finished.



Mike Brandow at home. Photo by Sandy Bressner



It really is a land of opportunity. I am a female who's had the opportunity to live out a dream, and many places you don't get that.
Donna Carraro
Round Lake



To stand up for what's right.
Paul Peane
Arlington Heights



Freedom of choice.
Vic Ligenza
Ingleside



Freedom of choice. Being able to do things that you choose without interference from government and express your opinion.
Steve Clementz
Wauconda

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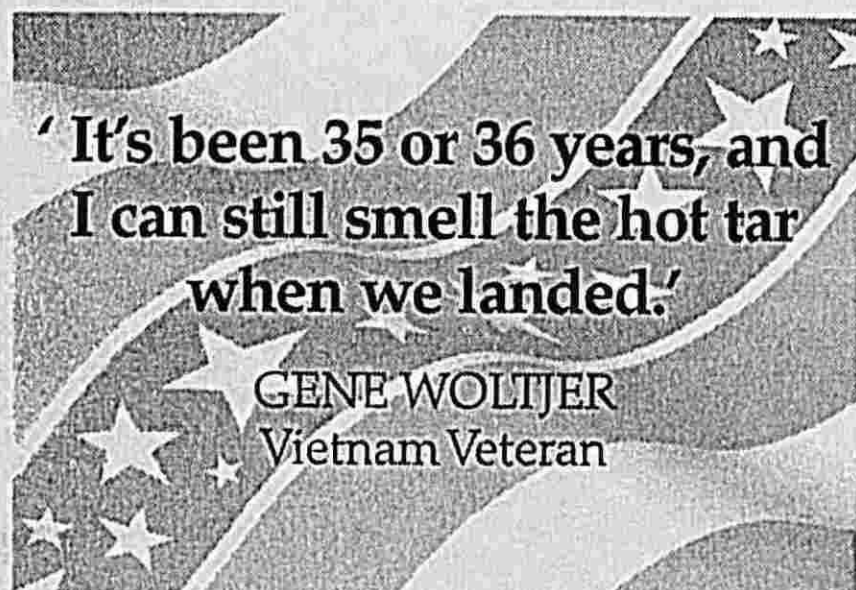
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By CHRISTY BLANDFORD
Lakeland Correspondent

Survival is in Gene Woltjer's blood. Crawling through tunnels and engaging in hand-to-hand combat in the Vietnam War three decades ago were not the only battles he has faced.

At 54, Woltjer looks tired. He has a right to. After surviving two brain tumors, and beating lung cancer a year and a half ago, he was diagnosed with a third.

He suspects the lung cancer might have been caused by exposure to Agent Orange, a chemical spray used to kill jungle foliage during the war, but he makes no apologies for going to war.

Democracy, he says, called upon him to serve the country, to which he attributes to his survival today.

Woltjer still remembers the exact date he joined the Marine Corps — Nov. 7, 1967. An all-conference basketball player in high school, Woltjer had plans to attend the University of South Dakota on a basketball scholarship.

But his plans were destined to change.

"I never got there," he said. "Then I get my (draft) number, and my number was like 62 and I knew they were going to get me real quick. I knew where I was going, and I figured I wanted to go with the best, so to me, the Marines were the best. I knew in Vietnam, that was my best chance at staying alive."

Woltjer enlisted in the Marines because he thought they were more physically fit. Physical training, he said, was invaluable in Vietnam because of the guerrilla-style warfare.

The war started for Woltjer in February 1968 when his company was ambushed immediately after he got off the plane in Da Nang, Vietnam.

Behind his glasses, Woltjer has a distant look in his eyes as he talks about the ambush, as though he is transported back to the 120° day when he got off his plane in Vietnam. His eyebrows furrow, and his face looks sullen.

"That's where all of the nightmares come from still now and then," he said. "It's been 35 or 36 years, and I can still smell the hot tar when we landed."

Woltjer was not hurt in the attack, but for the first time, he realized what effect the war might have on him.

"Right after the attack, I saw guys marching, and I thought 'no wonder we're losing, these are all old men,'" he said. "But they were only a year older than I was and they had been in Vietnam for a year. That's how I looked, I think, when I came back, too."

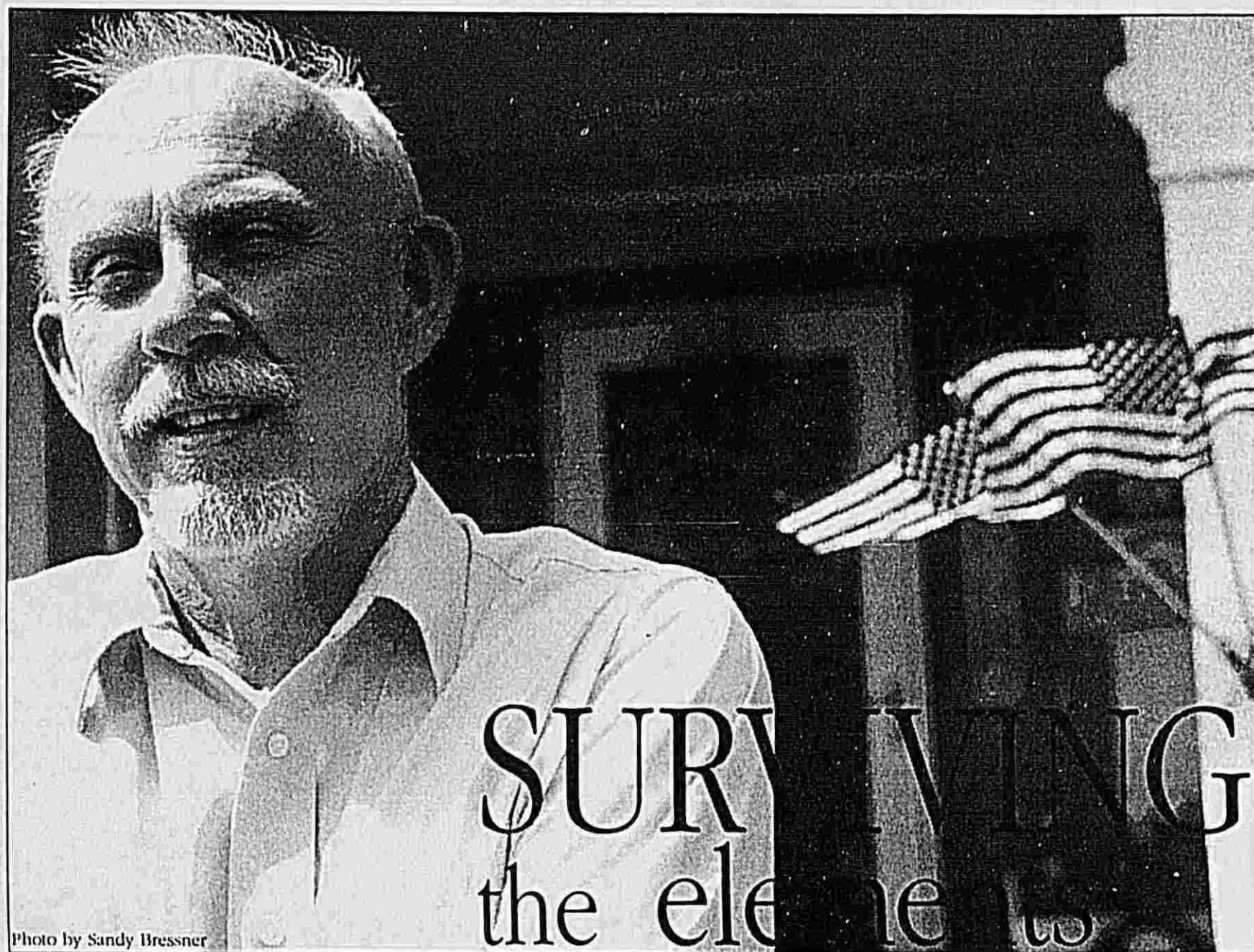


Photo by Sandy Bressner

VETERAN STRUGGLES WITH THE PHYSICAL, EMOTIONAL AFTER-EFFECTS OF VIETNAM, AGENT ORANGE

Woltjer's company pressed on after the attacks to northern Vietnamese cities. Their mission: hunt out members of the Northern Vietnamese Army. Over the course of a few months, Woltjer crawled through dense jungles and small tunnels in search of the enemy.

"I spent quite a bit of time going through tunnels. That's why I am so claustrophobic today," he said with a shudder.

Woltjer's troop waited for 12 hours at a time at listening posts trying to hear the enemy approaching.

"We watched the North Vietnam Army go by and I was just shaking to death," he said. "But you really don't know what's going on."

Woltjer said his time in Vietnam was emotional.

"There was a lot of laughing, a lot of crying and a lot of dying," he said. "It was a rough time in my life, just a real tough time. My buddies were dying and you wonder why they were dying."

Woltjer caught Malaria his first month in Vietnam, but was unhurt until July of 1968, when a shell landed near his troop.

"It blew all of us up in the air and I came down on my left knee," he said. "I couldn't walk and they Medivac'd me out."

He was released from duty and given the Purple Heart, Good Conduct Medal, and the Vietnam Service Medal.

He also gained a new perspective on his life.

"Your perspective of self changes because — as an 18-

year-old shooting and killing people — it just changes everything," he said. "I was not the innocent all-American boy that went to Vietnam and I came back angry and lifeless to a certain extent." But Woltjer said he realized he was fighting for democracy.

"I suppose if I had to do it over again today, I would," he said. "With all of our faults, this is the best nation in the world. You couldn't find a better place than the U.S. — you just couldn't."

Woltjer said the country he risked his life for, decades ago, has in a way saved his life.

Diagnosed with stage-three lung cancer three years ago, Woltjer attributes his survival to the quality of technology and skilled physicians in the U.S.

"I'm still alive and most people would be dead," he said.

Woltjer is undergoing Gamma Knife radiosurgery to attempt to remove his third brain tumor.

Woltjer remains in good spirits, and relies on his faith to help him through adversity.

"I don't want to die, but at least I know where I'm going," he said. "He's got something planned for me, I guess, or I'd be up there with Him now."

He lives with Peggy and their son, Joey, 15, in a Waukegan home that proudly features two flags flying above Peggy's garden. He has two other sons from a previous marriage, Alex, 26, and Todd, 31, who recently enlisted in the Army.



Freedom of choice.
Reid Hjelmans
Grayslake



It means living in a country that stands for freedom, courage, and everyone is welcome. Members of my family have fought for this country and it's the greatest in the world.
Betty Koehler, Mundelein



Opportunity, individuality, and strength of community
Amy Bartels-Goldmen
Round Lake



Allows us to be free people, and having the feeling of things like September 11 angers us, but it brought people closer together.
Tommy Knowles
Lindenhurst

for LOVE of COUNTRY

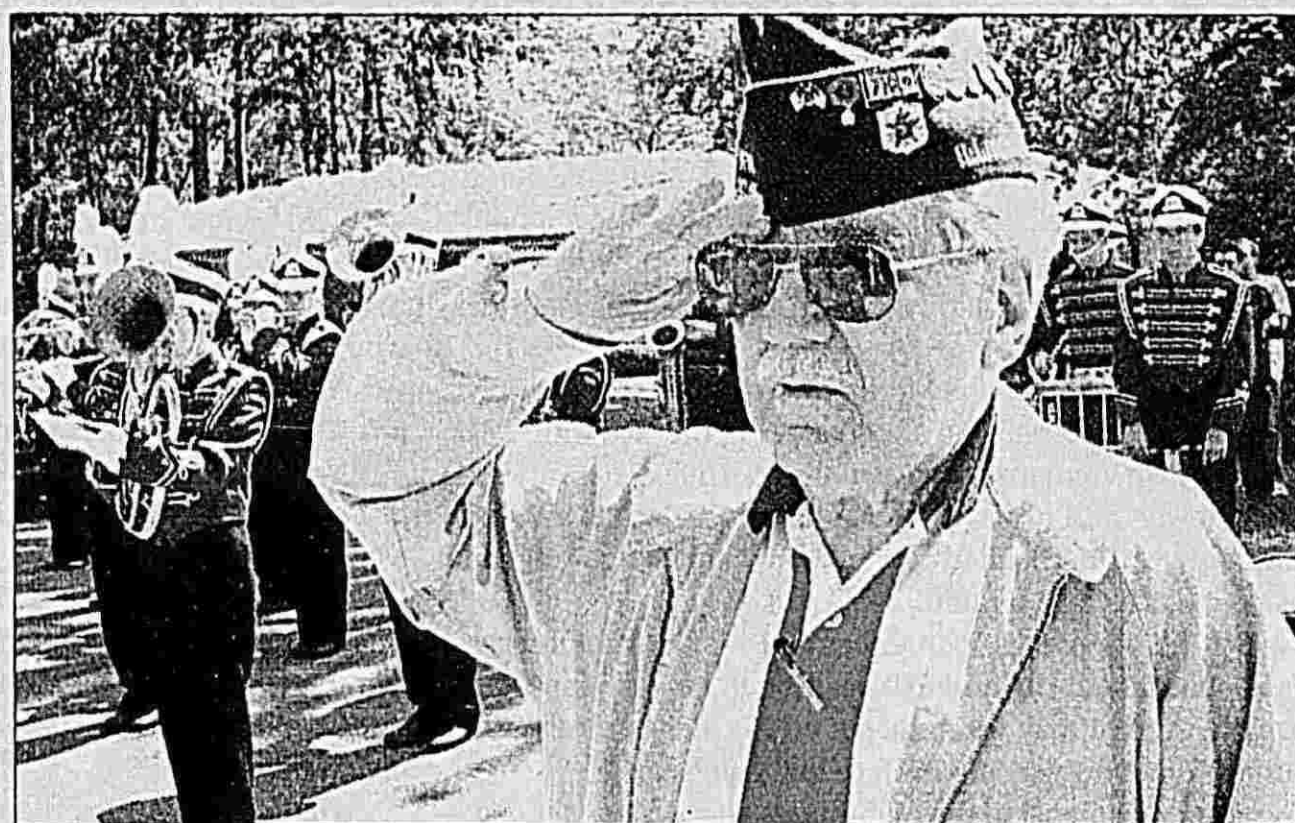
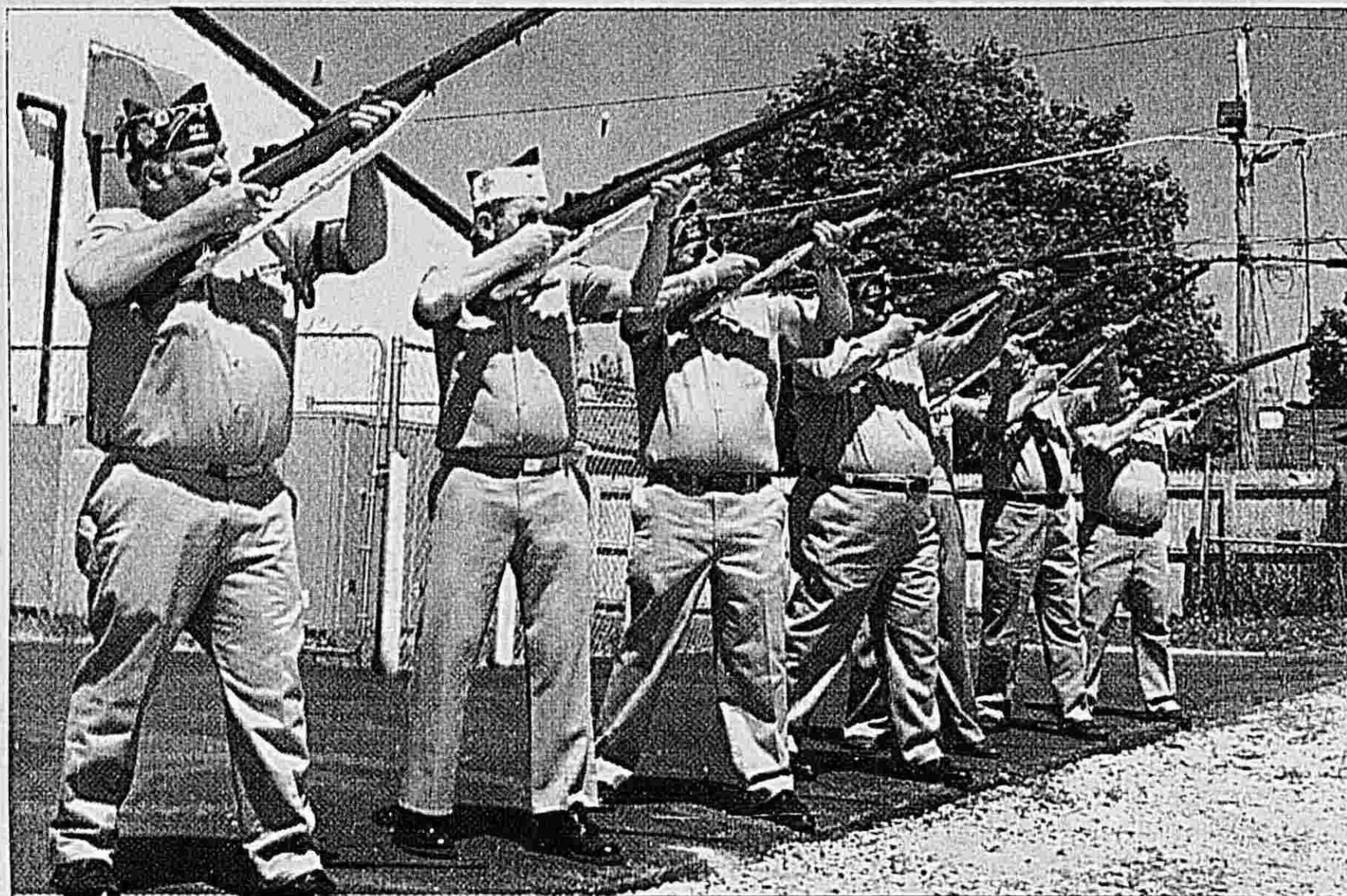
PICTURES OF PATRIOTISM

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Top right—Members of the Antioch VFW Honor Guard fire a salute during a Memorial Day Ceremony.—*Photo by J.W. Sternickle.* Middle right—VFW 2245 member and former prisoner of war Charles J. Lucas salutes during the National Anthem at Memorial Day services in Grayslake.—*Photo by Lynn Gunnarson Dahlstrom.* Bottom right—Millburn student Katie English plays "Taps" at Millburn Cemetery.—*Photo by J.W. Sternickle.* Bottom left—Members of Wauconda American Legion Post 911 lead the village's annual Memorial Day Parade down Main Street.—*Photo by Sandy Bressner*

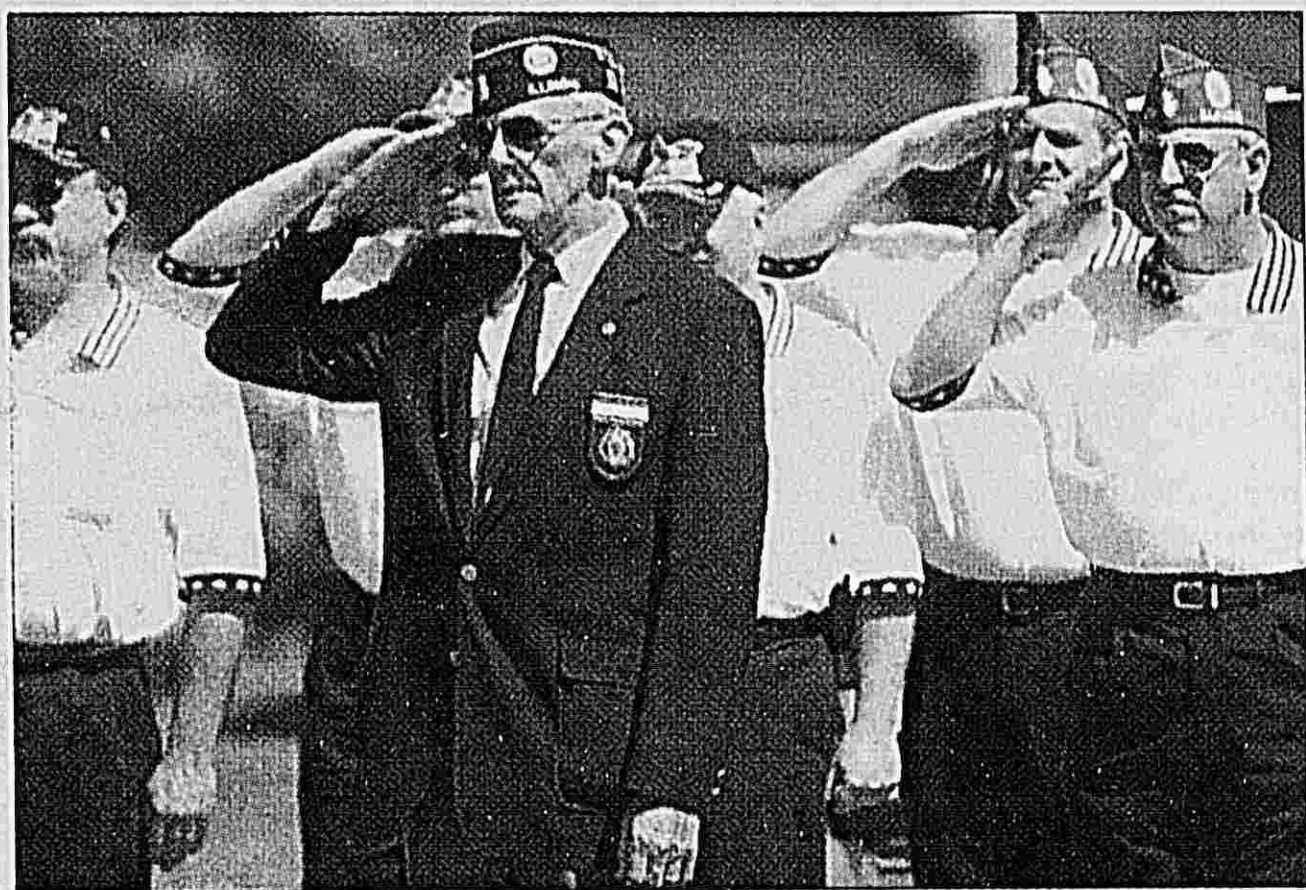
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Top left—Fox Lake American Legion Post 703 Chaplain Dick Heard salutes the flag in downtown Fox Lake. Top right—Liz Kehrer of Lake Villa VFW Auxiliary Post 4308 greets onlookers during a parade in Lake Villa. Bottom right—Carrie Galla of Fox Lake and her son, Jeremy, 4, pause for a moment of silence. Bottom left—B.J. Voit of Libertyville VFW Post 8741 straightens his flag before leading the Memorial Day parade on Milwaukee Avenue.—*Page 13 photos by Sandy Bressner*



for LOVE of COUNTRY

PICTURES OF PATRIOTISM



ALWAYS THERE

WHETHER IT'S IN THE MILITARY OR AT HOME, KENNEDY AND GEARY FAMILIES ARE THERE TO HELP OUT

By STEVE PETERSON, Staff Reporter

Whether it is a Bingo game, a largely attended Memorial Day parade, or the dedication of a piece of military history, the Jim Kennedy and the Geary families will be represented in Wauconda and Island Lake.

Kennedy is present commander of Wauconda American Legion Post 911.

"I served in the Army from March of 1971 to December of 1972. I enlisted the day before I was going to be drafted. During the war in Vietnam, I lost three of my high school friends," Kennedy said.

Kennedy's duties were of a helicopter mechanic, the same helicopter (stripped of weaponry) that can be seen at Island Lake's Veterans Park.

The official title of the helicopter is a Skycrane CH 54. Its claim to

fame in civilian life is that it was called on to put one of the finishing touches on the Sears Tower five years ago.

"The Army trained me for the career that I chose to do, be in the FAA," Kennedy said.

He was discharged from the Army as a Specialist 5th. Kennedy works as a mechanic at the DuPage County Airport.

"It's still a small town," Kennedy said of his Wauconda home. "The community is very involved."

Attitudes toward the military have improved greatly since Kennedy returned home from Vietnam.

"It has been very favorable now, since the recent Gulf War. The people are very supportive. I noticed that in our Memorial Day parade."

Kennedy and his wife Sharon have three children, Colleen, 23, Chris, 21 and Kaitlyn, 17.

He is very involved in the Post activities, as he was emcee at the village's Memorial Day parade. Each Friday night, he works the Legion's popular fish fry.

Ed Geary started the three generation of service when he was in World War II, serving in Europe for the Army. Geary is a charter member of Post 911.

Geary graduated from Wauconda High School in 1961 and attended the University of Illinois. His first job after enlisting in the Army was that of an aviation mechanic.

"I was stationed in Fairbanks, Alaska, when there was

about 16,000 people there. I met my wife Gladys there.

"My first day in the Army was the hardest. There was no sleep because they kept waking you up," Geary said.

Geary has his own construction firm in Wauconda. He is active in the Sons of the American Legion.

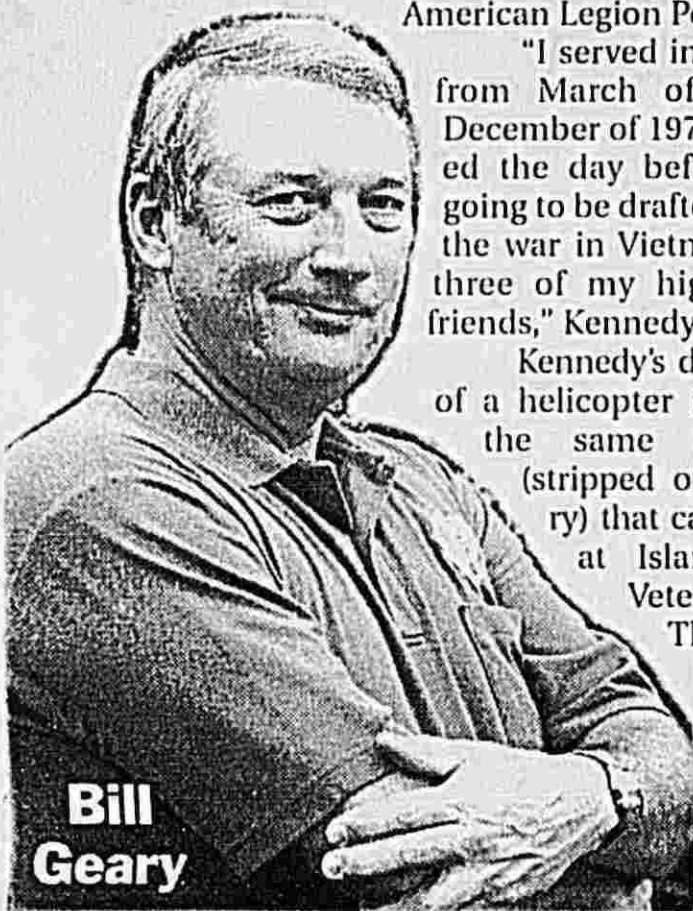
"For many of us, it is a way to pay tribute to our fathers," Bill Geary said.

He spent much of his Army days in Alaska. Many of his friends were assigned to Vietnam.

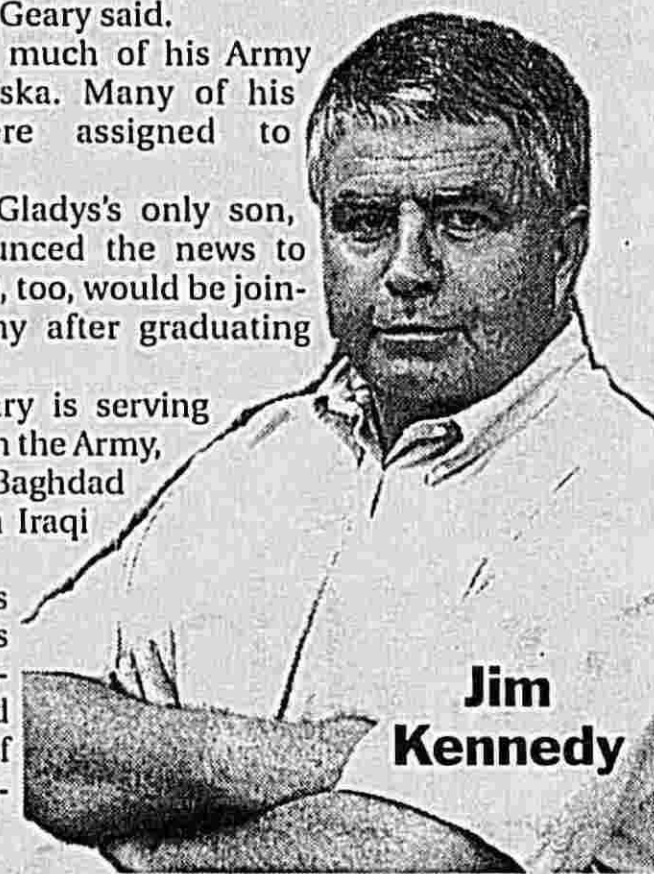
Bill and Gladys's only son, Mike, announced the news to them that he, too, would be joining the Army after graduating from WHS.

Mike Geary is serving his country in the Army, stationed at Baghdad in Operation Iraqi Freedom.

"It is great. It was his decision," said Ed Geary of his grandson.



Bill Geary



Jim Kennedy

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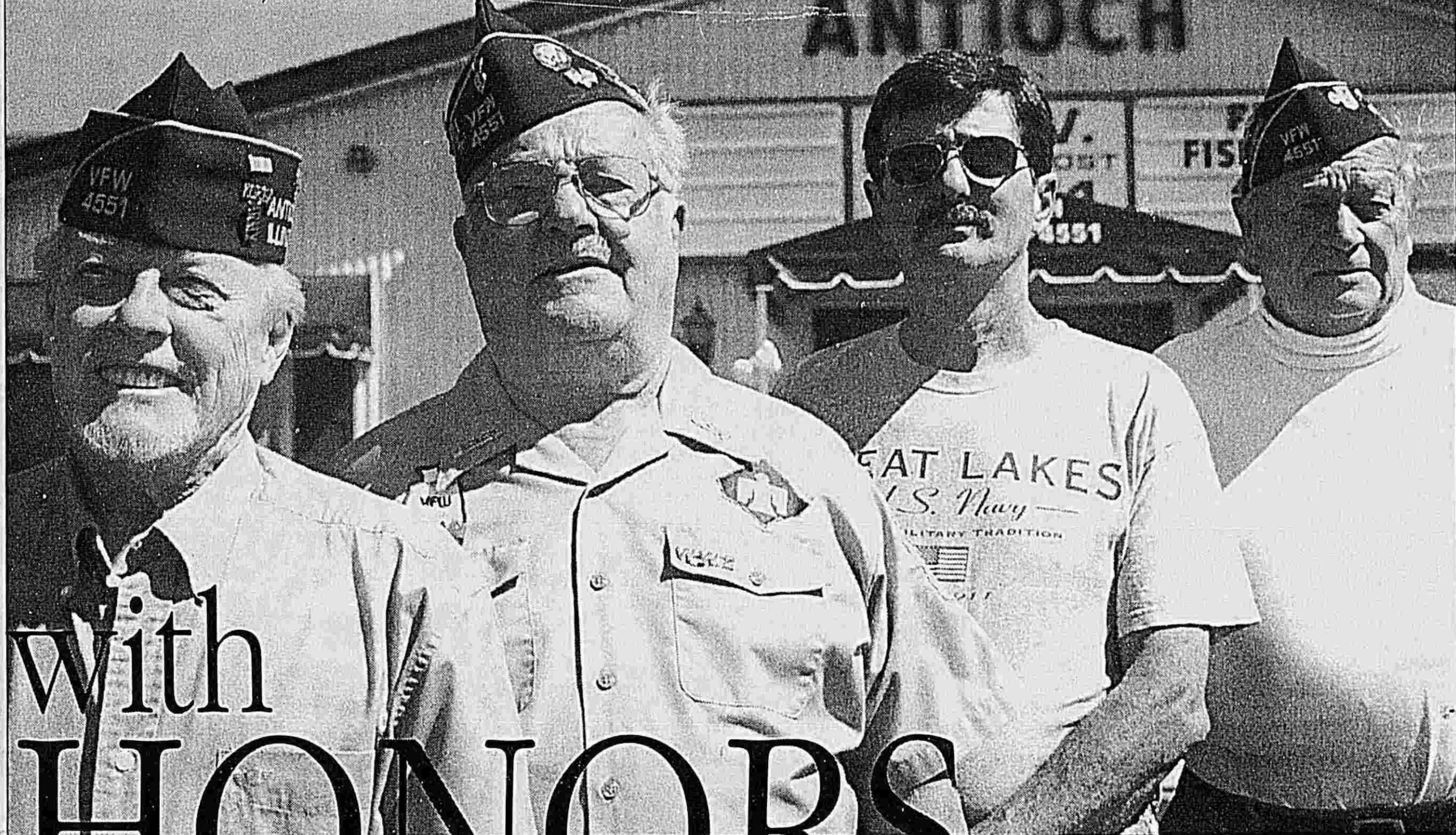
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WAR IS HELL, BUT FOR THIS GROUP
OF VETERANS, THEY DID IT WITH PRIDE



with HONORS

Antioch Sequoit Post 4551 members Ron Barron, Walter Hartge, Ralph Gussarson and Ken La Forge share many experiences from serving in their respective wars. Gussarson and Hartge fought in World War II, Barron in the Korean War and La Forge in the Vietnam War.— Photo by Sandy Bressner

By JULIE MURPHY, Staff Reporter

Five men, three wars, and a multitude of different experiences all lead to one overriding lifelong lesson: honor the flag, honor the country and honor the men and women who have fought for both.

A poorly asked question led to a roundtable discussion of five veterans from the Antioch Sequoit Post 4551, two of whom fought in World War II, one in the Korean War and two in the Vietnam War. Though their experiences were vastly different, they all concurred that war is hell, there are no "good" war stories and the force that drove them to battle was a sense of duty toward the United States.

Walter Hartge, one of the World War II veterans, said, "I

don't have any favorite stories. I was a young buck of 19. Of 128 guys (in the 45th Division Infantry) only six came back alive. Most of my buddies were buried over there."

During his four-year tour of duty, Hartge spent time in nearly a half dozen places including Italy, France and Germany, was part of four amphibious invasions wounded three times. He received a Purple Heart in addition to a Silver Star and a Bronze Star.

Of the amphibious invasions he said, "The door opened up in front, and we didn't have a chance. The only reason I'm still alive is because I fell off to the side."

Ralph Gussarson noted that two people could fight in

the same war and very different experiences. He said his story is simple.

"I was a gentleman sailor," he said. "I enlisted on March 17, 1943 and requested overseas duty."

He said he was a Naval Air Corps Cadet with the Carrier Air Service Unit of the South Pacific Council Pack.

"We worked behind the marines and repaired airfields," said Gussarson. "We were all bosses. Everybody had something to do and did it."

He said he came home in September, 1945.

"I should have gone back to school," he said. "I took a

See **HONORS** page 16



Live in a free
country and help
others in need.
Cathy Knowles
Lindenhurst



It means very much.
I'm glad I'm here.
I prefer it to any
other place.
Barbara Peterson,
Vernon Hills



Opportunity to do
whatever I please.
Alex Berger
Lindenhurst



Freedom, going any
place that you like
and criticize your
government.
Bob Conley
Antioch

HONORS

From page 15

job, though. I was paid \$1.04 in 1947 and that was a lot of money then."

Ron Barron, an Antioch resident his entire life, spent about one year with the 10th Special Service Company of the 8th Army in Korea between 1952-53. He said that though he was a musician who entertained the troops, he received three battle stars.

"I never shot a gun (as part of his duty), but I got a panoramic view of the war" he said. "We were 'Army' just like the others, but we were considered 'rear echelon' troops. We'd travel around and play morning shows in mess hall bunkers to hollow-eyed kids coming off the front lines."

He said the Korean War was a "meat grinder" with almost as many soldiers killed in three years as were killed in the 10 years of the Vietnam War.

Barron said he was close enough to the front lines to have been enlisted to carry stretchers for a MASH unit, and to hear the bugles of the 2nd Infantry.

"All combat Korean vets heard the bugles," he said. "The Chinese would play bugles in one area and the same tune, but in a different key, in another area."

He said it was his feeling that the Chinese were pumping themselves up and using the bugles as a battle cry.

"They were scaring the kids behind the sandbags. There'd be this whole wall of bugles and then they'd come," Barron said.

Ken LaForge, a Vietnam vet, said not knowing where the enemy was or when they were coming wasn't any better than having advanced warning.

"We never knew what was coming, and that didn't make it any better for us. We didn't know we were about to get hit until we heard the cry 'incoming,'" he said.

LaForge said he entered the service at 17 years old and was initially stationed in Germany. A letter from his older brother in Vietnam convinced him to request a transfer there.

"At the time, we just did what we thought was the right thing to do," he said.

As with Hartge, LaForge said he too is lucky to still be here.

He said, "I was in a tank that got hit by a rocket, an RPG

(rocket propelled grenade). Luckily, it went through an open window and hit the tank and went back out."

LaForge said he went to Vietnam in January, 1969 and the incident happened in April.

Walt Bushie was drafted and went to Vietnam in 1964 at 22 years old. He said he was "old" compared with many.

"This time was different from other wars," he said. "We had Cuba and the Berlin Crisis was still going on, so the draft wasn't just for Vietnam. I wasn't necessarily 'happy' to be in Vietnam, but I was happy to do what I was doing (support the U.S.)."

Bushie said he saw a lot that he didn't want to see with the hardest being to witness soldiers die in combat in their first week in Vietnam.

"Some guys you'd see get shot or blown up on their first day," he said. "You didn't want to get too close. Everybody had nicknames that they went by because you didn't want to know somebody's name."

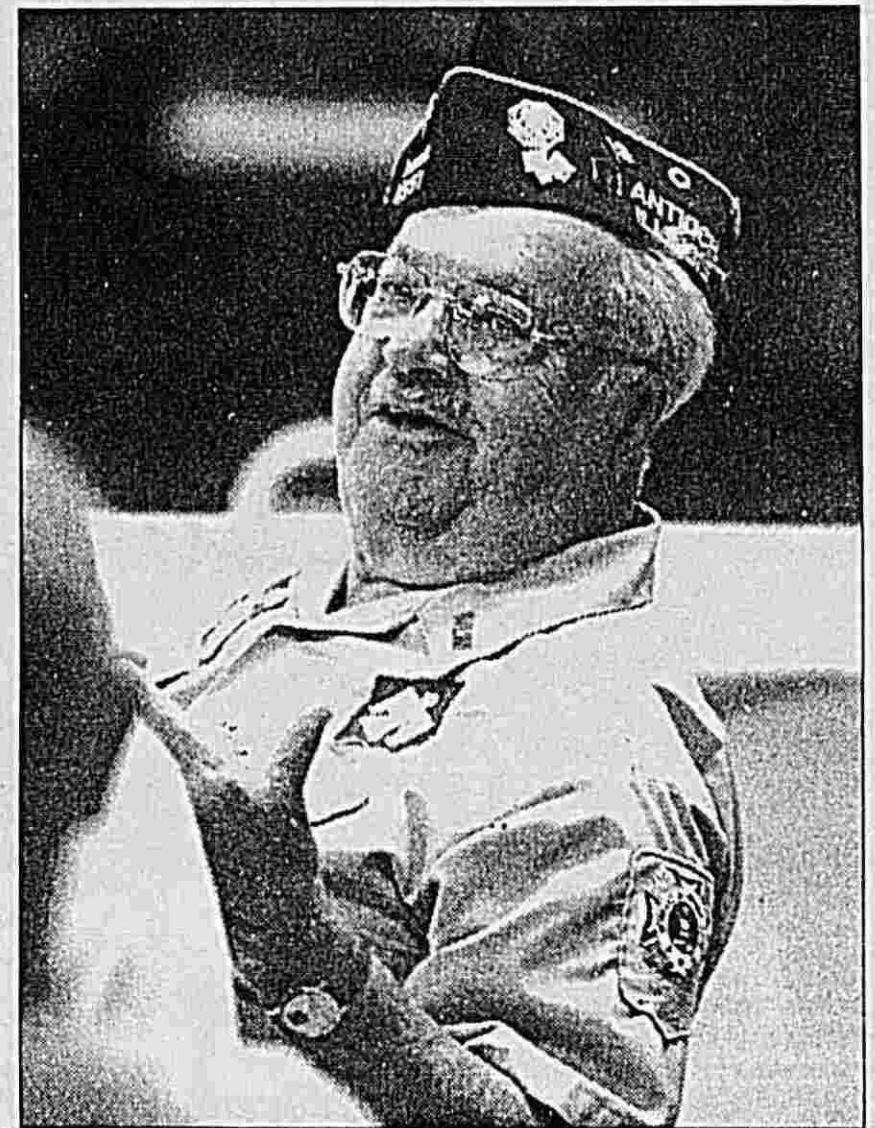
Bushie said he didn't get a Purple Heart; he just got bandaged up at the field hospital and sent back.

"It's okay, though," he said. "I did it because I knew what I was fighting for. There are kids in some countries who can't go to school, or flush the toilet or even get a drink of water. We don't have to worry about that here."

All five men say they are flag waivers.

Hartge said, "Honor the flag when you see a parade. Put your hand over your heart and take off your hat. Be proud."

LaForge added, "We fought for America. Be proud to be an American and be free."



Top right: World War II veteran Walter Hartge talks with other members of Antioch Sequoit Post 4551 at the VFW headquarters in Antioch.— Photo by Sandy Bressner

Bottom right: Korean War veteran Ron Barron talks with other members of Antioch Sequoit Post 4551 at the VFW headquarters in Antioch.— Photo by Sandy Bressner



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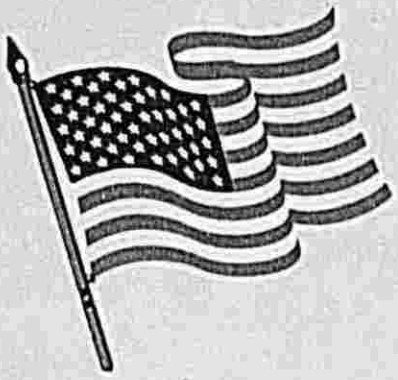
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Flag waver

GRAYSLAKE MAN FINDS HONOR, PRIDE IN HIS BANNER BUSINESS VENTURE

By HELEN CONCEPCION, Great Lakes Bulletin



At age 70, when most people would be enjoying their golden years, Bill Callahan is running a busy and popular business. The owner of Eagle Flag and Banner, located at 220 N. Route 83 in Grayslake, opened his flag shop in 1991 "because I didn't have any retirement income" coming in.

With only \$235, Callahan started selling flags and flagpoles for businesses such as Naval Station Great Lakes and other commercial clients. It's a business he describes as "honorable."

Married to his wife Carolyn for 51 years, Callahan worked as sales representative for a lawn and garden company. One of the companies he used to work with is now a supplier for Eagle.

Callahan worked strictly out of his home until last July when he had to open a store out of necessity. He recently added some part-time employees to keep up with ongoing need for flags.

"9/11 forced me to move out of the house," he said. "I got tired of waiting on people in my pajamas."

Even with the expansion, Callahan still doesn't use an office computer, opting to do his own bookkeeping.

Though Callahan wasn't looking to get into retail and he never expected to work as many hours as he does, he is pleased with the 12-year-old business.

"It's a joy and it brings a lot of joy to others," he said. "But



Bill Callahan, a 27-year resident of Grayslake, owns and operates Eagle Flag and Banner located at 220 N. Rte. 83 in Grayslake. Photo by Helen Concepcion

it beats handing out carts at Wal-Mart."

Callahan has five flagpoles on display in the front of the store and one in the back. He sells window decals for as little as a dollar and even high-end flags and flagpoles. The store has little hand-held flags, from various countries and large decorative flags that would be carried by members of a color guard.

He also sells some sports memorabilia for the Chicago Bears, Chicago Cubs and the Green Bay Packers. Eagle has flags from each branch of the Armed Services, POW/MIA flags, Service Flags. They also sell triangular display cases for memorial flags, along with "We Support The Troops" banners and other items.

"Business has been brisk," Callahan said. His busy season usually runs from May to July for the Memorial Day, Flag Day and Fourth of July holidays.

Callahan himself didn't serve in the military, but was drafted. He was rejected from military service since he is legally blind in one eye.

His growing customer base consist of many of his existing commercial customers, along with various villages in Lake County, retail, homeowners, churches, libraries and park districts.

Eagle Flag and Banner is open Tuesdays through Fridays from 10 a.m.-5 p.m. and Saturdays from 9 a.m.-1 p.m. For more information, call 847-223-6655.



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WHETHER IN WAR OR LIFE, BUTLER MADE HIS MARK

By DENYS BUCKSTEN
Staff Reporter

On a steaming-hot day in July of 1965, near the Central Highlands of Vietnam, a U.S. Senior Army Adviser, Major William Butler, led some 600 South Vietnamese militia in foot pursuit of 27 guerillas who had kidnapped the teenaged daughter of a village chieftain.

Butler, summoned to a creek bed after scouts found fresh footprints in the shallow water, climbed

'For someone who started his military career as a private and finished a lieutenant colonel, Bill has left a deep impression on me. He is an inspiration to us all at the VFW post in Libertyville.'

**JIM ROBBINS,
Post 8741 quartermaster**

down a six-foot bank and noted water filling up the footprints from the last of the fleeing guerillas, only seconds ahead of their pursuers.

As he studied the creek bed, said Butler, he heard the metallic click of a safety on a Soviet AK-47, from the opposite bank, less than 10 feet away. A split-second later, the heavy THUNK! THUNK! THUNK! of automatic fire filled his ears.

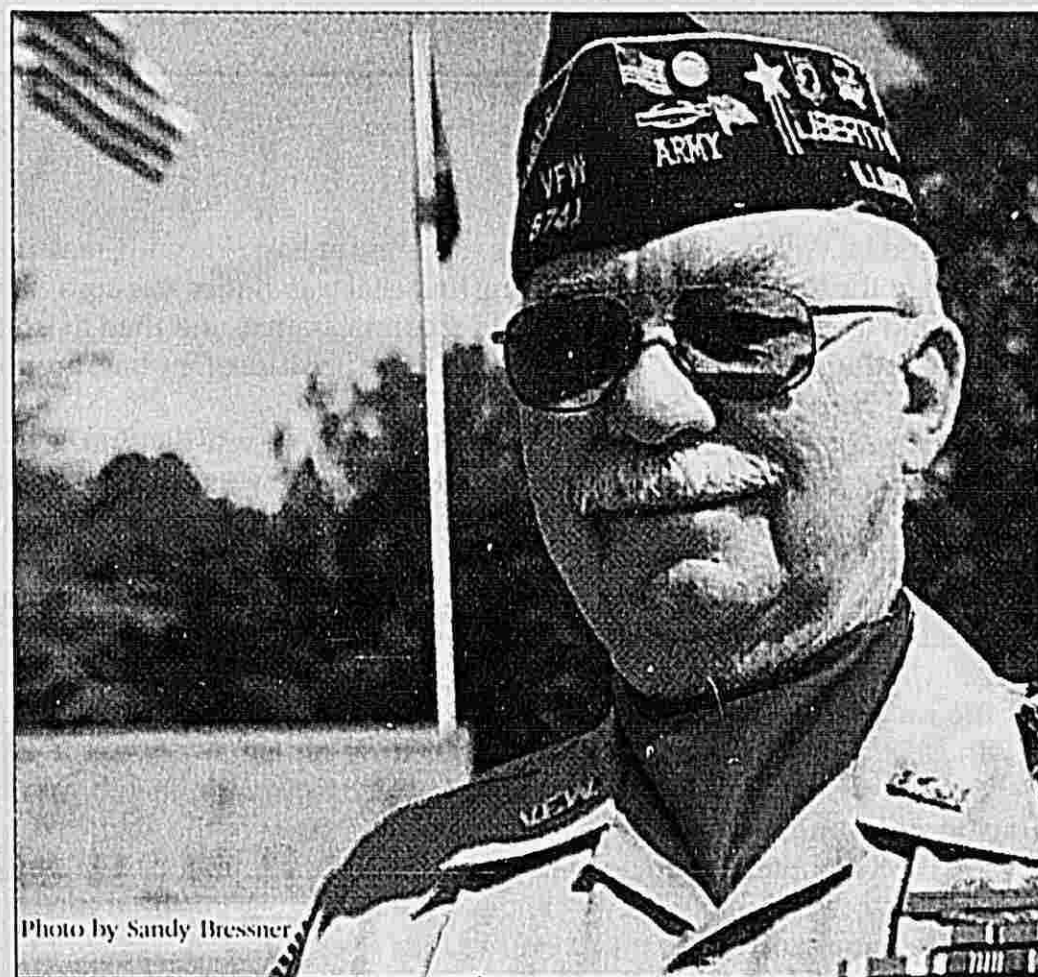
"I didn't have my flak jacket zipped up because it was so hot and I had my helmet pushed back on my head," he said. "I looked down at my open flak jacket to see where I was hit," he said, "but it wasn't me.

"My machine gunner had come up right behind me and was the first to fire. His M60 cut the guy in half."

William Butler, born in 1929 in El Paso, Texas—the first of seven children of army chief warrant officer John E. and Frances Butler—had as a boy dreamed of a career that would inevitably veer toward that ambush at the creek bed. The life he had embraced was one of duty, honor, courage and discipline, with the strong likelihood that it could end violently, in a matter of seconds.

He enlisted in the army in 1947, right out of high school and a fine prep football career, in Astoria, Ore. He spent five years as an enlistee before attending Officer's Candidate School in early 1952, at Fort Benning, Ga.

See **BUTLER** page 20



'You wore your rank on your shoulder so you knew where you were in the chain of command, and you wore your history on your chest.'

WILLIAM BUTLER

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BUTLER

From page 19

Second Lt. William Butler soon was stationed at Fort Knox, Ky., teaching marksmanship. Sent to the Korean peninsula during that civil war, Butler was commissioned a first lieutenant and assigned to intelligence and reconnaissance, and then liaison with the Turkish brigade stationed in Korea. "I was assigned there because of my background with weapons," he said.

In 1957, the army sent Butler, who'd already won several division-level shooting competitions, to an elite sniper school in Canada. There he won the "Canadian's Sniper Badge" competition, before returning to Ft. Benning to pass on more sophisticated knowledge to marksman trainees.

Along the way Butler wrote or rewrote manuals on marksmanship and sniper training. "You can teach anybody to shoot," he said, "but you can not teach field craft to just anybody."

He would later use the advanced sniper training in battle "quite often."

In 1958, he reached his boyhood goal of army captain.

Sent to Vietnam in 1965, Capt. Butler "wanted the common infantryman's badge, so the second six months I was there, I joined an adviser team in the field."

He was promoted to major while in Vietnam and continued to enhance his already considerable knowledge of military weapons — rifles, pistols, machine guns, grenades, mortars, claymore mines and more.

In 1964, he advanced to the rank of major, while serving in France as chief of manpower control for re-supply and maintenance of forces in Europe.

In 1968, while stationed at Fort Sheridan, Butler sported silver clusters on his uniform; he was now a lieutenant colonel, two pay grades removed from the "flag rank" of brigadier general.

Leaving his final duty station at Fort Sheridan in 1970, Butler retired after 23 years of service and joined Baxter Health Care Corp. as a production manager.

But private enterprise couldn't replace the identity he carried in military life. "You wore your rank on your shoulder so you knew where you were in the chain of command, and you wore your history on your chest," he said.

"In the army, I served with some really outstanding individuals. They knew their jobs well and they did their jobs well. That's what made me proud, to be included in this group."

Along the way, Butler had served his country in two wars, played Army football for two years, organized the future funeral plans of former President Harry S. Truman, and the actual

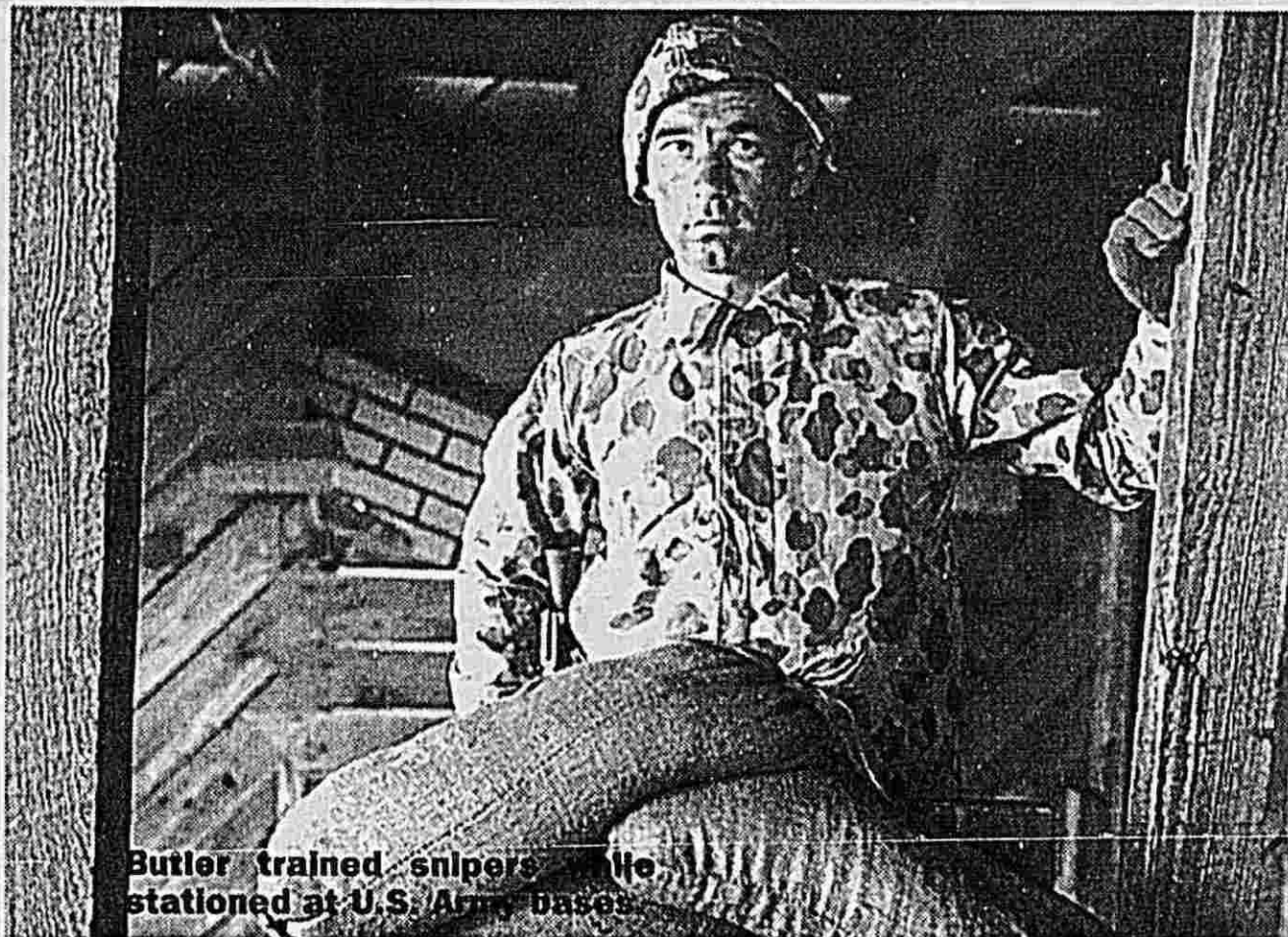
funeral of retired Gen. Dwight D. Eisenhower.

About 10 years ago, Butler came full circle as an officer and a gentleman, joining Libertyville VFW Post 8741. As a member of the post's color guard, Butler said, "I felt honored to fire rifle volleys over the graves of those who have served their country."

Jim Robbins, Post 8741 quartermaster, said "for someone who started his military career as a private and finished a lieutenant colonel, Bill has left a deep impression on me. I have turned to Bill on several occasions because of his vast military knowledge. He is an inspiration to us all at our VFW post in Libertyville."

Butler, 73 and a cancer survivor since 1996, lives in Libertyville with wife Lily, a German immigrant and schoolteacher he married in 1952 while still an enlisted man. The couple has two grown children, Arlene Herrick of Gurnee and Richard Butler of Arizona, and seven grandchildren, "all born in Libertyville."

Butler's passion in recent years has been flying.



Butler trained snipers while stationed at U.S. Army Bases.

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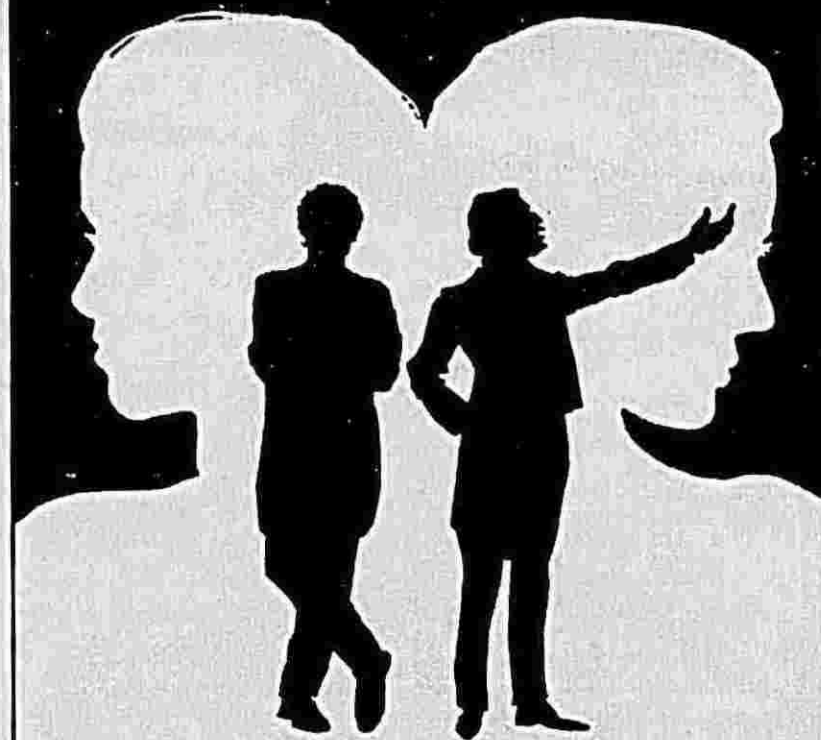
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Ray Henry

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RAY HENRY
Persian Gulf Veteran

PERSIAN GULF VETERAN RAY HENRY TAKES A LOOK AT OUR CHANGING MILITARY

By BRENDA BALIN-BEITSCHER, Staff Reporter

When Ray Henry enlisted in the Navy, in July of 1984, at the age of 23, the recruitment slogan played repeatedly on television told him, "It's not just a job—it's an adventure."

"I was probably more interested in the adventure than in the job," he said, 19 years later, as he reflected on his experience.

Back then, "the job" and the opportunity for higher education or technical training at the government's expense was a great lure to many enlistees, as it is now.

Henry joined to escape the boredom of a small (population 2,000) town in Michigan. He enlisted to be trained in electronics. He enlisted to see the world.

He did get around, doing tours of duty in Australia, Thailand, Singapore, the Philippines and Hawaii.

During his enlistment, he became a Petty Officer 2nd Class. His six-year-long hitch ended with a stint in the Persian Gulf, in "Operation Earnest Will," a precursor to the Gulf War.

"Our job was supporting Kuwaiti oil tankers, guiding them through minefields," he said. "We were there to keep an eye on Iran and Iraq and keep the shipping lanes open."

Although his job was a non-combatant one, it was indicative of the direction the military has been taking since World War II.

"In World War II, there was a smaller support force, and more men on the front lines," Henry said. "Now it takes more people to support each person in the field."

This reversal in the ratio of support people to field personnel is technology-driven. The result has been a smaller percentage of casualties for those sent overseas, as fewer are put in physical peril, and conflicts are shorter in duration.

"We used to send a person out to draw fire so we'd know where snipers were," Henry said. "Now, we use unmanned drones." The drones, fitted with cameras, fly over

areas believed to be hiding snipers. The methods used as recently as the Vietnam War could be compared to sending a canary down a mineshaft. The results were informative, but the "scout" died in the process.

As war became more dependent on technology, the characteristics of troops changed, as well. The general perception that the majority of soldiers, particularly in an all-volunteer Army, are uneducated infantry "grunts" is changing, as new roles evolve in the military.

"There are not as many foot soldiers anymore," Henry said. "Now, you have to be able to operate millions of dollars worth of equipment."

More of today's enlistees are motivated to join the armed forces in order to receive training that they can use to earn a living in the outside world, rather than simply inspired by patriotism.

Although today's recruits may, on the whole, be better educated and more highly trained in non-combatant fields than their counterparts in World War II, the reality exists that signing up for even a short-term military career means signing up for the ultimate risk.

"You have to really understand what you are getting into," said Henry. He noted that, in an all-volunteer armed force, there is no such thing as a "conscientious objector." Regardless of education or assigned job, members of the military know they have signed a contract that allows the government to put them in peril in defense of the nation.

"You waive your Constitutional rights when you sign up," Henry said. Once the oaths are taken, it is fruitless to complain, as did "Private Benjamin," that you want to be in the "other" Army. There is no other Army, Navy, Air Force or Marines—and all are subject to being put in danger at any time.



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Coming Home

By STEVE PETERSON, Staff Reporter

The year was 1982 and Larry Verjinski's goals included seeing more of the world than Round Lake had to offer.

"I enlisted, after high school graduation, in the Navy. It was kind of a spur-of-the-moment thing," Verjinski says today.

Verjinski, 38, is married to his wife Carrie and the couple has two children. The Navy senior chief petty officer has returned from Operation Iraqi Freedom to a warm reception at Lakes Region American Legion Post in Fox Lake. Well-wishers were on hand with hugs and warm welcomes for Verjinski, who has been overseas for about a year.

Verjinski was formerly the commander of the Fox Lake-based Post 703 when he left for his latest duty. Verjinski was assigned to the USS Tortuga.

"It feels good to have him back," said American Legion Post Adjutant Dorothy Otte.

Bob Stelter, Verjinski's successor, agreed with Otte that Verjinski was a very good commander.

Otte was one of the first people Verjinski saw when he got back into Fox Lake after his reunion with his wife and

children and boat trips from North Carolina to Virginia.

"I call Dorothy my second wife, because she tells me what to do," Verjinski joked.

There can be some changes after being away for a year. "I did not recognize one of my daughters," he said.

"I missed him at my high school graduation. But we videotaped it for him," said his daughter Jen.

Stephanie Verjinski said she also was glad to have her dad back.

"It was so exciting to see the men and the women and children greet each other when the ship came back," Carrie Verjinski said. She had high praise for the American Legion Post members for helping her and sending care packages to Larry.

Carrie Verjinski said that Stanton School, where Stephanie attends, was very good about helping when the family went to Virginia to see Larry's return.

Legion member Bob Peczkowski said that Verjinski has had an impact on his son Gar's decision to join the Navy. "He got to talk to him and it is a neat thing. Boot camp gives you so much self esteem," he said.



VERJINSKI MAKES IMPULSE DECISION TO JOIN THE SERVICE

Senior Chief Petty Officer Larry Verjinski is greeted by his grandfather Leo Verjinski during a surprise "Welcome Home" party. Verjinski is a past Post 703 commander and recently returned home after spending almost a year in the Persian Gulf.—Photo by J.W. Sternick

A letter from the New owners of Pine View Memorial Park to Lakeland Newspapers readers...

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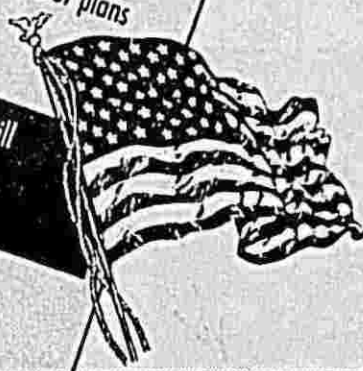
On May 20, 2003 the acquisition of Pine View Memorial Park was finally consummated by my family. It is our sincere belief that with our 90 plus years experience in funeral service we will be able to improve the care and professionalism this cemetery must provide to the community.

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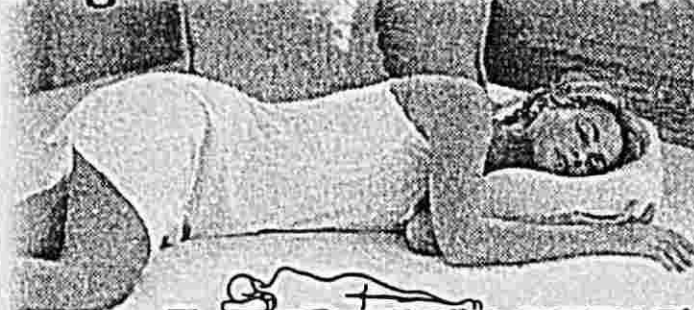
Bring this letter after phoning for an appointment with one of our staff and it will be applied as a 10% coupon toward the purchase of space and merchandise at Pine View the entire month of July.

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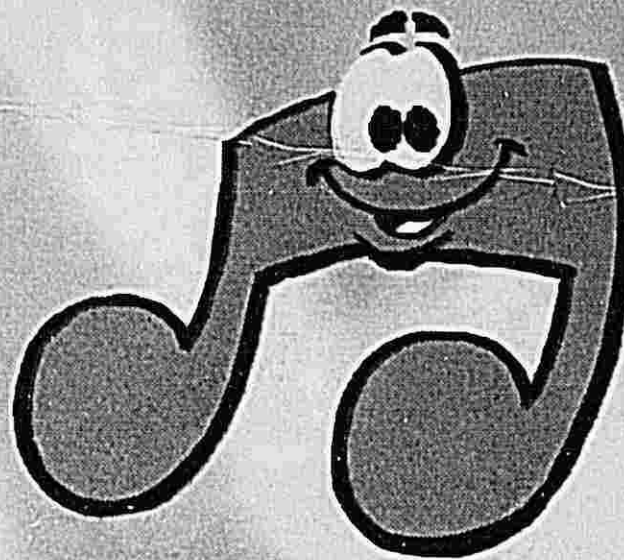
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Waukegan Public Library



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July 4
Municipal Band Concert - 7:30pm
Fireworks - 9:30pm
Waukegan Lakefront



Harbor Street Dance
July 19 - 7:00pm - 10:30pm
Waukegan Harbor



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July 10, 11 & 12, 2003
Downtown Waukegan



Harborlights Triathlon
July 20 - 8:00am - 2:30pm
Waukegan Lakefront



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Aviation Open House
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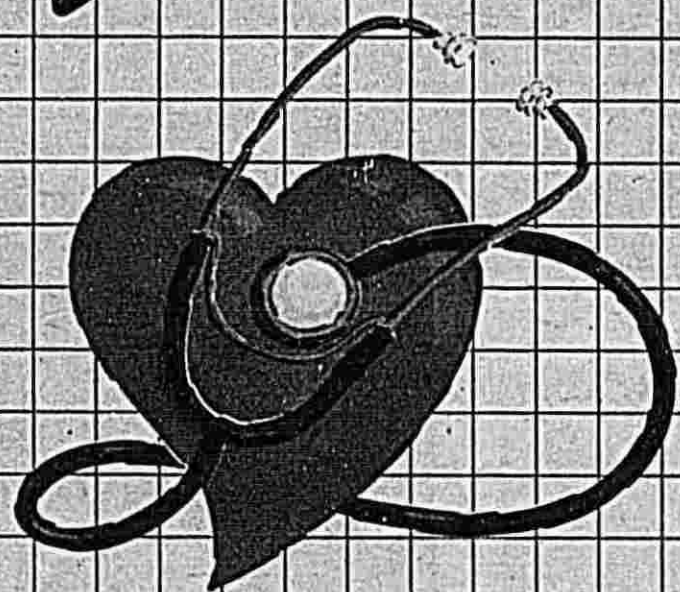
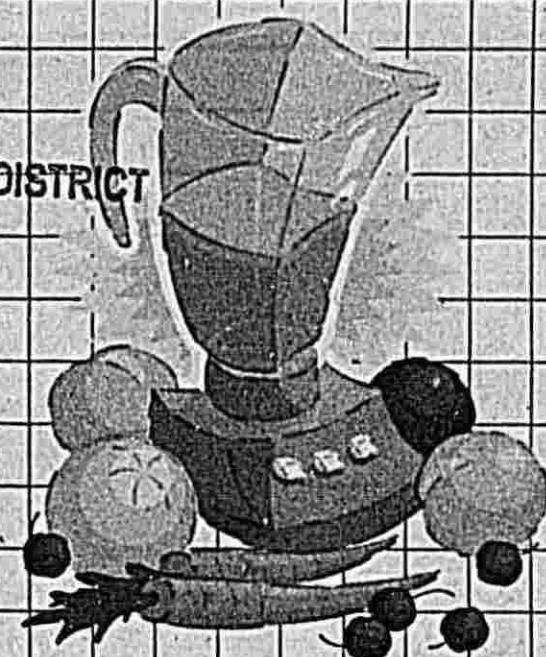


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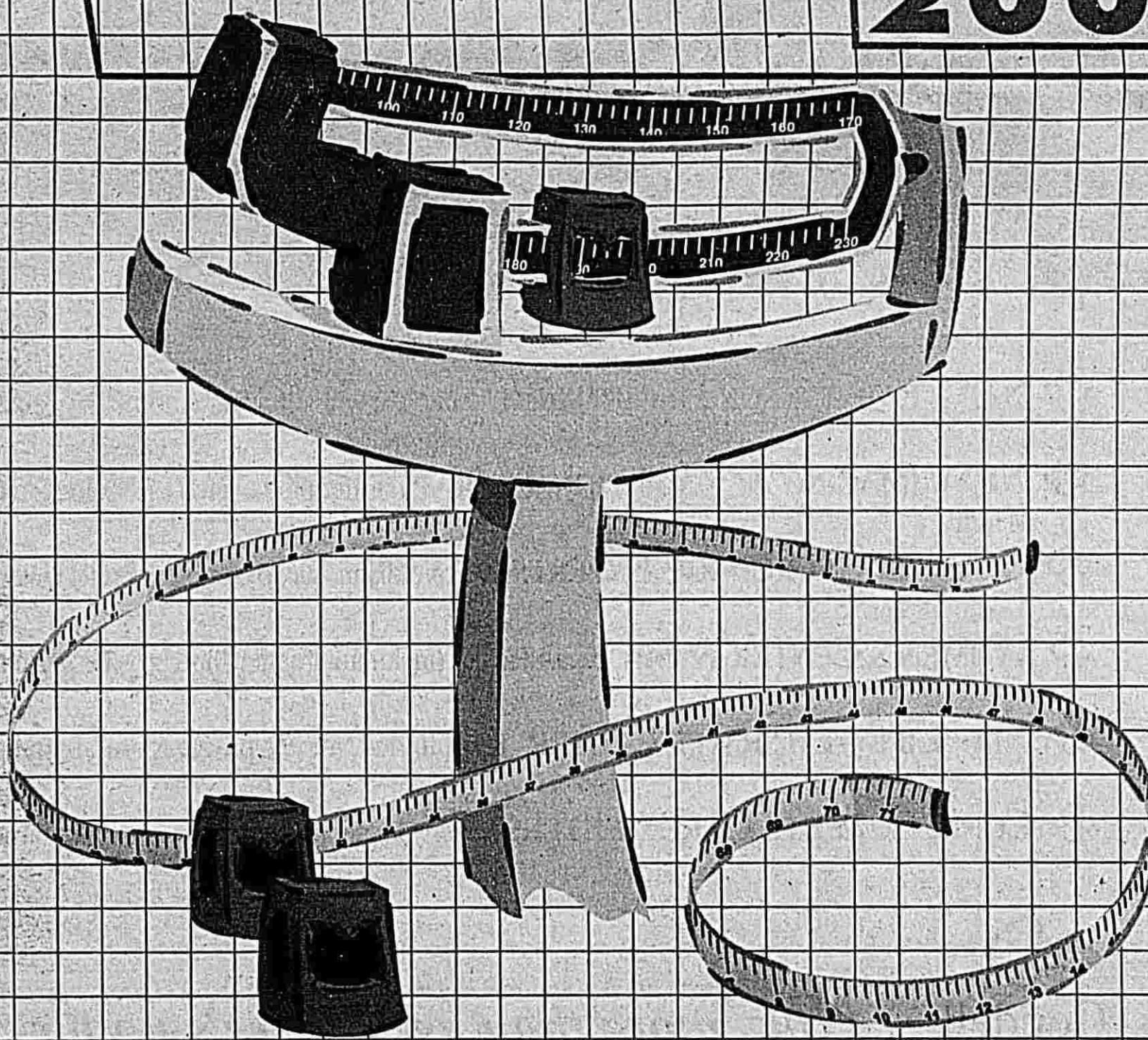
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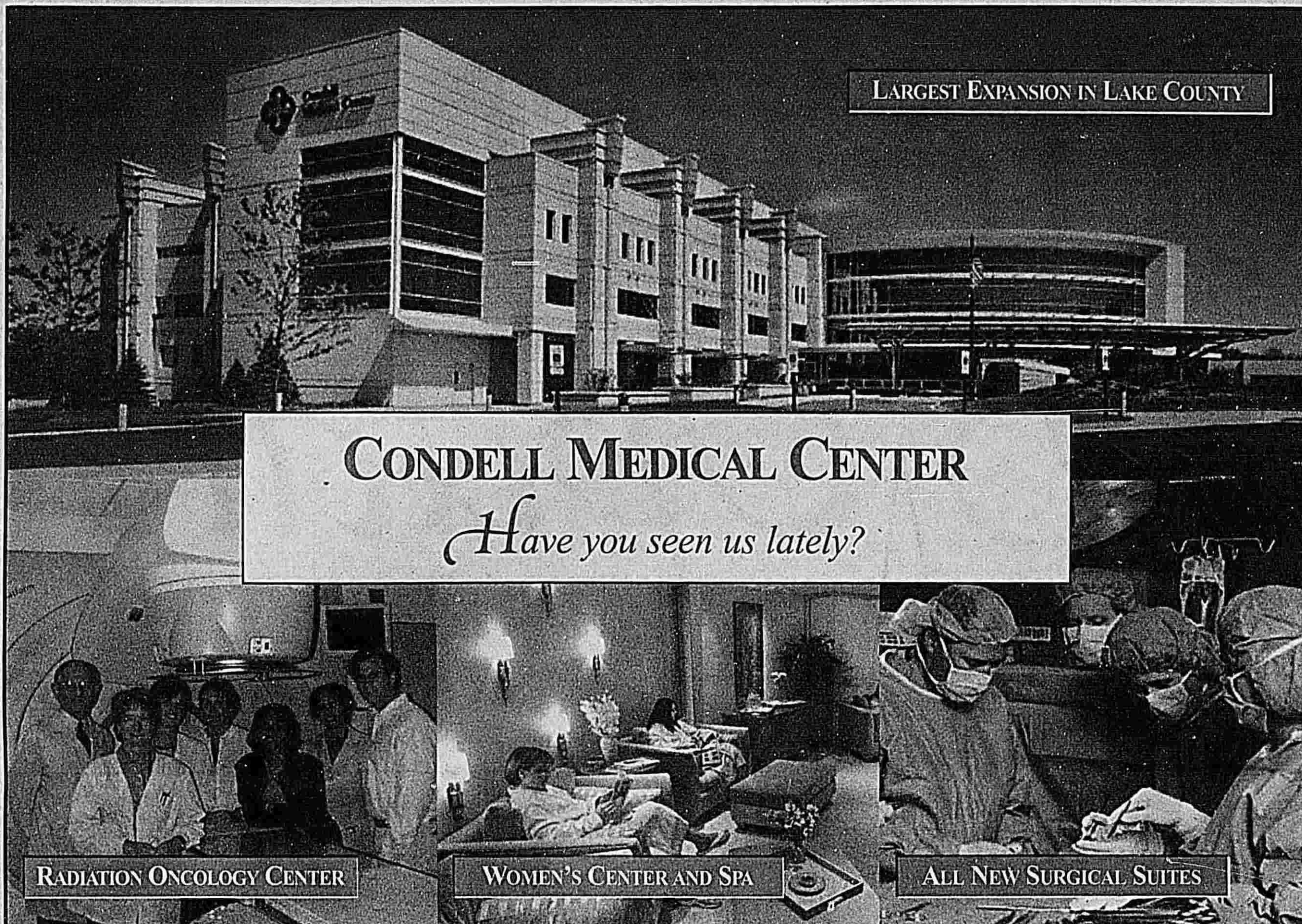


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Condell Medical Center Continues Breaking Ground and Setting Records

Advanced medical services, the latest technology and patient-focused care have a new home with the recent opening of the largest hospital expansion ever in Lake County. Libertyville-based Condell Medical Center's brand-new 190,000-square-foot addition features enhanced patient services in a soothing setting.

The expansion includes the new Radiation Oncology Center, Condell Women's Center & Inner Spa, an expanded Surgical Services Department, brand-new New Life Maternity Center and a new gift shop/coffee shop.

Condell's expansion project included the January 2003 opening of a brand-new 15,700-square-foot Intensive Critical Care Unit (ICCU) and new Level II Emergency Department, twice the size of the former unit. Slated for Fall 2004 completion is the addition of 33 private inpatient rooms.

Radiation Oncology Center *—Destroying cancer cells with the greatest precision and accuracy*

Offering the most advanced radiation therapy, Condell's Radiation Oncology Center features the Elekta Precise Linear Accelerator — the newest and highest energy radiation therapy equipment in Lake County.

In addition to conventional radiation therapy, the Elekta Precise can deliver 3-D conformal and intensity modulated radiation therapy (IMRT), which provide precise radiation doses that conform to the exact shape and size of tumors, while sparing surrounding healthy tissues.

"Radiation therapy plans are highly individualized because of the many variables involved, including the patient's age and physical size, the type of cancer, the stage of its growth and its exact location," said Wendy Tumminello, director of Condell's Radiation Oncology Center.

The Radiation Oncology Center is located on Condell's Libertyville campus. Call 847-990-5910 for more details.

PET Scan — Detecting otherwise hidden cancer cells

Positron Emission Tomography (PET) allows physicians to detect cancer accurately without invasive surgery while also helping determine how far the cancer has progressed. Condell is one of only a few facilities in Illinois offering PET, which can detect cancers as small as 6 to 8 millimeters.

PET scanning has superior diagnostic accuracy, which can help to eliminate unnecessary invasive procedures and detect recurrent cancer hidden beneath scar tissue.

PET scanning has been shown to be most useful for detecting or staging lung cancer, head and neck cancers, colon and rectal cancers, melanoma, lymphoma and breast cancer. Call 847-990-2999.

Endoscopic Ultrasound — A less invasive view inside the stomach and intestines

The recent development of endoscopic ultrasound (EUS) allows physicians to look at the interior lining of the stomach, as well as the walls of the upper and lower gastrointestinal tracts. EUS also can be used to study internal organs next to the gastrointestinal tract, such as the gall bladder and pancreas.

"With EUS, we can determine the growth of tumors much more accurately. It can literally examine them layer by layer. We can see the depth of the cancer and if it has invaded any other organs," said Arkan Alrashid, MD, a board-certified gastroenterologist who performs EUS at Condell.

LAP-BAND — Unique, reversible weight loss surgery

People with serious weight problems or obesity now have a minimally invasive, reversible surgical option to significantly reduce food intake.

It's called the LAP-BAND Adjustable Gastric Banding System, and Condell Medical Center was the first hospital in Lake County to perform the procedure. Unlike invasive gastric bypass surgery, the LAP-BAND is inserted laparoscopically. Because there is no cutting or stapling of the stomach or intestines, patients can resume normal activities within a week.

Condell Women's Center & Inner Spa — Preventive health and wellness services in a healing environment

Condell's Women's Center & Inner Spa gives women access to virtually all of their healthcare needs under one roof - from outpatient diagnostics to a complete array of spa services.

Outpatient imaging services include mammography, DEXA bone scanning, ultrasound, and stereotactic breast biopsies. Much less invasive than standard biopsies, the stereotactic breast biopsy requires only a 1/4-inch incision to take breast tissue samples following an abnormal mammogram.

Health and beauty go hand-in-hand at Condell's Inner Spa, a full-service day spa open to the community. Spa services include aromatherapy, hydrotherapy, massage, natural skin therapies, manicures, pedicures and full-service hair and makeup services including camouflaging techniques for burns and scarring, as well as breast prosthesis and wig fittings. For information, call the Inner Spa at (847) 990-5900.

On the horizon

Condell continues to pursue the latest technology in all areas of healthcare delivery. To learn more about Condell's services, or find a physician, click www.condell.org.



American Laser Centers are a top contender

While new to the Hoffman Estates area, American Laser Centers come on the scene of hair removal and skin rejuvenation clinics as a top contender. Strategically located throughout the Chicagoland area as well as the Detroit, New York, Milwaukee and Minneapolis-St. Paul, each clinic focuses on the demographics of their particular area while offering a service that is tailored to fill each individual client's needs. "We continue to be excited with the tremendous community acceptance we received as we open each new facility. Being a payer in the new technology arena is always satisfying, but particularly so when technological advancement is tied too closely to the personal satisfaction of each of our clients." Says Richard Morgan, President of American Laser Centers.

American Laser Centers specializes in non-invasive skin rejuvenation and permanent hair removal for men and women of all ages and skin types. Using only the most advanced system available on today's market, their highly trained and certified staff customizes each treatment specifically to the individual needs of the client.

Listed among the services American Laser Center provide are FotoFacial, Microdermabrasion and Hair removal. FotoFacials done in a series of three or five treatments improves the appearance of conditions such as Rosacea, flushing broken capillaries, sun and environmental damages to the skin and age spots.

Microdermabrasion, a procedure proven to be successful in Europe for many years, is a non-surgical skin smoothing technique that can be implemented on nearly any part of the body to improve skin color, relieve enlarged pores, soften rough skin and refine aging lines. And hair removal procedures, effective in a series of six treatments, have shown such tremendous results that American Laser Centers offers a written guarantee after the sixth treatment has been completed.

All procedures are conducted under the supervision of highly prominent physicians respective to the area of the clinic itself, and are not only proven to be effective, but require no recuperation period or down time.

American Laser Centers continue to grow while catering to the needs of each client, and has recently implemented a call center to lend complete support to the staff of each clinic as well as anyone needing information on the services that the company provides. I spend the majority of my time in the field. While our growth factor is phenomenal, I feel the close association with each clinic staff has enabled me to maintain a very strong focus on the personal side of our business as well. I am convinced that continuity between providing the finest in technological progress and treatment of each client, as an individual is what has and will continue to set American Laser Centers apart from others in the industry says Tony Zanolungo, Director of Operations.

Echoing that approach is the manager of one of the company's local facilities, Emina Nikezic. In the Highland Park facility each staff member maintains an attitude of personal service that is the crux of our success. We are not selling hair removal and skin rejuvenation, we are providing our clients with self-confidence. People come to us because they want to

look their best. Assisting them with attaining that goal, we bring a confidence factor into play that makes a difference in their daily lives.

For more information about American Laser Centers, visit www.americanlasercenters.com or call toll free 1-888-204-5503 to schedule an appointment in the clinic nearest you.

Ganfield opens new center

Ganfield Therapeutics opened their new practice in a beautiful new 4,000 square foot building in Gurnee. With five treatment rooms in a mountain retreat setting, Ganfield Therapeutics will now commence in their multi-faceted comprehensive treatment approach to chronic pain.

The staff consists of two physical therapists, two occupational therapist, and Kinesiotherapist and three massage therapists, each with extensive training in permanent releasing of soft tissue tightness or trauma as taught by John F. Barnes, P.T. Other specialties of individual therapists include Certification in Hand and Upper Extremity disorders, Feldenkrais, reflexology, myofascial release and manual trigger point release.

Lisa Ganfield OTR/L, CHT, Occupational Therapist and Certified Hand Therapist began this private therapy practice in 1996 in Lake Bluff. She is owner and a senior instructor with the

Myofascial Release Treatment Centers and Seminars and has therapists of the highest caliber of training for this specialized treatment.

The Physical and Occupational Therapists treat under doctor prescription and have statements for insurance reimbursement. Physician orders are not needed for the highly trained massage therapists and Myofascial Release introductory packages are available.

Lisa encourages anyone in pain who has been told they will "just have to live with it" to try Myofascial Release, as it has been called the "missing link" to therapy and pain treatment.

For more information, see web sites: www.ganfieldtherapeutics.com; www.myofascialrelease.com

Address, phone and hours are: Ganfield Therapeutics, 1125 Delany Rd., Gurnee, IL 60031. Phone 847-244-7070

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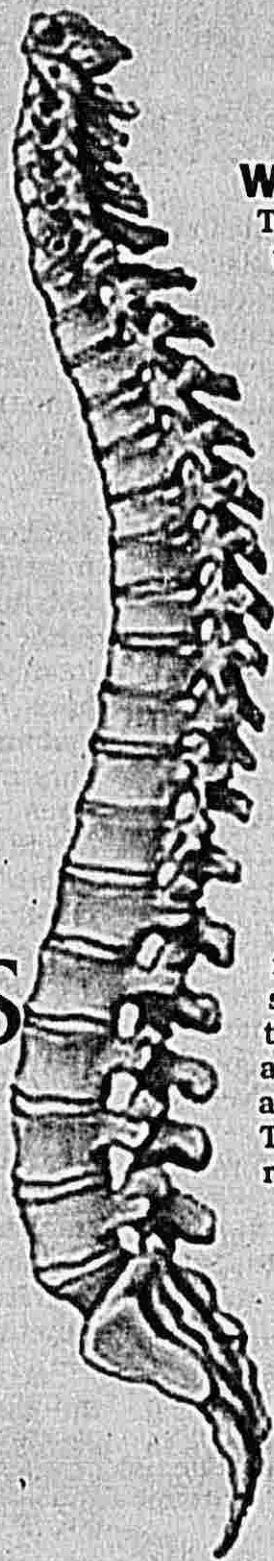
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Facts about back problems



What are Spinal Discs?

The discs within the spine are basically cartilage pads which separate, cushion and help to bind together the twenty-four (24) vertebrae.

How Does an Injury to the Disc Occur?

Disc injury occurs as a result of many factors such as genetics and the normal "wear and tear" process of aging. The most common manner in which these displacements of the spine occur are through sudden, forceful movements of the spine, such as falling, lifting, twisting, auto accidents or perhaps an unexpected slap on the neck or back.

Facts About Herniated Discs

Derangements (subluxations) or structural imbalances allow the disc to bulge, protrude, herniated, or impinge upon nerves. Sciatic pain is a common example of the possible irritation, which can result, form a degenerative or herniated disc.

Back Surgery, Will It be Necessary?

Many leading authorities state that only a small percentage of discs herniated actually require surgery. There are indications for surgery, which should be thoroughly understood and carefully considered with your physician.

What to Do For a Disc Problem?

Clinical evidence suggests that many "disc herniations" can be successfully treated, and the resulting pain and muscle spasms effectively alleviated through the application of conservative chiropractic care. This may include specific spinal adjustments and, if appropriate, the use of supportive therapy. A fact, which is often overlooked, is that a muscle spasm and pain are your body's way of protecting you for further tissue damage. Often the conservative to approve is not to attack the pain and spasm, but rather to determine and correct the reason for your pain and spasms. When this is accomplished, your pain and spasm will more likely diminish and eventually disappear. The doctor of chiropractic directs his or her efforts toward the skillful restoration of the vertebrae to their normal range of motion, thereby reducing inflammation, stress and pressure on the spinal discs and spinal joints.

In addition to chiropractic care, Applied Kinesiology may help alleviate day-to-day aches and pains and those caused by repetitive stress. Applied Kinesiology focuses on how a person is functioning in her or her structural, chemical and emotional/mental makeup. Applied Kinesiology draws on the best parts of a wide variety of complementary therapies for treatment, which include chiropractic, acupressure, nutrition, craniosacral therapy and others.

For more information on addressing your personal health care concerns, or more information on how Applied Kinesiology can help you, call Dr. Jeffrey Wells at Advanced Health and Rehabilitation Center in Lindenhurst for a free private consultation at 847-245-3202.



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Hearing center breaks a family tradition

Bud's grandfather Velmar Leslie Winget was a retired coal miner and he worked at Old Ben No. 9 in West Frankfort. Bud's dad Leslie Winget Sr. tried to avoid the coal mines by moving to Chicago when he graduated from Benton High School and worked at the American Can Company in Maywood for 19 years until they closed the plant. Les Sr. tried a few business ventures after that, but he too ended up in the coal mines. Les Sr. retired from Old Ben No. 26 in Sesser and died at the age of 60 years old from cancer and black lung.

Bud is a U.S. Navy Veteran E-4 and went to Rend Lake College in Ina on the G.I. Bill where he obtained three degrees, two of them in mining technology. Bud moved back to Chicago where he grew up until the age of 16 hoping to avoid the same fate his father found, and his father before him.

Bud met his wife Kathy at a small church in Berwyn. Kathy grew up in Griffith, Ind., where her dad Dan Frost retired from the steel mills in East

Chicago, Ind., after 30 years of service.

Bud & Kathy married one year later and named their first child Leslie III in tribute to Bud's dad, Les Sr. They named their second child Lindsay Ann in tribute to Bud's kid sister who was killed by a drunk driver on New Year's Day 1976. Last but not least they named their third child Leon Daniel in tribute to Bud's uncle, Les Sr.'s brother who was also killed by at the age of 19.

Bud & Kathy helped a friend who was down and out on his luck, and in appreciation this friend taught them the hearing aid business. They have had the true fortune of helping others and by being blessed in doing so.

Bud & Kathy treasure their marriage, children and the work they do, helping others to hear better. But above all, they treasure their relationship with God and would like to take this opportunity to say "Thank You Jesus" and to each and every client who have made it possible for Bud not to have to work in the coal mines. The End (of a Family Tradition)

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Preventing childhood obesity What parents can do

Obesity is now an epidemic in the United States. Over the last two decades, obesity rates in adults have doubled, and in school-age children and adolescents they have tripled according to the American Dietetic Association. One child in five is now overweight. National Institutes of Health (NIH) research shows that this public health problem affects both children and adolescents and cuts across all age, race and gender groups.

Children who are obese are at risk for a wide range of health problems. Diseases that used to only occur in adults are now appearing in children. Obese children and adolescents have shown an alarming increase in the incidence of type 2 diabetes and many have high cholesterol and blood pressure levels, which put them at greater risk for heart disease. One of the most severe problems for obese children is sleep apnea, which can lead to problems with learning and memory. Overweight children also have a high incidence of orthopedic problems, liver disease and asthma.

Although there are many factors that contribute to obesity, the main culprits are the same as those for adult obesity: lack of exercise and the foods we eat. As the most influential role models for their children, parents play an important role in preventing childhood obesity. Teaching healthy lifestyle habits involving physical activity and nutrition are the best ways to stop children and adolescents from becoming overweight.

A particular challenge for parents is finding snacks that their kids will enjoy in place of all of those high-fat cookies and chips.

Here are some suggestions for parents from the NIH and Grainaissance on how to help your children maintain a healthy diet:

- Eat meals together as a family and not in front of the television. Encourage your kids to eat slowly and savor the food.
- Keep healthy snacks on hand such as fresh fruits and vegetables, frozen fruit, juice bars and low-fat cookies such as graham crackers. Something many parents may not be familiar with is a nutritious bake and serve rice puff called Mochi (moh-chee). Made from organic, whole grain brown rice without any animal-derived ingredients, additives, preservatives or colorings, Mochi is also cholesterol-free, wheat-free and gluten-free.
- Don't use food as a reward or punishment. Children should not be placed on restrictive diets, unless done so by a doctor.
- Involve your children in meal planning and grocery shopping. This helps them learn how to make good choices.
- Focus on small, gradual changes in eating. This helps create habits that will last a lifetime.

Grainaissance Mochi can be found in the dairy or freezer case at natural food stores. For more information and snack ideas, visit www.grainaissance.com or call (800) GRAIN-97.—Courtesy of ARA Content

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CENTER FOR ADVANCED EYECARE using first-of-its-kind Laser Eye Surgery system

Chicago residents who may be candidates for laser eye surgery now have access to the latest development in LASIK technology, as Mitchell A. Jackson, M.D. has been using the first-of-its-kind, wavefront-guided LADARVision® excimer laser system for the past year.

The U.S. Food & Drug Administration approved this new system for wavefront-guided laser eye surgery in the treatment of nearsightedness. With this new system, made up of the LADARVision® 4000 excimer laser system and the new LADARWave™ diagnostic device, surgeons can, for the first time, measure and treat visual disorders that previously could not even be detected.

Several types of imperfections, referred to as lower and higher-order aberrations, exist within the eye and can affect both a person's visual acuity and the quality of vision. To date, only lower order aberrations, which include nearsightedness, farsightedness and astigmatism, could be measured and treated. However, lower-order aberrations do not account for all potential vision disorders. Higher-order aberrations can also have a significant impact on a person's quality of vision, and cannot be corrected with glasses, contacts or conventional

al LASIK. According to experts in the field of ophthalmology, higher-order aberrations are linked to visual disturbances such as glare and halos that may cause night vision problems and are sometimes associated with conventional LASIK surgery.

The LADARVision system is the first FDA approved eye surgery system that can measure both lower and higher-order aberrations, and can actually be used to treat each patient's unique pattern of lower- and higher-order visual errors. This highly customized approach creates a new laser eye surgery procedure, called CUSTOMCORNEA®, that improves both visual acuity, which is measured against standard numerical outcomes such as 20/20, and the overall quality of vision, such as increased visual crispness and clarity. Visual acuity of 20/20, considered by most as the standard for vision, has been traditionally measured by a letter chart, which does not provide for detection of many of the disorders that may affect vision.



"CUSTOMCORNEA is a tremendous breakthrough in laser eye surgery that raises the bar in this field," says Mitchell A. Jackson, M.D. "We're excited to be among the first in Illinois to offer this advanced LASIK technology to area residents." In CUSTOMCORNEA clinical trials, nearly 80 percent of patients who underwent the new laser eye surgery procedure achieved 20/20 vision, but even more importantly, they reported a quality of vision superior to that achieved with conventional

LASIK.

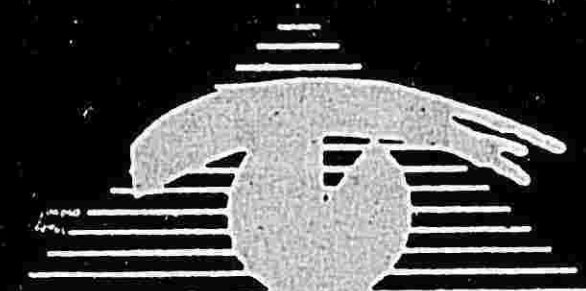
"Sometimes patients complain about vision quality problems, such as not being able to see in dim or low light. This is referred to as poor contrast sensitivity," explains Dr. Jackson. "Prior to the advent of wavefront measurements, there wasn't anything we could do to measure or treat higher-order aberrations. With this technology breakthrough, we can now measure these disorders, show the patient what's going on in their eye, link that information to the laser and actually correct higher-order aberrations that diminish contrast sensitivity. Wavefront technology enables

the surgeon to improve overall vision quality better than in the past."

How It Works

In order to create the customized map unique to each patient's eye, the LADARWave™ device transmits a safe ray of light into the patient's eye. The light is then reflected back off the retina, out through the pupil, and into the device, where the reflected wave of light is received and arranged into a unique pattern that captures the patient's lower and higher-order aberrations. All of these visual irregularities are then displayed as a three-dimensional map, referred to as a wavefront map. This information is then electronically transferred to the LADARVision 4000 excimer laser, and computer-matched to the eye's position, enabling the surgeon to customize the LASIK procedure to each patient's unique visual requirements. This is the only FDA-approved system that actually uses wavefront data to guide laser treatment.

To learn more, contact the Center for Advanced Eyecare at 1-888-356-0700 or log onto their web site www.mjlasikdoc.com.



CENTER FOR ADVANCED EYECARE^{SC}

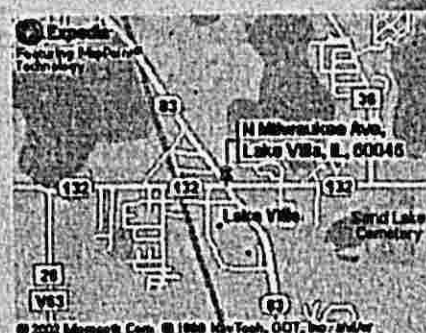
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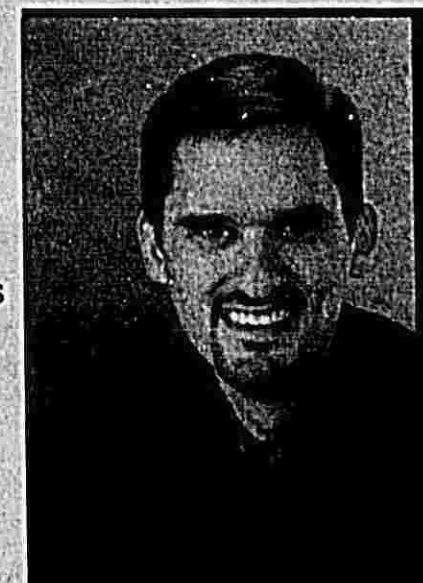
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Mitchell A. Jackson, M.D.

Mitchell A. Jackson, M.D. is a board-certified Ophthalmologist specializing in refractive surgery: LASIK, LASEK, PRK, PTK, Refractive Lensectomy, Lens Implants Intrastomal Corneal Rings (INTACSTM), Prelex (Presbyopic Lens Exchange) Wavefront Custom Laser Application, and SSP Surgical Reduction of Presbyopia (Scleral Implants). Dr. Jackson has extensive experience in laser vision correction, performing surgery since its FDA approval for use in 1995. Dr. Jackson is currently involved in a new form of treatment for Keratoconus with the use of INTACSTM, and was recently selected as one of the FDA phase 2 study sites nationwide for the Surgical Presbyopia procedure.

Dr. Lehr is a graduate of St. Mary's College of Maryland, earned his doctor of optometry degree at Illinois College of Optometry in Chicago and gained extensive clinical experience at the Illinois Eye Institute's Pediatrics and Binocular Vision clinic, Low Vision, and Primary Care clinics. He further enhanced his medical education by completing internships at the Wilkes-Barre Veteran's Administration Hospital, Wilkes-Barre, PA, and Omni Eye Specialists in Baltimore, MD. As a refractive optometrist, John K. Lehr, O.D. is a doctor of optometry who specializes in the evaluation and follow-up care of patients interested in procedures that correct nearsightedness, farsightedness and astigmatism.



Dr. John K. Lehr, O.D.

Gurnee cop 'Toughest Competitor Alive'

Everyone knows the standard cliché of an overweight cop with a donut in his hand. Well, Gurnee detective Mike Langer, 34, wants to eliminate that image from the public's mind forever.

Since joining the Gurnee Police Department in 1991, Langer has encouraged the department to become more physically fit.

"I'm trying to promote fitness in the department," said Langer, who serves as one of the department's two fitness officers. "We've even instituted a program where if an officer passes his (biannual) fitness tests he would earn a bonus. It's an incentive for the officer to stay in shape."

For Langer, staying in shape is all in the genes. His father, Gerd, was a professional soccer player who played for the now-defunct Chicago Mustangs, the city's first professional soccer team, in the late 1960s.

"Growing up, I have always been active," Langer said. "I've always been athletic and involved in sports."

Instead of following in his father's footsteps, however, Langer stuck to American sports, namely football, baseball and basketball.

In fact, Langer excelled in these three sports in high school, earning All-Conference honors while at Grayslake Community High School, where he graduated in 1987.

Langer then played baseball at Aurora University before transferring to Illinois State University, where he earned his bachelor's degree in criminal justice in 1991.

After college, Langer almost immediately joined the Gurnee Police Department, serving as a patrolman for over nine years before becoming a detective in 2001.

It was in 2001 that Langer started competing in games designed for police and firemen, starting with the 2001 World Police and Fire Games in Indianapolis.

The World Police and Fire Games features 60-65 events, most of which mirror the Olympic Games.

However, there are some unique competitions specifically designed for police and firemen. One of these competitions is the "Toughest Competitor Alive" (TCA).

TCA consists of eight events, completed in the same day, drawing from several different sports.

The events are: a 5K cross country run, shot put, 100-meter dash, 100-meter swim, 20-foot rope climb (using arms only), a bench press competition, a pull-ups competition and an obstacle course.

"I was looking in the list of events and I saw that the TCA had a little of everything," Langer said. "Plus all of the events are back-to-back; that's why it's called 'Toughest Competitor Alive.'"

Langer also competed in the 2002 Canadian/American (CanAm) Police and Fire Games in Spokane, Wash. and in the 2003 World Police and Fire Games in Barcelona, Spain in July.

It was in Barcelona that Langer had his best finish to date in the TCA, finishing 4th overall, despite collapsing from heat exhaustion following the 5K run.

"I was pretty aggravated that I passed

out after the run," Langer said. "If I was at my peak performance level, I could have competed for the gold."

Amazingly, Langer bounced back and was actually sitting in 3rd place going into the obstacle course, the final event. He missed the bronze medal by two seconds.

"I'm pretty competitive so finishing fourth left a bitter taste in my mouth," Langer said. "But it will just drive me harder to prepare."

Langer will run in his 4th Chicago Marathon later this month and he will compete in the 2004 CanAm Games in London, Ontario from July 11-18.

Langer's training regimen is pretty simple. In the off-season, he increases his protein and calorie intake to bulk up and six months prior to a competition he gets into a tougher training mode.

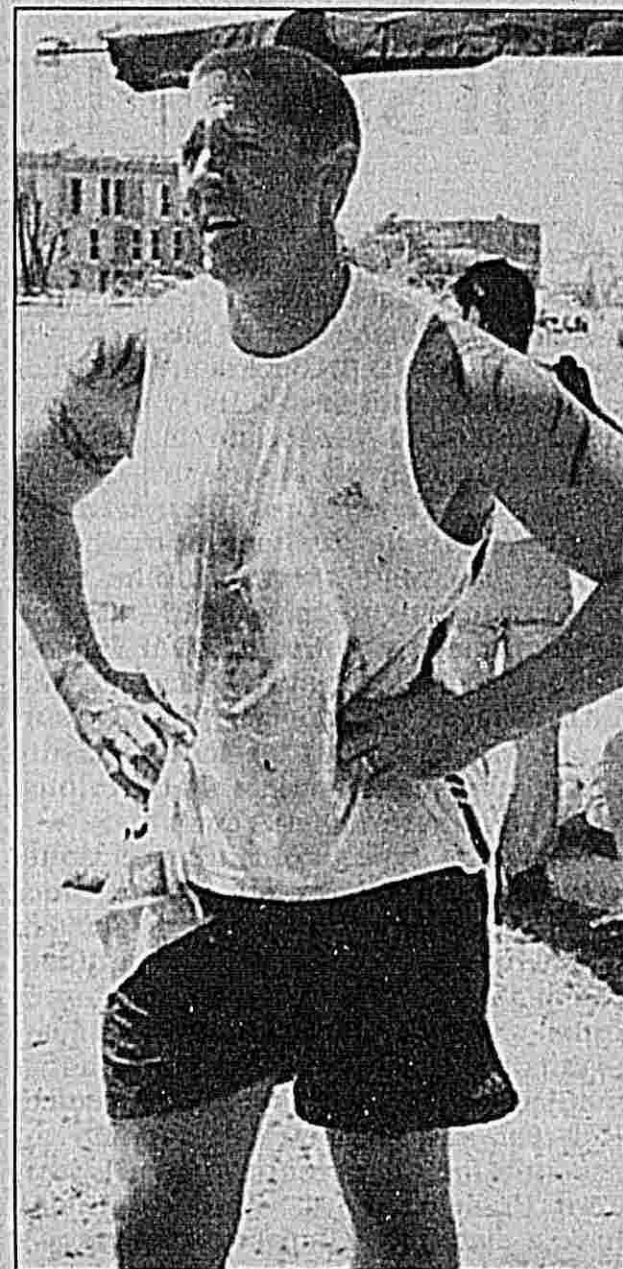
"It's a combination of weights, resistance training and cardiovascular work," Langer said. "Plus I cut out carbs and try to lean out."

Ideally, the 6-foot-1-inch Langer likes to compete at 205 pounds, which puts him in the heavyweight division.

Langer also credits the different competitions with helping to improve the fitness within the department.

"We're taking steps in the right direction and more people are getting involved," Langer said. "Word is getting out; we had three people in Barcelona and 10 are showing interest in the Can-Am Games."

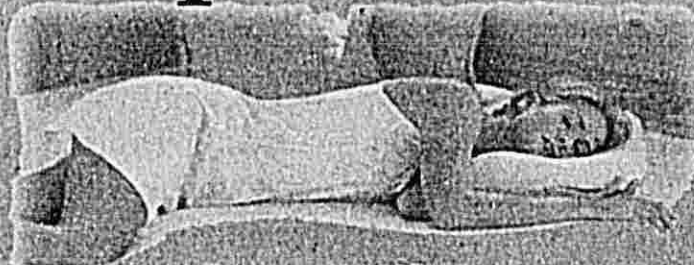
"Why not push yourself and do the best you can to get back in shape?"—By ROB BACKUS, Lakeland Newspaper's Sports Editor



Langer has encouraged the department to become more physically fit.

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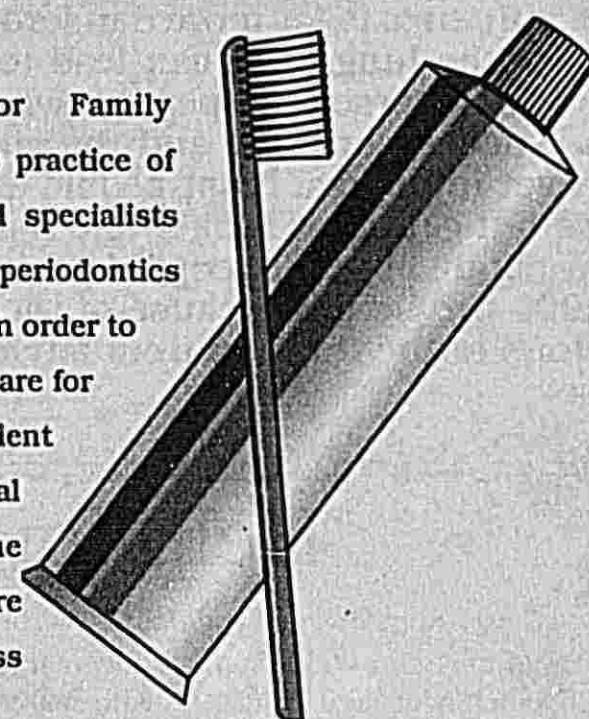
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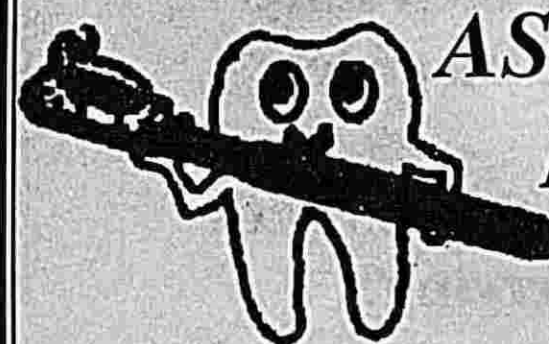
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Don't ignore flu shots this year

Administered locally, FluMist vaccine offers pain-free method without the shot

Influenza is far more dangerous than a bad cold. It's a disease of the lungs and can lead to pneumonia. It usually spreads from person to person when an infected person coughs, sneezes or talks and the virus is sent into the air. Anyone can get influenza. Most people are ill with the flu for only a few days but get much sicker and may need to be hospitalized. Each year about 114,000 people in the U.S. are hospitalized and about 36,000 people die because of the flu. More people die of complications of the flu than from any other "vaccine preventable" disease.

Yes, you need a flu shot every year

Flu viruses are constantly changing. Generally, new influenza virus strains circulate every flu season, so the vaccine is changed every year. By far, the single best way to prevent the flu is to get a flu shot each fall. Even if you aren't at high risk of complications, you should get a flu shot to protect everyone you live with and come in contact with.

The flu season usually peaks between January and March. The best time to get a flu shot is in October and November. Protection develops about two weeks after getting the shot and may last up to a year.

The Kenosha Visiting Nurse Association will be giving flu and pneumonia shots during the month of October throughout the community. Flu shots cost \$20 and Pneumococcal Pneumonia shots cost \$30. Medical Part B is accepted and Medicare HMO's are not.

A flu shot without the shot

Most people catch the flu by breathing in the virus after someone nearby who is infected coughs or sneezes. FluMist, a fine nasal mist, is administered where the influenza virus usually enters your body, the nose. It's a pain-free method of receiving the vaccination for people with a cost of \$80 per vaccine. KVNA will administer the vaccine for patients ages nine thru 49.

If you would like to receive a dose of FluMist, contact the KVNA office at 262-656-8400 or watch for the FLU MOBILE at your neighborhood flu clinic. For more information, visit myflushot.com.

Help for ADHD

Attention Deficit Hyperactivity Disorder affects approximately one in 20 children. Some children may show marked hyperactivity with obvious disruptive behaviors and difficulties with self-control. Others display only problems with attention and may be seen as "spacey" or "in other world." Parents and teachers often have difficulty in dealing with these children. These children can suffer from low self-esteem because they feel "dumb" or labeled as "trouble makers."

ADHD is a readily treatable condition and most respond to combinations of medication and behavioral and school interventions. New types of medications for treatment have recently become available, and others are in development.

Ingenium Clinical Research in Libertyville performs clinical trials for various psychiatric medications indicated for such disorders as Depression, Anxiety and ADHD in all age groups. For further information, call 847-549-7214.

Does your child or teen have Attention Deficit Disorder and Have significant problems with Anxiety & Worrying?

If so, your child could be eligible to participate in a research study of an investigational medication in patients.

8-17 years old with symptoms of both disorders.

Diagnostic evaluation (including psychiatric assessment, physical exam and lab tests) and study-related monitoring are provided at no cost.

If interested or to find out more, contact
Dr. Michael Greenbaum

at

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Libertyville, IL
(847) 549-7214

Quit Poking Around... GET VACCINATED!

KENOSHA VISITING NURSE ASSOCIATION, INC. 2003 FLU PREVENTION PROGRAM

ANTIOCH

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GRAYSLAKE

Ace Hardware
945 E. Belvidere Rd
Oct. 30, Thurs. 10a-2p

Piggly Wiggly

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Oct. 20, Mon. 10a-2p

GURNEE

Ace Hardware
4806 Grand Ave
Oct. 19, Sun. 10a-2p

LIBERTYVILLE

Ace Hardware
155 Peterson Rd.
Oct. 26, Sun. 10a-2p

ROUND LAKE

Ace Hardware Home Center
659 W. Railroad Ave
Oct. 21 Tue. 10a-2p

ROUND LAKE BEACH

Ace Hardware
817 E. Rollins Rd.
Oct. 17, Fri. 10a-2p

WAUCONDA

Ace Hardware
425 W. Liberty St.
Oct. 28, Tue. 10a-2p

FLU SHOT: \$20 PNEUMONIA SHOT: \$30
MEDICARE PART B ACCEPTED Medicare HMO Not Accepted

Flu Hotline 262-656-8412 x207 myflushot.com

Pregnant women in 2nd or 3rd trimester may receive a flu shot with doctor's prescription. Pregnant women in 1st trimester may not receive a flu shot. Children 9 years and older may receive a flu shot with parental consent.

Get a flu shot without the shot! The new nasal mist flu vaccine - FLUMIST is available just for healthy people ages 9 to 49. Cost: \$80 Given by appointment at the Kenosha VNA office, 600 52nd St. 3rd Floor, Kenosha, or watch for our FLU MOBILE!

Lake Forest Hospital plans two grand openings in early 2004

A Center for Women's Health and a Grayslake facility being built

As construction crews continue their work, plans are being made for a Jan. 25 Grand Opening event at the Hunter Family Center for Women's Health. This 72,000-square-foot addition to Lake Forest Hospital will allow a one-stop, comprehensive health assessment for women of all ages. The services offered at the center are planned to be holistic.

At the heart of the new facility will be the Posy Krehbiel Prevention and Wellness Center, offering everything from health risk assessment and psychological counseling to acupuncture, yoga, biofeedback and massage. There'll be pain experts, a continence clinic, osteoporosis programs and lymphedema therapies along with individualized nutritional counseling and weight management programs. Specialists from LFH's affiliated Health & Fitness Center will be on hand to develop personalized exercise programs.

This very important part of the hospital's new addition is being named for Posy Krehbiel, a longtime Lake Forest resident who's been a strong advocate for women's health—especially prevention and wellness. She and her husband, John H. Krehbiel, have pledged a generous gift to help make the new center at Lake Forest Hospital a reality. Posy has served on the LFH Women's Auxiliary Board since 1988. Currently, she co-chairs the board's Sustainer Council. Her active involvement also has included chairing the popular Baby Alumni Party for many years and service on the Auxiliary's Benefit Committee.

In addition to the Posy Krehbiel Prevention and Wellness Center, LFH's new addition will include:

- A new maternity center complete with all private postpartum rooms and more comfortable facilities for new fathers' overnight stays
- A breast-care center featuring four mammography suites and two ultrasound rooms
- An osteoporosis program
- A library/resource center

Educational services

- A women's boutique for cancer patients' needs and lactation supplies

Physicians' offices

- A child-care service for women with appointments in the center

Completion of the Hunter Family Center for Women's Health addition will signal the start of a \$4 million dollar renovation pro-

ject in the main hospital building. This work, which should be done in 2005, will allow for the expansion and improvement of existing services as well as more patient privacy.

Meanwhile, Lake Forest Hospital's other new construction project currently underway is to the west of its main campus—in the area of routes 120 and 45. The Outpatient & Acute Care Center in Grayslake is scheduled to open in early April. This 136,000-square-foot facility will feature a full-service acute care center providing walk-in medical services for non-life-threatening situations. Initially, the acute care center will be staffed for two shifts, seven days a week. Vice President/Lake County Campus Jim Killian says the center could become a 24-hour operation within two years of its opening. Killian also has announced that ER Team Leader Dawn Frank, RN, will manage the acute care center at Grayslake, which will have board-certified ER doctors on duty there.

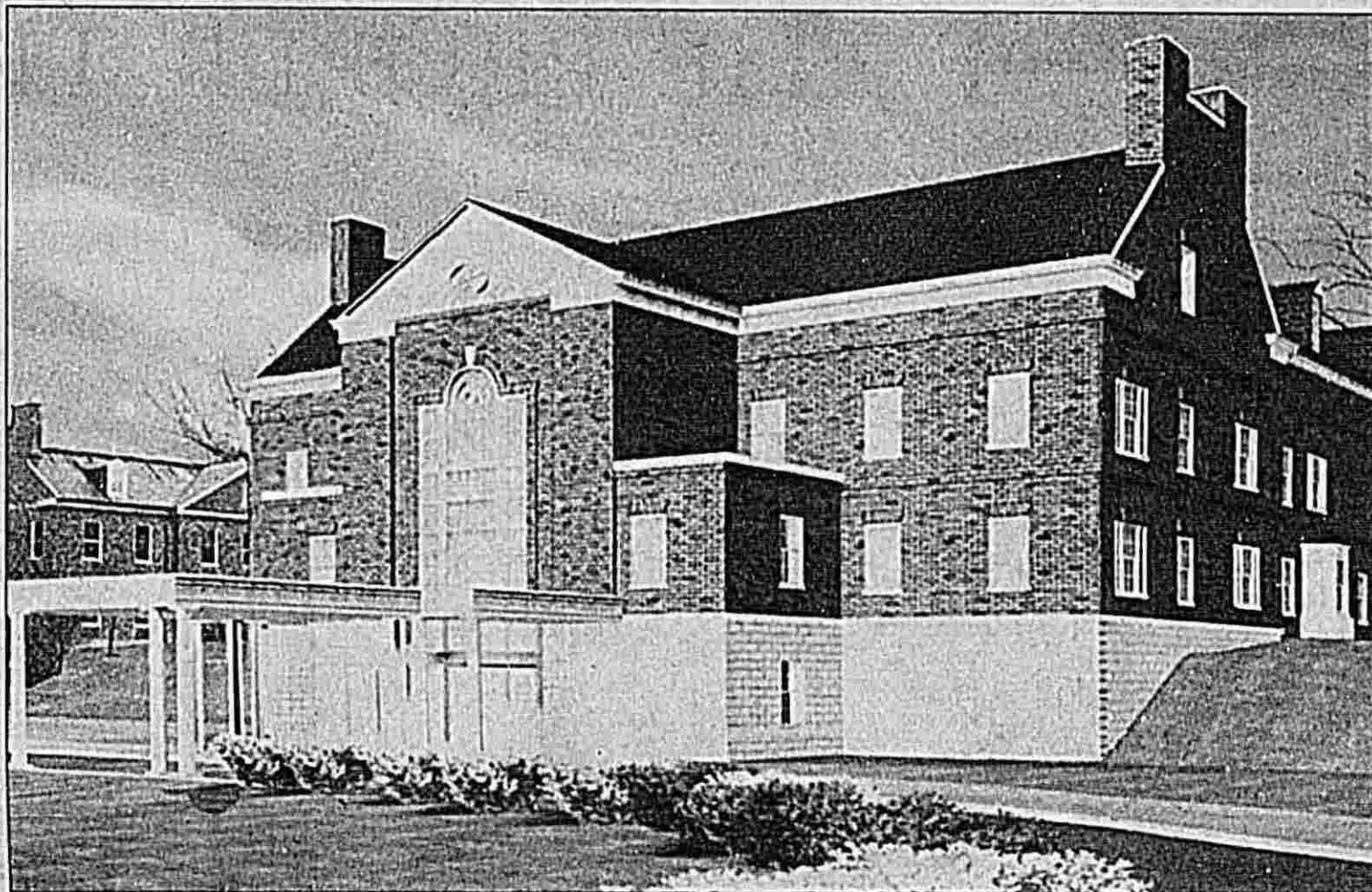
The rest of the first floor will feature a variety of outpatient diagnostic and treatment services. Killian says state-of-the-art equipment is being ordered for the full-service radiology facility at Grayslake. This will include a top-of-the-line MRI unit identical to the one that went into operation earlier this year at Lake Forest Hospital. In addition, the latest in digital mammography will be offered in the women's imaging center at Grayslake.

Other features will include:

- Clinical laboratory services
- Non-invasive cardiology services
- Audiology services
- Physical, occupational and speech therapy

Physicians' offices will be located on the second and third floors of the \$39 million Grayslake facility, which is located on a 44-acre parcel in the heart of Lake County. Killian says there's plenty of room for planned future expansions.

Lake Forest Hospital President Bill Ries says, "This is a very exciting time at Lake Forest Hospital. We have launched two significant new construction projects, the Hunter Family Center for Women's Health and the Outpatient & Acute Care Campus in Grayslake, each designed to meet a specific community health-care need. Lake Forest Hospital is delighted to be able to help meet the growing health-care demands of Lake County residents."

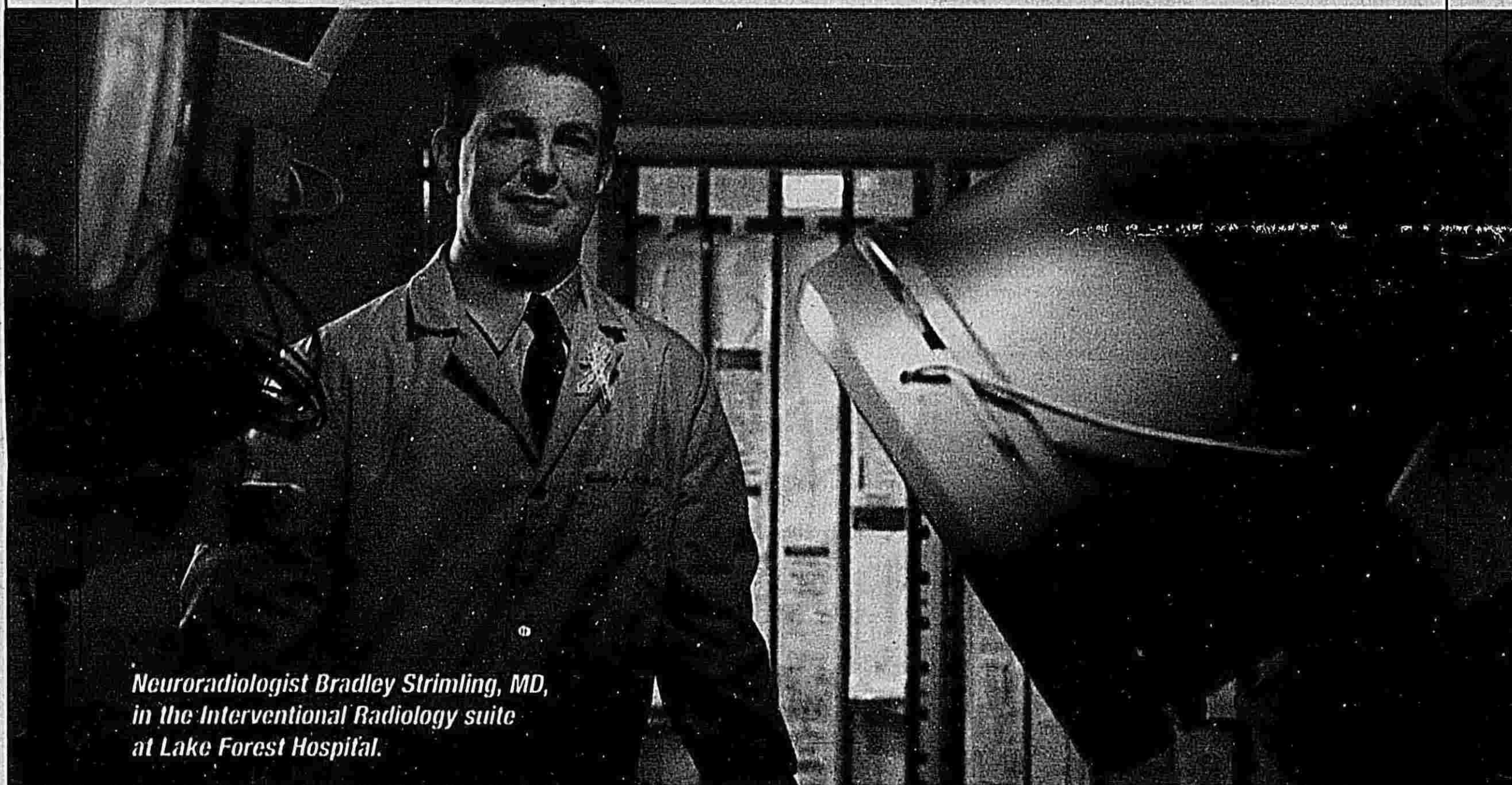


The Hunter Family Center for Women's Health (foreground) will be a \$22 million, 72,000-square-foot addition to Lake Forest Hospital's main building (background, left) allowing a one-stop, comprehensive health assessment for women of all ages.



Lake Forest Hospital's Outpatient & Acute Care Center in Grayslake will be a \$39 million comprehensive health and wellness facility on a 44-acre parcel near the southwest corner of Routes 120 and 45. It will bring high-quality outpatient services, including a full-service urgent care center, closer to central Lake County residents. — Both photos by: Plunkett Raysich Architects, LLP

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*Neurologist Bradley Strimling, MD,
in the Interventional Radiology suite
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Hospital**

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Hillcrest Nursing offers compassionate service

Annual holiday door decorating contest to begin Nov. 29

At Hillcrest Nursing Center in Round Lake Beach, the professionals and compassionate staff provide excellent care. Hillcrest has proudly served families of northern Illinois and southeast Wisconsin for over 30 years. They pride themselves on their sense of family and teamwork. Physical, speech and occupational therapy is available, along with creative activities and recreational outings. The community is always welcome to visit or call Hillcrest regarding questions or options for their loved one's medical care.

Hillcrest Nursing Center's 7th Annual Door Decorating Contest begins Nov. 29 and continues through Dec. 18. An awards ceremony along with the popular dessert party on Dec. 20 at 6 p.m. This event is a great way for individuals, groups, businesses and organizations to spend time with an elderly person this holiday season.

Hillcrest residents enjoy people decorating their room doors with an array of Christmas décor, helping make their holiday a bit brighter. Many residents do not have family or receive visitors often, so the holiday season can be a difficult time.

This year, RE/MAX Premier Realty of Lake Villa joins Hillcrest for a special "silent auction" during the contest, with all proceeds to benefit Children's Miracle Network, an international non-profit organization dedicated to generating funds to benefit children in 170 children's hospitals in North America. Their hallmark is that 100 percent of funds raised in the community stays in that community. Individuals can pledge a dollar amount towards their favorite decorated door and know that they are helping children who are fighting their illness everyday. Reserve a door to decorate today. Call 847-546-5300 for more information.

Evanston Northwestern Healthcare offers personalized midlife health assessments for women

Women often let their attention to personal health matters lapse during the time between having that last baby and menopause. Evanston Northwestern Healthcare now offers a program that provides a health assessment specifically designed for women age 40 and older.

The 90-minute consultation with a nurse practitioner provides risk assessment for breast cancer, osteoporosis, depression and heart disease, as well as total cholesterol/glucose testing.

"Having the time to discuss these many aspects of a woman's physical and mental well-being allows us to create a plan that empowers them to take charge of their health as they enter a new phase of their life," said Marci Lovett, certified nurse practitioner and facilitator of the program. "The symptoms of menopause can begin five to 10 years before menopause finally occurs, and there are many health issues to consider along the way."

Edward Lee, MD, says the assessment is a valuable tool for the midlife woman.

"As women enter midlife they should know about the hormonal changes they will experience and the

effect on their individual risk for heart disease, breast cancer, diabetes and osteoporosis. They may need assistance in coping with other changes: hot flashes, poor sleep, memory, mood, diet and exercise," said Lee, an obstetrician and gynecologist with Evanston Northwestern Healthcare. "The assessment with a nurse practitioner allows them to discuss those concerns and more; it's time just not available in a normal office visit with a physician."

The midlife health assessment is not intended as a substitute for the physician visit but as an enhancement.

"Through our review of specific physical and mental health concerns we are able to provide women with discussion point they can take to their physicians for further follow-up," Lovett said. "It is important for women to continue their relationships with their doctors so that they receive other health screenings like Pap smears, and pelvic and breast exams."

Midlife health assessments will be initially offered at the Deerfield Medical Office, 190 Waukegan in Deerfield, Mondays, Oct. 20, Nov. 17 and Dec. 8 for the special introductory rate of \$55.

At Hillcrest Nursing Center, We just print the facts.

You made her feel special and loved during her time at Hillcrest.
- Family of resident, 7/7/97

It gives us great comfort knowing she is safe and happy.
- Family of resident, 7/15/03

"Thank you for all the little things you do for Mom."
- Family of resident, 1999

Your environment is pleasant and staff are very friendly and warm.
- Community volunteer, 1999

Thank you for the fine care and kindness you have shown my mother.
- Family of resident, 1999

You are very special and the gold medal people in the nursing home industry.
- Family of resident, 1999

Mother thinks of you as her second family. She loves all of you.
- Family of resident, 9/24/03

Thank you for being so kind to my sister and the other residents.
- Sister of resident, 4/18/02

You made her feel special and loved during her time at Hillcrest.
- Family of resident, 7/7/97

"Thank you for your help with the Medicaid application. You have given us a world of information."
- Family of resident, 9/14/03

"I feel so lucky to have my mom in your care."
- Family of resident, 8/02

"Thank you for doing such a great job. I will continue to highly recommend your fine center."
- Lake Co. Hospital social worker, 8.20.03

"It's people like you who get people like us through the hard parts."
- Family of resident, 2.97

"Thank you for the two years of wonderful care you gave to our mom."
- Family of resident, 9.18.98

"Congratulations on a superlative survey. You have a great facility."
- Lake Co. Nursing Home admissions director, 1999

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Patient and family-focused care

For 25 years, Palliative CareCenter & Hospice of the North Shore (PCCHNS) has been improving the quality of life for people with life-limiting illnesses. PCCHNS provides a full range of medical, emotional, social and spiritual needs for people with chronic, debilitating and life-challenging conditions.

PCCHNS began as a small hospice pro-

viding passionate, expert care for the terminally ill. Today, PCCHNS provides a seamless continuum of care focusing on patient and family needs, serving people of all ages, at any stage of life, delivering care in whatever setting that provides the greatest comfort to patients.

A pioneer in palliative medicine, PCCHNS is leading the local, regional and

national movement to improve end-of-life care by educating the public, mentoring other healthcare providers and by advocating at the local, state and national levels. Services include home care, private duty personal care, community outreach, primary healthcare at home, bereavement and consultation with attending physicians to help better manage patients' pain and symptoms.

Additionally, PCCHNS provides palliative care for children through its CareCenter for Kids, offers grief support for children through its Families With Children program and sponsors CampCare, an innovative day camp designed to help children heal after a loss.

For more information about Palliative CareCenter and Hospice of the North Shore, call 847-467-7423.

New treatments that offer increased hope for osteoporosis patients

For a time, hormone replacement therapy (the administration of estrogen either alone or in combination with other hormones) served as the preferred treatment for post-menopausal women hoping to reduce the progression of osteoporosis, a debilitating and inevitable bone-thinning disorder. Yet the latest findings from the prematurely halted Women's Health Initiative (WHI) study on hormone replacement therapy alarmed many women. The study concluded that an estrogen and progestin combination used by thousands increased the risk of breast cancer, blood clots, heart attacks, and strokes when taken over a long period of time.

Osteoporosis is drastically accelerated during menopause and is the third leading cause of death of women over 70. By age 55, the average woman has already

lost 30 percent of her bone mass. Eventually, bone loss can progress to the point where bones become so thin that they are susceptible to fracture from even the slightest trauma. According to the National Osteoporosis Foundation, one out of every two women over the age of 50 will have an osteoporosis-related fracture in her lifetime. Caucasian and Asian women are more likely to develop osteoporosis. However, African-American and Hispanic women are at significant risk for developing the disease. Additionally, small-boned and thin women



(under 127 pounds) are at greater risk for osteoporosis.

Many women are now searching for a safe alternative to hormone replacement therapy to alleviate the effects of osteoporosis. Current treatments on the market such as bisphosphonates and SERMs (estrogen-related therapies) have safety issues and focus primarily on slowing bone loss. Another existing treatment option is calcitonin, a naturally occurring hormone involved in calcium regulation and bone metabolism. In women who are more than five years beyond menopause calcitonin slows bone loss, increases spinal bone density and, according to recent

studies, reduces the risk of spinal fractures. In recent trials, calcitonin demonstrated a 62 percent reduction in the incidence of new vertebral fractures for a subgroup of women over 75, one of the most significant reductions demonstrated by any current osteoporosis therapy. In addition, calcitonin is the only osteoporosis therapy that can reduce the significant bone pain often associated with osteoporosis. Because calcitonin is a peptide, it cannot be taken orally because it would be digested before it could exert its therapeutic effect. Currently calcitonin is available as an injection or nasal spray. The U.S. Food and Drug Administration (FDA) is currently reviewing FORTICAL, a unique nasal calcitonin product developed by Unigene Laboratories, and Unigene is also developing an oral form of the product.



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It's About Living Every Step of the Way. We work with you to develop a plan of care that alleviates pain and creates the best quality of life possible. So that everyone can get on with what is most important – living.

Find out how Hospice of the North Shore's programs and services support and care for families. Call (847) 467-7423 or visit us online at www.carecenter.org.

 **Palliative CareCenter
& Hospice of the North Shore**
2821 Central Street, Evanston, Illinois 60201

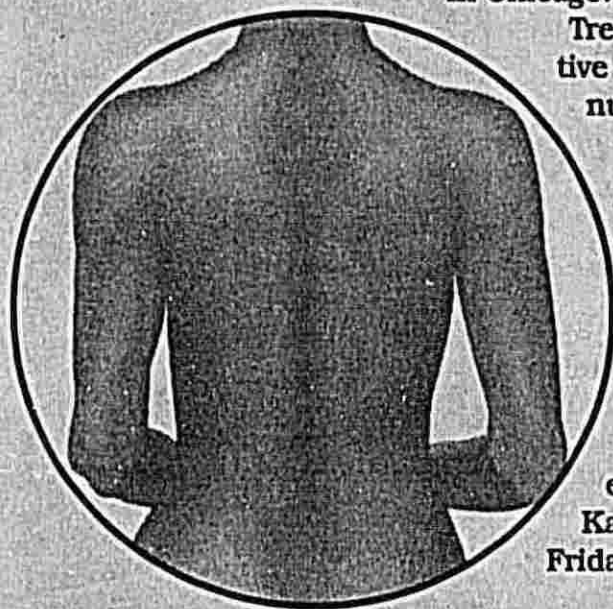
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Lilac Apartments

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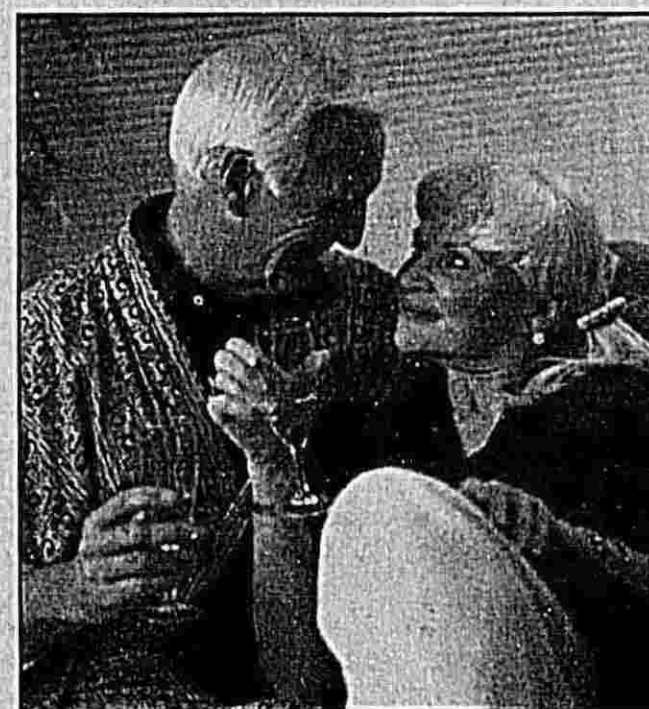
Quality craftsmanship is the hallmark of Lilac Apartments, constructed to meet ADA specifications and current fire code requirements. All 105 units are handicapped adaptable. A locked telephone entry system provides safety and security. Seniors have a choice of five apartment layouts, ranging from 665 square feet to 959 square feet. Monthly rental rates include heat and water and no endowment or entrance fees are required.

Two multi-purpose lounges, with fireplaces, add to the cozy atmosphere at Lilac. Other common areas include a craft room, card and game room and a sun-deck. Great care has been taken to preserve the six-acre park-like setting. A one-half mile paved walkway winds through acres of natural greenery and towering trees.

Because Lilac Apartments qualify for the Federal Affordable Housing Tax Credit program, the rent will remain "affordable" by federal guidelines for 30 years to those who qualify. For more information or to arrange a tour, call Karen at 847-587-8830.



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THEN AND NOW

The evolution of Sheridan Health & Rehab Center

On October 1st, Sheridan Health & Rehab Center, located at 2534 Elim Avenue in Zion, has celebrate its twenty-first year. Many changes have been seen over the years.

Stan Aron purchased what was then called Northeast Health Care on October 1, 1982. He brought with him Nanjean Painter as the Director of

to last year when the back lot was completed.

Many different color schemes were used in the building. As ideas for decorating changes, so did Sheridan. Currently, new nurse's stations and med rooms were installed, new wall treatments up, new furniture in the residents rooms, and common areas have made Sheridan pleasant and appealing. Just recently, the lobby

seven days a week. The rooms on this unit are equipped with in-room safes and wall mounted TV/VCR units.

The staff is now working on a new venture called The Pioneer Program. This program centers on resident choice, including buffet-style meals served from steam tables instead of tray service with no choice. This program also involves

bathing which allows the residents to choose when and how they bath.

The staff at Sheridan Health & Rehab Center is excited about the many changes that have already happened and those that are yet to come. They invite you to stop by and see how things have evolved. Call 847-746-8435 to schedule a tour, or just stop in and say hi!

Sheridan Health & Rehab Center *A Commitment to Excellence*

Nursing. Marla Benson was hired a few months later as a floor nurse. These three individuals remain today. Although job titles and appearances have changed, their commitment to quality care has not.

Upon taking over, the three of them faced many obstacles, which included staffing issues, scabies, poor credit and a host of difficult residents.

In the first couple of years new staff was added, many residents were transferred to settings that were more appropriate, deficiencies from previous that surveys were corrected, and remodeling began. Landscaping all around the building added curb appeal. This continued up

area was remodeled to look more up to date and provide more security.

More important than looks is the care provided at Sheridan, directed by Dr. Bruce Frazin and Dr. James Monahan. The staff has always worked together to make sure the residents are well taken care of. Recently, the staff have been working together to initiate several new programs. Four years ago, an Alzheimer's Unit was opened. This unit is directed by Dr. Charles Holmberg. Today, this unit is at capacity and there are plans to expand. This past February, a Rehab Unit was opened, and this unit is directed by Dr. Robert Yee. This unit has a therapy room on the wing where direct therapy is given

Home Instead Senior Care help the elderly stay in their home longer

The purpose of Home Instead Senior Care is to help the elderly stay in their homes longer, by providing more than 75 different non-medical services, including companionship, meal preparation, light housekeeping, laundry and errands. All caregivers are bonded and insured. Cindy Madson and Denise Trinka, owners and sisters, are passionate about helping people relieve the stress associated with caring for their parents, along with helping seniors to remain in their homes - where they are happiest. Home Instead Senior Care is located at 142 Hawley Street, Grayslake. For more information, call 847-543-8881.



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Sheridan Health and Rehab Center Welcomes Hispanic Coordinator, Juan Martinez



Juan Martinez
Hispanic Coordinator

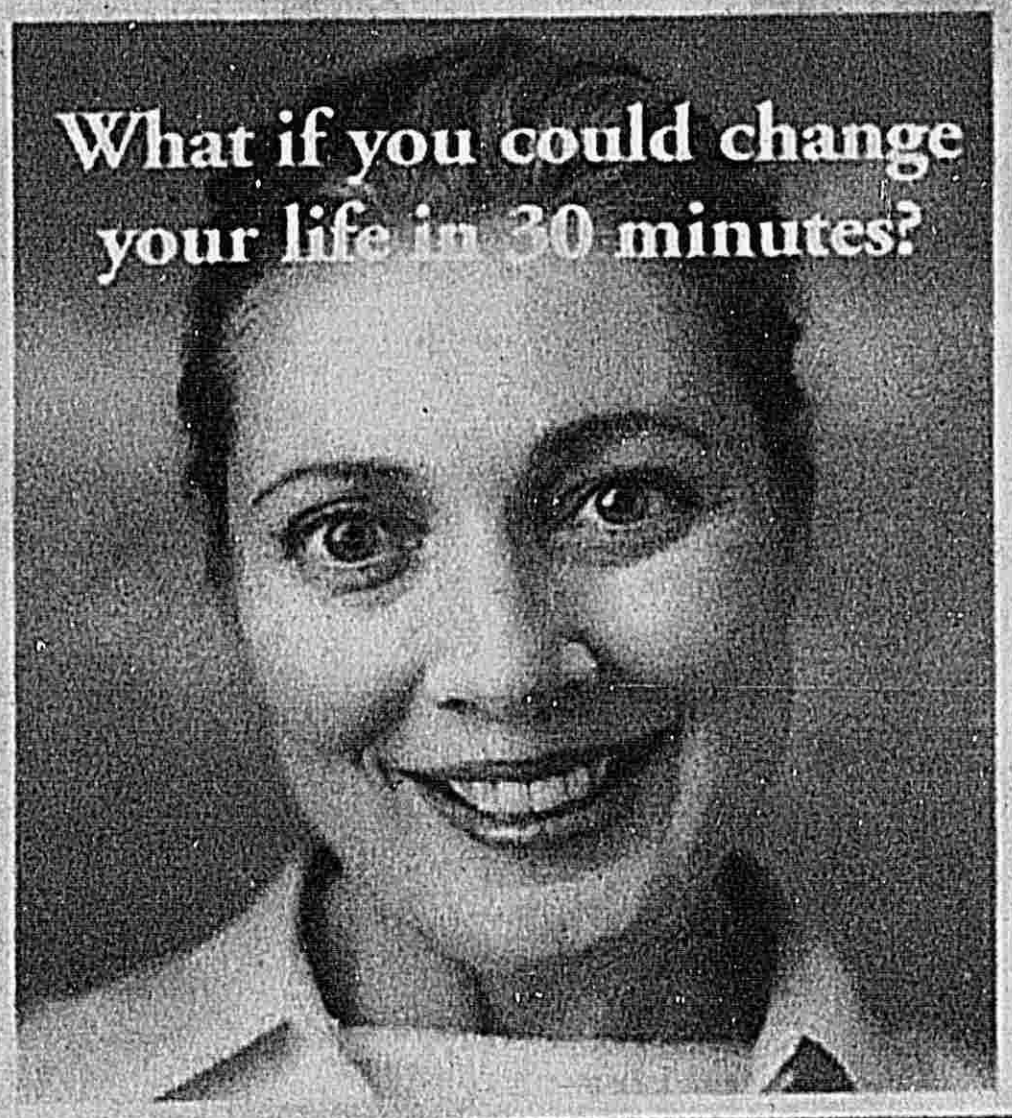
Juan was born and raised in Lake County and has 18 years of experience in health care. Juan received a resolution for heroic efforts in 1984. Stop by and talk to Juan about our Hispanic program. Call Ross Zeller or Debrah Lewis for more information.

Sheridan Health & Rehab Center
A Commitment to Excellence

"A Commitment To Excellence"

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*Offer based on first visit enrollment, minimum 12 mo.c.d. program.

Important components to your fight against cancer at Midwestern Regional Medical Center

The "Gateway to Good Health," the completely remodeled front entrance to Cancer Treatment Centers of America at Midwestern Regional Medical Center in Zion, is complete. The entrance, now more befitting of the upscale office design throughout the rest of the medical complex, has quadrupled the space in the front-foyer. It sports natural stone, steel and glass in its three-story faux atrium, and many live plants. The edifice was designed by one of the few remaining students of Frank Lloyd Wright. Midwestern currently has various building expansion plans through 2006.

At the leading-edge cancer hospitals, patients are treated better than in other hospitals. Because the cancer specialists know about the positive results achieved by research studies using nutrition to combat cancer, nutritional therapy has been made a part of their innovative, comprehensive treatment program. This personal team of experts not only includes doctors and oncologists skilled in the latest medical technology, but on-site nutritionists. And because the cancer care is compassionate as well as advanced, the team also includes the support of psychological and spiritual counselors. At Cancer Treatment Centers of America, they are winning the fight against cancer every day. Find out about the options that can help you win your fight.

Personalized Nutritional Programs

When you choose one of the hospitals, you'll be introduced to a doctor of naturopathic medicine and an experienced nutritionist who will be part of your team. They will formulate a customized therapeutic dietary program, including vitamin and mineral supplements, to meet your specific needs. Your nutrition program will be designed to stimulate your immune system to fight your disease, and to enhance your own body's fighting ability. Nutritional therapy also strengthens your physical well-being, and has been shown to decrease the side effects of certain treatments and add to the quality of your life.

Innovative Medicine

Doctors from around the world bring their expertise in breakthrough treatments to this program at Cancer Treatment Centers of America. As a result, we place higher emphasis on the quality of patient care. Many of the specialists are triple-board-certified. And they are not only experts, they have a heart. They take the time to listen to you. To explain. And to involve you in your treatment, which may include, in addition to traditional medical therapy, treatment options available at only a handful of the nation's most advanced cancer hospitals.

These options include:

High-Dose Rate Brachytherapy: To target radiation directly to the site of a tumor or to an area surrounding a lumpectomy while sparing healthy tissue. For breast, lung, prostate and gynecological cancer.

Fractionated Dose Chemotherapy: To maximize the intensity and effectiveness while minimizing side effects.

Bone Marrow Transplantation Therapy: To destroy cancer cells and maintain the body's bone marrow defense system, through the use of very high doses of chemotherapy and stem cell rescue.

Intra-Arterial Infusion: To administer chemotherapy directly to the pancreas, liver, head and neck, via splenic and hepatic arterial approaches.

Local Hyperthermia: To use the heat of ultrahigh frequency sound waves directed toward the tumor to destroy cancer cells, and to make them more susceptible to other forms of treatment.

Immunotherapy: To use the body's own naturally occurring defense substances to destroy cancer cells.

Intensity Modulated Radiation Therapy (IMRT): To deliver high doses of radiation to hard-to-reach tumors, such as in the brain, head and neck areas, while sparing healthy tissue.

Photodynamic Therapy (PDT): To destroy tumor cells through the use of a light-sensitive drug, activated by a low light energy laser. For esophageal, early-stage lung cancer and several other types of cancer.

Comprehensive Hepatic Center: To offer tumor ablation, chemoembolization, regional biologic therapy, radiation therapy and research for living cancer patients. One of the few facilities in the country to offer such a program.

Physical Therapy 'Motion for Life'

At Cancer Treatment Centers of America, we believe you shouldn't have to feel worse to get better. The proprietary physical therapy program "Motion for Life" is designed to strengthen muscles and maintain a level of physical activity that will overcome the

weakness and energy loss some individuals experience during treatments. Your physical therapist is part of your treatment team and will work with you to create a simple exercise program that meets your individual needs. The benefits of "Motion for Life" can extend for a lifetime. Continuing your prescribed program at home can help you remain active and do the things you want to do.

Emotional Support, Psychological Counseling

Cancer affects more than the individual. It affects everyone in the family. The professional staff of specialty trained counselors and psychotherapists helps you and your family to use that part of yourself that is best able to cope with this profound change in your lives. They bring compassion and understanding to the fears, anger and hope expressed by you and your loved ones. The therapeutic relationship also helps you fight your disease. Your treatment team includes people who have specialized training in psychoneuroimmunology. Through this form of therapy, you learn to use your psychological resources to enhance your inner well-being, which may stimulate your immune system to help you better fight your disease. At Cancer Treatment Centers of America, the treatment options help you fight back with everything you've got.

Spiritual Support

Available for patients and their families, the on-site support program respects each patient's religious beliefs. The interdenominational chaplains will visit you as often as you like, or visits can be arranged from clergy of your own faith. Ecumenical services are held on-site. A specialty trained member of the clergy will become part of your treatment team. During therapy, emphasis is placed on using the patient's religious beliefs as part of the defense system that enhances the patient's inner well-being, so the body is more responsive to the medical treatment.

If you or someone you love has been diagnosed with cancer, call one of the cancer information specialists to explore the innovative treatment options available at the hospitals.

Doug White can be reached at: 1-800-577-1255 or e-mail at www.cancercenter.com

Professional massages benefit the

Body Mind Dynamics provides professional and therapeutic massage care in a comfortable and supportive environment in Libertyville. The staff of massage therapists are professionally trained and skilled in a variety of healing modalities.

At Body Mind Dynamics, the customers always come first and are their main priority. Customers can plan on receiving a personal massage that is tailored to their body, mind and spirit. You'll be asked about your reasons for getting a massage, current physical condition, medical history, life-style, stress level, areas of pain and other pertinent topics. Your personal massage therapist will do everything possible to ensure that your experience is positive and rewarding. Expect a peaceful and comfortable environment for your massage.

Massages from Body Mind Dynamics can help strengthen your immune system, improve one's posture,

lower blood pressure and increase your joint flexibility and range of motion. There are some instances when the use of a massage might not be appropriate. Be sure to consult your physician before initiating any massage program.

In between visits, it is important to continue to care for yourself. Body Mind Dynamics offers many products, such as bath salts, Homeopathic Aromatherapy oils, self-treating Theracanes, relaxing music and imagery tapes.

Body Mind Dynamics is open Monday-Friday noon to 8:00pm and Saturdays from 9:00am to 6:00pm. Morning appointments are available upon request.

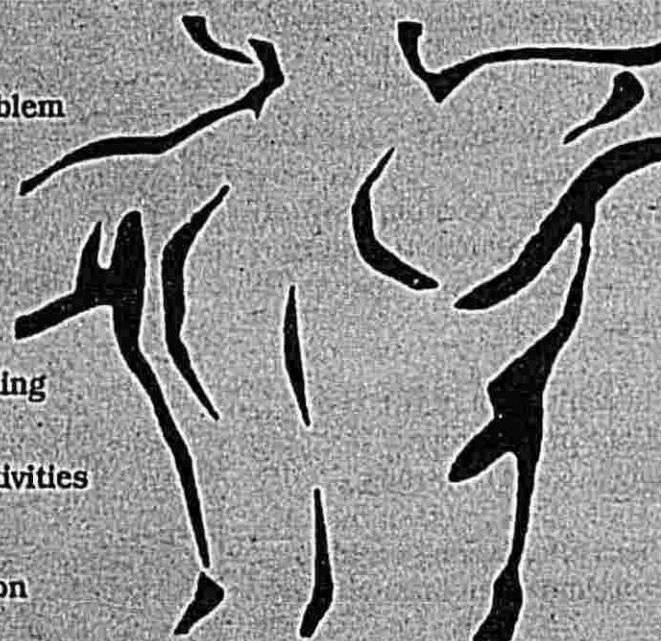
With the holidays approaching, a gift certificate to Body Mind Dynamics is a great idea to give a loved one.

Body Mind Dynamics is located at 247 Peterson Road in Libertyville and can be reached at 847-549-7110 with any questions.

*body,
mind
and
soul*

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- Provide soothing relaxation and therapy for specific physical problem
- Relieve stress and anxiety
- Increase nourishing blood supply to tissues
- Improve energy and alertness
- Aid in recovery from pulled muscles or sprained ligaments
- Ease many of the uncomfortable stresses of child bearing, including edema, backaches and exhaustion
- Relieve certain repetitive motion injuries related to on-the-job activities
- Reduce pain from symptoms such as carpal tunnel syndrome
- Compensate, in part, for lack of exercise and muscular contraction



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Surgery ends weight problems, improves health

I've gained and lost a million pounds in my life," said Sherry Doyle. Doyle, 55, a Round Lake resident, will no longer have to experience the frustration of weight gain after dieting since she underwent gastric bypass surgery 24 days ago.

Since then she's lost 41 pounds and feels her health is better than it has been in years.

Commonly referred to as "stomach stapling," gastric bypass surgery is considered a last resort after conventional methods have failed.

To qualify for the procedure, one must have failed at other means of weight control and be at least 100 pounds over the medically recommended weight.

Doyle underwent what is known as the Roux-en-Y Gastric Bypass procedure, one of several surgical methods that allows surgeons to divide the stomach into two parts with a cutting surgical stapler.

The upper part forms a pouch that holds approximately one fluid ounce while the lower part of the stomach is bypassed.

The Roux-en-Y Gastric Bypass Surgery causes weight loss with a combination of the reduced stomach pouch size, which results in a change in eating habits and the absorption of fewer calories.

Recovery time is a couple of days in the hospital in most cases.

Doyle is thrilled with the results of the surgery.

"I never feel hungry," she said. "And I'm wearing a shirt I haven't worn in five years."

Another success story is 46-year-old, Sophie Kibitlewski of Spring Grove.

Kibitlewski underwent the procedure in May when she weighed 241 pounds.

Her weight today is 178 pounds.

The mother of three said weight gain had become a problem after having children.

Also of concern was that she had suffered asthma throughout her life and had developed acid reflux disease.

A discussion with her physician indicated the surgery might alleviate those symptoms as well.

After undergoing a complete physical, a series of medical tests, and a psychological exam, Kibitlewski underwent the procedure at the Wish Center in Downers Grove.

"I've lost three (clothing) sizes," Kibitlewski said. "And I feel great."

Liquid foods are consumed for a short time after the surgery followed by pureed food for several weeks before solid food can be consumed.

Up to six small meals are consumed in a day, with each morsel being carefully chewed to a fine consistency.

A dinner today for Kibitlewski consists of a half pork chop, a teaspoon of mashed potatoes compared to her pre-surgery dinner of a pork chop, several tablespoons of mashed potatoes and vegetables.

Breakfast is four ounces of cereal, with a four-ounce salad or yogurt at lunch.

About the Procedure (Roux-en-Y Gastric Bypass)

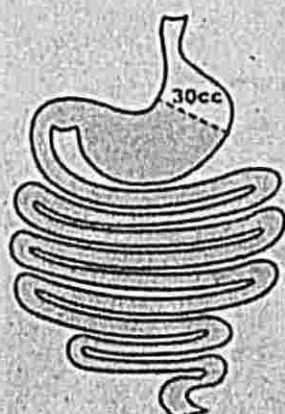
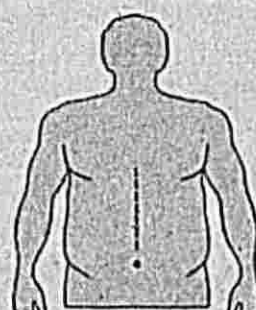
The procedure can be done through traditional surgical techniques or, for some patients, through less invasive laparoscopic methods. This procedure allows patient to lose weight in three ways:

1. Eat less - with a separate, small stomach pouch, you eat less food and feel full sooner.
2. Changed Appetite - Most patients find that they tolerate fewer high-fat and high-sugar foods.
3. Fewer calories - you absorb fewer calories, since food bypasses part of the small intestine and digestion occurs in the lower part of the small intestine (malabsorption)

'Roux-en-Y' Explained

Step 1: The Incision

The typical incision runs between the tip of the breast bone and navel. Laparoscopic surgery involves smaller incisions.



Step 2: The Stomach is Divided into Two Parts

The stomach is completely separated into two parts. The upper part forms a small pouch capable holding about 1 fluid ounce. This part will receive food.



Inset: Sherry Doyle before Roux-en-Y Gastric Bypass procedure. Above Sherry after 24 days of surgery and 41 less pounds.

"You learn real fast that you can't overeat," Kibitlewski said. "And that you have to chew everything really well."

In both cases, insurance carriers covered the expense of the surgery.

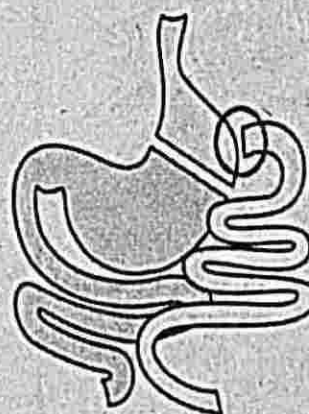
Kibitlewski said that her acid reflux disease is gone and she is nearly asthma free.

Both Kibitlewski and Doyle had the support of their friends and family.

"My husband said he wanted this for me," Kibitlewski said. "He wanted me to live a long time."—By CAREL SCHMIDLKOFER Staff Reporter

Step 3: Small Intestine is Measured and Cut

The lower part of the stomach is bypassed, as is the first part of the small intestine. Food will not pass through this bypassed segment (although it still functions).

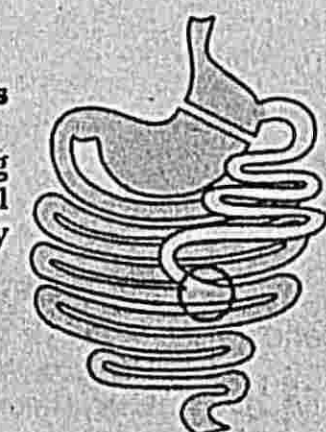


Step 4: Small Intestine is Connected to the Small Stomach Pouch

The lower part of the small intestine is brought up and connected to the small stomach pouch. Food will pass through a small opening from the small pouch into the small intestine.

Step 5: The Bypassed Part of the Small Intestine is Reconnected (forming a "Y")

The end of the bypassed section of the small intestine coming from the bypassed stomach is reconnected to the lower small intestine, forming a "Y". The allows digestive juices to empty into the portion of the small intestine where food is present.



Helpful ideas for eating healthy this winter

It's easy to eat right during the summer months with an abundance of fresh produce available from a wide variety of sources. But as winter rolls around, those juicy ears of corn are just a memory. That doesn't mean, however, that you drop your healthy eating habits with the dropping temperatures.

You still need to get five servings a day of fruits and vegetables. Make an effort to include fruits and vegetables at

every meal. Since your options are more limited during the winter months, now's the time to get creative by trying new recipes as well as sampling produce you haven't eaten before.

Winter brings a bumper crop of root vegetables like turnips, rutabagas and parsnips; squash; brussels sprouts and more. Apples and pumpkins are the foundation of a variety of comforting, homey desserts. Here are some tips to help you

chase away the winter chill by adding the flavors and healthy benefits of winter produce.

As always, the key to buying the best produce is to know what you're looking for. No matter what the season, look for fruits and vegetables with good color; stay away from produce with bruising, blemishes, soft spots or shriveling.

For additional help in selecting produce, especially items you haven't tried before, visit www.aboutproduce.com. This

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Pesto Minestrone

This full-flavored soup is also full of healthy vegetables.

2 cups cauliflower (2 small heads), coarsely chopped

1 1/2 cups zucchini (1-2 medium), chopped

3 cans (14.5 ounces) chicken broth, reduced sodium

1 16-ounce can tomatoes, diced, drained

1 cup elbow macaroni or small pasta shells

3 cups kidney beans or black-eyed peas, drained and rinsed (1 cup dry makes 3 cups cooked) or 2 cans (15 ounces each)

1 cup carrot (1 medium), sliced

1 cup onion (1 medium), chopped

2 tablespoons olive oil (for pesto)

2 garlic cloves (for pesto)

1 cup basil leaves, fresh, loosely packed OR (for pesto)

1 cup Italian parsley plus 1 teaspoon dried basil leaves (for pesto)

1 tablespoon water

Directions
In a 5 to 6 quart saucepan bring to boil 1/2 cup water, tomatoes, cauliflower, onion and carrots; reduce heat and simmer covered 10 minutes or until vegetables are tender. Add zucchini, beans, broth and pasta. Return to a boil, reduce heat and simmer uncovered 10 minutes. Meanwhile put all pesto ingredients in food processor or blender and process until very finely chopped. Just before serving, remove soup from heat and stir in pesto. Makes 8 servings.



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ANTIOCH SHOTOKON KARATE



After



Before



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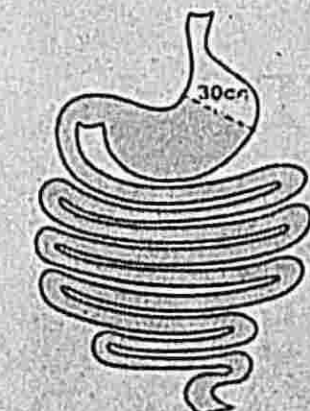
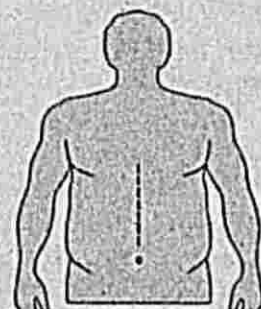
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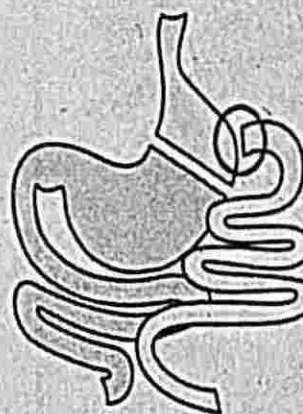
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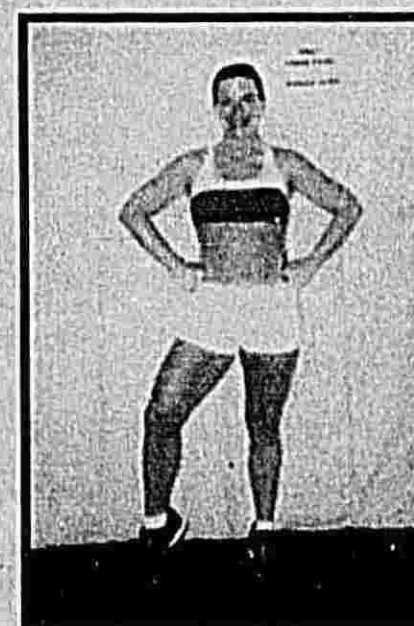
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ANTIOCH SHOTOKON KARATE



After



Before



Vista Health offers childbirth classes in Lindenhurst

The experienced staff of Vista Health's New Family Center, Waukegan, assists in over 2600 births each year. Their goal is to ensure that each childbirth experience is a special time in a family's life. Whether they plan to deliver at Vista Health or not, expectant parents can learn all about the "big day" at Vista Health's childbirth classes. The classes discuss changes in the expectant mother's body, how the baby grows and what happens when the baby is born. Classes are also offered on breast feeding, newborn care and other important topics. There is even a class to help big brothers and sisters prepare for the new arrival. Classes are held each month at Victory Memorial Hospital, Waukegan, and, beginning in 2004, the Vista Surgery and Treatment Center, Lindenhurst. To ensure a place in class, please register during your first trimester.

Prepared Childbirth Classes

The Prepared Childbirth Class is a four-session class which instructs expectant parents in the labor and delivery experience, as well as breathing and relaxation techniques. Information on cesarean sections is also provided, in case the need arises. Classes are held on consecutive Tuesday nights from 7-9 p.m. A one-time, all-day class designed for expectant parents with hectic schedules is offered one Saturday each month from 8:30 a.m.-5 p.m. Call 847-360-4333 ext. 5218 for dates and fees.

Prepared Childbirth - Refresher Class

For expectant parents who have been through the childbirth experience before, a two-session refresher class reviews the techniques and methods that helped them before. Call 847-360-4333 ext. 5218 for dates and fees.

In addition to the childbirth classes, Vista Health offers classes in breastfeeding and baby care. There is also a special class designed for children soon to become older brothers and sisters.

Breastfeeding Basics Classes

This free two-hour class provides information to expectant mothers about methods and techniques available for feeding newborns.

Baby Care Basics

This free two-hour class shares information on caring for a new baby, including bathing, behavior, feeding and safety.

Sibling Class

This free one-hour class is specially designed to help children ages 3-10 years understand how special it is to become an older brother or sister.

Call 847-360-4333, ext. 5218 for more information or to register for any of these classes.

The New Family Center at Vista Health, Waukegan, offers expectant parents the freedom to choose birthing options. If the physician agrees and availability permits, mothers-to-be can choose to deliver in one of the New Family Center's home-like birthing suites. These rooms allow mothers-to-be to labor, deliver and recover in the same room. The suites are outfitted with comfortable seating, television, CD player, phone and private bath, as well as state-of-the-art technology. The spacious rooms allow 2-3 family members to share in the birthing experience. The New Family Center's traditional delivery rooms feature all the standard comforts, and are the preferred choice for multiple, premature or Cesarean births.

Expectant parents are invited to tour the New Family Center prior to their delivery date to see the options available. Call 847-360-4333, ext. 5218 to arrange a tour or for a copy of the New Family Center's brochure.



Donna Geib, RN, New Family Center, Vista Health, displays giveaways offered to the first 50 people to sign up for childbirth classes in Lindenhurst.

Focused On...



Family

Our New Family Center brings together all the care in the world – right here at Vista Health! The latest technology, progressive birthing techniques and experienced professionals provide a positive childbirth experience. Education on caring for your new infant is conveniently available around-the-clock. And independent, board-certified neonatologists are available 24-hours a day! Vista Health...Where health and care come together.

Learn more about Vista Health.
Call for a physician and services directory.

1.800.843.2464

Call for information
on upcoming childbirth,
breast feeding and baby care
classes. Childbirth classes
available in Lindenhurst
and Waukegan.

**847.360.4297,
ext. 5218**


VISTA
+ HEALTH
A Stronger Vision Of Health.

www.vistahealth.com

PROVENA SAINT THERESE MEDICAL CENTER • VICTORY MEMORIAL HOSPITAL
VISTA M.R. INSTITUTE • VISTA SURGERY AND TREATMENT CENTER

A lot of hospitals boast about integrated cancer treatment.

Most of them don't know what it is.

Integrated care is a commitment, not a catchy marketing phrase. We should know.

Integrated care is far more than an oncologist regularly communicating with a radiation specialist or a surgeon. That is the least you should expect. Beyond the traditional treatment specialists, true integrated care should include experts in nutrition, naturopathy, spiritual care, mind/body medicine, physical therapy, and cardiopulmonary to name a few.

Integrated care takes buy-in from top to bottom in a hospital. No politics. No egos.

In the traditional care model your oncologist is the gatekeeper, often restricting your access to all other care specialists. How often does your oncologist meet with your nutritionist, naturopath, physical therapist, counselor, spiritual care provider or other caregiver? So what you end up doing is running all over town to get complementary care when you wish you could get everything you need in one

place. Well, there is such a place—Cancer Treatment Centers of America, where true integrated treatment is reality, not rhetoric.

Integrated care does not happen unless hospital administrators put their money where their mouths are.

That means skilled staff, and enough of them. At CTCA we don't have a licensed dietician or nutritionist. We have five of them. We also have four naturopaths and more than a half dozen people involved with spiritual care. And the doctor and nurse-to-patient ratio is far better than you typically find. Traditionally, hospital officials don't believe they can afford to do what it takes to deliver true integrated care. At CTCA we can't afford not to.

Integrated care is common in theory. It is uncommon in practice.

There is a good reason people from around the world tell us over and over they have never been to a hospital like Cancer Treatment Centers of America. That's because there is no other hospital like Cancer Treatment Centers of America.



For more information about cancer treatment, please call Doug White at

1-800-577-1255

Pictured is a small part of the CTCA integrated medicine team.

From left, Manager of Pastoral care Michael Langham, Dir. of Nutrition Carolyn Lammersfeld, radiation oncologist Dr. James Flynn, National Dir. of Naturopathy Tim Birdsall, Dir. of Psychoneuroimmunology Elizabeth Crane, and National Dir. of Nutrition Dr. Patrick Quillin.

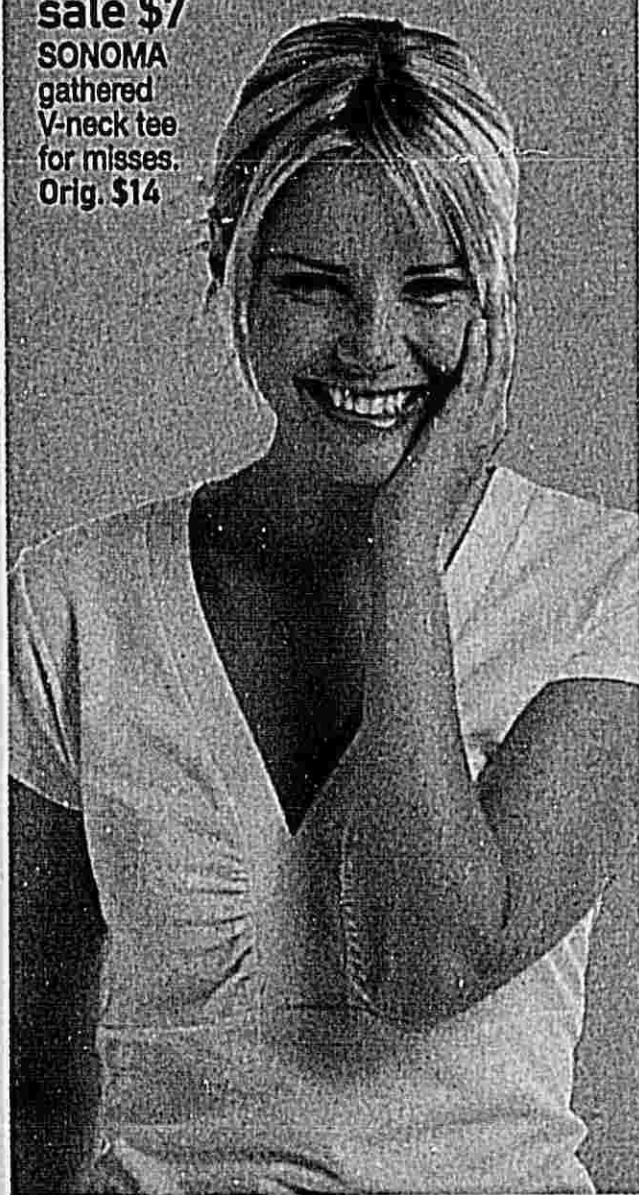


**CANCER
TREATMENT
CENTERS
OF AMERICA®**

Winning the fight against cancer, every day.®

www.cancercenter.com

sale \$7
SONOMA
gathered
V-neck tee
for misses.
Orig. \$14



4TH OF JULY SALE

Thursday, July 3, 8am-10pm Friday, July 4, 9am-7pm
Saturday, July 5, 8am-10pm

50% off

Tees & tanks for
misses, men,
juniors & kids

Orig. \$8-\$28, sale \$4-\$14

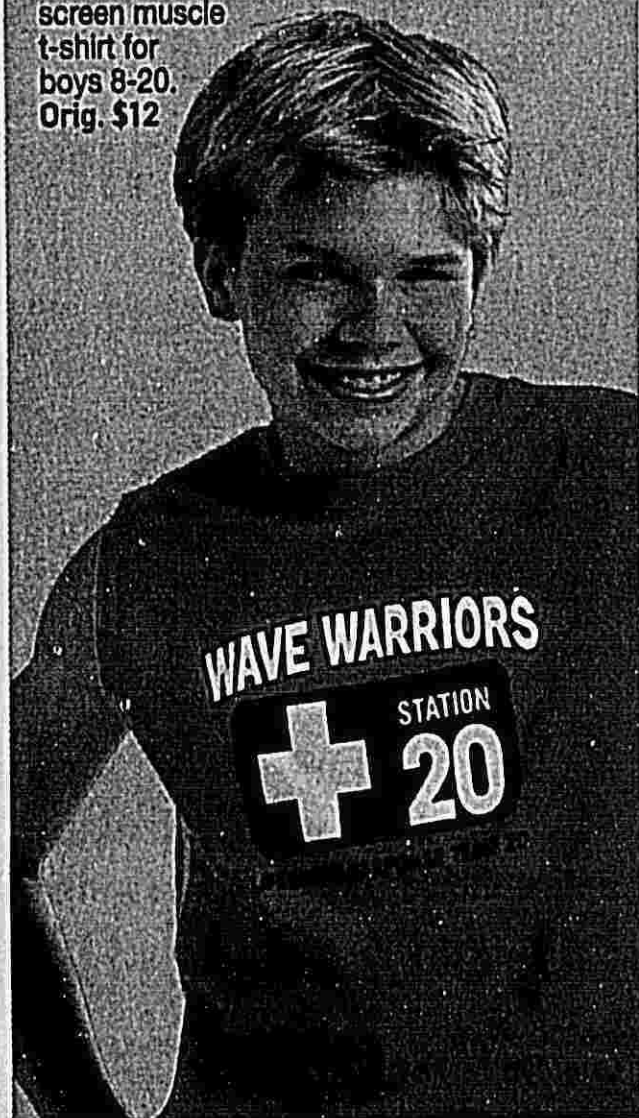
shop online for selected items P7031

KOHL'S

sale \$8
ENERGIE®
distressed
bandana split
neck tee for
juniors.
Orig. \$16

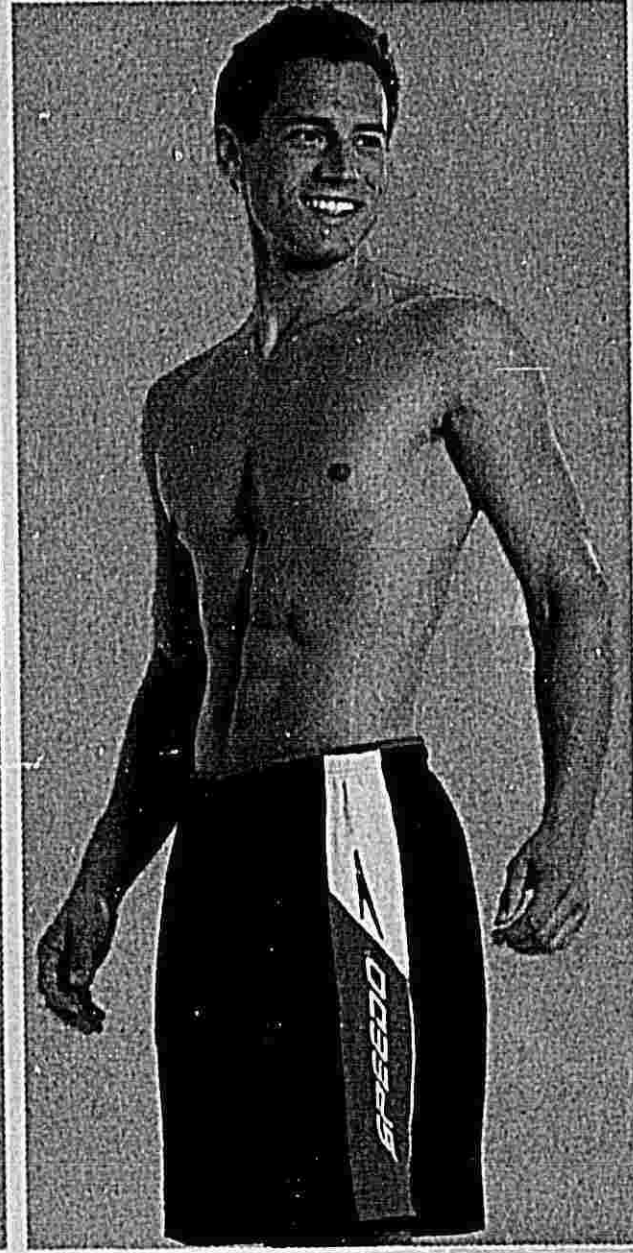


sale \$6
SONOMA
screen muscle
t-shirt for
boys 8-20.
Orig. \$12



sale \$6
SONOMA
muscle t-shirt
for young men.
Orig. \$12





40-50% off
entire stock swimwear for the family

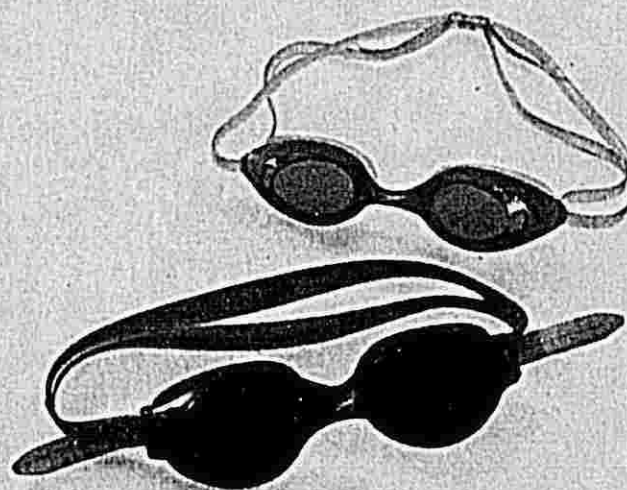
Orig. \$12-\$90,
 sale \$6-\$45

shop online for
 selected items:
 swimwear



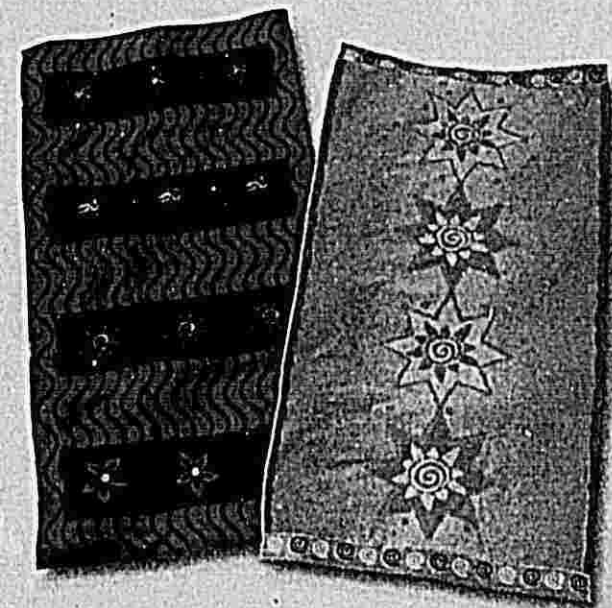
entire stock
50% off

Swim accessories for girls.



entire stock
50% off

SPEEDO® goggles for
 adults and kids.



entire stock
50-60% off

Beach towels.
 Orig. 17.99-39.99, sale 7.19-19.99



- Requirements®
- Villager
- Norton
- McNaughton®
- CLC®

save
40-50%

Coordinates for misses, petites & women. Orig. \$22-\$76, sale 11.00-45.60
Selected styles. Misses' shown.



entire stock
40-50%

Dresses and pantsuits for misses, petites, women & juniors. Orig. \$20-\$98, sale 12.00-58.80 Misses' shown.

4th OF JULY SALE

Thursday, July 3, 8am-10pm
Friday, July 4, 9am-7pm
Saturday, July 5, 8am-10pm

entire stock
20-50% off

Fitnesswear for her from
• Russell®
• Athletic
• TekGear™
• adidas®
• Nike®
• Danskin®
Orig. \$14-\$44, sale 8.40-33.00
Selected styles.



save
40-50%

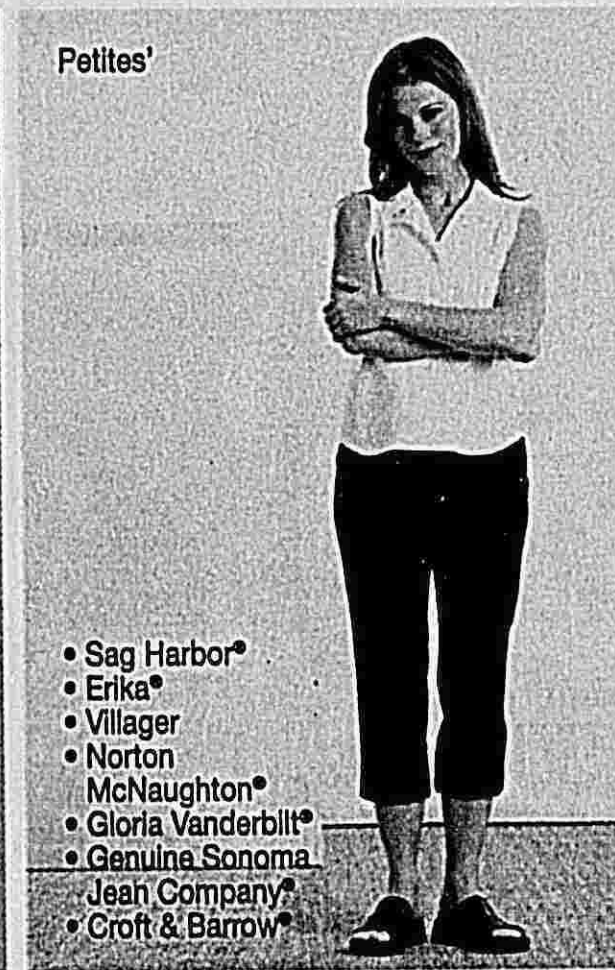
Women's sportswear.
Sizes 1X-3X & 16-24.
Orig. \$14-\$84, sale \$7-\$42
Selected styles.

- Gloria Vanderbilt® Woman
- Villager Woman
- Sonoma Woman
- Croft & Barrow® Woman



entire stock
40-50% off

Activewear for misses.
Orig. \$18-\$36, sale 9.00-21.60



Petites'

- Sag Harbor®
- Erika®
- Villager
- Norton
- McNaughton®
- Gloria Vanderbilt®
- Genuine Sonoma
- Jean Company®
- Croft & Barrow®

save
40-50%

Petites' sportswear. Orig. \$12-\$72, sale 7.20-43.20 Selected styles.



shop online
P7031

- Levi's®
- Lee®
- Gloria Vanderbilt®
- Sonoma
- Dockers®

save
40-60%

Shorts for misses, petites & women.
Orig. \$24-\$38, sale 9.60-22.80
Misses shown.



shop online
for selected
items P7032

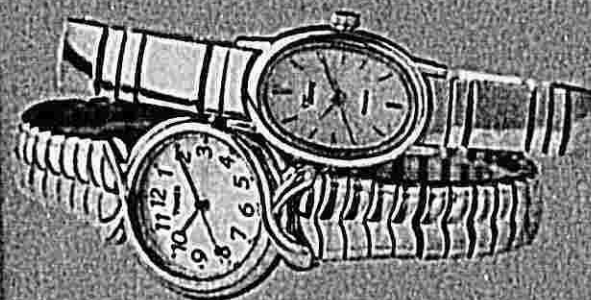
- Nine & Company®
- Levi's®
- Villager
- Sonoma
- Dockers®
- Briggs®

entire stock
40-60% off

Capris for misses, petites & women.
Orig. \$30-\$44, sale 15.00-26.40
Misses' shown.

25-30% off plus
save an extra 10%

Entire Stock watches.
Final Price 10.11-334.12
shop online: watches



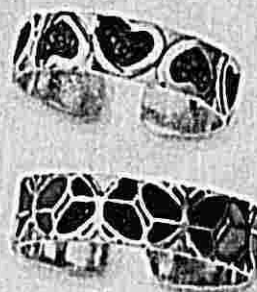
entire stock
55% off

Sterling silver
jewelry. Reg. \$4-
\$100, sale 1.80-45.00



sale 4.99
Sterling silver toe
ring. Orig. \$12

shop online for
selected items
W1660



save
40%

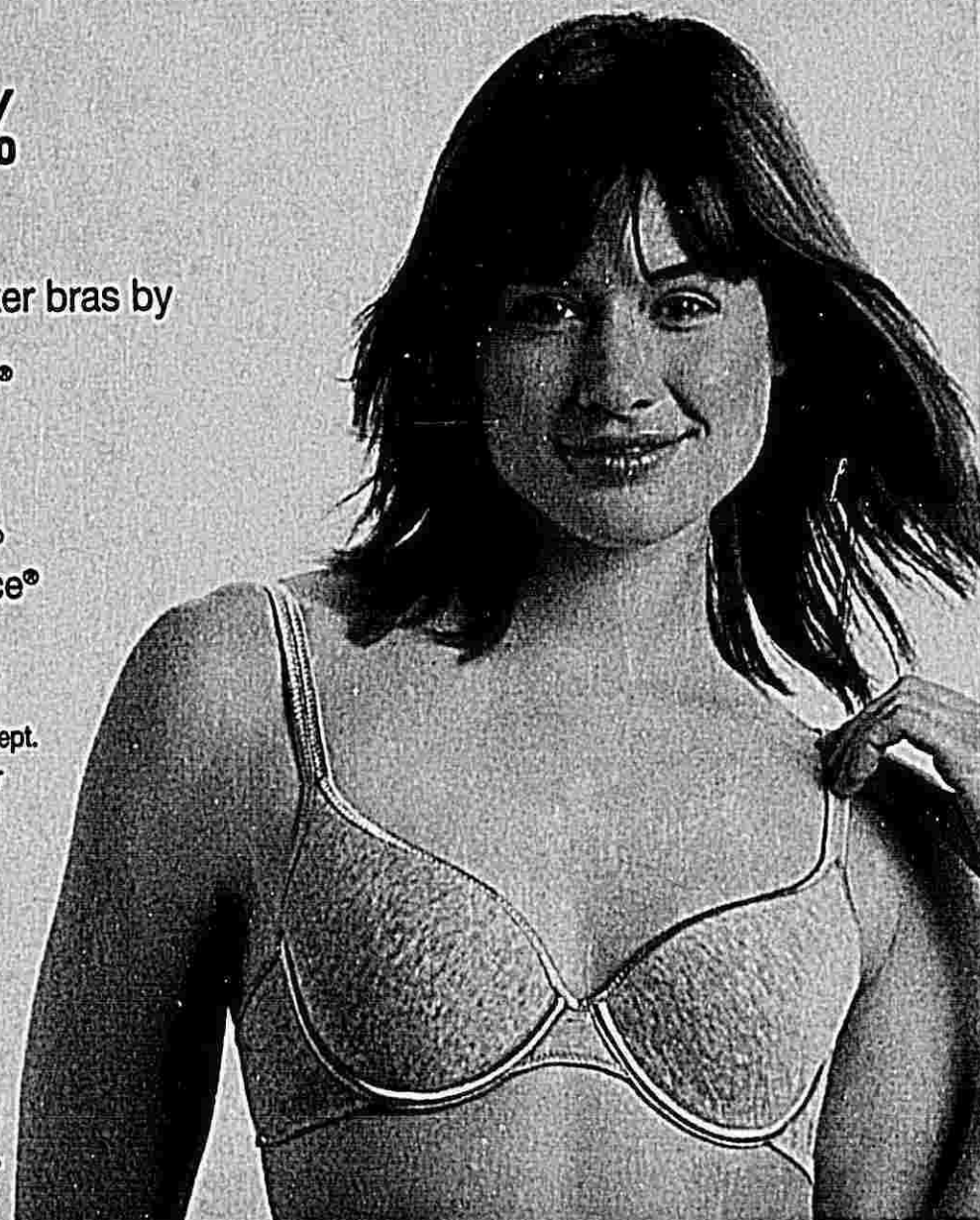
Famous maker bras by

- Vanity Fair®
- Maidenform®
- Olga®
- Bali®
- Warner's®
- Barelythere®
- Lily of France®
- Playtex®

Reg. \$15-\$30,
sale \$9-\$18
Women's Lingerie dept.

shop online for
selected items
P7033

Vanity Fair



4th OF JULY SALE

Thursday, July 3 8am-10pm
Friday, July 4 9am-7pm
Saturday, July 5, 8am-10pm

60% off plus
save an extra 10%

Entire Stock fine jewelry.
Reg. 29.99-3,000.00, sale 11.99-
1,200.00, Final Price 10.79-1,080.00
Jewelry photo enlarged to show detail.
Diamond Total Weights are approximate. T.W.
may vary up to .05 ct. Actual savings may
exceed percent savings shown.

shop online: jewelry

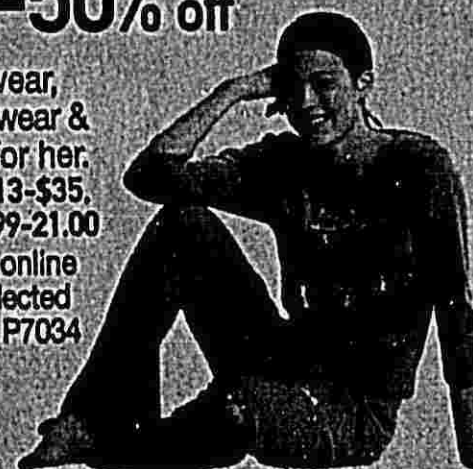


17.99 Final Price
10k gold adjustable toe ring or 9-10" adjustable
anklet. Orig. \$60, sale 19.99 ea. Styles vary.
shop online for selected items P70350

entire stock
40-50% off

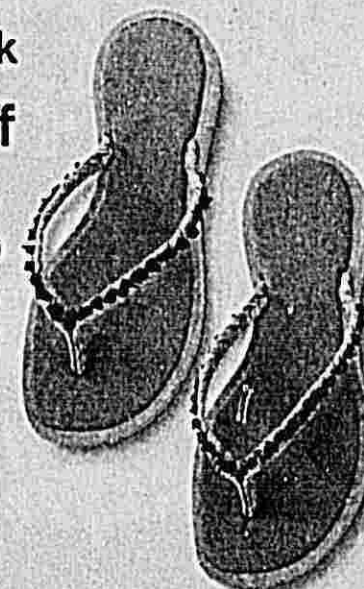
Sleepwear,
loungewear &
robes for her.
Orig. \$13-\$35,
sale 5.99-21.00

shop online
for selected
items P7034



entire stock
50% off

SUMMER
LIVING® flip
flops for her.
Orig. \$12-\$14,
sale \$6-\$7



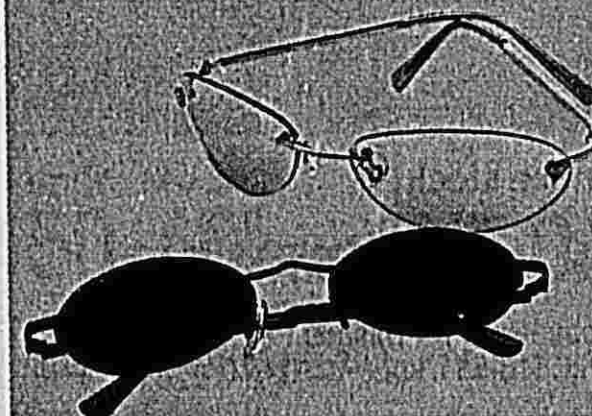
entire stock
50% off

Crocheted, straw &
canvas handbags.
Orig. \$14-\$39,
sale 7.00-19.50



entire stock
50% off

Sunglasses for women
& men. Orig. \$18-\$25,
sale 9.00-12.50





Genuine Sonoma Jean Company®.

entire stock
60% off

SONOMA polos for boys 8-20.

shop online P7035



entire stock
50% off

Denim and twill shorts for boys 4-20.

shop online for
selected items P7036



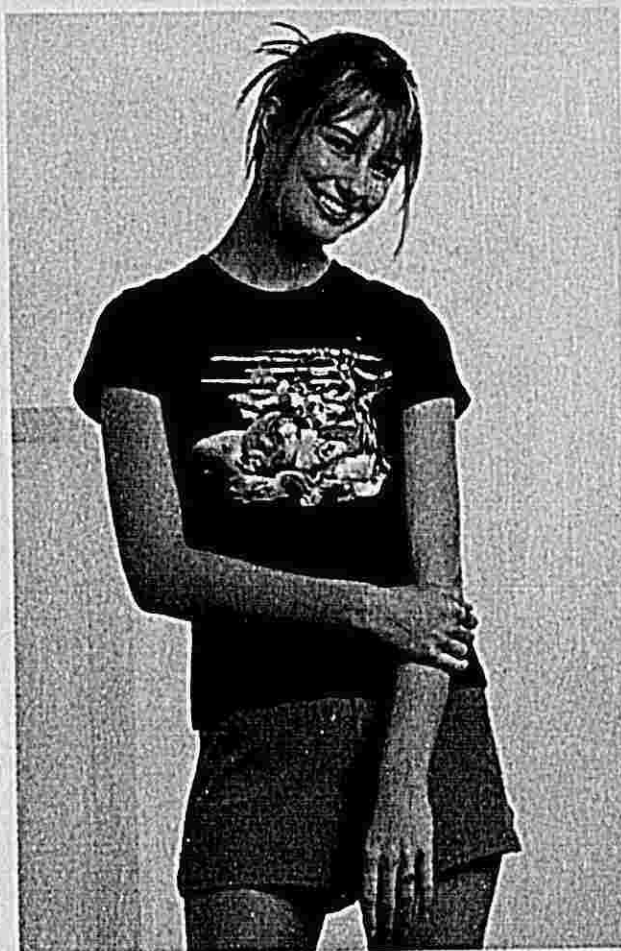
entire stock
50% off

Capris and flood
pants for girls 4-16.



save
50%

Summer playwear for infants
and newborns. Playwear not
intended as sleepwear.



entire stock
50% off

Screen printed tees & active shorts for
juniors. Orig. \$12-\$25, sale 6.00-12.50

shop online for selected items P7037



SO...
esjc

entire stock
50% off

SO... crop pants and skirts for juniors.
Orig. \$24-\$26, sale \$12-\$13

shop online P7038

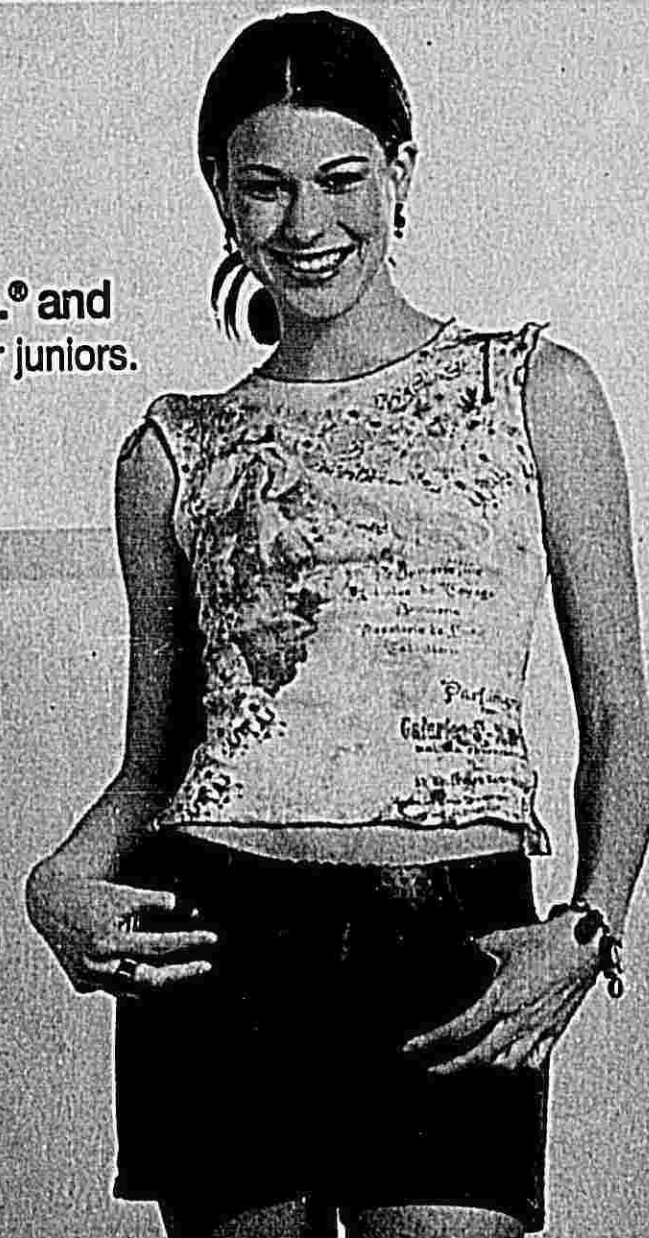
entire stock
13⁹⁹

MUDD®, LEVI'S®, I.e.i.® and
UNIONBAY® shorts for juniors.

Orig. \$26-\$28

shop online for
selected items P7039

40-50% off entire stock
Mudd®, I.e.i.® and Unionbay®
tops for juniors. Orig 16.00-
26.00, sale 8.00-15.60



4th OF JULY SALE

Thursday, July 3, 8am-10pm
Friday, July 4, 9am-7pm
Saturday, July 5, 8am-10pm

entire stock
50% off

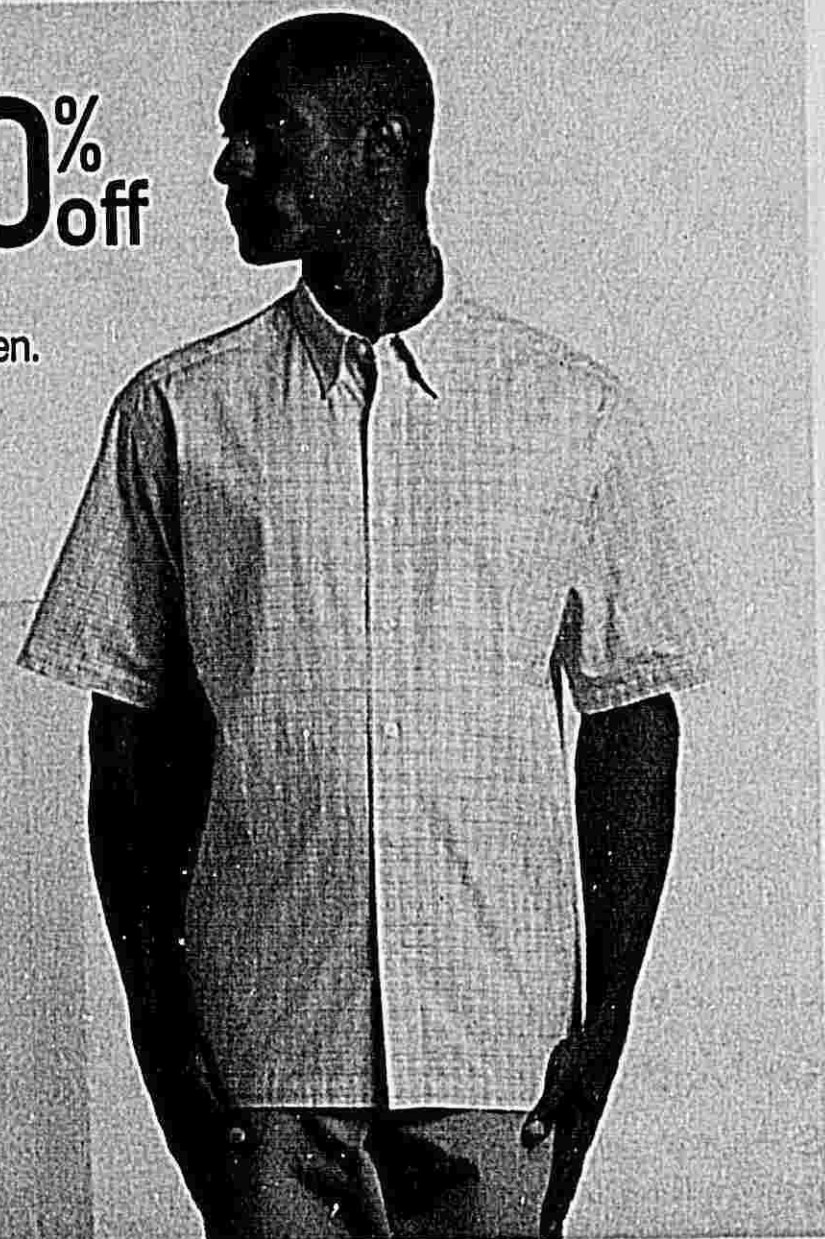
Sandals for the family.
Orig. 14.99-59.99,
sale 7.49-29.99



- I.e.i.®
- Mudd®
- SO...GSJC®
- Mootsies Tootsies®
- Unlisted™
- Sonoma
- GBX®
- Pacific Trail®
- Croft & Barrow®

entire stock
40-50% off

Short sleeved knit and woven sport shirts for men.
Orig. \$20-\$45, sale \$10-\$27



- Arrow
- Dockers®
- Haggar®
- Croft & Barrow®
- Havana Jack's Café®
- Axist™
- access/men

entire stock
33-60% off

Shorts for young men and men.
Orig. \$24-\$44, sale 9.60-24.99
shop online P7039



- Levi's®
- Lee®
- Dungarees
- Dockers®
- Haggar®
- Genuine Sonoma Jean Company®
- Unionbay®
- Savane®
- JNCO®
- Croft & Barrow®
- OP®
- Gotcha™

your choice
37.99

Athletic shoes for men and women.

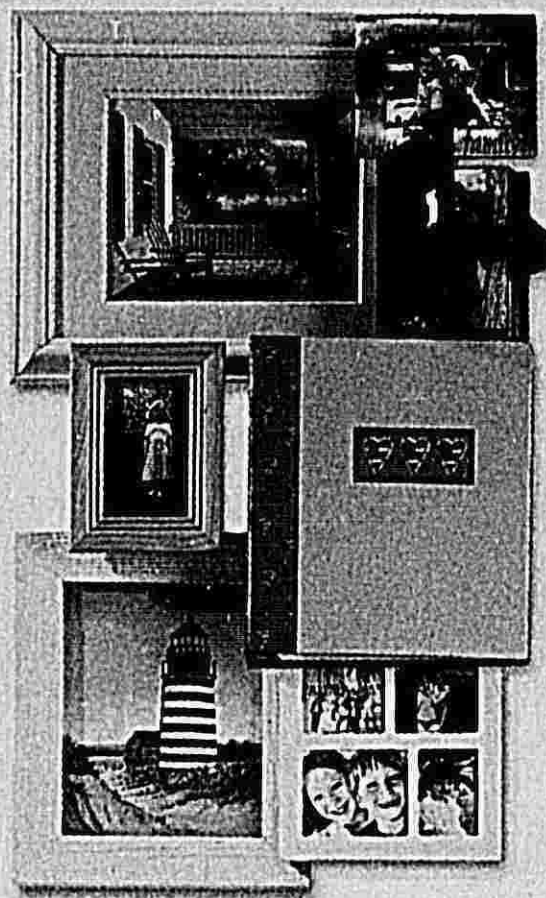


your choice
27.99

Athletic shoes for men, women & kids.

shop online for selected items
P70310





entire stock
40-50% off

Frames, framed art
and photo albums.



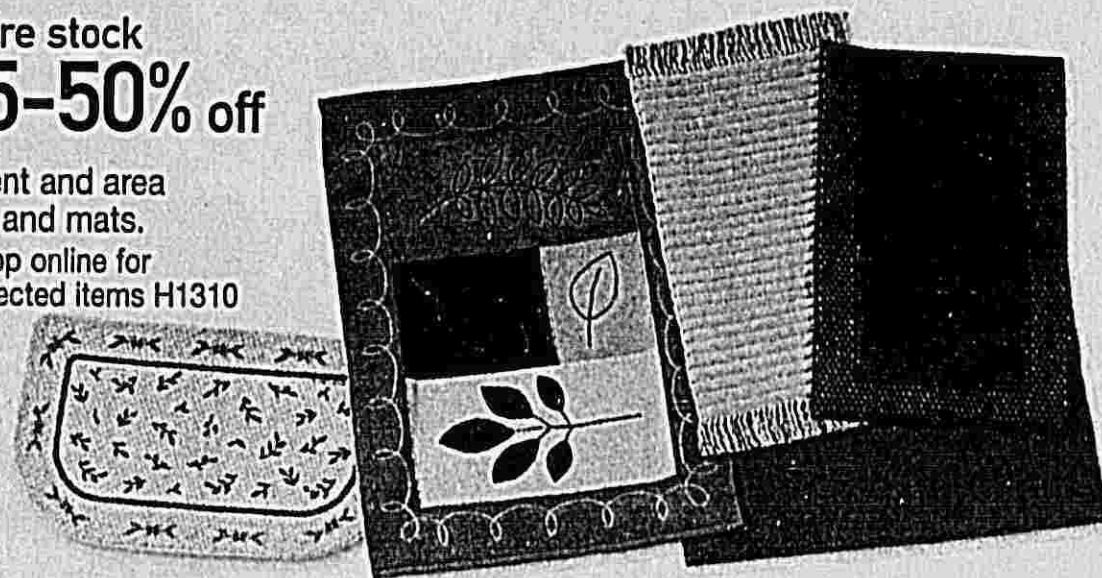
entire stock
40-60% off

Candles & decorative lighting.

entire stock
35-50% off

Accent and area
rugs and mats.

shop online for
selected items H1310



entire stock
50-60% off

SAMSONITE®,
RICARDO® and
SONOMA luggage.
Reg. 24.99-319.99,
sale 12.49-159.99



entire stock
50% off

Bed pillows and
mattress pads.

shop online for
selected items
H1230



sale 17.99
MR. COFFEE®
Iced tea maker.
Reg. 24.99

sale 24.99
RIVAL®
Ice cream maker.
Reg. 34.99

entire stock
20-50% off

Kitchen electrics.
shop online H1600

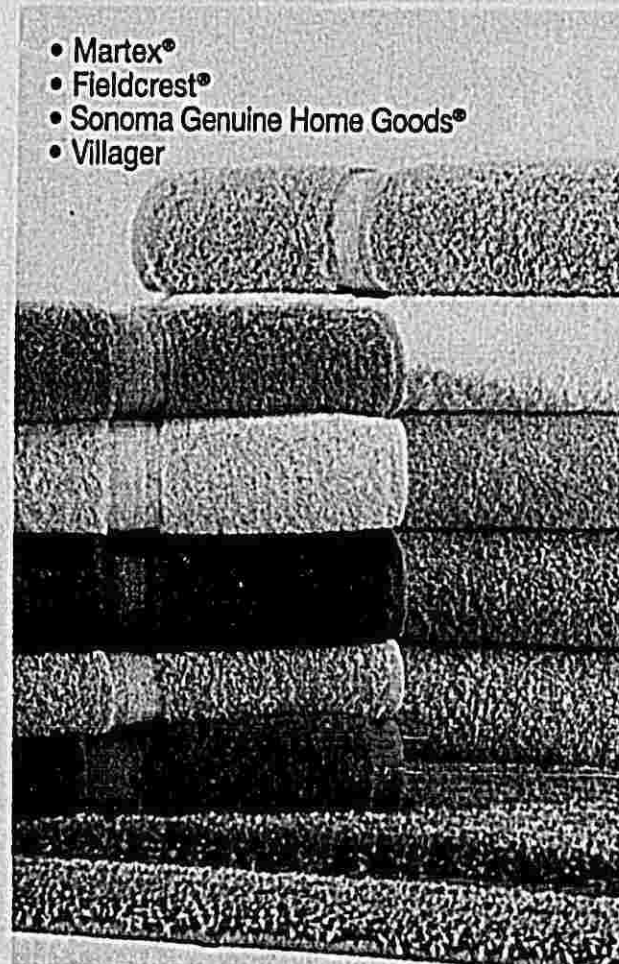


sale 4.49
TABLETOPS UNLIMITED®
Cabernet melamine dinnerware.
Reg. 8.99

entire stock
25-50% off

Tabletop. Dinnerware, glassware, flatware
and pantryware. shop online P70312

- Martex®
- Fieldcrest®
- Sonoma Genuine Home Goods®
- Villager



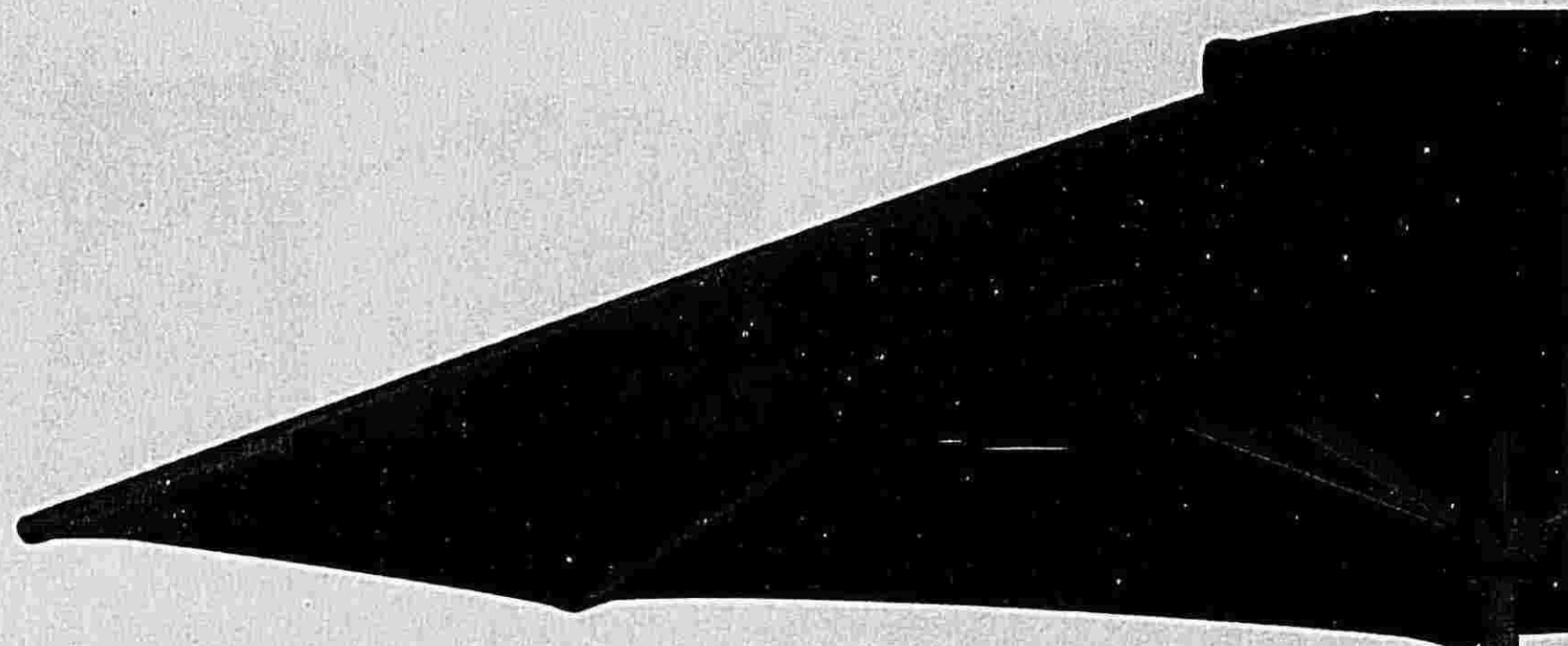
50% off

Solid bath towels and
bath rugs. Selected styles.
shop online P70311



7.99

Chenille decorative pillow. Reg 16.99
40% off entire stock throws and all other
decorative pillows.

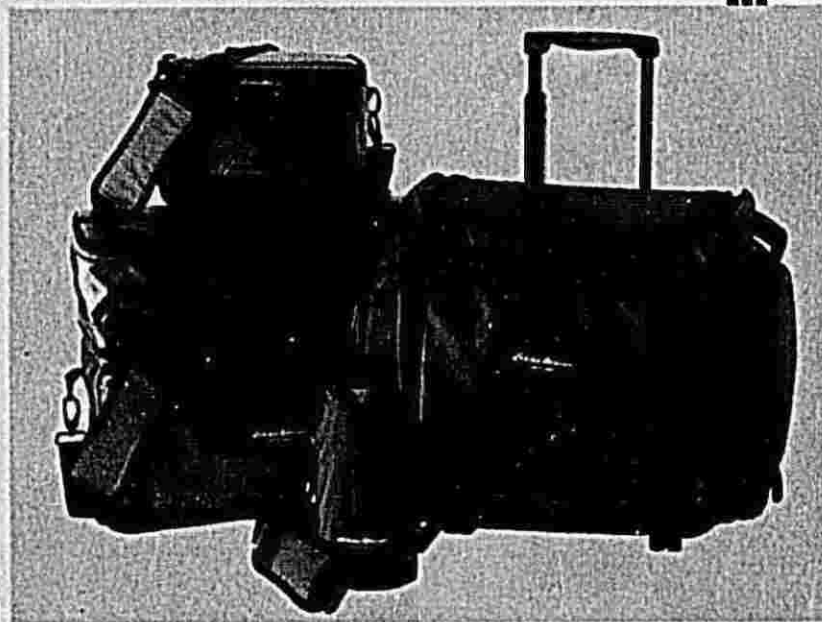


50-60% off

Entire Stock Summer Living® Patio Shop

Tabletop, furniture, coolers, garden decor and more.

Partial assembly may be required.



GOLD STAR CLEARANCE

60% OFF

AND MORE ON ORIGINAL PRICES

Get 60% off when you take an additional 33% off our already-reduced ticket clearance prices.

shop online: clearance

Clearance prices represent savings off original prices. Selection varies by store. Interim markdowns may have been taken. Sorry, no price adjustments given on prior purchases.

KOHL'S

Prices good Thursday, July 3-Saturday, July 5, 2003.

Sale prices and percentage savings offered in this advertisement are discounts from Kohl's "Regular" or "Original" prices. The "Regular" or "Original" price of an item is the former or future offered price for the item or a comparable item by Kohl's or another retailer. Actual sales may not have been made at the "Regular" or "Original" prices, and intermediate markdowns may have been taken. Clearance merchandise is excluded from "Entire Stock" promotions in this advertisement. In some events, actual savings may exceed the percent savings shown. KOHL'S® and KOHL'S brand names are trademarks of Kohl's Illinois, Inc.

0703-TA•TB•TD



Open a Kohl's Charge and take

15% off

your first day's Kohl's Charge purchases.

Offer good now-July 5, 2003.
Subject to credit approval.
See store for details.

For the Kohl's Store nearest you call 1-800-837-1500
or visit us on the Web at kohls.com